

# Sideline Sports Cheerleaders LLC dba Tampa Bay All Stars

## CHEERLEADER RULES

- A. **DEDICATION:** It is expected that ALL cheerleaders are dedicated to Sideline Sports Cheerleaders LLC dba Tampa Bay All Stars, the Coach (es) and Staff, the Team, the Organization and the principles, goals, ideals, endeavors and rules the Organization embodies.
- B. **ATTENDANCE:** ALL cheerleaders are required to attend all of the practices, all sanctioned or sponsored events and all other activities, camps and competitions that are planned by this Organization and Director of Cheerleaders. These include but are not limited to hosted and participant competitions whether local or away, local and away camps, demonstrations and fund-raisers.
1. **Absence:** An excused absence is allowed only under severely extreme conditions and is at the discretion of the Coach (es) and or Director. Continued excused absences may require that a cheerleader be replaced on the team. After only one (1) unexcused absence, the Coach (es) and or Director reserves the right to dismiss and or replace the offending cheerleader(s).
  2. **Tardiness (late):** Continual and or excessive tardiness is cause for dismissal and replacement.
- C. **CONDUCT:** All cheerleaders are role models to the public and are expected to be on their own best behavior at all times especially in public whether in uniform or not, but especially in uniform (practice or competition).
1. **Behavior:** All cheerleaders represent and only the best positive behavior is expected out of every individual. The use and or possession of alcohol, drugs or smoking cigarettes (tobacco products) is not considered positive behavior for cheerleaders and is cause for dismissal and replacement.
  2. **Attitude:** A positive winning attitude will always be expected from every cheerleader no matter the outcome of competition(s) or camps. Each cheerleader is called upon and expected to provide total 100% effort and action in practice and competition.
  3. **Cooperation:** Because a TEAM concept is required for cheerleading, cooperation with team members, coach (es) and staff is imperative and mandatory.
  4. **Team Effort:** Success is through the Team. All of the individuals together make up the Team including coach (es) and staff. It is only when, all together as a team, the effort, work and dedication given as a sacrifice to accomplish a common goal has it been proven that the rewards can be satisfyingly immeasurable.
- D. **ABILITY:** Cheerleaders are initially chosen based upon their physical ability, athleticism and showmanship skills and the potential for their improvement. A continual general improvement in skills and techniques is expected throughout the season.
1. **MOVING TO AN ALLSTAR (COMPETITIVE) TEAM:** When, in the opinion of the Director of Cheerleaders and or the Coach (es), sufficient skills and or promise has been shown by an individual, that individual may be asked to move to one of the competitive teams. Moving to a competitive team does not guarantee a permanent position there. A continued steady progress in skills will always be expected throughout a cheerleader's stay with Sideline Sports Cheerleaders LLC dba Tampa Bay All-stars,
  2. **MOVING FROM AN ALLSTAR TEAM:** When, in the opinion of the Director of Cheerleaders and or the Coach (es), a cheerleader's skills begin to decline and or stagnates instead of continually showing improvement, that cheerleader may be replaced and asked to move to one of the developmental teams.

- E. APPEARANCE: As ambassadors and competitors, the Team's image and impact are determined by its appearance and conduct, which implies professionalism to a great degree. The following are expected to be observed and complied by each team member:
1. Make-up will be worn or not as directed by the Coach (es) and or Director, particularly for competitions.
  2. Jewelry will not be allowed to be worn on any part of the body at practices or in uniform.
  3. Eating, chewing or drinking of candy, food, gum or soft drinks are not allowed during practices or while in uniform unless specifically permitted by and under the direct supervision of the Coach(es) and or Director. Eating, chewing or drinking will not be allowed on the practice floors at any time.
  4. Hair:
    - a. Girls' hair length will be long as determined by the Coach(es) and or Director and pulled up into a ponytail or 1/2 up as directed.
    - b. Boys must maintain a clean cut haircut and appearance.
  4. Overt or displayed personal demonstrations of affection in public between team members or by team members and their "boyfriend or girlfriend" is discouraged and not in the best interests of this Organization.
  5. Smiles are strongly encouraged!
  6. Body decoration (tattoos) that are visible particularly when the individual is under the State's legal age of eighteen (18) is not considered as an acceptable appearance and will not be tolerated on any of the teams.
- F. FEES: All fees are to be kept current and up to date in order to support the season's agenda. Fees are expected to be paid prior to their necessary use and prior to entering the gym and or participation in any activity. Fees paid are non-refundable.
- G. SCHOLASTIC GRADES: An academic minimum of a "C" in school is expected to be maintained by every cheerleader and is considered to be a part of the dedication demanded in this Organization.
- H. INSURANCE: Every cheerleader is expected to have their own family or other medical health coverage and is considered a requirement. In addition to this a medical release is also required to be signed by a parent or guardian.
- I. DISMISSALS: Every Coach(es) and or the Director reserves the right to dismiss and replace a cheerleader for failure to follow these rules, directions, instructions, and orders. This dismissal includes the misrepresentation of Sideline Sports Cheerleaders LLC dba Tampa Bay All Stars, in any form, instance or occasion, as well as any criminal acts committed by the individuals.

*As Parents/legal Guardians of \_\_\_\_\_ have fully read and understand the attached rules and regulations of the Sideline Sports Cheerleaders LLC dba Tampa Bay All Stars. I understand t that failure to follow the above mentioned rules and regulations for the Sideline Sports Cheerleaders LLC dba Tampa Bay All Stars may result in my daughter/son being removed from the team and team functions. I also understand that there will no refunds on any article, entry fees, team fees, or other gym fees associated with the this team.*