



# August 2018



## BULLETIN BOARD

- Dress Code**-WEAR outfit that is assigned in boxes. All athletes must follow clothing schedule.

### ATTENDANCE ENFORCED







Its getting **HOT!** Make sure your athlete has water for every practice!! Stay hydrated\*

- Choreography times are listed in red!**
- Sunday practices start August 19 for Vogue and Royalty**
- PRACTICE MAKES PERFECT, SO BE HERE! :)**

### \*TEAM Tumbling Times\*

Monday 7-8:p (Vogue)  
 Wednesday 6:30-7:30p (Glam Squad)  
 Thursday 6-7p (Celebrities)  
 Thursday 7-8p (Diamonds)  
 Thursday 8-9p (Royalty)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Diamonds 5-7P Royalty 7-9P	2 NO TEAM PRACTICE Coaches will be at Varsity U	3	4
5	6 Sass 5:30-7P	7 <b>Choreography</b> Celebrities 6-8P Royalty 10A-2P Diamonds 3-7P	8  Royalty 10A-2P Diamonds 3-7P	9  Glam Squad 10A-2P Vogue 3-7P	10  Glam Squad 10A-2P Vogue 3-7P	11
		<b>Program T - Free Short</b>	<b>Yellow Tank-Wind Short</b>	<b>Program T - Free Short</b>	<b>Yellow Tank-Wind Short</b>	
12	13 Diamonds 5-7P Sass 5:30-7P Royalty 7-9P	14 Glam Squad 5-7P Celebrities 6-8P Vogue 7-9P	15 Diamonds 5-7P Royalty 7-9P	16 Glam Squad 5-7P Vogue 7-9P	17 	18
19 Royalty 4-6P Vogue 6-8P	20 Diamonds 5-7P Sass 5:30-7P	21 Glam Squad 5-7P Celebrities 6-8P Vogue 7-9P	22 Diamonds 5-7P Royalty 7-9P	23 Glam Squad 5-7P	24	25
26 Royalty 4-6P Vogue 6-8P	27 Diamonds 5-7P Sass 5:30-7P	28 Glam Squad 5-7P Celebrities 6-8P Vogue 7-9P	29 Diamonds 5-7P Royalty 7-9P	30 Glam Squad 5-7P	31	