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# FIVE STAR CHEERLEADING

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## Four Programs - Same Five Star Cheer Family

Athletes of all experience levels are welcome! Whether you're new to the craft or a seasoned athlete, we're looking for strong work ethic, positive attitude, and a willingness to learn.

### SHOW TEAMS

Target Age: 2-9 yrs old

Level: Beginner/ Intro

Session Length: 11 Wks

Introduction program to Five Star and cheerleading! Great starter program with a showcase for friends and family at the end of the 11 wks.

### NOVICE

Target Age: 4-11yrs old

Level: Beginner/ New

Season: August - April

Our Novice teams are ideal for athletes who are new to competitive cheer or looking for a shorter commitment.

### PREP

Target Age: 6 yrs & up

Level: Competitive Prep

Season: June - April

Our Prep teams are ideal for athletes who are ready for the full season commitment but still working on perfecting their advanced and elite skills!

### ELITE

Target Age: 6 yrs & up

Level: Experienced L1-6

Season: June - April

Our Elite Teams are for athletes ready for a full-year commitment and the thrill of top-level competition. These teams train at a higher intensity level, focusing on advanced stunts, tumbling, performance quality, and precision.

**At the heart of our program is something deeper than performance—it's confidence, intuition, and the energy we intentionally bring into every space we enter. Our "witchy side" isn't about theatrics; it's about believing in yourself, trusting your instincts, and lifting others as you rise. We are more than a team—we are a family that supports, challenges, and stands beside one another through every high and low. We teach our athletes that greatness isn't just measured in medals, but in how you show up for your team and serve something bigger than yourself.**

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