

What are Maryland Twisters Tiny Teams?

We have teams to start your child early, educating them in learning skills, following directions, memorization and social skills. They start learning age appropriate tumbling as well as beginner cheerleading, jumps, dance and stunting. The following will help you know where your child fits and what we are looking for as they move forward as they age and grow in competitive cheerleading.

Itty Bitty Boltz - (Tiny Exhibition) Birth Year - 2020-2021 Ages 2-3yrs

This team will have 1 practice a week for 1 hr- They will have a volunteer coach(athlete from our program) working one on one with them and performing with them. This will be our youngest group but a fun way to get your child started in All Star Cheerleading.

Baby Breeze - (Tiny Novice) Birth Year - 2016-2019 Ages 4-6yrs

If your child was born in 2019, we hope you will join us for another season on Tiny Novice. There are no skills required to be on this team. Athletes focus on learning introductory cheerleading skills, memorization and performing in front of a crowd. Only basic floor stunts are allowed at this level. If your child was born 2016-2018, they are eligible to be on Baby Breeze or move to another tiny team if they meet the criteria:

- Athlete must be at least 5 years old
- Athlete meets the skill requirements of the higher level team listed below

Beach Babes - (Tiny Prep) Birth Year - 2016-2018 Ages - Mostly 6 and 7

Most athletes will have at least a forward roll to a stand without using their hands, cartwheel, backbend, and working on a backbend kickover. Most athletes on this team have cheered for at least one season. This group focuses heavily on learning stunts and other building skills as well as handling a faster paced and more complex routine. What we look for:

- Athlete has a positive attitude and is able to make it through a whole practice without whining, crying, asking for Mom, or needing excessive bathroom or water breaks.
- Must listen to instructions and have an attention span to do a longer practice
- Ability to memorize a routine and willingness to perform
- A good attendance record and not absent excessively during the season.
- Punctuality - Not late to practices or competitions
- Ability to understand doing something on a count
- Special awareness of the mat and where they go (space and line)
- Able to perform most parts of their routine without needing to watch a coach
- Willingness to bear weight in stunts or standing on a stunt.
- Willingness to perform
- Payment record-Competitive is more expensive

Tiny Sprinkles - (Tiny Elite) Birth Year - 2016-2018 Ages - Mostly 6 and 7

Every athlete will have at least a backwalkover and many will have or be working on front walkovers. Many athletes in this group have been cheering for 2+ years. This team focuses on elite stunt skills and a very fast paced routine.