



2026-2027

Pre-Season Information

What teams did we have last season?

- Tiny Novice
- Tiny 1.1 Prep
- Mini 1.1 Prep
- Youth 2.2 Prep
- Mini L2
- Youth L2
- Junior FLEX L3
- Senior L4
- Senior L5
- Senior L6

Program Practice Schedule:

SUMMER	FALL/ WINTER/ SPRING
June 1st- August 27th	August 30th - End of April
<p><u>Novice</u> - Optional skills practice 1 day a week.</p> <p><u>Prep & Elite Teams</u> - 2 day a week.</p>	<p><u>Novice Teams</u> - 2 days a week</p> <p><u>Prep Teams</u> - 2 days a week</p> <p><u>Tiny & Mini Elite Teams Teams</u> - 2 days a week</p> <p><u>Youth, Junior, Senior Elite Teams</u> - 2 days a week, plus mandatory Strength & Conditioning (3rd day)</p>
<p>Practice will be Monday - Thursday</p>	<p>Practices will be Sunday - Friday</p> <p>Sunday-Thursday: August - January</p> <p>Sunday-Friday: January - May</p>

****If this is not a commitment you can make, you make want to reconsider joining our competitive cheer program.*****

Summer Practice Schedule EXAMPLE:

Summer Practices start Monday, June 1st

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
5:00-7:30 (Elite Team)	5:00-7:30 (Elite Team)	5:00-7:30 (Elite Team)	5:00-7:30 (Elite Team)
5:00-6:30 (Prep)	5:00-6:30 (T/M Elite or PREP)	5:00-6:30 (Prep)	5:00-6:30 (T/M Elite or PREP)
6:30-8:00 (Prep)	6:15-7:30 (Tiny PREP)	6:30-8:00 (Prep)	6:15-7:30 (Tiny PREP)
6:30-9:00 (Elite Team(s))	6:30-9:00 (Elite Team(s))	6:30-9:00 (Elite Team(s))	6:30-9:00 (Elite Team(s))

Summer Choreography / Stunt Camps - June, July, & August

Choreography / Stunt Camps will start the month of June and are **MANDATORY**.

Choreography Camp: Usually 2-3 days. 10:00am-3pm. Teams learn their competition routine!

Stunt Camp: Usually 1-2 days. Teams learn and work elite stunts.

(TIMES MAY VARY)

Tiny, Mini, Youth, Junior Teams may get a choreographer hired or Sam will do in house Choreo. This will be decided after team placements.

SUMMIT (JUNIOR & SENIOR) & WORLDS TEAM CHOREOGRAPHY

STUNT CHOREOGRAPHY by Brendan for Summit/Worlds Teams

Wednesday, June 17th

Team A - 9:00am - 3:00pm

Team B - 3:00pm - 9:00pm

Thursday, June 18th

Team C - 9:00am - 3:00pm

Team D - 3:00pm - 9:00pm

FULL ROUTINE CHOREOGRAPHY by Brendan for Summit/Worlds Teams

August 20th - Team A - 4:00 - 9:30 PM

August 21th - Team A - 4:00 - 9:30 PM

August 22nd - Team B - 11:00am - 9:00 PM

August 23rd - Team C - 11:00am - 9:00 PM

PRACTICES & ATTENDANCE POLICY

SUMMER PRACTICE & SUMMER VACATIONS:

The summer is the foundation of our season; productive practices are a must for a successful season. Practices are MANDATORY however we do encourage families to enjoy vacation time and other summer activities as long as they are communicated. **These communications should be submitted Jot Form by JUNE 4th.** We are closed for two weeks in the summer and encourage vacation during these two weeks if possible. If you are in town, we expect that you will be at practice, if you're on vacation, enjoy your time!

Summer Vacation Submission Link (June 1st-August 29th): <https://form.jotform.com/241404955349057>
PLEASE DO NOT SUBMIT VACATIONS OR CONFLICTS **SEPTEMBER-MAY** THROUGH THIS FORM, A "SCHOOL YEAR" FORM IS PROVIDED BELOW.

SCHOOL PRACTICE ATTENDANCE

To excel at competitions, we need consistent and high-quality practice. High-quality practices require MAXIMUM ATTENDANCE. THE TEAM'S SUCCESS DEPENDS ON EVERYONE'S PARTICIPATION. Practices are mandatory with some

Absences, such as contagious illnesses (with a doctor's note), school graded events, and family emergencies will be excused with proper communication.

All other absences will incur fees: \$15/ practice. Fees are enforced after September 2nd.

Unplanned, day of absences need to be text to Sam at 859-801-7030 promptly, not submitted to form.

All planned absences need two weeks' notice. Please send these to: <https://forms.gle/LvHusgVheTcDB4bcA>

1. If these are not school graded functions they will still incur fee.
2. If it is a school graded functions but proper notice is not given, it will incur fee.
3. If you fail to communicate a planned absence less than 2 weeks prior, missed practice will be **\$50/ practice.**
4. Planned absence 2 weeks before competition will incur **\$100 fee** and could result in athletes not competing.
5. Missing excessively may result in team dismissal.

These are not exempt from fee. If we are not given proper notice, your athletes spot may be in jeopardy for the next event or the remainder of the season.

Exceeding 5 or more absences is grounds for removal from program when school schedule starts in August.

SCHOOL CHEER CROSSOVER ATTENDANCE POLICY

While we would love to say we work around school cheer, we cannot. Planned competitions will be the only thing we will do our best to schedule around. These events include UCA Bluegrass & Nationals. States competition can fall on the same weekend as one of our events and there is usually flexibility on both ends to make it work.

We cannot and will not schedule around practices, games, or showcases. Athletes are not to miss practices or competitions for Five Star for any of the reasons stated above. Please communicate your all-star practices and commitments to your school coaches. Allstar should be first priority and if it is not, we are not the program for you. If you have questions regarding this, please talk to Sam or Steff.

FIVE STAR Pre-Season CALENDAR 2026-2027

JUNE						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

JULY						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER						
S	M	T	W	T	F	S
						1
		2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

OCTOBER						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOVEMBER						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JANUARY						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

MARCH						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

MAY						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June 1st - 4th - First week of Practices!

June 17 & 18 - Summit & Worlds Stunt Choreo with Brendan

June 26 - July 12th - Summer Break (No Practice)

August 20th - 24th - Summit & Worlds Routine Choreo with Brendan

August 30th - School Schedule Starts - First Sunday Practice!

September 4th - 7th - Labor Day Break (No Practice)

Oct 9th -12th - Fall Break (No Practice)

Oct 24 - The Purple Preview (Choreo Showcase) TENTATIVE

Nov 14th or 21st – The Purple Premiere Showcase TENTATIVE

Nov 25th 28th - Thanksgiving Break (No Practice)

December 20th - January 2nd - Christmas Break

(We will have practices within this break (21st-22nd and/or 28th-29th) but travel/ family holidays will be excused)

March 28th - Easter (No Practice)

April - MANDATORY SUMMIT/ WORLDS PRACTICES

March/ April TBD - Regionals Summit or US Finals or alternate end of year event

April 22nd & 23rd - Youth Summit - TAMPA

April 23rd - 26th The Cheerleading Worlds - Wicked - ORLANDO

Uniforms

NOVICE



Neon
Clear Cr
Blac
Dyes
Blac

WORLDS - WICKED



ON CHEST
WICKED
MEDIUM CRYSTAL
FILL LOGO ON BACK
(SS10)

Blac
Black

2"V
Non-functional criss-cross drawstring
detail seamless on skirt front

PROGRAM UNIFORM (TINY, MINI, YOUTH)




CRYSTAL FILL LOGO WITH OUTLINE

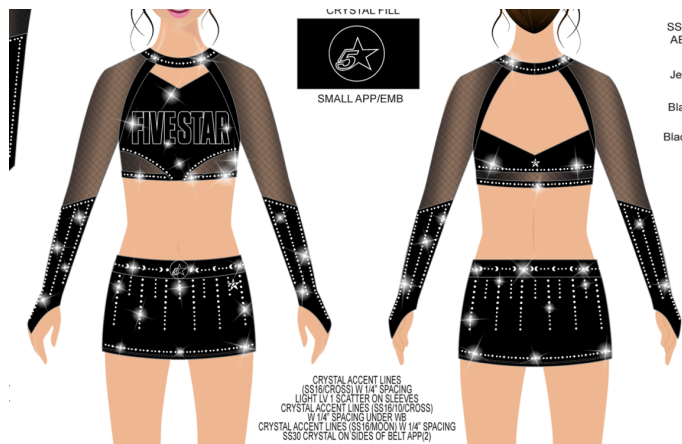
Neon
AB C
Blac
Black




APPLIQU

CRYSTA

SUMMIT TEAM UNIFORM (JUNIOR, SENIOR)



CRYSTAL FILL

SMALL APP/EMB

SS10
AB C
Jet C
Black
Black




LARG

CRYSTAL ACCENT LINES
(SS10) CROSS 1/4" SPACING
LIGHT LV1 SCATTER ON SLEEVES
CRYSTAL ACCENT LINES (SS10) CROSS
1/4" SPACING UNDER WB
CRYSTAL ACCENT LINES (SS10) CROSS
1/4" SPACING
SS30 CRYSTAL ON SIDES OF BELT APP(2)

Cheer Shoes:

We'd prefer the kids to wear a Rebel shoe but it is NOT mandatory this season. You can order individual or add to the gym order. More info on gym order coming soon!

Female Shoe color: White

Male shoe color: Black

Flyers: No Nfinity Flytes or Vengeance

(They are really thin and you can feel their toes through them when stunting, not ideal)

Acceptable competition Shoe Brands:

Rebel, Nfinity, Varsity

Kids are NOT allowed to compete in shoes with holes in them. I'd prefer they not practice like this either as it is dangerous. Rebel shoe's definitely hold up better than Nfinity. We also prefer them to NOT be in Nfinity Flytes. They fall apart the quickest and have very little support and structure.

Acceptable brands to wear: Rebel, Varsity, Nfinity

<https://rebelathletic.com/collections/all-shoes>

<https://www.nfinity.com/collections/cheerleading-shoes-white-light-weight-cheer-shoes-nfinity-athletics>

[https://shop.varsity.com/collections/shoes?](https://shop.varsity.com/collections/shoes?utm_source=website&utm_medium=varsitydotcom&utm_campaign=shop-varsity_hp_nav-24)

[utm_source=website&utm_medium=varsitydotcom&utm_campaign=shop-varsity_hp_nav-24](https://shop.varsity.com/collections/shoes?utm_source=website&utm_medium=varsitydotcom&utm_campaign=shop-varsity_hp_nav-24)

Ankle Weights

This season we are going asking that all Youth, Junior, and Senior teams bring a pair of ankle weights to practices. 2 lbs each

2026-2027 Competition Possibilities

We are still working on our tentative competition schedule - Below is the list of event we will be picking from.
Additional events may be added to this list as event producers release their dates.

DATE	EVENT	LOCATION
October 24th	The Purple Preview Gym Showcase - Choreo Showcase in Practice Wear	Five Star
November 14th/15th or 21st/22nd weekend - TBD	The Purple Premiere Gym Showcase - Full Routines in Uniforms	Five Star
November 21st	American Cheer Power - Showdown	Dayton, OH
November 22nd	UCA - Classic	Lexington, KY
December 4th-6th	WSF Grand Nationals** (Varsity Stay Smart Hotel Reservations Required)	Louisville, KY
December 12th	America's Best - Challenge	Indianapolis, IN
January 10th	GLCC Challenge	Louisville, KY
January 16th & 17th	Jamfest Super Nationals** (Varsity Stay Smart Hotel Reservations Required)	Indianapolis, IN
January 23rd & 24th	CSG Grand Nationals** (Varsity Stay Smart Hotel Reservations Required)	Schaumburg, IL
	Xcel Nationals	Gatlinburg, TN
January 30th & 31st	Cheer Expo	Indianapolis, IN
February 13th	NCA	Lexington, KY
February 20th & 21st	Coastal Super Nationals** (Varsity Stay Smart Hotel Reservations Required)	Washington, DC
February 27th??	Aloha - Showdown	Indianapolis, IN
March 6th & 7th	All Star Challenge	Cincinnati, OH
March 13th & 14th	American Cheer Power** (Varsity Stay Smart Hotel Reservations Required)	Columbus, OH
March 19th - 21st	NCA Allstar Nationals** (Varsity Stay Smart Hotel Reservations Required) WORLDS TEAM Possibility ONLY	Houston, TX
	Star Spirit - (Worlds Back-up Event)	Indiana
April 2nd-4th	One-Up Grand Nationals** (Varsity Stay Smart Hotel Reservations Required) Some teams will compete Friday	Nashville, TN
April TBD	THE FIVE STAR FINALE Gym Showcase/ Banquet	Five Star

DATE	EVENT	LOCATION
Possible end of Season Events Below:		
April 10th - 11th	Regional Summit PREP & TINY, MINI, YOUTH FINALS (Top 3 finish at Varsity event to qualify) Extra Fees Apply	Indianapolis, IN
April 23rd - 24th	The Youth Summit (Youth Elite team - Bid Needed) Extra Fees Apply	Tampa, FL
April 24th & 25th	The Celebration (Prep & Elite Mini/ Youth - No Bid Needed) Extra Fees Apply	Tampa, FL
April 23rd - 26th	The Cheerleading Worlds (Worlds Team - Bid Needed) Extra Fees Apply	Orlando, FL
May 7th - 9th	The D2 Summit Junior & Senior ONLY - Bids Needed Extra Fees Apply	Orlando, FL

Regional Summit Info:

https://www.varsity.com/wp-content/uploads/2026/01/VAS_RegionalSummit_InfoGuide27.pdf

The Youth Summit Info:

https://www.varsity.com/wp-content/uploads/2026/01/YouthSummit_InfoGuide_27.pdf

The Celebration Info:

https://www.varsity.com/wp-content/uploads/2026/01/VAS_Celebration_InfoGuide27.pdf

The Cheerleading Worlds Info:

(No information packet out yet)

D2 Summit Info:

https://www.varsity.com/wp-content/uploads/2026/01/D2Summit_InfoGuide_27.pdf