

**NORTH TEXAS
TUMBLE & CHEER
19-20 ALL-STAR HANDBOOK**



NORTH TEXAS TUMBLE & CHEER
2126 HAMILTON RD. STE 100, ARGYLE, TX
WWW.NORTHTEXASTC.COM
(940) 383 - 3839
INFO@NORTHTEXASTC.COM

WELCOME TO NORTH TEXAS TUMBLE & CHEER

We are pleased you have shown an interest in North Texas Tumble & Cheer, a premier all-star cheerleading and tumbling training facility in Argyle, TX. Our program is led by an experienced staff that has impeccable credentials in the cheerleading, stunting and tumbling industry. We specialize in providing a family-friendly, supportive, and professional atmosphere to develop your athlete to compete at the highest levels of cheerleading and tumbling.

At NTTC, we are committed to being a respectable program by not only our athletic ability, but through the way we conduct ourselves on and off the competition mat. We have high standards for who we are as both an all-star cheerleading program and as role-models to our athletes, families, and other programs. We emphasize sportsmanship, integrity, teamwork, building self-esteem, confidence, and leadership in your schools, churches, and communities. We embrace our roles as coaches to embed life lessons that extend past the athlete's athletic achievements. Our staff holds personal commitments to every athlete in our program to ensure each athlete has the tools to succeed.

All-star cheerleading is a unique and challenging competitive sport that combines elements of gymnastics, stunting, and dance into a 2 ½ minute, fast-paced routine. North Texas Tumble & Cheer believes competition can be a healthy and a positive experience for athletes of all ages and ability levels. We believe very strongly in continuing to be on the 'cutting edge' of what is going on in the cheerleading and tumbling world. We use our networks to give our athletes the best training, equipment, and opportunities to continue to grow towards their personal and our team goals. We take a 'program approach' to ensure that every athlete gets the very best experience no matter the age, level, or the team.

North Texas Tumble & Cheer as a program continues to compete with the very best in the country. We take pride in being a competitive program with a supportive family-like atmosphere. At North Texas you will get the best of both worlds.

Good luck this tryout season and we look forward to having you as part of the...

NORTH TEXAS TUMBLE & CHEER FAMILY

IMPORTANT INFORMATION

ATHLETE ACCOUNT STANDINGS, & FINANCIAL POLICIES

1. All tryout candidates must show a \$0.00 balance of their North Texas Tumble and Cheer account from any previous NTTC commitments to be eligible to tryout for the 2019-2020 All-Star teams.
2. North Texas Tumble & Cheer accepts payments of Cash, Check, or Money Orders only for monthly tuition payments. Tuition rates are calculated to accommodate all team practices throughout the 10 month season. Tuition will not be prorated for holidays, gym closings and weeks without practice
3. All athletes and parents will be required to sign a 10-month practice and financial commitment contract. The commitment starts June 2018 and extends through March 2019. By agreeing to be apart of North Texas Tumble and Cheer and signing the contract/commitment, you agree to a 10 month financial commitment and will owe tuition and fees for all 10 months.
4. All payments are due by the 8th of each month. There will be a late fee charged on the 9th day of 10% if payment is not received in full. This payment will be automatically charged to the credit card provided on file. All declined credit card payments will continue to incur a \$10 fee per day, until full payment is received.

5. If at anytime an athlete is dismissed or choses to resign; all tuition and fees are still due without being prorated. If an athlete choses to resign; athletes and parents accept the responsibility of a \$500 resignation fee. If the athlete resigns prior receiving any part of their uniform, accessories or practice cloths, those items become property of North Texas Tumble and Cheer and the account will not receive a refund. The balance remaining for tuition through the remainder of the 10 month commitment, the \$500 resignation fee and a written resignation will be due to the gym collectively.
6. Athletes will be released from financial obligation if injury occurs during North Texas Tumble and Cheer events that cause the athlete to be out for the remainder of the season. Tuition payments are non-refundable and non-transferrable.

****It is important to stay on top of your account and pay on time.****

****In order for the gym to be successful, we need to be able to pay fees in a timely manner****

****Coaches will be expected to sit out athletes with account balances until cleared by Tiffani &/or Martin****

****All payment arrangements must be set up through Tiffani & Martin directly.****

****All payment arrangements will be put into writing & signed by the account holder, Tiffani, & Martin.****

****Failure to adhere to agreed arrangements will result in immediate sitting out receiving full payment****

ADDITIONAL FEE SCHEDULE

		estimate
May 7 th or 14 th	Tryout Payment, One/Two Week	\$45.00 / \$60.00
First Practice	Stunt Clinic & Team Bonding Camp (6/7 - 6/9)	\$250.00
June 1 st	Uniform Payment #1, Includes Competition Bow	\$300.00
June 15 th	Practice Wear Payment: Returning Athlete/New Athlete	\$100.00 / \$175.00
July 1 st	Uniform Payment #2, Includes Warm Up Gear	\$300.00
July 15 th	Choreography Payment: Dependent on Team Size	\$250.00 - \$450.00
October 1 st	Misc. Supplies Fee: Gifts, Supplies for Competition, Etc.	\$150.00
June - March	Monthly All-Star Payment: Tuition, Comp Fees, USASF, Misc. + USASF Fee (\$35.00) and Competition Fee (approx. \$1000.00)	\$205.00

****All Payment amounts are estimates until we finalize the competition schedule****

****We do our absolute best to keep all costs within the estimate provided****

ATTENDANCE

All-Star Cheer is cheerleading's version of a 'select' league, it takes a full commitment for both the athlete and the family. North Texas Tumble & Cheer believes that it is in the best interest of the team and the individual to have everyone on the same commitment level. Athletes are required to attend ALL practices once the cheer season begins. We strategically schedule 'Summer Practices' (June & July) on weekdays and Mandatory 'Competition Season Practices' (August - March) on both weekdays and weekends (Saturday Mornings) to accommodate family vacation and extra circular actives. We ask that you make the same accommodation to always attend regularly scheduled practices, extra practices, skills camps, competitions, and team building events. As a reminder during the 'Competition Season' we ask that you make all events a priority as this is a select sport that you and your athlete(s) has chosen to be apart of. We do our best to schedule when is best for the team, as well as the gym. However, individual athletes' other extracurricular activities cannot be taken into consideration.

We understand some situations may arise that will make it not possible for an athlete to make it to all practices and we will work around that under certain guidelines. Under no circumstance is an athlete allowed to miss a practice without the proper notification to his/her coaches. An 'Absentee Request' form must be filled out at least 2 weeks prior to the requested date and must be signed off by the coaches of that specific team. Coaches are not obligated to excuse all requests that are submitted. If the coach feels that missing the practice will be detrimental to the success of the team, it is their decision to grant/deny permission of an excused practice. If the request form is not presented within the two week window of the day in question, that request is null and

permission will be denied. If an athlete missed a practice without notification, the absent is considered unexcused.

Athletes are granted 3 excused absences during a cheerleading season. After 3 absences the athlete will be removed from key positions in the routine and/or suspended from the team for the time decided up to the remainder of the season. This will not be up for discussion as there are policies put into place that allow everyone the opportunity to request the time off during 'Summer Practices'.

Examples of excused absences:

Family Emergency
Death in the family

Mandatory Graded School Event
Contagious Illness

Mandatory School Cheer Event
Fever over 100 degrees

If sick (unless contagious) athletes are expected to come to practice to watch/walk through. After you have missed your three excused absences your account will be charged \$75/practice missed. Unexcused absences are unacceptable and will be charged \$75/practice missed. Athletes will be allowed zero unexcused absences through the entire competition season. One unexcused absence will be cause for probation and a second unexcused absence will result in dismissal.

Examples of unexcused absences:

Family Celebrations
Charity Event
Birthday Parties

Non-Graded School Event
Homework/Studying
Use of Punishment

Vacations during School Year / Comp Season
Athlete and/or Parent work schedule

APPAREL, PRACTICE AND COMPETITION WEAR

North Texas Tumble & Cheer will provide many variations of apparel for athletes' practices, competition wear, competition uniform and fan wear. We do not carry the uniform or practice wear in stock. All uniform and practice wear orders are final once sizes are signed for. We will have a uniform order form that is filled out by the office and parents during Uniform Sizing. Once the gym receives completed orders all items will be passed out collectively to the team. Upon receiving items it is the responsibility of the athlete and parent to double check quality within 24 hours to ensure the product is in good condition. We ask when attending North Texas Events all Athletes, Parents, and Fans support the program with wearing our logo proud. The North Texas 'Pro Shop' will provide multiple styles of attire to order for all events. The North Texas Tumble & Cheer logo is not to be used without written permission by Tiffani and Martin.

COMMUNICATION

Communication is important between parents and coaches. You will received a monthly email (to the email address provided on your current registration form) that will contain a calendar for your athlete's team(s). If your child is going to be late, please email, call or text their team coaches. DO NOT contact tumbling coaches, office staff or other team parents. All 'Absentee Request' forms should be turned into the coach 2 weeks prior to the requested missed dates. Response back will be given via the All-Star Director within 48 Hours. For June & July reminder practices are Tuesday & Thursday so try to plan around practices if/when possible. Coaches are available for individual meetings by appointment only. The All-Star Director will be present for any and all meetings and can be schedule through the All-Star Director. Open communication is important for team success; understand that all meetings will discuss your athlete only, never another athlete in the program.

Contact Info Coach Chris:

Christopher.Mendyka@gmail.com
(336) 541 - 5724

COMPETITION

Our competition season will start late October/early November 2019 and will run through the month of March 2019. We will be attending 6-8 competition events. Some competitions may qualify teams to attend post season events in April &/or May 2019. (The One, the Summit, US Finals).

Decisions about attending events are up to the All-Star Director or Team Coaches' readiness of all athletes. A preliminary competition schedule will be given out July 1st, with a finalized schedule given out August 1st. Please note that competitions are sometimes canceled and substitute competitions could be added after the calendar goes out. We try and give all updates as soon as we have them. Practice the week of competition and two weeks before NCA All-Star Nationals are 100% Mandatory. There will be no absences allowed during those times. Expect at least one mandatory extra practice the week of competitions and three mandatory extra practices leading up to NCA All-Star Nationals. Missing any of these extra practices will incur a \$100 fine, athletes will be expected to come in for extra conditioning and skill reps, lose potential parts in the routine, and could lead to the immediate dismissal from the team. Please note that some of our out of town competitions will require us to book hotel rooms through a housing company. For those competitions, the teams will have to stay in rooms booked through the company and submit a confirmation number for verification in order to be eligible to compete. We will make sure to let you know in advance when this will occur. For over night and weekend competitions it is mandatory to arrive at the event early the afternoon before, to ensure the athlete is well rested and prepared for the competition weekend.

****All athletes & parents will be respectful to hotel staff, competitors, families & competition staff****

****You are representing North Texas Tumble & Cheer the entire weekend****

****We are traveling to perform, swimming / horseplay / running around can cause unexpected fatigue ****

EMERGENCY CLOSING

Emergency weather related closing will be emailed out up to 2 hours and at least 1 hour before practice start times, posted on all social media: Instagram, Facebook and Twitter. Team parents will also assist in sending out messages to the teams.

FUNDRAISING OPPORTUNITIES

North Texas Tumble & Cheer will work with Team Parents to offer up to 5 fundraising opportunities starting after tryouts and continue throughout the entire season. These fundraisers are designed to help provide families the opportunity to reduce the financial obligations that are incurred with competition cheer. All fundraisers will be applied to additional fees that are required. All fundraisers are open to all athletes that are part of the competitive All-Star and Half-Year Program.

INJURIES AND ILLNESS

The North Texas Tumble & Cheer Staff is trained and certified to teach all skills performed by athletes in routines. We do everything possible to ensure a safe and happy program for all athletes involved, however injury can still occur. If an injury does occur, that athlete is required to attend practice with the restrictions instructed by a doctor (note required). They are required to attend to ensure they can watch and learn any changes and/or assist in directing a fill in athlete for the routine. After prolonged illness or injury that required attention from a doctor, a note is required for the athlete to resume activities. Concussions are very common in sports and a very serious injury that can affect an athlete's perception. We take these very serious and will not allow an athlete to resume participation unless documentation from a doctor is presented.

SKILLS

Athletes are expected to progress and to maintain expected skills. To accommodate tumbling, all athletes are required to attend 1 hour of tumbling at their individual ability level. Flyers are expect to arrive to all practices 30 minutes early for flyer stretch and strengthening starting in August, but will be offered all summer. Attendance, effort and progression will be taken into consideration when making final flyer decisions. All stunt positions can change throughout the season. If needed, entire stunt groups could be required to arrive to practice 30 minutes early for extra stunt reps, this will incur a stunt private lesson fee if a secondary coach is required.

IMPORTANT EVENT SCHEDULE

(ADDITION EVENTS OTHER THAN REGULARLY SCHEDULED PRACTICE)

May 7 th or 14 th	Mandatory Event: Parent Meeting
May 7 th and/or 14 th	Mandatory Event: Tryout Clinic Day 1
May 9 th and/or 16 th	Mandatory Event: Tryout Clinic Day 2
May 10 th and/or 17 th	Optional Open Gym Tryout Clinic
May 18 th	Mandatory Event: Official Tryout Day
May 20 th	Team Announcements
May 23 rd	Team Specific Emails
May 28 th	Mandatory Event: First Practice
June 7 th - 9 th	Mandatory Event: Stunt Clinic & Team Bonding Camp
July 1 st	Preliminary Competition Schedule Released
July 4 th	Gym Closed, 4 th of July Holiday
July 18 th - July 21 st	Mandatory Event: All-Star Choreography Camp
August 1 st	Finalized Competition Schedule Released
August 30 th - Sept. 2 nd	Gym Closed, Labor Day Holiday
October 5 th	Mandatory Event: Gym Showcase & Open House Event

****Remaining Season Schedule will be released August 1st, 2019****

EVALUATION PROCESS

Our team placements are decided to give each team an equal chance for success within their division, but we also strive to ensure each athlete will perform and meet success throughout the course of the season. Like all sports, a variety of personal skills, stunting and/or tumbling abilities and physical/mental strengths are necessary to give each team the best opportunity to succeed at accomplishing level requirements designed by the score sheets and USASF Cheerleading Safety Regulations.

EVALUATION CLINICS

One Week evaluation fee: **\$45/Athlete**

Two Week evaluation fee: **\$60/Athlete**

Mandatory Skills Clinic #1:	May 7 th and/or 14 th	6:00pm - 8:00pm
Mandatory Skills Clinic #2:	May 9 th and/or 16 th	6:00pm - 8:00pm
Open Clinic:	May 10 th and/or 17 th	6:00pm - 8:00pm
Tryout:	May 18 th	9:00am - 12:00noon

Tryout Fee and Registration form is due at the beginning of Clinic Day 1.

During Clinics athletes need to wear:

Black Workout Shorts

White / Red / Black Workout Top

No loose fitting cloths or jewelry for safety reason

Hair will always be in a high pony tail at all times

****We strive for a clean/unified look to judge the skills only****

MANDATORY PARENT MEETING

Please attend one of the following two provided Parent Meetings. Important season information will be provided.

Meeting 1: Tuesday May 7th, 2019 7:30pm - 8:00pm

Meeting 2: Tuesday May 14th, 2019 7:30pm - 8:00pm

****Review of 2019 All-Star Handbook, evaluation process, and answer any questions you many have****

EVALUATION SCHEDULE

Three mandatory evaluations prep days, and open gym.

This process is intended to be a FUN experience, to shine and show the coaches everything you got!

All evaluations are closed to parents.

Clinic Day 1: Dance, Motion, & Jump Clinic Week 1, Tuesday May 7th, 2019 6:00pm - 8:00pm or
Week 2, Tuesday May 14th, 2019 6:00pm - 8:00pm

All athletes will learn our choreographed 4, 8 count tryout dance. All athlete will work with coaches on focused preparation on motion placement, jump technique, proper skill condition for expected Varsity score sheet 'drivers'.

Clinic Day 2: Stunt Clinic & Evaluations Week 1, Thursday May 9th, 2019 6:00pm - 8:00pm or
Week 2, Thursday May 16th, 2019 6:00pm - 8:00pm

All athletes will work with coaches on focused stunting preparation basics, proper stunting technique, and level/age appropriate skill conditioning for expected Varsity score sheet 'drivers'.

Extra Clinic Day 3: Open Gym Week 1, Friday May 10th, 2019 6:00pm - 8:00pm or
Week 2, Friday May 17th, 2019 6:00pm - 8:00pm

Scheduled coaches will be available to work with athletes on our choreographed danced, motions placement, jump technique, and tumbling technique. Coached will help train level/age appropriate skill conditioning for expected Varsity score sheet 'drivers'.

Evaluation: Formal Tryout Saturday May 18th, 2019 9:00am - 12:00noon

Athletes will be evaluated on choreographed dance, jump technique, tumbling and stunting difficulty and technique, and over-all presented attitude. All-Star coaches and All-Star Director will be in every tryout. Teams will be determined based on judging and overall readiness of athletes for each team.

****Team announcements will be posted Monday, May 20th at 6:00pm****

****Specific Team Emails will be sent out Thursday, May 23rd, 2019****

COMMON CONFUSIONS

The Ability to Perform Skills vs. The Perfection of the Performed Skill

With evolving score sheets, perfection is equally if not more important than progression. Please understand the parent version of "my child has a layout" can often be dramatically different from the coaching staff's professional opinion on the skills performed.

The Over-Estimated Importance vs. The Required Score Sheet Skills

Compared to other factors required on the score sheet, Tumbling is 2 of 3/. Our most recent score sheet requires 75% +1 to perform all necessary skills, through careful consider we strive ensure that ratio is strong in all categories to ensure success as a team.

Questions about team placements, are by appointment only with the All-Star Director on Tues. May 21st, 2019.

Reminder: We will only discuss your athlete's placement, not any other athlete in the program.

(Contact Information: Christopher.Mendyka@gmail.com)



NORTH TEXAS TUMBLE & CHEER

2019 - 2019 ATHLETE INFORMATION SHEET

ATHLETE INFORMATION

First Name: _____ Date of Birth: _____

Middle Name: _____ Team: _____

Last Name: _____

Address: _____ City: _____

State: _____ Zip: _____

ATHLETE REQUIREMENTS

- | | |
|---|--|
| ☐ Tryout Payment (\$45 or \$60) | ☐ Athlete Code of Conduct |
| <small>Payment Details: CC Last 4, Check #, Cash Rec. #</small> | ☐ Parent Code of Conduct |
| ☐ Uniform & Attire Order Form | ☐ Release Waiver Signed |

Prior Cheer Experience: _____

How did you hear about us: _____

PARENT INFORMATION

1st Parent First Name: _____ Home Phone: _____

Last Name: _____ Cell Phone: _____

Email: _____

2nd Parent First Name: _____ Home Phone: _____

Last Name: _____ Cell Phone: _____

Email: _____

INSURANCE INFORMATION

Carrier: _____ ID/Group Number: _____

EMERGENCY CONTACT INFORMATION

First Name: _____ Home Phone: _____

Last Name: _____ Cell Phone: _____

Relation to Athlete: _____

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RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")

In consideration of participating in the activities that North Texas Tumble and Cheer conducts within the building and beyond the grounds of the gym, which includes gymnastics, cheerleading, tumble, and any other activity that involves motion, I represent that I understand the nature of this activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that this activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "RELEASEES" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue North Texas Tumble and Cheer, its respective administrators, directors, agents, officers, contract labor, volunteers and employees, other participants, any sponsors, advertisers, and, if applicable, owners and Lessor of premises on which the activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FUTURE AGREE THAT IF, DESPITE THIS RELEASE, WAIVER OF LIABILITY, AND ASSUMPTION OF RISK I, OR ANYONE ON MY BEHALF, MAKES A CLAIM AGAINST ANY OF THE Releases, I will indemnify, save, and hold harmless each of the Releases from any loss, liability, damage, or cost, which any may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Printed name of Participant

Date

Printed name of Participant Parent/Guardian

Signature of Participant Parent/Guardian

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the Minor's experience and capabilities and believe the minor to be qualified to participant in such activity. I hereby Release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releases from all liability, claims, demands, losses or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releases or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releases, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releases from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.

Printed name of Participant Parent/Guardian

Date

Signature of Participant Parent/Guardian

NORTH TEXAS TUMBLE & CHEER

PROGRAM RULES AND ATHLETE CODE OF CONDUCT

...If you have any concern, please contact your coach and/or director. We are here for you and will schedule an available time to discuss all matter pertaining to you directly

...Team placements are made in the best interest of the athlete and the team. We balance our teams to be competitive and develop skills. The directors will make all decisions and reserve the right to change placements accordingly throughout the season.

...Each athlete is expected to be in the correct practice wear at each practice/team function

...Each athlete is expected to conform to the dress code at competition and other special events. Failure to dress according to dress code will result in action to be determined by the directors.

...Anything brought into the gym for practice must fit in one cubby. We are no responsible for lost or stolen items while at the gym. Please leave valuable at home.

...Food and drinks other than water/sports drinks are not allowed in the gym.

...Practice time is the start time for practice. Each athlete should be fully dressed and ready to participate at the schedule time. We recommend arriving at least 10 minutes before practice begins.

...Cell phones must be on silent and/or turned off during practice. Athletes are no to text, call or email during practice without coaches permission, this does include water breaks.

...All jewelry must be removed before entering the gym. Please no not bring jewelry into the gym.

...All injuries sustained both in and out of team times should be reported immediately to the coach. A doctor's note may be required in order to sit out of practice or return to practice. Please notify staff of any restrictions or medications you might require

...Injured athletes are still required to attend all practices, events, and competitions.

...NO GOSSIP. This includes teams in and out of our program, individuals or anything... If you need to know something we will tell you, if you have a question, please ask.

...No profanity or abusive language. Remember the coaches, staff and your teammates are here to help and we will treat everyone with respect.

...You must be at every practice, meet time and/or any other scheduled team events on time.

...Please arrive with a positive approach to everything we do. Negativity is contagious and can be very damaging.

...Never post rude or negative comments on social media of any type. We do reserve the right to have inappropriate comments taken down off of social media.

...Do not post routines, music, or videos of gym/team material only without permission from the staff.

...Practice times are subject to change. We may need to add or cancel practice over the course of the season. We do our best to give ample notice before making any changes when possible.

...Anyone that threatens to quit will be dismissed immediately from the program.

...Athletes are expected to manage their time wisely. Please get all school and extracurricular activities and work done outside of practice/team time.

...NTTC Athletes are expected to show good sportsmanship at all times. Unsportsmanlike conduct will be grounds for immediate action up to dismissal.

...All coaches decisions are to be honored. If you have concern we can set up a meeting time. At competitions, decisions are made quickly and it is important to honor and support those decisions.

...Any conflicts will be resolved in meetings with the staff. If you are having an issue with something or someone please contact your coach or director to set up a time to sit down. Nothing can be solved if the problem is no addressed. Remember we have many abilities, but mind reading will never be one of them.

...The staff of North Texas Tumble & Cheer reserves the right to add or subtract any rule, at any time.

...Failure to abide by the rules is subject to disciplinary action up to and including dismissal from the program. Disciplinary measure will be handled by Tiffani, Martin &/or the All-star Director.

Athlete Signature: _____

Parent Signature: _____

Date: _____

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Athlete Signature: _____

Parent Signature: _____

Date: _____