



- Please read and sign ALL Pages
- Scan and email complete package to [shea@cheerfactorytx.com](mailto:shea@cheerfactorytx.com)
- Emails will be DATE STAMPED for pricing, so don't delay getting your packet in!
- We will accept registration until teams have filled and will then begin a wait list so waiting until August to register is not advised.
- Athletes registering by June 15<sup>th</sup> will be sized for uniforms in July to insure on-time delivery
- Athletes registering between June 16<sup>th</sup> -August 15<sup>th</sup> will be sized in August and uniforms may not arrive before the first game
- In June parents will receive a calendar with information on camp, games and coach information

Questions? Please email us at [shea@cheerfactorytx.com](mailto:shea@cheerfactorytx.com)



## Kingwood Football League Cheer 2021-2022 Registration Form

Guardian Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Guardian Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Home Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Athlete Name: \_\_\_\_\_ ( M / F ) Age (as of December 31, 2021) : \_\_\_\_\_

Date of Birth: \_\_\_\_\_ School: \_\_\_\_\_

Medical Information: Physical / Psychological Limitations / Allergies \_\_\_\_\_

### **Acknowledgment Medical Release**

I, the parent or legal guardian of the above named student hereafter referred to as "athlete", do hereby permit the athlete to participate in cheerleading or any other physical activities while an athlete for Kingwood Football League hereafter referred to as "KFL" or at Cheer Factory, LLC. Training hereafter referred to as "CF". By granting permission for athlete to participate in programs at KFL or CF, I assume full responsibility for athlete's personal safety and release KFL and CF, its supervisors and employees/volunteers from any and all liabilities that may arise due to any injury including death to athlete by reason of athlete's participation in any activity at KFL or CF or in which KFL or CF is participating elsewhere. I understand there is personal risk involved in any activity that involves motion, height or rotation and that these activities can result in serious injury, disability or death. I declare the athlete has been seen by a physician and is cleared to participate in physical activities such as cheerleading, and stunting.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Program Rules & Regulations for Athletes and Parents

- If an athlete is injured, please notify their coach immediately.
- No jewelry can be worn during practice at any time.
- Only water or beverages conducive for nutrition replenishment should be brought to practice and games
- KFL and CF is not responsible for lost or stolen items so please use discretion when bringing valuables to practice, games or the gym. Any unclaimed items will be donated.
- If you are not a KFL or Cheer Factory coach, do not try to coach athletes from the sidelines during practice or games
- I will treat other athletes & coaches with respect. I will treat and talk to others in the same manner I wish to be spoken to.
- I understand if I threaten to quit or pull my child from a practice, I may be dismissed from the participating immediately.
- I will not participate in negative gossip in any way. This includes on-line communication. Please remember that anything you ever say is a direct reflection on this organization and its members.
- I will strive to maintain and improve upon the skills I have and set goals to acquire more skills.
- I will maintain good sportsmanship at all times when representing Kingwood Football League and Cheer Factory. Abusive behavior, lying, and/or any other form of negative behavior are grounds for removal from this program.

I have read and understand the 2021-2022 Registration Agreement in its entirety and agree to abide by all guidelines set forth by Kingwood Football League and Cheer Factory. I understand that failure to adhere to any of these policies will result in removal from the program with no refund.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## **Credit Card Authorization Form**

*Charges will be processed by Cheer Factory, LLC*

I hereby authorize Cheer Factory, LLC, to charge my credit card for either a one-time charge in the amount listed below. I will not hold Cheer Factory, LLC responsible for any charge backs to the card listed below. I understand that this is a card not present transaction. All information entered on this form is strictly confidential, and kept in a secure location.

Name as it Appears on your Credit Card: \_\_\_\_\_

Students Name: \_\_\_\_\_

One-Time Charge: \_\_\_\_\_

VISA / MASTERCARD / DISCOVER

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_ Security Code: \_\_\_\_\_

Debit Card / Credit Card Bank that Issued the Card: \_\_\_\_\_

Credit Card Billing Address:

Street: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# **A Parent's Guide to the Prevention of Sexual and Physical Abuse**

**Kingwood Football League**

**May 9, 2015**

## IMPORTANT NOTICE

Some of the information and suggestions presented by Bollinger, Inc. in its "Guide to Prevention of Sexual and Physical Abuse" that the Kingwood Football League ("KFL") has altered and adopted and renamed as above to be used as a educational material for parents to read, understand and apply in recognizing and preventing child abuse of all kinds while participating in KFL activities.

These guidelines and informational materials are not legal advice nor are they intended to be complete or definitive in identifying all hazards associated with the issue of abuse, in preventing abuse or in complying with any safety-related regulations or other laws. As a parent, you are encouraged to use the resources listed in this document to obtain additional information on this topic, and to contact your local social services organizations and law enforcement authorities for further guidance if such guidance is necessary.

KFL is using some of Bollinger, Inc's material and guidelines in its "Guide to Prevention of Sexual and Physical Abuse" in this KFL "A Parents Guide to the Prevention of Sexual and Physical Abuse" and therefore is giving appropriate citation and credit to Bollinger, Inc. for their contribution to this material.

**Bollinger, Inc.**

830 Morris Turnpike  
Short Hills, NJ 07078  
1.800.526.1 379

[www.BollingerInsurance.com](http://www.BollingerInsurance.com)

## How is the topic of Sexual and Physical Abuse relevant to Amateur Sports Organizations?

Each year, millions of children and adults participate in amateur sports activities around the United States. The goals differ from player to player. For most, the objectives range from the desire to learn to play a sport, to enjoy the competition or to get a good workout. However, for a small segment of these participants, their enjoyment of the sport will be marred by some form of abuse - sexual, physical or mental - from a coach, a volunteer or another player.

Providing sports activities for children and adults brings with it numerous responsibilities. The number one responsibility is to protect the safety and welfare of the athletes and participants in your sports program. One area of safety that is often overlooked is the prevention and awareness of abuse of players and participants.

### Understanding the Problem

It is the nature of sports that can, unfortunately, provide the potential for abusive situations. Many aspects of sports can make certain participants vulnerable to abuse or molestation:

- Close, often personal, interaction between coaches and athletes, particularly at elite levels.
- Imbalance of power and age between coaches and athletes
- The athlete who feels his or her future success depends on getting the coach's approval
- Frequent travel or transportation of athletes (car trips, hotels, etc.)
- Coaches who have high status, high degree of success
- No witnesses to the acts of abuse - player's word against the coach or other abuser
- No established procedures for making complaints
- Players are conditioned to follow the coach's direction

Any athlete can suffer abuse from a coach, volunteer, other player or even from parents on the sidelines. Children and youth participants are especially vulnerable to abuse, which is harmful to their physical and emotional development. KFL will report to law enforcement authorities any allegations of abuse and will investigate any such claims by players, parents or anyone else who reports abuse.

Awareness of the problem is the first step toward prevention of abuse. Parents should understand what constitutes abuse in order to prevent and avoid abusive situations in the future. The following are brief definitions of the most common types of abuse. For further information, please go to the Resources section of this site.

*Physical Abuse* is the most visible form of maltreatment. It is defined as intentional physical injury resulting from hitting, punching, kicking, biting or other forms of bodily harm.

*Sexual Abuse or Sexual Molestation* is difficult for most people to talk about, which makes communication and education a challenge. In most states, the legal definition of sexual molestation is an act of a person who forces, coerces or threatens another person to have any form of sexual contact or to engage in any type of sexual activity. Sexual abuse includes both touching and non-

touching offenses, as well as exposing a child to sexual or pornographic material, and child exploitation (using a child or child's image for the purpose prostitution or pornography).

*Emotional Abuse* is commonly defined as harm to a person or child resulting from a pattern of behavior - such as extreme criticism, sarcasm or the use of insults - that attacks the person's emotional well-being and sense of self-worth. Children who are constantly shamed, terrorized, humiliated or rejected can suffer as much from these forms of emotional abuse than they can from physical abuse.

*Neglect* is the most common form of child maltreatment reported to child protective services agencies, according to the National Child Abuse and Neglect Data System. Neglect is defined as the failure to provide needed, age-appropriate care. Sports-related examples of neglect could be: child abandonment, inadequate supervision or failure to provide for the child's safety, physical or emotional needs.

"*Other*" forms of abuse refer to such behaviors as medical neglect, educational neglect and other situations of endangering a child.

## **What are the Warning Signs of Abuse?**

Parents should be aware of the behavioral changes that potentially indicate that their child is involved in an abusive situation. These physical and behavioral indicators may signify possible abuse.

- Any physical signs of abuse, such as a repeated pattern of injury or where the explanations of the accidents do not fit the injury.
- Changes in behavior, extreme mood swings, withdrawal, fearfulness and excessive crying.
- High levels of anxiety.
- Distorted body image, including or resulting in eating disorders, self-mutilation or other related behaviors.
- Low self-esteem.
- Overly aggressive behavior.
- Unwillingness to participate in sports or difficulties in school.
- Depression.
- Poor peer relationships, isolation.
- Fear of certain places, people or activities, or reluctance to be left alone with a particular person.
- Nightmares or night terrors.
- Graphic or age-inappropriate knowledge of sex or sexual behavior.
- Suicidal attempts or gestures.
- Obsessive behaviors.
- Drug or alcohol abuse.
- Problems with authority or rules.

If you suspect abuse in a given situation, it is recommended that you contact the local authorities in charge of child abuse cases to inform them of your suspicion and the possible indicators you have observed. You must also contact all of the following KFL Board Members (President, Vice Presidents of Football and Non-Football, Director of Gameday Operations and the Player Safety Coordinator).

## Who are the likely Perpetrators of Abuse?

Most of the information in this section is adapted from Kenneth V. Lanning, "*Child Molesters: A Behavioral Analysis*", published by the National Center for Missing and Exploited Children in 1987.

This document was originally prepared for law enforcement officers. However, it does supply useful information for parents in helping them identify or scrutinize coaches and volunteers. As with the signs of abuse, one indicator on its own may have little significance. However, if an individual has more than one indicator, it can form a pattern of behavior and suggest further investigation on the part of your organization. The primary purpose of this information will be to help increase awareness among your staff about the warning signs of potential abusers.

- The majority of sexual offenders are males. The great majority of victims are females.
- Only a minority of convicted child molesters (fewer than 113) can be classified as pedophiles (people with permanent sexual interest in children).
- Sexual abuse and exploitation have different motivational roots for different people. The behavior may range from an expression of closeness to an expression of aggression.
- Common characteristics shared by convicted child molesters are:
  - Sexually abused as a child.
  - Limited social contact as teenagers.
  - Premature separation/discharge from the military.
  - Prior arrests or convictions for abuse or related offenses.
  - History of frequent or unexpected moves.
  - Over 25, single, never married.
  - Lives alone or with parents.
  - If married, may be a marriage of convenience.
  - Excessive interest in children; idealizes children.
  - Seeks legitimate access to children.
  - Has limited peer relationships.
  - Has specific age and gender preferences; associates and friends are young.
  - Skilled at identifying vulnerable victims and giving them the attention they seek.
  - Seduces with attention, affection and gifts.
  - Skilled at manipulating children, lowering their inhibitions and increasing the likelihood that they will cooperate.

## Myths about Child Molesters

The flip side to the potential behavioral indicators listed in the previous section is that child molesters defy many of the stereotypes that exist about them. As stated above, it is difficult to identify a child molester by any one physical or behavioral trait.

A study of 148 convicted child molesters was made by experts A. Nicholas Groth, Ann W. Burgess, H. Jean Birnbaum and Thomas Gary, which identifies several of the common myths and misconceptions about child molesters. The results of this study were published in the *"The Camp Director's Guide: Preventing Sexual Exploitation of Children"* 1988, John C. Patterson, National Center for Missing & Exploited Children.

Myth 1: The child molester is a "dirty old man".

The study documented that nearly three quarters of the subjects were under 35 years of age, with 82% younger than age 30 at the time of their first conviction.

Myth 2: The child molester is a stranger to the victim.

This study and several others have demonstrated overwhelmingly that the molester is often known to the child and the child's family. Often, the person is in a position of authority, such as a teacher, coach or religious leader.

Myth 3: The child molester is mentally retarded or mentally disturbed.

The convicted offenders in this study showed no significant deviation from the general population when tested on standard intelligence tests. Subjects were found to be generally competent, otherwise law-abiding, well-educated individuals.

Myth 4: The child molester is an alcoholic or addicted to drugs.

Despite claims of alcoholism by child molesters, this study found that the overwhelming majority of subjects (98%) were not drug abusers, and fewer than one third were alcohol dependent.

Myth 5: The child molester is sexually frustrated.

In this study, approximately half of the subjects were married and therefore had other sexual outlets available. The study determined that sexual contact with children was occurring even while other adult sexual relationships existed.

## Zero Tolerance Policy Against Abuse

The Kingwood Football League (KFL) is committed to providing a safe environment for its members and participants, and to preventing abusive conduct in any form. Every member of this organization is responsible for protecting our participants and ensuring their safety and well-being while involved in sponsored activities but the highest of responsibility falls with the parent to ensure their child's wellbeing is the priority.

To this end, KFL have established guidelines of behavior and procedures for our coaches, volunteers and participants. All members of this organization, as well as parents, spectators and other invitees are expected to observe and adhere to these guidelines.

1. Abuse of any kind is not permitted within our organization. This means we do not tolerate physical, sexual, emotional or verbal abuse or misconduct from our players, coaches, officials, volunteers, parents or spectators.
2. Physical and sexual abuse, including, but not limited to, striking, hitting, kicking, biting, indecent or wanton gesturing, lewd remarks, indecent exposure, unwanted physical contact, any form of sexual contact or inappropriate touching, are strictly prohibited within our organization.
3. Emotional abuse or verbal abuse is also prohibited. These include, but are not limited to such forms of abuse as: insulting, threatening, mocking, demeaning behavior, or making abusive statements in regard to a person's race, gender, religion, nationality/ethnicity, sex or age.
4. We are committed to providing a safe environment for our players, participants and staff. We do so by appointing all coaches, officials and volunteers – and anyone else affiliated with our organization – as protection advocates. Every member of this organization is responsible for reporting any cases of questionable conduct or alleged mistreatment toward our members by any coach, official, volunteer, player, parent, sibling or spectator.
5. To further protect your child as well as our coaches, officials and volunteers, we strongly advise that parents remain with their children during KFL activities and that they allow no adult person to be alone with their child during sponsored activities. In particular, we recommend that parents do not allow coaches or other adult members of this organization:
  - Drive alone with their child participant in the car.
  - To take their child alone to the locker room, bathrooms or any other private room.
  - To provide one-on-one training or individual coaching with the child.
6. If traveling overnight with the team, children should stay in the same room as the parent.
7. KFL encourages all parents to become as active as possible in KFL activities, games, practices and other events. The more the parents are involved, the less likely it is for abusive situations to develop.
8. KFL will respond to any and all allegations of abuse within this organization. This information will be communicated to the authorities for investigation and will be reviewed by the organization's directors. The alleged offender will be notified of such allegations promptly.

9. As parents, you should know that any person accused of sexual or physical abuse may be asked to resign voluntarily or may be suspended by the board until the matter is resolved. Regardless of criminal or civil guilt in the alleged abuse, the continued presence of the person could be detrimental to the reputation of the organization and could be harmful to the participants. A person who is accused but later cleared of charges, may apply to be reinstated within the organization. Reinstatement is not a right, and no guarantee is made that he or she will be reinstated to his/her former position.

10. KFL will not tolerate false reports or hidden agenda's by parents when it comes to child abuse reports and allegations. This is a serious issue with serious consequences and KFL will not tolerate "games" being played on this topic.

11. KFL promotes good sportsmanship throughout the organization and encourages qualities of mutual respect, courtesy and tolerance in all participants, coaches, officials and volunteers. We advocate building strong self-images among the youth participants. Children with a strong self-image may be less likely targets for abuse; similarly, they may be less likely to abuse or bully others around them.

## Additional Resources

This document was prepared using information from many sources. In particular, we would like to credit the following publications and web sites used for research in this risk management guide.

### Publications

1. The Camp Director's Guide: Preventing Sexual Exploitation of Children, 1998, John Patterson for The National Center for Missing and Exploited Children, in cooperation with the American Camping Association and Markel Insurance Company.
2. Child Molesters: A Behavioral Analysis, 2<sup>nd</sup> ed., 1987, Kenneth V. Lanning, National Center for Missing and Exploited Children, Washington D.C.
3. For Their Sake: Recognizing, Reporting and Responding to Child Abuse, 1992, Becca Cowan Johnson, Ph.D.
4. Sexual Abuse and Exploitation of Athletes by Their Coaches, 1995, Stephen J. Bavolek, Ph.D., National Institute for Child Centered Coaching, Park City, UT
5. Fact Sheet: Answers to Common Questions about Child Abuse and Neglect, 1996, American Humane Association, Children's Division, Englewood, CO
6. Grow A YSO with Heart: Child Protection (Special Track), 1 998, American Youth Soccer Organization. Contact the Education Department at the AYSO National Support Center, [www.soccer.org](http://www.soccer.org).

### Web Sites

1. [www.Prevent-Abuse-Now.com](http://www.Prevent-Abuse-Now.com) : This web site contains Sex Offender Registries for each state as well as information on the laws regarding sex offenders on a state by state basis.
2. [www.KlaasKids.org](http://www.KlaasKids.org): This site provides child safety tips, information on Megan's Law, newsletters and research information.
3. [www.SafeKids.org](http://www.SafeKids.org): Presented by the national organization dedicated to the prevention of unintentional injuries to children, this site provides information on all types of child safety.



# KINGWOOD FOOTBALL LEAGUE

## 2019 CODE OF CONDUCT

### PLAYERS, COACHES AND PARENTS

Organized competitive sports provide young people with an excellent opportunity to learn self-discipline, teamwork, and commitment to a goal. Involvement in competitive sports also provides opportunity for the player to develop positive character traits, self-esteem and respect for their opponents as well as respect for authority. It is the policy of the Kingwood Football League to provide a foundation for the youth of the community in developing good sportsmanship and group unity thus creating an environment that lends to forward the building of wholesome citizens.

In today's society, competitive rage has become a problem, which is teaching our young people traits and values that are in direct opposition to what we hope our players learn. There have been reported cases in other parts of the country, where competitive rage outbursts have resulted in serious injury and even death. This is an issue that must be addressed by all who participate in organized sports.

The Kingwood Football League believes that any outburst of rage displayed by players, coaches, parents and other spectators, resulting in inappropriate language, gesture or verbal abuse directed at opponents, coaches, officials, and other spectators is counter-productive to the positive development of our players. Such behavior cannot be tolerated. Therefore, we must work together to insure positive development and a safe environment for all who attend our games.

#### **AGREEMENT:**

In an effort to work together for the positive development of our players, we agree to adhere to a code of conduct prohibiting the use of inappropriate language and gesture, as well as any other outburst of rage directed toward opponents, coaches, officials and other spectators while in attendance at any Kingwood Football League practice, game or event.

Signed:

\_\_\_\_\_  
**Player**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Parent**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Coach**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Todd Peterson, President**  
**Kingwood Football League**

\_\_\_\_\_  
**Date**

**KFL LIABILITY WAIVER**

*I, the parent/legal guardian of the above child, hereby give permission for him or her to participate in any and all activities during the current Kingwood Football League Season. I assume all risks of hazards incidental to such activities. I hereby release, waive and hold harmless, the Kingwood Football League and any and all alliances named in partnership, its respective organizers, directors, and coaches from any claims arising out of any injury or damages incurred during or en route to such activity.*

*Parent/Legal Guardian:*

*Date:*

**KFL MEDICAL AUTHORIZATION**

*I, the parent/legal guardian of the above child, hereby give permission in the event of my absence do hereby give my consent and permission to Kingwood Football League, its agents and directors to authorize any medical attention required when an injury has occurred with my child.*

*Parent/Legal Guardian:*

*Date:*

**KFL PHOTO/VIDEO AUTHORIZATION/RELEASE**

*I, the parent/legal guardian of the above child, hereby give permission to the Kingwood Football League to use, reproduce and/or publish photographs and/or video that may pertain to me or my child during the current/post season for use on the public website for promotional reasons. And I release the League, and its agents from all copyright use. Consequently, the League may publish materials, use my name, photograph, and/or make reference to me in any manner that the League deems appropriate in order to promote/publicize League activities.*

*Parent/Legal Guardian:*

*Date:*