



CHEER360 TRAINING CLASS OPEN TO ALL ATHLETES!

Throughout your training you will focus on building your strength, balance, endurance, flexibility, and mental fitness so you can be the strongest and healthiest cheer athlete possible!

Location:

Zone Cheer All-Stars

When:

Wednesdays 7-8pm

Cost:

\$90.00 (8-classes)

To register visit www.cheer360.zenplanner.com
Click on "Sign Up" and select "Zone Cheer 8-classes"
(Don't forget to sign the online waiver!)

Questions?

Call 631-410-4360 or Email info@cheer-360.com

Don't forget to follow us on social media to stay up to date with news, tips, information, and all the fun things Cheer360 will be up to this season!

Like us on Facebook!- "Cheer360"
Follow Us on Instagram!- "Cheer_360"
Tweet Us on Twitter!- "Cheer_360"