

Welcome to Maryland Twisters Salisbury 2023-24 Season

To all our MDT families, thank you for your continued loyalty and support. You are what makes MDT SBY the best program on the shore! If you are new, we feel fortunate that you have chosen our gym as your home for the 2023-24 Season and welcome you to our gym family. We ask you and your parent/guardian review this packet and READ EVERY PAGE.

We are very excited to begin our 2023-24 Season and we want to give you more education on how we create our teams. Our goal of course is to not only teach the necessary skills of competitive cheerleading but also build the best teams we can to help them be successful. Many are aware that last season there were significant changes to the score sheet. The requirements in both tumbling and stunts grew much more challenging. We expect more changes this season but as we approach the try out time, we want to let you know the different kinds of levels there are and the reason for each.

Full Travel-

These teams may be in either Elite or prep divisions. These are ONLY divisions. These divisions help us put your child in a division to be successful. Elite requirements are much higher than that of prep. In Elite we are required to have more tumbling and stunts based on the number of athletes on the team, than Prep. Prep is used to further develop the skills of an athlete or team with the benefit of less pressure to make a specific number for the score sheet. It's also used to begin perfection of skills both in stunting, jumps and tumbling. Both divisions want athletes to show great technique, but prep is a division that allows us time to perfect before progressing. We do our best to put the athlete in the division that will offer them the growth and success they need while still challenging them. The biggest difference between Elite and Prep is that Elite can compete 2 Days at some events and Prep only competes one day. Therefore, Elite competition prices tend to be more expensive. Reminder, we will put your child on the team that we feel is best for the progression and advancement of that athlete.

Prep levels also allow for athletes to work on more advanced stunting skills while working on tumbling skills.

Example- Youth 1.1(Level 1 Stunts Level 1 Tumbling)

Youth 2.1(Level 2 stunting Level 1 Tumbling)

Youth 3.2(Level 3 stunting Level 2 Tumbling)

These are just examples. These different levels allow us more flexibility to put your child on a team to learn, progress and grow in competitive cheerleading.

Our Mission is Perfection before Progression

Limited Travel-

This is primarily the Novice divisions. Novice is a division where athletes can start at a slower pace learning from the beginning the necessities in tumbling, stunts and jumps. This is NOT necessarily a beginner division. This division is a great starting point for our athletes before moving to a prep or Elite team. It helps to develop the finer points in technique for stunts, jumps and tumbling. This division also only competes one day at events.

When your child gets their team placement you will know which level they are on.

Should you have any questions about these levels please email us at: Mdtwisterssby@gmail.com.

2023-24 will be our BEST SEASON YET!! #thebestwearblackandblue

- 1- **June tuition of \$170 is due the 1st of June.** By June 30th teams will be confirmed as Full Travel or Limited Travel. If your child's team is a limited travel division you will get a credit to reflect the limited travel fee. If tuition is not paid by June 5th your athlete must not return until this fee is paid. A credit card is required to be on file for each account. This card will ONLY be charged if tuition is NOT paid by the 5th of each month. If you want tuition to be automatically charged, please be sure to let us know. If your tuition is not paid your child cannot return to the gym until the account is paid in full. If it remains unpaid for 2 practices the athlete may be removed from the team until the account is current and risks losing their position on the team.
- 2- There will be tumbling classes offered all season. These are NOT a part of your tuition. You can enroll your child on iclasspro and if you aren't sure which class please inquire at the front desk.
- 3- If your child is interested in being a crossover, please check at the desk during tryouts or level call backs for a form to fill out. This does not guarantee your child will be considered a crossover but lets us know who is willing to do so if needed.
- 4- The Non-Tumble team is no longer a crossover team, but an athlete can ask to be on it as well. There will be a form at the registration desk during tryouts and callbacks that you can fill out to be considered for this team. We will be announcing an interest meeting for this team soon as well as the start date for this team.
Should your child only want the non-tumble team please fill out the form at the desk.
- 5- The first call back day, each child will be sent home a packet that needs to be filled out by their first practice the week of June 5th. Your child will not be able to attend that practice or any thereafter until it is turned in.
- 6- We have coaches that do tumbling privates as well as stunt privates. Each coaches' times and availability can be found on Iclasspro.

2023-2024 Calendar

Monday May 29 th , 2023-	Closed for Memorial Day
July 1-9 th ,2023	Closed for July 4 th
September 2 nd thru 4 th , 2023	Closed for Labor Day
September 10th,2023	SUNDAY PRACTICES BEGIN
October 31,2023	Closed for Halloween
November 21-27 th , 2023-	Closed for the Thanksgiving Holiday
November 28 th , 2023-	Practices Resume
December 22-Jan 1 st ,2024-	Closed for Holiday Break
January 2 nd , 2024-	Practices Resume
March 29 th -April 1 st ,2024-	Closed for Easter Break
April 2 nd ,2024-	Practice/Classes Resume

Possible End of the Season Events:

US Finals

Summit- Junior/Senior Teams only- Florida-Teams must get a bid to attend.

All Star Cheerleading World's- Florida- Teams must get a bid to attend.

Summit Regionals- All Levels- Location TBD-Teams must get a bid to attend.

This schedule can be amended at any time without notice if necessary.

REMINDER: THE VIEWING AREA IT WILL BE CLOSED FOR PRACTICES 2 WEEKS PRIOR TO ALL COMPETITIONS.

WELCOME TO OUR 2023-24 SEASON!

1- Everyone needs to be registered in Iclasspro.

Once registered we put your child on a team. Please use the link to access your account, check your balances and make payments. Should you want to make a payment different than the amount due you must do so at the office. The website will only take payments for full amounts due.

2- Each team also has a Maryland Twisters Salisbury Facebook page that you should follow for general updates on the gym, and you should request to join our MDT SBY Parents page for more in-depth information. The parent and team pages are only for parents and/or guardians of the athlete.

3- Vacations:

We ask is that you fill out an absence form at the front desk as you would for ANY missed time and give us ample notice. Absence forms can be found on our website under forms and at the front desk. You must give 30 days' notice of vacations. If we do not receive 30 Days' notice for vacations we will assess a \$25 fee. If your child is away for **any** reason the two weeks before an event, your child will **NOT** be able to compete at that event and there is NO refund of the competition fee.

4- If your child needs cheer shoes we recommend Omnicheer.com for Chasse Apex or Ace II for athletes on level 1 teams and Nfinity or Varsity shoes for those on a level 2 and above.

5- If you are a past member of Maryland Twisters Salisbury, you must renew your athlete on USASF in order to compete the 2023-24 Season. This must be done by September 30, 2023.

If your child will be 18 years of age during the season, they MUST also complete the Safe Sport test on USASF to compete.

IF YOU ARE A TRANSFERRING ATHLETE FROM ANOTHER GYM:

Go to USASF and scroll down to the area that says the gym name. Drop your athlete from their previous gym.

Then to add our gym:

Search Maryland

Click on Maryland Twisters- then click on Salisbury.

Be sure to renew your membership.

If you are NEW to Maryland Twisters Salisbury:

Go to USASF.net.

Register your athlete as a new member.

Then to add our gym:

Search Maryland-Click on Maryland Twisters-Click on Salisbury

FUNDRAISER COMMITTEE NEEDED:

- 6- We will be building a fundraising committee. The focus will be to have a small group of parents that will take the lead on fundraising events. I believe each fundraiser can have a different group of parents to do the work for that fundraiser so that no one person or persons is responsible for them all. That means if we have 6 events there would be an organizer that would then get volunteers for certain jobs pertaining to each event. Each event would have a person or two that would organize that event but would not necessarily be required to help with further events. We have enough gym members to make this an easy process. We have tried this in the past, but we would like to better organize this group for the future. If interested in more information or how you can help email Mdtwisterssby@gmail.com

We will also talk about ideas but keep in mind the goal would be to do large fundraising events, so we don't have to do A LOT of little ones.

- 7- Each team will have parent representatives and there will be one team rep. coordinator. The team rep. coordinator will oversee all team reps. The representatives will help coaches at competitions, organize team refreshments for events and help with end of the season banquet or specialty events. Each team may have some team bonding events throughout the season if the team representative wants to organize it. Team representatives will be your contact for information pertaining to events. Often the representatives will know information on hair, makeup etc.
- If you are interested in being the Team Rep Coordinator, please email mdtwisterssby@gmail.com. All Team reps as well as the coordinator will be voted on by the parents.**

- 8- Competitions:

Everyone will receive information on meet times the week of the event. **Please DO NOT ask when it will be out.** You get the information out as soon as I have it. Sometimes there are time conflicts we need to try to work out prior to announcing times. Many times, we don't know until the Wednesday before the event, but **I WILL ALWAYS GET IT OUT AS SOON AS I HAVE IT.** The information you will get is:

When to meet the Parent Representative

When to meet the coaches

Warmup time

Competitions Time

Approx. awards time

NOTE: I DO NOT REQUIRE YOUR ATHLETE TO STAY FOR AWARDS AS SOMETIMES THEY ARE LATE. WE ENCOURAGE THEM TO STAY BUT I UNDERSTAND IF YOU CHOOSE TO LEAVE. BUT WE, MYSELF OR COACHES, WILL NO LONGER BE RESPONSIBLE TO BRING YOUR CHILDS AWARD BACK. IF YOU ARE UNABLE TO STAY, I UNDERSTAND BUT I SHOULD NOT BE EXPECTED TO GET THE AWARD FOR YOU OR YOUR ATHLETE! IF YOU LEAVE BEFORE AWARDS YOUR CHILD WILL NOT GET WHATEVER MAY BE HANDED OUT AT THE AWARDS CEREMONY.

THIS IS FOR ALL EVENTS THROUGH THE END OF THE SEASON.

- 9- Practice Wear-

When our gym practice wear comes, they will wear this on SUNDAYS. Only the tryout tank may be worn over the practice wear. **PLEASE REMIND YOUR ATHLETE TO KEEP THE TRYOUT TANK FOR WEARING DURING THE SEASON AND AT EVENTS.** On their practice during the week, they can wear ANY Md Twisters wear. **NO OTHER PRACTICE WEAR WILL BE ALLOWED!**

- 10- Please be sure to call or text-410-713-8785 or email us at mdtwisterssby@gmail.com if your child will be absent from that day's practice. Excused absences are for illness with vomiting and fever. **1hr Notice is required!**

If an athlete is hurt, they MUST still attend practices to keep up with any changes and to be with the team.

Unexcused absences will result in removal from events until the child can show consistency.

If you DO NOT notify the staff BEFORE practice your child is sick (reminder fever and vomiting are the only excused absences) we will fill in for your athlete and he/she may be moved to another position.

Headaches are NOT an excused absence. Birthdays are NOT excused absences.

- 11- Private tumbling is offered through your parent portal. Under privates you will find coaches and the levels and times available.
- 12- Regarding competitions, we have both one- and two-day events. If we have an event that some of our teams compete two days, there **WILL NOT** be practice the Sunday immediately following.