

# Which program is right for your athlete?

## All-Star Cheer Showteam (Exhibition)

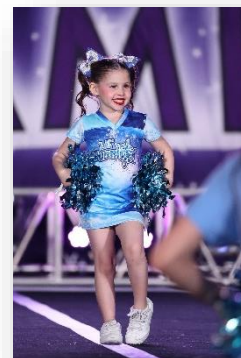
**Description:** Showteam is an exhibition cheer team. Our Lil' Flurries are a perfect stepping-stone for the athlete that wishes to experience the all-star cheer with low-commitment and cost, and possibly become a part of our full-year program in coming seasons.

**Season:** May - March

**Practices:** 1 X Week (possible extra practices before competitions)

**Competitions:** 4-6 Events

**Age:** Athletes who are ages 3-6



## All-Star Novice Team

**Description:** All-Star Novice is a low cost, non-competitive program that is scored bronze, silver, or gold. This full year program is for athletes starting their cheer career, but not quite ready to commit to a competition team. Novice teams practice one time a week and are encouraged to take a tumbling class.

**Season:** May - March

**Practices:** 1 X Week (possible extra practices before competitions)

**Competitions:** 6 Events

**Age:** Athletes who are ages 5-14



## All-Star Cheer Prep Team

**Description:** All-Star Cheer Prep is a full year cheer team program. This is a step above our Novice Program but not as intense as our ELITE ("full-year") program. Our program provides an opportunity for the incoming athlete to be introduced to and experience all-star cheer. This program will have limited weekly practices, a lower financial commitment, limited travel and a uniform that differs from our Elite all-star program. Tuition includes a one hour tumbling class each week.

**Season:** May - March

**Practices:** 2 X Week

**Competitions:** 6 Events

**Age:** Athletes who are ages 6-14



## All-Star Cheer Elite Team

**Description:** All-Star Cheer ELITE is a full year team program. This is our most competitive program. All-Star Elite is ideal for athletes ready to experience all that the sport of all-star has to offer. Our all-star elite program requires a high level of commitment but offers great rewards of experiencing the sport at its highest level.

**Season:** May - March

**Practices:** 2-3 X Week

**Competitions:** 7-9 Events

**Age:** Athletes who are ages 6-18

