

CALIFORNIA SPIRIT ELITE

ALL STAR CHEER HANDBOOK



“WHERE EVERY CHEERLEADER IS A STAR”

Season 15

2020-2021

Welcome

We are very excited about Season 15 here at CALIFORNIA SPIRIT. We appreciate your interest in our program and look forward to working with you in the 2020-2021 season. Here at CALIFORNIA SPIRIT we have a place for everyone, ages 3 AND ABOVE. We strive to deliver a safe learning environment, while maintaining a fun, competitive feeling. Athletes will work under the direction of caring coaches who can assist each student in succeeding to the best of their ability. It is our goal to encourage a good sense of self-esteem, discipline, teamwork, leadership, and physical strength. All skill levels are welcome.

In order to provide the highest quality experience for you, the parent, and the athlete, we ask that you carefully read through and adhere to the guidelines in this All-Star Parent/Athlete Handbook. Please feel free to contact our office at registration@csecheer.com



STAFF

CALIFORNIA SPIRIT has an accredited, professionally trained staff that is safety certified by the United States All Star Federation (USASF). The coaching team is made up of nationally recognized coaches in Cheerleading, Tumbling, Gymnastics, and Dance. All staff are background checked and certified in CPR, 1st aid and SAFE SPORT trained.

FACILITY

CALIFORNIA SPIRIT is proud to call Dublin our home. With over 8000 sq. ft. of state of the art equipment our facility has everything you need.

At CALIFORNIA SPIRIT we offer many

different programs at all budget levels:

- **Full Year Elite Travel Team (ages 5-18)**: Full Year Elite Teams practice twice a week plus one additional day of tumbling. This program is designed for families who want to experience competitive cheerleading at its highest level. Athletes will learn fundamentals of competitive cheer and attend 6-7 competitions, some of which are out of state. In addition, this program is highly competitive, focusing on maximum training, skill building and self-esteem. If you are serious about cheer, this is the program for you. The program runs from May through April.
- **Full Year Prep Team (ages 5-18)**: Teams practice once a week with and additional day of tumbling. Athletes will learn fundamentals of competitive cheer and attend 5 local area competitions. This program runs from May through April.
- **Tiny NOVICE Team (ages 3-6)**: The Tiny Novice Team practices once week. Athletes will learn fundamentals of competitive cheer and attend 3 local area competitions. This program runs from June through April.
- **Tiny Team (ages 5-6)**: The Tiny Team practices once week. Athletes will begin to learn more challenging choreography, stunting and tumbling. They will attend 3-4 local area competitions. This program runs from June through April.
- **Half Year Team (ages 5-18)**: The Half Year Team practices once a week. Athletes will learn fundamentals of competitive cheer and attend (3) local area competitions. This program runs from October-April.
- **Novice Team (ages 5-14)**: The Novice program is a performance team for aspiring cheerleaders who will perform an exhibition routine at (1) competition in the spring. This program runs from September- December (Fall) and January-April (Spring).
- **Gym Services-** Tumbling, Stretching, 50/50 cheer, Flight School and Jumps. Half Year, School and Youth Team Training.

CHEER TEAMS

Teams are based on the athletes skill level, age and experience in competitive cheerleading, (I.E: tumbling/stunting/jumps), attitude and future potential. It is our job to field teams that are similar in age (depending on the number of athletes that sign up) and skill sets. CALIFORNIA SPIRIT offers teams for athletes- ages 3 and above (**age as of December 31st**). All Star Cheerleading places emphasis upon a competitive routine of tumbling, dancing, stunting, jumping and motion techniques in a creative, innovative and challenging fashion.

Based on skill level, team changes or other various factors, athletes may be moved to a different team or position than originally selected to best fit the needs of the overall program. This change may take place at the coaches' discretion at any time during the competitive year.

Please note: California Spirit Elite reserves the right to add up to 25% of the teams total athletes who do not meet all of the minimum requirements if a team needs those athletes to fill stunting positions.



CHEER EVALUATIONS

Evaluations are an enjoyable process. CALIFORNIA SPIRIT will ask all athletes to perform the following:

- 3 standing tumbling passes
- 3 running tumbling passes
- Jump combination
- Choreography & Motion Execution
- Level appropriate stunting

CHECKLIST ITEMS REQUIRED AT TEAM EVALUATIONS

Please arrive a few minutes early to turn in paperwork. We will also be taking each athletes photo.

- ___ CSE Online Account created (Parent/Guardian)
- ___ CSE All Star Registration Packet (Parent/Guardian)
- ___ CSE Financial Membership Agreement (Parent/Guardian)
- ___ CSE Articles of Understanding on Last Page (Parent/Guardian)
- ___ Copy of Birth Certificate and ID (NEW CSE ATHLETES ONLY)
- ___ CSE CREDIT CARD AUTHORIZATION FORM
- ___ Headshot or school picture
- ___ \$25 Evaluation Fee for returners and \$40 new members – A check may be written for the sign-up fee. Private Evaluation Fee is \$50.00. Checks should be made payable to California Spirit Elite or CSE.

If you are unsure about trying out the day of, you will be asked to schedule a private evaluation

PLACEMENT ATTIRE

- Black shorts, black athletic top (t-shirt, tank top or sports bra), and athletic shoes.
- Hair should be pulled back in a high ponytail on the crown of head, bangs clipped back, with a ribbon or bow.
- Jewelry and piercings should all be removed.
- Each athlete will receive a number upon completion of registration that will need to be worn during the entire evaluation process.



TEAM PLACEMENTS

Our goal with each team is to “max out” the score sheet. In an effort to guarantee all teams are competition ready and competing at the appropriate level, the specific level that a team will compete may not be officially determined until **early August**, and may change during the season at the coach’s discretion.

SUMMER PRACTICES (MAY-AUGUST)

Teams	# of Weekly Team Practices	Length of Team Practice	Tumbling Class	Total Weekly Commitment
Full Year Prep	1	2 hours	1 hour	3 hours
Tiny Novice	1	1 hour	-	1 hour
Tiny	1	1.5 hours	-	1.5 hours
Mini	2	1.5 hours	-	3 hours
Youth	2	1.5 hours	1 hour	4 hours
Junior	2	1.5 hours	1 hour	4 hours
Senior	2	1.5 hours	1 hour	4 hours

FALL-SPRING PRACTICE DAYS AND TIMES (SEPTEMBER-APRIL) BEGINS SEPTEMBER 13th.
Sundays will be added for SENIOR teams only.

***Team Tumbling Class-** (Tumbling class times will be announced after teams are formed)

One hour Team Tumbling will take place on weekdays. Summer Team tumbling will follow regular team practice. Fall Team Tumbling will be on a separate day/time from regular practice. Team Tumbling focuses on the skills required and needed for the team routine. We highly encourage classes and private lessons for individual progression and additional goals.

ALL STAR CHEERLEADING DIVISION AND LEVELS

The following is a category break down of divisions in **All Star** cheerleading per USASF:

Age as of December 31st, 2020 (NEW RULE FOR 2020-2021 SEASON)

Division Name	Athlete's Age	USASF Athlete Birth Year
Tiny Novice	Ages 3-6	2013-2017
Tiny	Ages 5-6	2013-2015
Mini	Ages 5-8	2011-2015
Youth	Ages 6-11	2009-2015
Junior	Ages 7-15	2005-2014
Senior	Ages 12-18	6/1/2001-12/31/2001 through 2008

Teams will be divided into size- Small (5-22 athletes) or Medium/Large (23-30) athletes.

Please keep in mind that we strongly consider an individual's work ethic and previous attendance records, which include schedule conflicts, injuries and illnesses. We will consider former practices and performances for dependability. We will also be reviewing each individual's overall compliance to all of our rules and regulations throughout the previous year. As an athlete's skills progress and an athlete joins a higher level team, the demands on the athlete and the expectation of their commitment to the team increases. **CALIFORNIA SPIRIT shall have the right to move an athlete to another level if the athlete's level of commitment or overall progress does not meet our gym standards.**

ATHLETE COMMITMENT

Due to the nature of the sport, each athlete depends on their teammates to attend all practices. Because this is a team commitment, it is imperative that all athletes attend all scheduled practices.

The All Star Cheerleading season is virtually year-round. The competitive season begins with Regionals in the fall and wraps up with Nationals in April. In the summer, all athletes will begin a revolutionary multi-discipline training program developed by CALIFORNIA SPIRIT'S staff focused on conditioning, basic skill drills, tumbling progression for cheerleaders, and technique for dancers.

The coaching staff will evaluate each athlete on the following criteria: Tumbling difficulty and technique, athleticism, dance ability, showmanship, willingness to accept instruction, stunting positions, jump technique and overall attitude and commitment.

In order to support the acceleration of our athletes' skills, athletes are encouraged to supplement their All Star training by attending extra classes (i.e. Tumbling, Jumps, & Flight School). Classes are scheduled throughout the week, and team members may attend additional classes to accelerate their individual skill levels. We do not anticipate a change in our practice schedule once the season begins, however; CALIFORNIA SPIRIT reserves the right to change the day or time of practices to accommodate gym availability. During the season CALIFORNIA SPIRIT may require additional practices depending on the team's preparedness for competition.

Athletes with an exceptional level of commitment who wish to participate in both All Star and school cheer/dance programs will have the opportunity to do both, as these sports require similar skill sets. **CALIFORNIA SPIRIT expects top priority and 100% commitment and attendance, failure to do so reflects in competition performance. Failure to comply will result in disciplinary action up to and including termination from our program.**

CROSS-OVER COMPETITORS

Cross competing means the athlete competes on two squads. Please note on your Athlete Evaluation Form if you are willing to cross compete. Cross-Over Competitors will be responsible for all competition fees. Cross competitors will be SELECTED by CALIFORNIA SPIRIT staff based on work ethic, attendance, health, and technical skills. CALIFORNIA SPIRIT shall have the right to remove an athlete from one of the teams if the athlete does not perform to the standards expected by CALIFORNIA SPIRIT. In addition, these athletes are expected to attend and fully participate on BOTH team practices during the week. There will be an additional cost of **\$75 per month** to cross compete. Cross competitors do not attend TEAM TUMBLING for their second team.

GYM RULES

Athletes must enter and exit the gym through the lobby entrance and may only proceed outside to the parking lot as transportation arrives. For their safety, athletes should not wait outside in the parking lot.

Athletes are to wait in the lobby or bleacher area until their coach calls for their class. At that time, they may enter the gym. Athletes are not allowed on the floor if their class is not in session. Athletes are not permitted on the training equipment without a coach providing direct supervision.

CALIFORNIA SPIRIT practices are closed for the duration of the season unless otherwise posted.

Athletes and families are allowed to eat in the lobby but should clean up after themselves.

Chewing gum, food, and/or drinks are not allowed in the gym floor at any time. Please bring bottled water with you to class.

Cell phones may be brought to the gym but will be turned in at the beginning of each practice to the coaching staff. They are not permitted to be used during team practice.

Athletes are responsible for their own belongings and are encouraged to take all items with them after each class. At the end of every evening unclaimed items will be placed in the Lost and Found box located in the lobby and donated to charity at the end of every month.

CALIFORNIA SPIRIT or its staff, are not responsible for lost or stolen items. For the safety of all athletes, please do not interrupt the coach, address the athletes or cause a disruption to the class. You will be asked to leave the gym if your presence causes a distraction.

TEAM CONDUCT

CALIFORNIA SPIRIT Athletes Will:



- Abide by the safety guidelines set forth by the CALIFORNIA SPIRIT staff.
- **ONLY WEAR CALIFORNIA SPIRIT CLOTHING** to team practices.
- Report any condition which might inhibit performance and endanger themselves or another athlete to appropriate CALIFORNIA SPIRIT personnel immediately.
- Be supportive of all CALIFORNIA SPIRIT teams and display courtesy, maturity and a sportsmanlike and positive attitude toward all other teams.
- Be respectful of CALIFORNIA SPIRIT personnel, coaches and teammates and present a constructive and supportive outlook towards teamwork.
- Represent CALIFORNIA SPIRIT in a respectful and civil manner and follow the rules and policies set forth by coaches and CALIFORNIA SPIRIT staff.
- Refrain from participating in any illegal activity (i.e. use of drugs or alcohol). Participating in any illegal activity will result in automatic removal from the program.
- Strive to attain and maintain healthy habits and drink an appropriate amount of water on a daily basis for the athletes (individual needs based on weight).
- Attend practices, competitions, performances and all other required activities. Be prepared to participate by being properly attired.
- Be on time for practices, competitions and events.
- **Due to the nature of the sport of competitive cheerleading, CALIFORNIA SPIRIT must take priority over other extracurricular activities (i.e. Clubs and Sports).**
- Keep open lines of communication with CALIFORNIA SPIRIT coaches and staff by discussing questions by telephone, e-mail, or by appointment without disrupting any team's practice time.
- Athletes must place all belongings in the areas provided in the gym.
- Athletes are expected to listen carefully to instructions and not be disruptive during practices, competitions and events.

Athletes will not use profanity while participating in practices, competitions and events. Athletes will not tumble, stunt or do any activity without a qualified CALIFORNIA SPIRIT staff member in the area supervising the skill being performed.

DISCIPLINE POLICY

Misconduct, attendance and other issues will be addressed in the following manner:

- 1st Offense- Verbal conversation with athlete/parent
- 2nd Offense- A written warning for the second offense



- 3rd Offense- Possible removal from the team for a third offense. A parent/guardian conference will be held before an athlete is removed from a team.
- All written warnings will be documented and signed by CALIFORNIA SPIRIT staff, athlete and parents/guardians
- Misconduct applies to both parents and athletes- any athlete and or parent who displays negative behavior towards California Spirit will not be tolerated. You will be asked to leave the program.

APPEARANCE

Practice: Proper practice attire should be worn to all practices. As part of the uniform package, athletes will receive practice clothing, which must be worn to every practice. Jeans, baggy, or loose fitting clothing of any type is prohibited. In addition, clothing of a provocative nature or with inappropriate language at the discretion of CALIFORNIA SPIRIT is prohibited. Hair should be pulled back into a HIGH ponytail on the crown of the head with BANGS CLIPPED BACK. No jewelry or piercings of any kind are allowed at practice or competitions. For safety purposes, nails must be kept clipped to the length of the finger. If an athlete is not appropriately dressed or prepared for a class the athlete may not be allowed to participate. If an athlete chooses to pierce any part of their body they will be asked to remove the piercing a week prior to the first competition to show the coaching staff they know how to remove it on their own and do not need special tools for removal. If an athlete refuses to remove the piercing causing a team deduction the athlete is in danger of being removed from the program.

Competitions: At competition, hair will be worn in a high ponytail (at the crown), curly and secured by appropriate hair product (gel, hair spray) or any other specified style by the coaching staff. A make-up style and kit will be recommended to families prior to competitions. It will be up to families to purchase make up on their own at an additional cost. **All athletes must perform with natural hair color.** CALIFORNIA SPIRIT staff determines final appearance guidelines. All athletes will be in FULL uniform/warm up jacket for awards ceremonies or may not be permitted to participate during awards. Any athlete not in proper competition attire including hair style/color will be charged a \$25.00 appearance fee.

Away Nationals Practices:

Athletes are expected to be in specific practice uniform. If items are missing it is the duty of the athlete and their family to order and purchase new items during the season. This includes all practice wear, warm ups and practice or special order team bows. **Please plan on a Friday evening practice prior to away competitions at a local gym or convention space. Families should plan on arriving by 6pm the Friday evening prior to away competitions.**

Coaches must be notified immediately when an item is missing. The athletes family will be responsible for any costs including additional fees associated with not ordering minimum quantities, rush fee, shipping, and taxes.

ATTENDANCE

All athletes should plan on being at the gym 5 minutes prior to the scheduled start of their practice. Arriving late and tardiness does not provide the athlete sufficient time to complete the warm-up

and conditioning. As such, athletes arriving late to practice might not be allowed to practice with the team. Families arriving to practice early may need to wait with their child in case the coaching staff isn't on site.

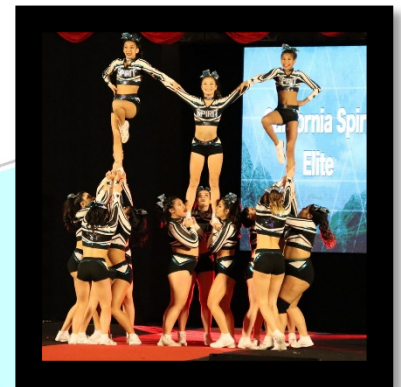
Our attendance policy is as follows:

June-July	2 unexcused absences
August-October	3 unexcused absences
November-January	2 unexcused absences
February-April	2 unexcused absences

9 ABSENCES TOTAL

Due to the nature of the sport, each athlete depends on their teammates to attend all practices. Because it is a team sport, it is important that all athletes attend all scheduled practices. Any absences after your allotted absences will result in an automatic **\$25 "NO SHOW" fee**, which will be charged to your account, per occurrence. In addition, any athlete who is late 15 minutes or later will be charged a **\$30 "TARDY" fee**; this can apply to practices and competitions. Being on time is LATE.

Missing a competition/showcase for any reason will result in an automatic **\$300 fee, per occurrence** for Full Year Elite and Full Year prep members. Mini & Tiny members will receive a **\$150.00 fee** for any missed competitions.



Excused absences:

- Contagious illnesses with a doctor's note
- Family emergencies
- Mandatory school functions resulting in a grade with a note from teacher.
- Summer vacations planned prior to joining CSE.

Unexcused absences (not limited to):

- School Dances and Activities (including voluntary school trips)
- Traffic & transportation issues
- Homework
- Extracurricular activities

We acknowledge that there may be extenuating circumstances to cause more absences than allowed. Under these circumstances, the following measure may be taken:

- Loss of position in the current routine.
- Restriction from participating in the next competition
- Removal from CALIFORNIA SPIRIT

. Summer is crucial to learning the basics and fundamentals of cheer. If your athlete is not on vacation, they should be at all practices during the summer months.



CALIFORNIA SPIRIT respectfully requests that parent/guardians refrain from withholding practice as a means of punishment for outside disciplinary reasons.

INJURIES&ILLNESS

We understand that sometimes we aren't at our best. Whether it's from an illness or from an injury we consider the safety of the athlete first as well as the team's safety. California Spirit wants all athletes to be healthy and able to compete, however if you are not healthy then we have to ensure the overall safety and success of our teams.

If you have a child that is injured they are still required to come to practice. Practice is a vital time when we all work on skills and make changes to routines. If your child is not present then they fall behind and this can hinder the teams overall success.

If you have a contagious illness, high fever or flu like symptoms then you are permitted to stay home and MUST bring a doctor's note to the following practice in order to participate. We have implemented a policy below.

If you are ill/injured two (2) weeks prior to a competition and cannot participate at practices at 100% because of that illness/injury then you will not compete. An "Alternate" or a fill-in will take your athletes spot for that competition, as well as take all awards, gifts and or rewards given out by the competition, whoever competes the "day of" gets the items. This also includes Paid Bids to the Summit.

ONCE THE INDIVIDUAL HAS FULLY RECOVERED, HE OR SHE MAY OR MAY NOT BE CHOREOGRAPHED BACK INTO THE ROUTINE. COACHES HAVE DISCRETION IN REPLACING SUCH INDIVIDUALS FOR THE REST OF THE SEASON OR MOVING AN ATHLETE TO A DIFFERENT LEVEL TEAM. ANY INJURY REQUIRING PHYSICAL THERAPY MAY ALSO REQUIRE AN ATHLETE BEING PLACED ON A DIFFERENT LEVEL TEAM. ALL ATHLETES MUST CONTINUE TO PAY THEIR MONTHLY INSTALLMENT TO KEEP THEIR SPOT ON THE ROSTER.

CHEER & TUMBLING SKILLS CAMPS (Full year Elite will attend all camps. FULL YEAR PREP will attend 2 days of Stunt Camp)

2 Day Tumbling Camp July 23rd- 24th at California Spirit Elite

1 Day Tumbling Camp (Optional) July 25th

3 Day Stunt Camp August 4th-6th at California Spirit Elite

*Additional Skills clinics/camps will be scheduled throughout the season.

CHOREOGRAPHY



Choreography is an important time for our athletes. This is the time when the athletes will learn their competition routines. Attendance is **MANDATORY**.

AUGUST 21st-23rd (FULL YEAR ELITE TEAMS)

AUGUST 17th-30th (TINY, MINI, FULL YEAR PREP)

*Additional choreography sessions will be scheduled throughout the season.

COMPETITIONS AND EXHIBITIONS

CALIFORNIA SPIRIT FULL YEAR teams will travel locally, regionally and nationally for competitions. The teams will require some out of state travel to events.

Competitions or events may be added or deleted at the discretion of CALIFORNIA SPIRIT staff based on cancellation of a competition or event, or other unforeseen circumstance. Parents/guardians will provide transportation to and from all competitions. Please note that coaches will not transport any athletes to or from competitions. Due to possible venue changes, the competition schedule is subject to change at any time during the season. If a change should occur, CALIFORNIA SPIRIT will notify the parent/guardian as soon as possible.

CSE exhibitions/community events will be mandatory unless otherwise specified. If an athlete has a scheduling conflict then he/she will be dismissed from the events.

The All Star teams may perform at the following community events:

San Francisco 49ers pregame performance

St. Patrick's Dublin Parade

4th of July Danville Parade

We may add additional community events and exhibition performances as the year progresses in order to provide our teams with valuable performance experience in front of crowds. Most of these events usually run from 9am-9pm. As each event grows closer, CALIFORNIA SPIRIT will address specific times for our teams' performance.

COMPETITION EXPECTATION AND RULES

Competitions are a fun and exciting time for our athletes. Our athletes work all season long in the hopes of winning National Titles. Competitions are competitions, they are not vacations. Please do not plan social activities during the actual competition dates.

We recommend that you plan on arriving "**Friday evening at 6pm**" prior to travel events so you can plan your own personal activities accordingly. **CSE may schedule a Friday/Saturday evening practice the day before travel events, so please be prepared to travel offsite. DO NOT PLAN TRAVEL ON THURSDAY prior to competitions. Please plan on leaving LATE Sunday evening on travel events.** During competitions coaches have the right to call extra practices with little to last minute notice. All athletes must be in attendance and ready to attend whatever practices the coaches may call. It is not up for discussion and any parent or athlete not abiding by the rule will be removed from our program following the competition.

Any negative or derogatory comments made by an athlete or family members will be subject to removal from the program. This is a competitive program and “competition” should be the only focus of the athletes and the families.

THE SUMMIT & END OF THE SEASON EVENTS

The Summit is a prestigious end-of-season event held in Orlando, Florida in May. To attend, teams must earn a bid at a qualifying event. For the 2020-2021 season, CSE teams will be accepting only PAID Bids to The Summit. The only exception will be if at least 75% of the team’s parents vote on accepting AT LARGE/WILDCARD (non-paid) bids at the parent meeting at the beginning of the season. PAID bids cover registration and portion of the hotel costs for the athletes participating in the competition. This decision is in response to parents asking for a financial “break” after attending Summit for the past several seasons. The approximate cost to attend Summit is \$550.00 (not including travel/hotel).

All **Full Year Elite** teams who do NOT receive a bid or elect to not attend the Summit will be required to attend the **Pinnacle or similar end of season championships**. These events take place in Las Vegas or Southern California in May. **Full Year Prep & Mini** teams may elect to compete at US Finals/Pinnacle or similar end of season championships if at least 75% of the team’s parents vote to attend. The approximate cost to attend US Finals is \$150.00 (not including travel/hotel) on 1st-3rd place bid.

These events do NOT apply to our Tiny, Half Year or Novice programs.



COMMUNICATION

Communication between the families of All Stars and the gym is very important. Without a regular system, the lines of communication fail and all things become confusing. Parents should schedule meetings with coaches during their office hours. Every family will receive information in the following ways:

E-mail: CALIFORNIA SPIRIT primarily communicates by email. Each family will be required to provide an e-mail address for information to be sent. Athlete’s invoices, emergency notices, updates, and any changes to the

program will be run through the e-mail system. It will be the responsibility of the All-Star and his or her family to check e-mails, as well as your spam emails, on a regular basis. It is very important that you provide an email address that is checked regularly for important and sometimes urgent emails.

Meetings: Meetings will be held when necessary, throughout the course of the season. The meetings will happen during the athlete’s practice and will always be held at CALIFORNIA SPIRIT. A parent or representative of each athlete is expected to come to these meetings.

Team Athlete File/Handouts: Occasionally handouts will be given directly to the athlete at the end of a practice. It is the athlete’s responsibility to give these to his or her parents/guardians and it is the parents/guardians responsibility to ask if anything was handed out. The handouts provided to an athlete will also be sent through e-mail correspondence.

BAND/FACEBOOK: CSE uses Social Media for team updates. We may incorporate the BAND app and FACEBOOK groups to keep everyone up to date.

ALL STAR TEAM DROP

If, for any reason, should the athlete stop participating on a team(s) the parent/guardian must provide a 30 day written notice by completing a Class Drop form. **If for any reason you leave the program, or are asked to leave, your account will automatically be charged a termination fee of \$500 for all FULL YEAR ELITE AND FULL YEAR PREP FAMILIES. Tiny and Mini families will pay termination fee of \$200.00 if they leave the program for any reason.** Monthly installment payments are quoted for the 2020-2021 competitive season. Once an athlete joins CALIFORNIA SPIRIT, the parent/guardian commits and agrees to compensate CALIFORNIA SPIRIT for the installment payments for the entire season. Installment fees is a per season cost, not per month. **All fees paid are NON-REFUNDABLE.**

CALIFORNIA SPIRIT does not pro-rate for the final month of participation on a team(s) or holidays that might fall within a month. If the athlete needs to “opt out” of the season a fee will be charged to your account based on the remaining months left in the season. If a Class Drop form is not received, the parent/guardian will continue to be responsible and billed for all installments and late fees until a Class Drop form is received. No refunds or credits for installments or fees are issued. Completing the Class Drop form is the only acceptable way to be removed from a team and the form must be received prior to the 1st of the month.

Sibling discount

First athlete’s installment is billed at full price. Additional siblings will receive a 30% discount on their installment payments. No other discounts will be applied in conjunction with the sibling discount and the discount will be applied by descending installment rates.

****Please note only “one” discount applies, you cannot combine discounts****

Recruitment discount

If you recruit another athlete for our competitive program then your monthly installment will be reduced by \$50.00 per month. This discount will not take effect until after a full month of installment (regular price) has been paid. All recruited athletes must sign up and pay full priced installment prior to the recruiter receiving the discount. If the recruited athlete leaves the program for any reason (including medical/injury) then installment payments will be increased back to the normal rate.

****Please note only “one” discount applies, you cannot combine discounts****

Military discount

We are offering a military discount of 15% off our monthly installment only to thank our military families for their service. Military ID required. ****Please note only “one” discount applies, you cannot combine discounts****

REQUIRED PRACTICE CLOTHING AND UNIFORM APPAREL FEES

Athletes will purchase practice clothing and uniform. It is required all athletes wear practice clothing while at practice that are “California Spirit” clothing only. In addition please make sure you keep your uniform in pristine condition.

Not included in CSE membership price:

- USASF athlete membership
- Practice Bows & Shorts
- 2 pairs of WHITE no-show socks - to be purchased at local store
- Shoes: NFINITY "FLYTE" *WHITE COLOR ONLY* (Can order at CSE Nfinity Day or online)
- Competition Make Up
- Custom CSE backup (optional)

Should any uniform pieces be misplaced during the competition season, athletes are required to re-purchase the items immediately and will be billed for the cost. Should you desire supplemental uniform pieces, you may order them through the office.



IMPORTANT DATES

Event	Date/Time	Location
All Star Break #1	June 1-5 No all-star practices	California Spirit
CSE Nfinity Day	June 14th	California Spirit
Uniform Fitting	July 11th MANDATORY	California Spirit
Summer Break – Gym Closed	June 30-July 6	California Spirit
Tumbling Skills Camp	July 23 rd -24th	California Spirit
Skills Camp (Full Year Elite & Full Year Prep)	August 4-6 th MANDATORY	California Spirit
All Star Choreography	August 21-23 August 17 th -30 th (Tiny, Mini, Full Year Prep only) MANDATORY	California Spirit
Half Year Registration	Begins September 1 st	California Spirit
Labor Day- Gym Closed	September 5 th -7 th	
Sunday Practices Start (Senior Teams ONLY)	September 13 th	California Spirit
Team Pictures	October/November	California Spirit/Dublin Heritage Park
Fall Showcase	November 7th	California Spirit
Fall Thanksgiving Break (Gym Closed)	November 22 nd -28th	
Team Holiday Party	December	
Winter Break (Gym Closed)	December 21 st - January 3 rd	
Practices Resume	January 4 th	California Spirit
Holiday Workouts (Highly Recommended)	December 28th-29th	California Spirit
Program Pictures	February/March	Dublin Heritage Park
Spring Break (Gym Closed)	April 4 th -10 th	
Practices Resume	April 11 th	California Spirit
Awards Banquet (All CSE Teams)	April/May	

- Plan on added practice the Friday or Saturday **BEFORE** every competition.
- Clear your schedule for the week **BEFORE** every competition. There will be extra mandatory practices added those weeks. No absences approved.
- All dates are tentative and subject to change. You will receive a monthly calendar with dates, regular practices, additional practices, bonding events, and competitions each month

ARTICLE OF UNDERSTANDING

As a CALIFORNIA SPIRIT all-star parent/guardian, I understand the responsibility that my son/daughter is undertaking. I have read the 2020-2021 All-Star-handbook. My athlete and I understand the contract and its contents.

I agree to support the CALIFORNIA SPIRIT All Star program and offer encouragement to my child's fulfillment of all their responsibilities. I agree to allow my child to participate in all the All Star activities and will be cooperative as possible in carrying them out. I understand that this program is a commitment.

Furthermore, I will not use this program as a form of punishment for my child as I realize that this also punishes the team. I also realize that when I am on a function with the team, I too represent them and therefore must always act with class and responsibility. I also understand that the membership fee is due upon joining and again every year after as long as I belong to CALIFORNIA SPIRIT and understand that the fee does not correlate with the beginning of an All Star season. I understand that all installments and fees are non-refundable and credits will not be issued.

Team member's name printed

Team member's signature

Parent's/Guardian's name printed

Parent's/Guardian's signature

Date

