



# Welcome to the Five Star Cheer Family for the 2020-2021 Season!!!

Twinkles Purple- Tiny Gym Expo (2 & 3 year olds)  
Twinkles White - Tiny Gym Expo (4 & 5 year olds)  
Twinkles Black- Tiny Expo Limited Travel (3, 4, & 5 year olds)  
Starlites - Tiny 1  
Rockstars - Mini 2  
Purple Crush - Youth 2  
Blackout - Youth 3  
Lady Suns - Junior 2  
Purple Reign - Junior 3  
Shade - Senior 4  
Superstars - Senior 5  
Wicked - Senior Coed 6

## Communication:

### 1. Band

First download the app: BAND

Then search the the group below and request membership.

**Band Name:** Five Star Cheerleading (Erlanger, KY)

Junior & Senior Teams will also have their own Bands and will be “invited” via the coaches at a practice.

**MOST IMPORTANT! WE MAINLY USE THIS TO COMMUNICATE!  
YOU WILL MISS INFO IF YOU DO NOT JOIN.**

### 2. E-mail Via G-Mail and our Jackrabbit Class Software

## Coaches Cell Numbers:

Please add all these numbers to your contacts! Any time you will not be at practice or have a question please feel free to ask one of our staff member. **Sam and Steff are the best coaches to contact first with questions.** They will re-direct you to the correct staff member if needed.

<b>Jeanne Russell</b>	859-380-3353	OWNER	<b>Courtney Owens</b>	859-835-4471	Coach
<b>Samantha Russell</b>	859-801-7030	Cheer Director	<b>Marissa Hearld</b>	859-308-2708	Coach
<b>Steffanie Pieschel</b>	513-213-5329	Co-Director Head Coach	<b>Haley Mangan</b>	859-443-1806	Coach
			<b>Carrie Scott</b>	859-750-6857	Coach

## Practice Schedule:

\*\*May change at coaches discretion\*\*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
11:15am-1:15 Shade	5-6 Starlites	5-6:30 Purple Crush	5-6 Starlites	5-7 Purple Reign
1-2:30 Blackout 1-3 Wicked	5-6:30 Rockstars	6-7 Twinkles Black & White	5-6:30 Rockstars	5:30-7 Superstars
2:15-4:15 Purple Reign 2:45-4:15 Purple Crush	6-7 Twinkles Purple		6:15-8 Blackout	
4-6 Lady Suns & Superstars	7-9 Wicked	7-9 Shade & Lady Suns	7-9 Superstars	7-9 Wicked

## Gym Closures:

June 29th - July 5th (July 4th Week)

September 4th - September 7th (Labor Day Weekend)

October 9th -12th ("Fall Break")

November 25th - November 28th (Thanksgiving)

December 23rd - 27th (Christmas Break)

December 31st - January 1st (New Years Break)

## Team Choreography / Stunt Camps

Choreography / Stunt Camps will more than likely be Friday or Saturdays this season due to us getting a later start this season. We may be able to squeeze in a few before the kids go back to school during the week. If we do, they will be 10:00am-3:00pm. Times will vary on Friday and Saturdays. Normally, choreography camps are mandatory. Due to the situation at hand and getting a late start this season, if you have a vacation scheduled during a scheduled camp, no stress, we will get a fill-in for camp and teach your athlete the routine when they return.

## Uniforms

It's a new uniform season. I am going to start sizing everyone in August via the new app provided by Rebel. No more fit kits! I will send out instructions on what to wear for fittings and how hair should be worn in order to get correct measurements via the scanner through my phone.

I know a lot of parents are weary about purchasing a new uniform not knowing if we will get a lot of use out of them this season. I am going to put off ordering them a little longer than normal this season with the help of my Rebel Rep to possible re-size anymore they may need it after a couple months. If we do not get to wear these uniforms much this season or at all, we will wear them for a 3rd season in 2022-2023. We have more athletes than not that need new or bigger uniforms. We feel it's best to move forward with a new uniform than to re-purchase the 2018 uniform.

## 2020-2021 Tentative Competition Schedule:

**Starlites, Rockstars, Purple Crush, Blackout, Lady Suns, Purple Reign, Shade, & Superstars**

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	
November TBA	The Purple Premiere - Gym Showcase	Five Star	
December 5th & 6th	WSF	Louisville, KY	<i>Possibly Shade &amp; Superstars</i>
December 12th	Jamfest - WinterJAM OR America's Best	Louisville, KY or Indianapolis, IN	
January 9th	Encore	Louisville, KY	
January 16th & 17th	Jamfest Super Nationals	Indianapolis, IN	
February 20th	The Purple Progression - Gym Showcase	Five Star	
March 6th & 7th	Jamfest Nationals	Louisville, KY	
March 13th & 14th	Double Down Championship	Sevierville, TN	
March TBD	WSF	Indianapolis, IN	
March 27th-28th	American Cheer Power	Columbus, OH	
April 10th & 11th OR April 17th & 18th	Regional Summit - Tiny, Mini, & Youth	Sevierville, TN Louisville, KY	Additional cost may be required
April 29th - May 2nd	The Summit - Junior and Senior Teams ONLY	Walt Disney World Orlando, Florida	Additional cost may be required

## Wicked (Worlds Team) Competition Schedule:

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	
November TBA	The Purple Premiere - Gym Showcase	Five Star	
December 5th & 6th	WSF Nationals	Louisville, KY	
December 12th & 13th	Nation's Choice	Schamburg, IL	
January 16th & 17th	Jamfest Super Nationals	Indianapolis, IN	
February 6th & 7th	CSG Super Nationals	Schamburg, IL	
February 20th	The Purple Progression - Gym Showcase	Five Star	
February 26th-28th	NCA Nationals	Dallas, TX	
March 6th & 7th	GLCC Nationals	Schamburg, IL	
March 27th-28th	American Cheer Power	Columbus, OH	
April 24th - 26th	Worlds	Walt Disney World Orlando, Florida	Additional cost may be required

(Wicked will compete at 5 2-day events this season. Events and locations could change.)

I will explain information on Bids to Worlds, Regional Summit, and The Summit (Orlando) closer to competition time. We are waiting on more information from Event producers.

## Limited-Travel Twinkles Showcase Schedule:

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>
November	The Purple Premiere - Gym Showcase (split up this Sessions AM & PM)	Five Star
December 12th	Jamfest - WinterJAM OR America's Best	Louisville, KY or Indianapolis, IN
January or March	Showcase at School event or Five Star	TBA or Five Star
January 9th	Encore	Louisville, KY
February 20th	The Purple Progression - Gym Showcase (split up this Sessions AM & PM)	Five Star
March TBD	WSF	Indianapolis, IN
April	Worlds/ Summit Send Off - Gym Showcase	Five Star

## Non-Travel Twinkles Showcase Schedule:

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>
November	The Purple Premiere - Gym Showcase (split up this Sessions AM & PM)	Five Star
January or March	Showcase at School event or Five Star	TBA or Five Star
February 20th	The Purple Progression - Gym Showcase (split up this Sessions AM & PM)	Five Star
April	Worlds/ Summit Send Off - Gym Showcase	Five Star

Competition Schedule is VERY tentative this year. Please be as flexible as possible. Do not book hotel rooms that cannot be cancelled. We are shooting to have our showcase in late November and then compete in December. We may adjust our showcase to December and the first competition to January if necessary. Events HIGHLIGHTED IN DARK GRAY are the events we are hoping to attend. THIS IS JUST A STARTING POINT. Additional options are on the list and we are actively checking for additional local events to add as options. So much is out of our control and we appreciate your patience.

Competition companies could cancel or change event dates and times. We will be checking bi-weekly to weekly closer to time. If we need to make adjustments, we will try to do so in a timely manner and follow guidelines and recommendations. **If competitions are cancelled all season long, we will do team showcases for parents and family members at the gym and refund competition athlete fees.**

## 2020-2021 Uniform, Bow, Make-up Cost:

<b>Uniform</b>	<b>Total Cost:</b>	<b>Pieces:</b>
<b>2020 Program Leo &amp; Skirt</b>	<b>\$415</b>	Leo: \$295 Skirt: \$120
<b>2020 Program - MALE</b>	TBA (waiting for design)	Top: \$ Black Pants: \$70
<b>2020 Shade Uniform</b>	<b>\$390</b>	Crop Top: \$270 (Skirt: \$120)
<b>“2019” Superstars Uniform  (“2019” Program Skirt)</b>	<b>\$425</b>	2019 Top: \$285 2019 Program Skirt: \$140
<b>2020 Wicked</b>	<b>\$415</b>	Top: \$ 260 Skort: \$155
<b>2020 Wicked - MALE</b>	TBA (waiting for design)	
<b>Competition BOW</b>	<b>Cost:</b>	
	<b>\$30</b>	
<b>Yofi Make-Up Kit (Optional)</b>	<b>Cost:</b>	
(same kit as last year, can also purchase make-up form outside sources to get look) *MUST PURCHASE LIP STAIN THROUGH THE GYM*	<b>\$40 Kit</b>	
<b>Cheer Shoes</b>	<b>Cost:</b>	
<b>Rebel Ruthless Cheer Shoes (White) Optional</b>	<b>\$95.00</b>	

# MORE INFO!

## Uniform Fittings:

This is done via an app this season. No more Fit Kits!

## Shoes:

There is no particular cheer shoe athletes must have, but we asked that everyone either get Nfinitys, V-Ros, Varsity, GK, Chasse Highlyte, or Rebel WHITE shoes. Boys are welcome to buy black.

I will have a fit kit for the **Rebel Ruthless** white cheer shoes sometime in August. They are \$95. I believe if we order as a gym we will get free shipping (I will double check this). I encourage people to try out this shoe, as it seems to be a shoe that will hold up for the entire season! I will send out more info when they ship me the fit kit!

Shoe websites for independent ordering:

[www.nfinity.com](http://www.nfinity.com)

[www.shop.varsity.com](http://www.shop.varsity.com)

[www.nolimitsportswear.com](http://www.nolimitsportswear.com)

[https://www.omnicheer.com/shop/deals/markdowns/chasse-highlyte\\_41534](https://www.omnicheer.com/shop/deals/markdowns/chasse-highlyte_41534)

[www.omnicheer.com](http://www.omnicheer.com)

<https://www.rebelathletic.com/performance-shoes.html>

## Competition/ Practice Wear Timeline:

### **Practice Wear**

Ordering from Rebel by mid-August. Will make a BAND post when payment is due.

We will get estimated delivery date after they have placed our order.

Five Star Spirit Shop will be working on shirts ASAP.

### **Uniforms**

First payment due: TBA (plan for late August)

Final Payment: TBA (plan for September/ October)

### **Bows & Make-Up**

Order and payments in August/ September.

### **Shoes**

Athletes need cheer shoes by AUGUST AT THE LATEST. Flyers must have some type of cheer shoe ASAP.

Rebel Fit Kit in August (if ordering with the gym). Payment date will be set around same time.