



## NORTHEAST OHIO ALLSTARS

Thank you so much for taking the time to look over the 2018-19 NEO Allstars school training information. We know that your time is limited with all the extra planning that goes into coaching at your school. We hope after reading through this, you will see that there are many ways NEO can eliminate some of the “day to day” stress and obligations that go along with coaching. It’s a tireless, never ending job. It’s a job we all love. That’s why we continue to work hard to make sure every athlete’s experience is rewarding and memorable.

We understand that the best way to see if our gym is a fit for your team is to come for a trial visit. That is why we are now offering a **FREE SKILLS CLINIC** for any school team. We want you to know without a doubt that NEO would be a great training facility for your team.

### **Tryout Assistance**

We offer an all-inclusive tryout package for any school needing assistance with their tryouts. We offer two days of instruction where we provide the cheer, dance, and music. On the third day we schedule and compensate three judges who will score your athletes on a score sheet we provide. You can always make adjustments to our score sheet to fit your requirements. The total price for this service is **\$300**.

### **Weekly Training**

Our weekly training consists of one or two hours of tumbling a week. We can schedule you a time in our facility! We provide one hour of tumbling instruction in a single session. You also have the option to use our facility for practice time.

2 hours - 1 hour of tumbling instruction = \$45/month per athlete

1 hour of ‘extra’ practice time at our facility (no tumbling instruction) = \$50/hour (flat rate)

\*\*There is a \$35 annual registration fee per athlete due the first month of instruction. This is a one-time fee for you 2018-19 season.



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### Camps and Choreography

NEO Allstars offers a wide variety of camps and clinics to prepare your athletes for competitions and games. We offer competition choreography for UCA, NCA, OASSA, and all music routines. These camps can be held at our NEO facility or at your school. Game Day and Skills Clinics are taught over 3 hours in one day. Gameday choreography is customized to your needs. Pep assemblies, crowd involvement, halftime routines youth clinics and more! Competition choreography is taught over 8 hours split up in 2 days. Competition choreography is a custom 2:30 minute routine that can include cheer, dance, jumps, tumbling and stunting depending on your desired competition division.

#### Game Day Choreography

Game Day Routines

Fight song or halftime routine,  
Sidelines, and Cheer

**\$60** per athlete

#### Competition Choreography

UCA, NCA, OASSA & all music  
style routines

2:30 routines

**\$135** per athlete

\*Custom Music is an additional \$275

**SKILLS CLINICS** are two hours of tumbling, motions, and jump technique work. They are **\$20** per athlete. Your first Skills Clinic with NEO is **FREE!**

Thank you so much for taking the time to read over the 2018-2019 NEO Allstars school training program! We hope that you can soon call NEO your home! For any questions or to set up your training dates, please email our owner, Brooke Richards, at [Brooke.neoallstars@gmail.com](mailto:Brooke.neoallstars@gmail.com).

Cheers to an amazing season!

Sincerely,

NEO Allstars Staff