

# ***GYMFEST 2019 SCHEDULE***

## **Friday January 18, 2019**

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| <b>Session 1</b><br>1:30 p.m. Warm Up<br>2:00 p.m. Competition | Level 5<br>Xcel Gold   |
| <b>Session 2</b><br>4:00 p.m. Warm Up<br>4:30 p.m. Competition | Xcel Bronze            |
| <b>Session 3</b><br>6:30 p.m. Warm Up<br>7:00 p.m. Competition | Level 3<br>Xcel Silver |

## **Saturday January 19, 2019**

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| <b>Session 4</b><br>8:00 a.m. Warm Up<br>8:30 a.m. Competition   | Level 4                     |
| <b>Session 5</b><br>10:45 a.m. Warm Up<br>11:15 a.m. Competition | Level 8 Ages 10-15          |
| <b>Session 6</b><br>3:15 p.m. Warm Up<br>3:45 p.m. Competition   | Level 8 Ages 16+<br>Level 9 |
| <b>Session 7</b><br>6:30 p.m. Warm Up<br>7:00 p.m. Competition   | Level 10                    |

## **Sunday January 20, 2019**

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| <b>Session 8</b><br>8:00 a.m. Warm Up<br>8:30 a.m. Competition   | Level 6 Ages 8-11<br>Xcel Platinum |
| <b>Session 9</b><br>10:45 a.m. Warm Up<br>11:15 a.m. Competition | Level 6 Ages 12+                   |
| <b>Session 10</b><br>1:30 p.m. Warm Up<br>2:00 p.m. Competition  | Level 7 Ages 8-12                  |
| <b>Session 11</b><br>4:15 p.m. Warm Up<br>4:45 p.m. Competition  | Level 7 Ages 13+<br>Xcel Diamond   |