

MatPack All-Stars

Team Placements

Information Packet



YOU'RE INVITED

MatPack All-Stars

Get-Ready Clinics

- AGES 5-10 •
Mondays from 5:30-6:30pm
April 15, April 22, April 29
Thursday, May 16
4:30-5:30
- AGES 10&UP •
Tuesday's from 5-6pm
April 16, April 23, April 30
Thursday, May 16
5:30-6:30

2019-2020

Team Placements

May 18, 2019

Questions?
Email coach@meetmeatthemat.com

Like 'The Mat' on Facebook to stay up-to-date on details for Get-Ready Clinics and Team Placements!

At The Mat, we believe that everyone should have the opportunity to learn and love the sport of cheerleading. The process of training should be fun! However, practices are hard work and hard work is not always fun. The following expectations must be followed in order to get the most out of your experience and be the best you can be.

Get-Ready Clinics

These are free clinics provided to you by our coaching staff to ensure you are 100% ready for Team Placements. At each clinic, we will work on jumps, tumbling, dance, and body positions. We will also teach the short dance you will need to know for the motion portion of team placements.

Clinics for ages 5-10: April 15, April 22, April 29 (5:30-6:30)

Clinics for ages 10 & up: April 16, April 23, April 30 (5:00-6:00)

There will be NO clinics the week of May 6th.

Final Clinic: Thursday, May 16

Ages 5-10 (4:30-5:30)

Ages 10 & up (5:30-6:30)

These clinics are not required but recommended so you can learn material prior to team placements.

We also offer Friday night open gyms from 6-8 PM. Open Gym is open to anyone and only \$5!

Team Placements

Team Placements for the MatPack All-Stars will be held on May 18th. We will have open tryouts from 8 AM-12 PM. When you show up, you will check-in at the cheer gym and you will receive a number. The tumbling gym will be open for stretching and warming up of skills. If there is a line, you will be able to warm-up in the tumbling gym until we get to your number.

Athletes will go through 3 tryout stations; motions, tumbling, jumps. There is a 4th optional station for those interested in flying. Those athletes will

need to demonstrate their abilities to do certain body positions; lib, heel stretch, scale, and scorpion. In each station, coaching staff will evaluate each athlete on tumbling difficulty and execution, athleticism, showmanship, willingness to accept instruction, jump technique, and stunting position.

Team Placements are CLOSED but parents are welcome to wait in the lobby until your athlete has finished their tryout.

Teams will be posted by May 20th.

The cost of tryouts is \$25. You must pay by the first day of tryouts in order to be eligible for a team. After filling out the online form, you can PayPal your fee to coach@meetmeatthemat.com or pay by cash or check. Register and pay by May 1st to receive a \$5 discount!

Ages and Levels

We will decide our teams based on ages, levels, and the number of the athletes that come to tryouts. These ages and divisions are set by USASF and we cannot make ANY exceptions, even if we want. The age of the competitor as of August 31, 2019 will be the age used for competition purposes throughout the 2019-2020 season for all divisions.

Tiny Novice: 3-6 years old

Tiny: 5-6 years old

Mini: 5-8 years old

Youth: 6-11 years old

Junior: 8-14 years old

Senior: 11-18 years old

The age of the competitor as of August 31, 2019 will be the age used for competition purposes throughout the 2019-2020 season for all divisions.

Levels are determined by skill, and not just tumbling skills! If your athlete, who is a flyer, can do a tuck but not an extension lib, she is not a level 3 athlete. Your level 2 athlete who is a base can do a back handspring but cannot combine two jumps together, they are not a level 2 athlete.

Please note-- Being part of a Junior Level 3 team is not better than being part of a youth level 3 team. It is the **SAME. The only difference is age.**

Commitment Day

Commitment Day is Wednesday, May 29th from 2:00-6:00. These are come and go times. You will not come and stay the entire time. You pick the time that works best for your schedule. This is when you will finalize your decision to become part of our family. It is at this time you will receive and turn in your Financial Agreement and Credit Card Authorization Forms and the "I Understand" form. Beth Hass from Varsity will be here fitting you for your shoes and practice wear.

There will be a commitment fee in order to reserve your spot on the team. This fee helps pay for some of the items or services we have to pay out immediately.

Tiny-- \$150

Mini-- \$200

Youth, Juniors, Seniors-- \$300

All families are required to keep a current credit card on file during the duration of the season. As long as your invoice is paid in full by the 10th of each month, the credit card is never run.

There will be a fundraising committee in charge of running and organizing fundraisers. If you actively participate in fundraisers, you can very easily cover most or all of your expenses.

A fundraiser will kick-off on Team Placement day! This is to assist with your Commitment fee. You will receive those details on Team Placement day!