

2020 SCA CHEERLEADER CAMP NEW ORLEANS HILTON RESORT

June 22,23,24

Thank you for choosing SCA for your cheerleader camp training. We are looking forward to working with you and your squad. Please read the following information carefully and make copies of this form for each camp participant.

IMPORTANT: Please understand that preparing a cheer and/or dance for SCA camp is *OPTIONAL*. You may choose to bring one, both, or neither. SCA encourages coaches to simply do what works best for their individual squads.

Optional Cheer Evaluation/Competition:

WHEN: First night of camp

WHAT: Perform one game day cheer, not to exceed **1 minute 30 seconds**. Signs are encouraged. Building, jumps, and tumbling may be incorporated.

Optional Pom Competition:

WHEN: First night of camp

WHAT: Perform a pom routine to music, not to exceed **1 minute and 30 seconds**. **No** tumbling, jumping, or building is allowed in the pom routine. **Tumbling is defined as any skill with feet over head rotation.**

BALANCE PAYMENT Final payment is due 14 days or two weeks prior to camp. Payments must be made with a single school check or cashier's check. Make certain that SCA has received your online camp registration so that we have all of your updated contact information and the names of each adult attending camp with your team.

REGISTRATION

Report to the lobby of the Hilton New Orleans Riverside, **Monday, 12:00 p.m. - 1:00 p.m.** In the event that we are **unable to check-in immediately, luggage will be stored in a conference room in the immediate registration area until the rooms are ready!** **PARKING** is self-park and it is **\$44.00** for each of the two camp nights. You will get a receipt so that you may be reimbursed by your school or you may bring a school check for the parking fee.

SCHEDULE

Opening session, 1:30 p.m., classes immediately following. All classes in the **Health Club**. SCA encourages you to bring creative signs to showplace in the camp area! No glitter please! **See page 2 for a detailed schedule.**

MEALS Meals served during camp will begin with Dinner the first evening. Breakfast and Lunch on Day II. Day II Dinner is on your own, and Breakfast and Lunch on Day III is provided by SCA as well.

WHAT TO BRING Practice clothes, water bottle, poms, signs, spending money. **Do not bring valuables.** A "SQUAD FIRST AID KIT": Band-Aids, ace-bandage, instant cold pack, aspirin, and throat lozenges.

MASCOTS: Bring your mascot suit and a 1minute skit which defines your character through pantomime and antics. Bring markers, poster paper, and any potential props! It is imperative for all mascots to come prepared with all material!

ADVISOR/COACH PROGRAM: **Optional:** Bring a copy of your tryout score sheet and constitution as well as any video of pep rallies or special performances you would like to share in the advisor/coach meetings.

ATTENTION: ADVISORS, COACHES, CHOREGRAPHERS, PARENTS

PARENTS/SPECTATORS Parents and spectators are invited to watch the home cheer evaluation and dance competition at 6:45 p.m. on Day I. On Day III guests are invited to watch the All – American competition beginning at approximately 3:00 p.m. followed by the squad final evaluation/competition beginning as early as 3:30 p.m. It is very important that guests do not arrive before 3:00 on Day III as private coaching is taking place prior to this time and **entrance will not be allowed. Please, for your convenience, do not arrive prior to 3:00 on the final day.** It is imperative that this rule be followed as teams will be focused on preparing for final competition and early arrival will distract the participants.

CHECK - OUT (FOR RESIDENT PARTICIPANTS)

Hotel check-out is scheduled for approximately 1:00 (after eating lunch) on Day III. If your squad transportation is not already on site and will not arrive until later luggage may be stored in the advisor room until after the awards ceremony. That way all keys except one will be turned in during lunch. The advisor key will then be returned individually at the end of camp.

**SOUTHWESTERN CHEERLEADERS ASSOCIATION
2020 SUMMER CAMP DAILY SCHEDULE - Check-In 12:00-1:00**

DAY I

- 1:30 - 2:00 Camp Opening, Staff Introductions
- 2:00 - 3:00 Pep Dance, Mascot Meeting
- 2:30 - 3:00 Coach's Orientation and Reception
- 3:00 - 3:15 Coaches meet SCA staff / Head Cheerleader Meeting
- 3:15 - 4:00 Game Day Sidelines/Crowd Leading
- 4:00 - 4:55 Stunting 101
- 4:55 - 5:00 Announcements
- 5:00 - 6:30 Dinner
- 6:30 - 6:45 Home Cheer and Pom warm-up
- 6:45 - 7:30 Home Cheer Evaluation**
- 7:30 - 8:15 Pom Competition/Mascot Routines**
- 8:15 - 8:45 Spirit Sticks, Safety First Awards, Buddy Time, Announcements

DAY II

- 7:00 - 8:00 Breakfast
- 8:10 - 8:20 Warm-up
- 8:20 - 8:30 Staff Stunt Demos
- 8:30 - 9:15 Stunts/Pyramids
- 9:15 - 10:00 All American Cheer/Sideline Chants
- 10:00 - 10:30 Game Day Workshop, Coach's Clinic
- 10:30 - 11:00 Stadium Rocks
- 10:30 - 11:00 Stadium Rocks (Mascot meeting)
- 11:00 - 11:30 Evaluation Prep Time
- 11:30 - 1:00 Lunch
- 1:00 - 2:00 Private Coaching
- 2:00 - 2:45 Stunts/Pyramids
- 2:45 - 3:45 Advanced Dance, Spirit Routine
Coach's Clinic, Mascot Meeting
- 3:45 - 4:15 Team Practice
- 4:15 - 5:30 Jump -Off & tumble Off
- 5:30 Dinner On Your Own!

DAY III

- 7:00 - 8:00 Breakfast
- 8:10 - 8:20 Warm-up
- 8:20 - 8:30 Staff Stunt Demos
- 8:30 - 9:15 Stunts/Pyramids
- 9:15 - 9:45 Cheer/Chant Class
- 9:45 - 10:15 Stadium Rocks, Coach's Clinic, Mascot Meeting
- 10:15 - 10:45 Camp Review
- 10:45 - 11:45 Dance-Off
- 11:45 - 12:00 Team Practice
Announcement of All-American Nominations
- 12:00 - 2:00 Lunch
- 2:00 - 3:00 Private Coaching
- 3:00 - 3:45 Final Competition**
- 3:45 - 4:45 All-American Competition, Final Mascot Show
- 4:45 - 5:15 Dance Review
- 5:15 - 6:15 Final Awards/Camp Closing

EVALUATIONS & COMPETITIONS:

DAY I Home Cheer (Optional)
Dance Competition (Optional)

DAY II SCA Cheer W/Optional Incorporation / SCA Chant
JR HIGH - SCA Cheer or Chant - All Evaluations

DAY III Final Evaluation/Competition
SCA Cheer

WHAT TO BRING Most squads like to wear their uniform on the first night for dance competition/cheer evaluation and on the last evening for final competition/evaluation. You may choose to wear your uniform the evening of Day II. Plan on two or three matching outfits. Don't worry if your squad will not have a uniform available for camp, many squads do not and will just need more matching outfits. Washing machines and dryers are available so your squad can wear an outfit more than once.

2020 SCA New Orleans Luxury Camp Roster

June 22,23,24

SCHOOL NAME _____

ADVISOR HOME PHONE _____ CELL PHONE _____ E-MAIL _____

(Please print clearly)

Will you squad stay an additional night before or after camp on June 21 or 25 ? _____

For the additional night fee for ALL (participants and non-participants), please see additional night fee chart below.

Please specify **S** for student participant, **C** for advisor/coach participant, list from 2 to 4 persons per room, if **N** is designated by an individual's name the **non-participant fee** will apply which excludes meals and instruction.

_____ to room _____ @ \$ _____ per person
 _____ @ \$ _____ per person

1. _____
2. _____
3. _____
4. _____

_____ to room _____ @ \$ _____ per person
 _____ @ \$ _____ per person

1. _____
2. _____
3. _____
4. _____

_____ to room _____ @ \$ _____ per person
 _____ @ \$ _____ per person

1. _____
2. _____
3. _____
4. _____

_____ to room _____ @ \$ _____ per person
 _____ @ \$ _____ per person

1. _____
2. _____
3. _____
4. _____

_____ to room _____ @ \$ _____ per person
 _____ @ \$ _____ per person

1. _____
2. _____
3. _____
4. _____

_____ to room _____ @ \$ _____ per person
 _____ @ \$ _____ per person

1. _____
2. _____
3. _____
4. _____

Participants Fees:

June 22,23,24

- 4 to a room \$ 330.00
- 3 to a room \$ 365.00
- 2 to a room \$ 422.00

Non-Participants :

June 22,23,24

- 4 to a room \$127.00
- 3 to a room \$165.00
- 2 to a room \$242.00

Additional Night fee :

June 21 or June 25

- 4 to a room \$ 68.00
- 3 to a room \$ 88.00
- 2 to a room \$ 128.00

2020 NOLA RESORT CAMP

(ADDITIONAL INFORMATION)

First register online. Next please send the roster sheet along with a **\$500.00 total deposit by March 10 to SCA P O box 5352 Lake Charles LA 70606**. If tryouts have not taken place by the March 10 deposit date , send in the deposit with the estimated number of participants. The deposit will be applied to your balance payment. The **final balance payment is due by May 1**. You may bring as many parent chaperones as you would like , please make certain that their names are on the roster sheet .

SCA offers a non-participant fee. We understand that several squads will be accompanied by bus drivers, parents, chaperones, etc. This fee excludes meals and is for the room only and all of the amenities offered to guests at the hotel. **(Hotel fee and taxes included)**.

Parents may book rooms with SCA is they are attending but not acting as chaperones with the team just as guests. They simply need to email SCA to make a reservation and they will receive an invoice directly .

NON-PARTICIPANT FEES - Hotel fees and taxes included

These are double queen rooms.

(2 nights June 22,23)

4 per unit	\$ 127.00 per person
3 per unit	165.00 per person
2 per unit	242.00 per person

PARTICIPANT FEES – Hotel fees and taxes included

These are double queen rooms.

(2 nights June 22,23)

4 per unit	\$ 330.00 per person
3 per unit	365.00 per person
2 per unit	422.00 per person



General Release/Waiver of Liability/ Hold Harmless Agreement

(Please read carefully. This is a Release of legal Rights)

Student's Name _____

Date of Birth _____

School Represented _____

In consideration of being allowed to participate in any way in the 2020 SCA Summer Camp Program, I, the parents(s) and/or legal guardians(s) of the minor named above **agree to assume all risk of any kind of injury or damage my child may receive or sustain as a result of participation, including property loss, property damage, personal or injury death.**

By my signature below, I acknowledge my understanding of this release and hold harmless and agree and confirm that:

1. As the parent/guardian, it is my responsibility to instruct the minor participant if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate.
2. The above-named minor may, during the course of the program, participate in the following activities; Cheerleading activities including but not limited to tumbling, jumps, stunting, motions and fitness.
3. I grant permission for the above-named minor to receive medical treatment for any and all injuries and illnesses sustained or experienced during participation in the 2020 SCA Summer Camp Programs, included but not limited to emergency first aide, emergency transport to a medical facility, and emergency treatment by medical personnel onsite or at medical facility.
4. **Photography Consent:** By registering for a 2020 SCA Summer Camp Program, I am hereby giving my permission to SCA Summer Camp Programs allowing for my child's photograph to be taken. I am also consenting to having such photographs used for public relations purposes by SCA. I also hereby release SCA from all claims libel, slander, and invasion of the right of privacy or any other claims which I may have, or which may arise as a result of the publication, exhibition, display, or other use of any photograph. This authorization shall be effective until revoked, in writing, and received in-hand by SCA.

I KNOWINGLY AND FREELY ASSUME ALL RISKS, BOTH KNOWN AND UNKNOWN, AND HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS, FOR MYSELF, THE ABOVE NAMED MINOR AND OUR HEIRS, ASSIGNS AND NEXT OF KIN, SCA SUMMER CAMP PROGRAMS AND EACH OF THEIR TRUSTEES, OFFICERS, EMPLOYEES AND VOLUNTEERS WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY ASSOCIATED WITH THE PRESENCE OR PARTICIPATION OF THE MINOR IN MY CHARGE, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, TO THE FULLEST EXTENT PERMITTED BY LAW.

Parent / Guardian Signature _____

Parent / Guardian Printed name _____

Insurance Company _____

Insurance Policy Number _____

Date _____

Parent / Guardian Phone Number _____

Medicines allergic to _____