

Glenwood Valley Athletics Cheer & Dance Parents,

Welcome to the GVA family. We are honored to have the opportunity to work with your athlete and your family this upcoming season of 2016-2017 and look forward to making amazing memories that are not only fun and exciting but also help engrave life lessons for each and every one of our athletes. We can't emphasize how excited we are to be working with such beautiful and united communities.

We are extremely proud of our program and what this season has in store for us. Our program is committed to providing a positive learning experience that will allow us to teach cheer/dance skills and the importance of sportsmanship and team building. This being Glenwood Valley Athletics fourth competitive season we can't express how excited we are to work with these athletes from such amazing and dedicated communities.

In this packet you will find information regarding our program, parent and athlete expectations, financial obligations, and travel information.

Also included in this packet are the Commitment Forms that will need to be returned to us on or before practice on June 30th, 2016 with copy of athlete's Birth certificate

- The 2016-2017 GVA Commitment to Excellence Agreement
- Competitive Cheerleading/Dance Contract
- Financial Commitment
- I Understand Agreement
- Technique Policy

By signing these documents, athletes are accepting their position as a member of the Glenwood Valley Athletics Competitive Cheerleading and Dance program, and both the parents and athletes are committing to the expectations required of being a member of the Glenwood Valley Athletics Cheerleading and Dance Program. The staff of Glenwood Valley Athletics reserves the right to change team rosters and levels at any time as we see fit. Athletes and parents will have until parent meeting to turn in forms. Athletes will not be eligible to start "The Practice Teams" until all forms are signed and completed. After June 25, 2016 if forms are not turned in the athlete will be put in an alternate status.

Again welcome to the 2016-2017 Glenwood Valley Athletics Cheer and Dance Program. We look forward to a great year and are excited to have your family as part of the GVA family!

2016-2017 Glenwood Valley Athletics **Parent and Athlete Handbook**

The purpose of Glenwood Valley Athletics Handbook is to outline the policies, procedures, and code of conduct for all members of GVA. Within the

handbook, you will find information on the expectations and requirements for you and your family for the 2016-2017 season. Failure to comply with the provided information will result in the consequences outlined in this handbook, which include fines, suspensions, and expulsion from the program.

Glenwood Valley Athletics Communication **Policies and Procedures**

Glenwood Valley Athletics: Administrative Staff

Christine Dingman – Owner/Head Coach/Cheer and Dance Director
970-712-4222
glenwoodspringsallstars@yahoo.com

Jamie Prough - Bookkeeping/Head Coach Mini Team
248-880-5679
gvafootballcheer@gmail.com

Shawn Speller- Head Dance Hip Hop Coach –
970-319-9939
shawn.speller@gmail.com

Social Media & Website:

Website: www.glenwoodvalleyallstarcheer.com

Facebook: Glenwood Valley Athletics

Our monthly newsletter will be your source for important information regarding announcements, calendars, and competition information. Practice schedules can be located and printed from our website. Weather Closures and other important information will be posted on Social Media or by email. Please like our Facebook and check email frequently to avoid not knowing important information. Thank you!

Glenwood Valley Athletics: Healthy and Productive Communication

General Communication:

*Coaches will be available following classes and team practices to answer any questions regarding your athlete, his/her needs and individual progress. If the coach has two teams back to back, an appointment will need to be made. The coach will not be pulled from, or late to practice to speak with a parent or athlete.

*Coaches will not entertain questions regarding specific strategic decisions (placements made in formations, decisions of why an athlete was moved, added, removed, or replaced in stunts and tumbling sections) in a public setting.

*If you or your athlete would like a better understanding of routine placements, team decisions, etc., please email your GVA director. GVA keeps an open door policy with communication to help each parent and athlete understand every decision in which they are involved.

*It is inappropriate for an athlete or parent to approach other GVA members about the problem they have with a GVA coach, staff member or teammate regarding personal objections to coaching decisions, and/or disagreements with an administrative decision. This leads to unnecessary, unacceptable drama. These actions will be addressed immediately by the GVA Director. Major or multiple offenses will result in dismissal from the GVA Program.

*We strongly encourage parents to have their athletes speak with the coaches directly in regards to, but not limited to, the following issues, should they arise:

- Routine Element Questions
- Individual and Group Skill Preparedness
- Injury
- Illness
- Outside events that may affect your performance

*In cases where the athlete is too young to articulate the issue, we ask that the parent aid in the communication process in an appropriate manner.

*If there is a matter that seems to remain unresolved, or if the athlete has clear, legitimate concerns that speaking to the coach will not or cannot possibly resolve the manner, please bring the concern to the GVA Director.

*Serious Questions or Concerns MUST be addressed in person, email, or phone call. Text messaging is not seen as an appropriate form of communication. Issues, questions, or concerns presented in this manner will be ignored until presented properly.

Communication with Staff:

*The GVA staff, athletes and parents are all considered part of the GVA Family. Athletes and parents should feel comfortable speaking to the staff, in the appropriate setting, with any questions, and/or concerns. This “Open Communication” is needed to ensure that there are no oversights within our teams and that situations involving or affecting the athlete are handled appropriately and timely.

**We strongly encourage that parents have their athletes speak with the coaches directly in order to remove any feelings of a communication barrier.

Electronics:

*All Electronic communications (email, text, Facebook messages, etc.) from athletes to staff members must also include parent/guardian as a recipient.

*GVA staff will not accept text messages and Facebook messages as an appropriate form of communication concerning invoices, payments, team concerns. Coaches will ignore all questions and requests made via text message or social media for the above questions.

*All meetings must be scheduled via email, phone call, or in-person communication.

*During classes and practices, coaches are needed to instruct the athletes. Parents should never approach a coach during a class or practice. Issues may be discussed at the end of the class period if the coach is available.

*While in the gym, verbal communication regarding athletes, parents, classes, etc..., should be held in private. Coaches will be available to discuss the concerns regarding your athlete only.

*At competitions, coaches are there to coach. Any issues that arise during a competition will be addressed promptly during the week following the competition. Parents should never approach or contact (speak in person, text message, or social media) a coach with an issue at competitions.

*We have a strict policy in place stating that coaches are not available to discuss:

- Information regarding other GVA athletes and/or parents
- GVA Coaches who do not coach their athlete
- Decisions made by the administrative staff
- Issues that involve any type of comparison of their athlete to another athlete, coach to coach, or GVA to any other cheerleading/dance training facilities.

*If a concern is emotional or heated, we recommend a “cooling off period” before contacting your GVA Director and/or Coach. We understand that issues involving a child are very important and require quick resolution; therefore, we want to ensure that the situation is approached constructively and peacefully.

*All concerns regarding the program should be expressed to the GVA Director or team coaches at the appropriate time in the appropriate manner.

*These concerns should not be expressed over any public forum such as social media or group text. Violation of this policy will result in immediate meeting with the GVA

Director and suspension of the athlete from team practices until the meeting is held and is solution has been made.

Communication with the program:

*Group text related to the GVA program are used only to relay information relevant to the entire team. Personal opinions, complaints or announcements are not allowed.

*Coaches and team representatives are the only member allowed to start conversations within team group texts.

*All athletes and parent/guardians are required to respond in GVA automated text messages started by the team representative of your team or coach to better insure that the information provided has reached all participants—within that team.

*Once again it is inappropriate for an athlete or a parent to approach other GVA members about a problem they have with a GVA coach, staff member, or teammate regarding personal objections to coaching decisions and/or disagreements with an administrative decision. This leads to unnecessary, unacceptable drama. These actions will be addressed immediately by the GVA Director. Major or multiple offenses will result in dismissal from the GVA program.

*The dismissal/addition of a team member is solely at the coaches' decision and should be announced ONLY by the coaches or GVA director. Announcing changes to teams or athletes prior to official announcement by the GVA staff will result in suspension from the team or competition.

Confidentiality:

*All discussions, issues, meeting, and resolutions that surround them are confidential between the coach (es) and the athlete/parent. Coaches will respect the privacy of each family and will not discuss any issues brought to us in privacy with anyone other than those involved.

*Disclosure of confidential information to other GVA member will result in suspension from the team or dismissal from the GVA program.

GVA Role of the Staff, Athlete, Parent, and Code of Conduct

Role of Staff:

The GVA staff is highly trained, motivated, and committed to the success of your child. Parents and athletes can expect the GVA staff to:

- *Provide a fun and overall positive atmosphere and training experience for your athlete.
- *Always be approachable and friendly while maintaining a professional relationship with each athlete and parent/guardian.
- *Consistently enforce all rules and regulations, as outlined in the GVA Parent and Athlete Handbook.
- *Stay consistent with the guidelines set in the technique policy for appropriate athlete progressions in a manner what will continue to challenge the athlete to reach his/her full potential.

Role of the Athlete and Code of Conduct:

As a member of the GVA competitive cheerleading and dance program, athletes are expected to adhere to all the rules and policies listed throughout the handbook at all times. The athlete code of conduct was established as a set of conventional principles and expectations for all GVA athletes to follow. All athletes of our program are bound to the policies described below.

Loss of Skills:

*All athletes are required to uphold all the skills performed or attempted during the tryout process. The team placements are made based on skills performed during the tryout process and are therefore seen as a requirement for membership of the team. If for any reason other than injury or illness acknowledged by the coach to be serious enough to hinder the athletes performance the athlete continually performs under the skill level shown during the placement process, at any point during the season, the athlete will be subject to moving to alternate status or a more level appropriate team if a spot is available. Tuition dues do not pay for the right to perform. Individuals must meet the level skill requirements to be eligible to perform.

Behavior:

- *Show respect for the coaches, fellow teammates, other GVA athletes, parents, judges, officials and spectators.
- *Do not listen to, participate in or instigate any negative, worthless gossip. This includes, but is not limited to external, non GVA related gossip and/or internal gossip about other GVA coaches and parents.
- *Show good sportsmanship and class before, during, and after competitions and practices by maintaining a true "team" mentality.
- *Be modest when successful and be gracious in defeat.
- *Do not participate in and/or instigate bullying. This includes all possible forms of bullying such as electronic, verbal, physical, mental, media based, monetary, etc.

*Abstain from using drugs, tobacco, alcohol, and abusive language. This behavior will result in an immediate meeting with the All Star Director and possible dismissal from the GVA program.

*Remain mindful that all decisions reflect on yourself, your family, your team, and the GVA program.

*Maintain the minimum 2.5 GPA. Team representatives may collect report cards at any given time during the school year. Violation will result in a meeting with the athlete and coach to provide an opportunity to correct the problem. Repetitive violation will result in the suspension from the team until grades reach the minimum GPA.

*Refrain from threatening to quit or leave the team. This is unacceptable athlete behavior that will not be tolerated. Any such threats will result in immediate dismissal from the program.

Practice:

*Arrive 15 min. prior to practice time, and be dressed BOW TO TOE and prepared for practice.

*Formal practice attire will be worn to all designated practices.

*If you will be late to practice, both the coach and team representative must be informed immediately.

*Accept both constructive criticism along with praise for a job well done.

*During practice all squad and routine decisions are left to the discretion of the coaches.

*Respect the privilege of the use of GVA facility.

*No food, gum, candy, or sodas are permitted in the gym area. Only WATER is allowed in the GVA gym.

*Each athlete is expected to be hydrated and nourished before entering the practice area.

*Each athlete is expected to perform all skills required during practice. Failure to perform may result in removal from the team. Please see loss of skill policy for more details.

Competition:

*You are required to attend all competitions. Missing a competition will result in a \$100.00 missed competition fee charged to your account, and possible dismissal from the program.

*The GVA schedule is your first priority. Competitions for GVA will not work around an athlete's personal schedule.

*Athletes need to be competition ready. Dress code is required upon arrival to the competition venue. This dress code is explained in the appearance portion of this handbook.

*Athletes are required to check in and out with his/her team representative.

*Athlete is required to sit with their team during the competition.

*It is highly encouraged that athletes stay and support their fellow teammates.

*Athletes should be hydrated and nourished before arrival to the competition venue.

During Awards:

- *Pay attention
- *Know your division
- *Clap for teams as they receive awards
- *Be mentally prepared for results win or lose
- *Congratulate other teams on their success

Social Media:

- *No athlete or parent may post inappropriate messages or photos on a social media platform (Facebook, twitter, etc.) about other programs or individuals.
- *Refrain from using any social networking, messaging services or electronic media to distribute negative or inappropriate information that could be detrimental to yourself, your family, and the GVA brand or reputation in any way. This behavior is grounds for immediate dismissal from the program.
- *No GVA team videos are allowed to be posted on social media website without permission from the Director.

Role of the Parent and Code of Conduct

As a GVA parent you are bound to the same level of expectations as your athlete. You represent our program and your child, and your behavior should not be a distraction to either. All parents and athlete guardians of our program are bound to the policies described below. Please remember we put this rules in place for the success of your athlete.

- *Encourage your athletes to treat fellow teammates staff and parents with respect at all times.
- *Encourage good sportsmanship in the gym and at competitions.
- *Ensure that your child understands what is expected of them as a GVA athlete, in regards to attendance policies, dress code and rules outlined in the GVA Handbook.
- *Refrain from expressing his/her opinions during practice or coach his/her athlete “from the sideline.”
- *Place the well-being of your child and their team before your own personal desire to win.
- *Do not listen, participate in or instigate idle, worthless gossip.
- *We will not tolerate pettiness, gossip, or cliques that attempt to slander the “GVA” name. This can lead to dismissal from the program.
- *Refrain from threatening to quit or pull your child from a team. This is unacceptable parent behavior that will not be tolerated. Any such threats will result in dismissal from program.
- *Parents, relatives, friends, etc. are not allowed to approach a coach with disrespectful comments at a competition or at/before or after practices.
- *Coaches and GVA staff members reserve the right to excuse any parent from the gym for disrespectful or inappropriate behavior.

*Never withhold an athlete from class and/or practice as a form of punishment. *Aid in athlete practice preparation, insuring they understand and follow all practice guidelines stated in the athlete code of conduct.

*Understand that parent viewing practices are a privilege not a right. If viewing practices become an issue, GVA has the right to close parent viewing practices any time prior without prior notice.

*Please respect our athletes and staff refrain from negative remarks during practice- parent viewing practice have specific open and closed times. Violation of occupying the practice viewing time can lead to suspension from program. Repeated violation will result in suspension and ultimate dismissal of your athlete from the GVA Program.

*During viewing practices no one is allowed to yell at his/her athlete that is why coaches are there unless you are cheering them on in a positive manner.

*Coaches reserve the right to close practice at any time for any reason.

*Should your Athlete be unable to attend practice or have a conflict or restriction, an email should be sent to the Director, and the team coach.

Competition

*Our staff will have sole communication with the competition companies. Parents are not permitted to contact EPs (Event Producers) directly. Please see your coach or team rep. if you have any questions.

*GVA parents and fans are encouraged to sit together to support our teams.

*At competitions Coaches are there to coach. Any issues that arise during a competition will be addressed promptly during the week following the competition.

*You are responsible for ensuring that your athlete arrives on time and checks in and out with his/her team representative. Repetitive tardiness for reported times at competitions will result in meeting with the All-star Director and suspension of the athlete from practice until the meeting takes place.

*Report time and release times at each event are for the benefit for the team. Athletes will not be allowed to arrive late or leave early at any time during a competition. All personal events or plans must be made around the competition schedule.

*The GVA schedule is your first priority. Competitions for GVA will not work around an Athlete's personal schedule.

*Friends and family of athletes are not allowed in the warm up or competition area.

*During awards ceremonies, GVA Fans are required to:

Clap for all teams as they receive awards

Wait until GVA name is called to celebrate our placement

Congratulate other teams on their success

GVA Attendance Policy and Procedures:

Practice attendance is critical to your athlete's progress and critical to the success of the team. Athletes should attend practices and classes during the summer session in order to prepare themselves for their individual team obligations and to build team cohesiveness, although we do understand taking time with your family.

- *GVA recognizes that athletes value summer break therefore; summer practice will accommodate family vacations, summer sports, church trips, summer camps, etc.
- *Please note there are no make-up classes for time missed.
- *Athletes must turn in planning calendars, listing all planned absences, in order to be excused during the preseason.

Competition Season Practices

- *The “Competition Season” begins September 2016 and ends Jan 2017 or April 2017.
- *Practice attendance is absolutely mandatory and compliance with the attendance policy will be strictly enforced. An athlete’s team position will be jeopardized for noncompliance with all of the attendance policies.
- *If an athlete is absent from practice for any reason, whether excused or unexcused, he or she is responsible for ALL routine changes made prior to the next practice.
- *Practices may be changed or added at any time throughout the year. Parents must check emails, social media and team calendars regularly for updates. Absence Allowance and Protocol-24 hour notice is required for the coach to plan accordingly. No exceptions! Unless there is a situation of sickness during school.
- *Athletes are only allowed three unexcused absences during the competition season. Competition season begins on the first week of the September schedule.
- *After three unexcused absences, a mandatory meeting with your GVA director will be set. Your athlete will sit out of practice until the meeting takes place.
- *When athletes reach three unexcused practices, he/she may be placed as an alternate, removed from choreography and/or removed entirely from the team.
- *Unexcused absences are NEVER allowed two weeks prior to a local event, and three weeks prior to a national event. If an athlete is absent he/she will be removed from the routine for that event.
- *If an athlete is missing from practice the week of competition, for any reason, that team will automatically be placed on the mandatory Friday night or Saturday morning practice list.
- *If a parent chooses to withdraw an athlete from a competition, for any reason, there will be a \$100.00 Missed Competition Fee charged to their account.
- *Missing a competition without prior notice, and/or approval, will result in immediate dismissal from the program. Absences Defined-Excused Absences: Absences that have been scheduled on the planning calendar AND fit the following: (a) School Functions that result in a grade. (b) School sponsored cheerleading or dance events.
- *Your GVA director has ultimate discretionary authority to excuse absences on a case-by-case basis. *Please note that continued absences may result in changes in routine positions and rosters. Attendance is necessary for success!

Unexcused Absences

*ALL other absences that do not meet the above allowances are unexcused include: -
Academics: School is definitely a priority and the GVA program stresses the importance of education. However; homework, projects, and studying are unexcused absences. Proper time management is expected.

*Extra-Curricular Activities and Jobs: Extracurricular activities and jobs need to be scheduled around the commitment of GVA program.

***Church:** Church is an understood priority at GVA with many of our families. We try to schedule around the most common worship times however; absences related to youth groups, speakers, retreats, etc., will be unexcused.

Illness, Injury, or Family Emergency

***Illness:** Illness is not considered an excused absence. Example: (colds, allergies, small cases) Athletes are expected to be at practice if they have a cold, cough, allergies etc. If your child has a fever, vomiting, loose stools or an infection that is contagious to the team please stay home. Practice participation will be situation-based and at the Coach's discretion. The absence of an athlete who provides a doctor's note stating that they are contagious will be considered excused. This is up to the discretion of the GVA Director. A doctor's note listing the diagnosis, treatment, and length of recovery is required. Failure to present proper documentation will result in an unexcused absence. Should you feel your athlete is too ill to attend and watch practice, your absence will be considered unexcused until proper documentation is presented.

Injury: In the event that an athlete is injured, you should notify your coach immediately. Please provide a doctor's note with the informative details concerning the prognosis, treatment, recovery time, and any changes in circumstance affecting their ability to perform.

*We will re-choreograph routines based on the athlete's injury and length of recovery. It is not guaranteed that an athlete will be choreographed back into the routine, or their original position(s), upon recovery. Injured athletes must continue with team fee payments in full. Tuition payments may be adjusted frozen if the athlete is unable to perform for longer than four weeks in a row.

*Injured athletes will be required to attend all practices and local competitions, regardless of their ability to perform, unless otherwise stated by a doctor. A doctor's note stating why the athlete is unable to attend practice or competition must be provided. Failure to provide this will result in an unexcused absence or missed competition fee.

*Unexpected/Family Emergency: Contact your GVA Director, team coach and team Rep.

Inclement Weather

*On days when weather conditions worsen as the day progresses, GVA program may decide to close early. In such cases a decision and an announcement will be made via social media and text notification.

*Should you feel it is unsafe for your athlete to travel to practice, your practice will be considered unexcused.

Important Dates and Yearly Schedule Summer Skills Camp

*Dates/Time: Please see calendar for your team on our website. Please be prepared to be at camp all day. Bring a lunch, snack and water.

*Athletes will learn elements for stunts, baskets, pyramids, and jumps from GVA instructors, as well as guest instructors who specialize in these areas. The atmosphere is fun and exciting for all the athletes. The camp is mandatory!!!

-Tiny team will NOT attend traditional skills camp. A separate skills training day is scheduled for the tiny team.

*Attendance to skills camp is considered mandatory. Failure to attend may alter your athlete's position on their team. Initial stunt sequences, pyramids, and baskets will be taught during camp.

GVA Events:

Camps, classes, clinics, competitions, practices and any point at which the athlete is under watch of GVA Staff.

When an athlete's behavior does not meet the expected standards and/or the athlete continues to pose a problem while under GVA supervision, disciplinary action will be enforced.

The Glenwood Valley Athletics approach to the athlete discipline will be conducted as follows:

#1 The coach will discuss the issue with the athlete. However, a form of conditioning and/or appropriate discipline may be included.

#2 The coach will remove the athlete from practice. In turn, this may cause an athlete to lose valuable class and/or team instruction. Make-up classes will not be allowed.

#3 The coach will set up a meeting with the GVA Director, the athlete and the parent to discuss the issue and the lack of response from the athlete. Parents will have the opportunity to be involved with correction of the problem at this time.

#4 If the problem continues, the athlete will be suspended from participation in practices and/or class training. The Athlete must attend all practices; on time and in full dress code however, the athlete will not be allowed to participate. The goal is for the athlete to gain a renewed perspective on the importance of respect for the coach and team by observing the practice on the "outside looking in".

#5 The athlete will be removed from the team. This will occur in the most extreme cases and rest assured that the GVA staff members will make every effort to find an acceptable solution that enforces all outlined policies and procedures in a fair and consistent manner.

GVA Merchandise and Appearance GVA Brand and Logo Policy

- *All spirit wear items are to be purchased through GVA Pro Shop.
- *If a parent wants to buy an item for the entire team it must be approved by the GVA Director. (Team socks, team baseball caps. etc...)

Practice Dress Code

- *Athletes must wear the designated practice clothes and shoes to every practice.
- *If athlete does not wear the correct practice clothes for practice he/she is required to purchase the correct outfit and your GVA account will be charged.
- *Only GVA clothing is allowed in the gym and dance studio. Shirts with other gym logos are not allowed at any time.
- *Hair must be pulled out of the face in a high ponytail with the appropriate bow at every practice. Short-chin length hair may be worn with a headband or half up/half down with a bow.
- *If female does not have her bow she will be required to purchase a bow.
- *Nails must be kept at a length such that they cannot be seen beyond the tip of the finger. Fake nails are to be removed before practice begins.
- *No Jewelry of any kind is allowed in the gym.
- *GVA recommends that athletes use summer months (prior to competition season) to have their ears pierced.

Competition Dress Code

“Competition ready” dress code is required upon arrival to a competition venue:

1. Full uniform (this includes hair and makeup.)
2. Official GVA Warm-up Jacket or competition shirt. (Uniform should be worn under the warm-up jacket)

-Hair should be secured in with GVA Bow

-Team competition make-up, including red lipstick, blush, and eyeshadow should be worn. Lipstick will be bought through the GVA program to ensure no smudges. The lipstick will last all season.

*No jewelry allowed at any time. Competition companies will apply deductions if worn on the floor.

*Painted nails are never allowed. The GVA dress code also provides confidence by the “look good, feel good” principle. Athletes are expected to be focused on the job at hand while in “competition mode”.

GVA Travel Teams

Travel teams are a privilege that comes with several responsibilities. When traveling for a competition or event (camp, clinics) you will represent the GVA brand with the utmost respect and class. All athletes in travel teams must adhere to the following guidelines:

- *All athletes must stay with a parent, guardian, or designated chaperone.

- *Parents will provide airfare reservations for their athlete. All athletes will be given specific date to fly out on for national travel. We will make all efforts to travel together on the same flight for a reasonable price.

- *All athletes are responsible for travel accommodations, airfare and other travel expenses that are in addition to the monthly payment schedule.

- *All athletes are expected to arrive at travel competitions by the required arrival date and time. NO EXCEPTIONS

- *Teams may have extra practices held at the competitions venue on Friday. Travel arrangements must be made on scheduled travel dates.

- *Unless otherwise notified teams will have Mandatory practices Monday, Tuesday, Wednesdays, and Thursday at the gym prior to the travel date and have MANDATORY practice at the place of competition on Friday.

Traveling to Denver for Competitions:

Please parents make your own arrangements for car pool. GVA will not find your car pool for your child. We will recommend parents for you to call on. Carpool needs to be decided and arrangements made 2 weeks prior to competitions. Notify GVA who your child will be in the care of.

Flights:

You are required to make your own arrangements and provide details of those arrangements to GVA. All athletes must have a confirmed ticket traveling with airline or have made driving arrangements.

Hotel /Lodging Accommodations: GVA will coordinate room blocks for special discounts. More information soon to come.

National Competition Schedule : There will be a MANDATORY parent meeting prior to trip, we will give you a tentative schedule of events for the competition. There will also be a parent meeting at the hotel or competition venue to provide updates to the schedule which can include practice times, performance times, and any other activities the coaches deem necessary for their teams.

GVA Contact Information Card

Name of athlete: _____

Birthdate as of Aug, 31, 2016 _____

School attending 2016-17 year: _____

Athlete email address: _____

Athlete Address: _____

Mother Name & phone number: _____

Father Name & phone number: _____

Parent email address: _____

Emergency contact name & number (not a parent):

_____ I will notify by email immediately if any
personal information listed above changes glenwoodspringsallstars@yahoo.com

(Parent/guardian signature): _____

GVA Absence Request form

Parents please try and have this in as soon as possible no later than June 30, 2016 .
Reason for which we need this form is so that we can place accordingly to stunt clinics,
camp and choreography dates. Note: All camp fees are still owed even if your child does
not attend the skills and routine camp.

Athlete Name: _____

Team Name: _____

Date: _____

Reason _____

Date: _____

Reason _____

Date: _____

Reason _____

Agreements to Competitive teams

By signing this agreement I _____, agree to the all the GVA parent policies. I understand that the rules put in place are for the success of the team in which my athlete _____, is on. For whatever reason if I or my athlete disobey the policies in place I understand that our spot on a team can be jeopardized. I as well understand that coaches are going to place my athlete on a team where they believe he/she is going to be success. This being said I am signing this contract agreeing to be a part of the GVA Program Competition team. I am aware that GVA will make whatever arrangements necessary for the success of the team in which my athlete is placed on, this being said practice can be added on at any time in the season. Regardless of the team placement in which my child is placed on, this is out of my control and I am aware that throughout the summer my athlete can be moved to a different team. Both my athlete and myself have reviewed the parent and athlete policy. We know what is expected from us in order to have a productive, successful and memorable season with your new GVA family. By signing below we are signing to be a part of the GVA Competition program.

Parent Signature:

Date:

Athlete Signature:

Date:

GVA Financial Responsibilities & Obligations Account Payment & Tuition:

I as the parent/guardian am solely responsible for all financial obligations during the 2016-2017 season. I understand that there are no refunds on any part of the competition season including uniform, tuition, competition fees, practice wear, shoes, bows, camps, and any other season invoices. I also understand that I will be charged a late fee if invoices are not paid by the due date. I _____ agree to pay all collection agency and court fees if I have unpaid invoices one month after the season ends for my athlete.

I _____ understand that if I choose to remove my child from the GVA program for any reason I will be charged a \$500.00 buyout fee.

I _____ understand that if I am late with any invoices that my child will be removed from the routine but still expected to attend practices. When my invoice is paid my child will return to practice with her/his team. I understand that if my child is behind on the routine because of lack of payment my child may be moved to an alternate position.

I also understand that my child may be replaced for competitions due to lack of payment.

I agree to the financial responsibilities and obligations Agreement

Print Name: _____

Parent Signature: _____

Date: _____