

# ***GYMFEST 2019 SCHEDULE***

## **Friday January 18, 2019**

<b>Session 1</b> 1:30 p.m. Warm Up 2:00 p.m. Competition	Level 5 Xcel Gold
<b>Session 2</b> 3:45 p.m. Warm Up 4:15 p.m. Competition	Level 3 Xcel Silver
<b>Session 3</b> 7:00 p.m. Warm Up 7:30 p.m. Competition	Level 4

## **Saturday January 19, 2019**

<b>Session 4</b> 8:00 a.m. Warm Up 8:30 a.m. Competition	Xcel Bronze
<b>Session 5</b> 10:00 a.m. Warm Up 10:30 a.m. Competition	Level 8 *Ages 10-15
<b>Session 6</b> 3:15 p.m. Warm Up 3:45 p.m. Competition	Level 8 *Ages 16+ Level 9
<b>Session 7</b> 6:30 p.m. Warm Up 7:00 p.m. Competition	Level 10

## **Sunday January 20, 2019**

<b>Session 8</b> 8:00 a.m. Warm Up 8:30 a.m. Competition	Level 6 *Ages 8-11 Xcel Platinum
<b>Session 9</b> 10:45 a.m. Warm Up 11:15 a.m. Competition	Level 6 *Ages 12+
<b>Session 10</b> 1:30 p.m. Warm Up 2:00 p.m. Competition	Level 7 *Ages 8-12
<b>Session 11</b> 4:15 p.m. Warm Up 4:45 p.m. Competition	Level 7 *Ages 13+ Xcel Diamond

\*Age on competition day.