

# 2020 Class Schedule

<b>VH</b> Vicki	<b>LP</b> Lane	<b>LB</b> Laney	<b>KG</b> Kristin
<b>SM</b> Sandra	<b>BC</b> Brooke	<b>BH</b> Blythe	<b>S</b> Sloan
<b>B</b> Bailey	<b>KC</b> Kendall		<b>w</b> Wendy
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>
4:15-5:15	5:15-6:15	5:00-6:00	5:15-6:15
	<b>LP</b> Gymnastics Boys & Girls	<b>VH</b> Beg/Int Tumble Cheer	<b>B</b> Beginning Tumble/Cheer
	<b>LB</b> PreK & Kindergarten	<b>S</b> 1st Grade & up	1st Grade & up
	<b>VH</b> Beginner Tumble Cheer & Gym		
	1st Grade & up		
5:00-6:00	6:15-7:15		6:25-7:25
<b>SM</b> Level 1.5 Tumbling	<b>VH</b> Level 2/3 Tumbling		<b>B</b> Cheer & Tumbling
<b>B</b> Kindergarten & up	<b>KG</b> 2nd Grade & up		2nd Grade & up
<b>LB</b>	<b>BH</b>		
5:20-6:20	6:25-7:25		
<b>LP</b> Boys Gymnastics	<b>LB</b> Girls Gymnastics	7:30-8:30	
1st grade & up	1st grade & up		
6:00-7:00			
<b>SM</b> Level 1 Tumbling			
<b>B</b> 2nd Grade & up			
<b>LP</b>			
7:00-8:00			
<b>LP</b> Cheer & Tumbling			
3rd Grade & up			

LEVEL 1.0 Kids will be perfecting cartwheels, roundoffs, handstands, backbends, & kickovers. Perfect for 5-10 yr olds

LEVEL 1.5 Kids should have a strong cartwheel and roundoff.... This class will focus on Back walkovers, front walkovers and walkover passes, back hand spring drills and back handsprings. Great for intermediate tumblers 7& up.

LEVEL 2+ Kids should have independent back handspring on one of the apparatus at the gym. We will be working series, punch fronts, back tucks, aerials and combo passes. This is the perfect for advanced tumblers 8+