



VICTORY CHEER & TUMBLING - 2025

832.338.8116/ vickidill8@me.com

THE place your child should develop their love for cheer!

Training cheerleaders in Fort Bend County since 1996

4501 Avenue H, Rosenberg, TX 77471 (Inside Extreme Sports)

Competitive Cheerleading Teams - Ages 5 thru High School

Tumbling & Cheer Classes / Pre K Gymnastics

SHORT TERM CHEER TEAMS: Fall Cheer Teams / Winter Cheer Teams / Spring Cheer Teams

Cheer Tryout Training / Squad Training

Dancer Tumbling Training

Camps & Clinics / Private Lessons

Birthday Parties & Open Gym

RECREATIONAL CLASS SCHEDULE:

MONDAYS - 5:30-6:30 Beginning Tumbling & Cheer - Ages 5-10

MONDAYS - 6:30-7:30 Intermediate Tumbling & Cheer - Ages 9 & up

TUESDAYS - 4:45-5:45 pm Beginning/Intermediate Tumbling & Cheer - Ages 5-10

TUESDAYS - 6:15-7:15 pm Intermediate/Advanced Tumbling & Cheer - Ages 9 & up

WEDNESDAYS - 4:00-4:30 30 mins Pre K Gymnastics - Ages 3 & 4

WEDNESDAYS - 4:30-5:00 30 mins Pre K Gymnastics - Ages 5 & 6

WEDNESDAYS 5:45-6:45 Beginning/Intermediate Tumbling & Cheer - Ages 5-10

WEDNESDAYS - 6:30-7:30 Intermediate/Advanced Tumbling & Cheer - Ages 9 & up

THURSDAYS - 6:15-7:15 Intermediate/Advanced e Tumbling & Cheer - Ages 5-10

***CLASS DESCRIPTIONS ON THE BACK**

WEEKEND TUMBLE CLINICS TO BE ANNOUNCED EACH WEEK

Message Coach Vicki to be added to our "Clinic List" 832.338.8116 - Clinic pricing varies

COMPETITIVE CHEER TEAMS-FOR MORE INFO CONTACT VICKI

2025 PRICING:

\$55 Yearly Registration Fee per family

One Hour Classes - 1st Class - \$90 per month / 2nd Class Special - \$45 per month

Siblings in One Hour Classes = \$90 per month child 1 & \$85 per month child 2

30 minute Pre K classes - \$15 each time plus yearly registration fee

***We require 30 days notice to drop a class**

****We draft fees on the 5th of each month**

CLASS DESCRIPTIONS:

BEGINNING TUMBLING & CHEER

- Intro class for kids who have never taken tumbling & cheer OR have little experience.
- Ideally for kids who are working on and perfecting cartwheels & round offs.
- Also working on back bends, handstands, and kick overs, front & back rolls.
- More advanced skills will be introduced as the students are ready.
- Basic cheer skills including motions, cheer jumps, & simple stunts.

INTERMEDIATE TUMBLING & CHEER

- This class is for kids who have some tumbling & cheer experience.
- Ideally for kids who can do cartwheels, handstands, back bends and round offs.
- In this class we will focus on back walkovers, front walkovers, 1 arm cartwheels, back handsprings and more.
- More advanced skills will be introduced as the students are ready.
- Cheer skills including learning cheers, cheer jumps, & stunts.

ADVANCED TUMBLING & CHEER

- This class is for kids who have a lot of experience in tumbling / cheer.
- Ideally for kids who can do their back and front walkovers, and have experience with back handsprings.
- In this class we will focus on back handsprings as well as back handsprings connected to other skills. We will work aeriels, punch fronts, back tucks and more.
- More advanced skills will be introduced as the students are ready.
- Cheer skills include jump combinations, stunts, school cheer preparation when needed.

BEGINNING / INTERMEDIATE TUMBLING & CHEER

- Beginning and Intermediate Skills worked
- Class will warm up together & stretch and then will divide into groups with similar ability levels.

INTERMEDIATE / ADVANCED TUMBLING & CHEER

- Intermediate and Advanced Skills worked
- Class will warm up together & stretch and then will divide into groups with similar ability levels.

TUMBLING CLINICS

- Best for kids in 1st grade or above
- Walkovers / Combo passes / Back Handsprings / Back Tucks / Aerials / Layouts / Full Twists / Punch Fronts
- Video feedback / Drills / Stretching & Conditioning

PRE K CLASSES

- Fast Paced Class - Constantly moving - Kids are not sitting and waiting but constant stations.
- We work basic gymnastics body positions, front and back rolls, handstands, cartwheels, bridge ups, back bends if ready.
- We do some trampoline in every class
- Introduction to the baby gymnastics equipment with bars, monkey bars, rings, balance beam.
- Mini Rockwall
- A little bit of cheerleading is occasionally worked - jumps - stunts with coaches.
- Confidence / Agility / Balance / Class Structure Behavior are all skills we work on.

SHORT TERM CHEER TEAMS / FALL CHEER / WINTER CHEER / SPRING CHEER

LOW COST & LOW COMMITMENTExpress cheerleading experience!

- Your child thinks they want to cheer? This is a great way to get started, learn how to be a cheerleader and HAVE FUN
- Must be in Kindergarten - 8th grade
- Participants will have 5 practices leading up to a performance
- Includes a VICTORY VIPERS performance shirt
- Open to anyone - kids do not have to be currently enrolled at Victory Cheer
- Attendance at each practice is important but if you have a conflict we can make it work.
- Each Season a new routine is taught.
- Pricing & Dates TBA