

## **Parent/Athlete Medical Waiver and Release**

Strike Force Membership Parental Approval & Waiver Form

Team Agreements, Policies, Procedures, Acknowledgment, Waiver and Release Form

By completing (whether partially or fully) and signing the document attached you agree to comply with all the information put to you above. Athletes will not be able to participate without this complete agreement being signed off by the parent/guardian of the athlete.

I acknowledge that cheerleading as a discipline is a sport and a test of a person's physical and mental limits and carries with it risks of minor & serious injury, and property loss.

I HEREBY ASSUME THE RISKS OF ME/MY CHILD PARTICIPATING IN ALL STAR CHEERLEADING WITH STRIKE FORCE CHEER & DANCE LTD.

I certify that I am/my child named as the athlete overleaf is physically fit and has not been advised against participation by a qualified health professional.

I waive, release, AND DISCHARGE from any and all claims, losses, or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, theft, or damage of any kind.

I\We the undersigned hereby certify that I (we) are the parent or guardian of the child. I hereby give permission for the staff/volunteers of Strike Force, to seek appropriate medical treatment for my child in the event of accident, injury, or illness.

Accident/Injuries: Athlete may be required by coaches for a certified doctors note if they have to not participate in practice. If a GP/Hospital visit has happened a note is generally given. Athletes will need to be signed back on to participate.

Coaches may make provisions to assist the team, should an athlete have to take time off from practice. Coaches are under no obligation to revert any changes when the injured athlete returns to practice.

Injured athletes who cannot participate in training are still required to make all sessions as an observes/pay tuition fees as standard.

I waive, release, AND DISCHARGE from any and all claims, losses, or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, theft, or damage of any kind, including economic losses, which may in the future arise out of or related to my participation in or my traveling to and from all related Strike Force events.

## **Collection/Drop Off Policy**

As part of our commitment to safeguarding your children the following policy has been drawn up to ensure that this is maintained.

All children on Teams Baby Blue and Sky are to be collected by an appropriate adult. Parents/Guardians must wait in the foyer of WFTRA until the team is dismissed by its coach and are not permitted to enter the hall. The children will then be allowed to leave with their parent/guardian. Children will not be allowed to leave the hall under any circumstances without a parent/guardian present.

In the instance of an unknown adult coming to Strike Force to collect a child, they will be asked to wait while contact is made with the child's parent/guardian.

Parents/Guardians for children on Teams Sapphire, Royal, Blizzard, AF3, Marine, Teal and Snipers are responsible for ensuring the safe arrival and collection of their child. Strike Force does not take responsibility for these children travelling to and from WFTRA (or other notified venues) at the end of training sessions. Children who walk/cycle or travel by bus do so solely at the responsibility of their parent/guardian.

PLEASE NOTE: Children arriving too early for training sessions will not be permitted to enter the hall and will not be under the responsibility of Strike Force. Please ensure that children arrive in a timely manner not more than 10 mins before their practice session starts.

### **Seasonal Sign Up**

Athletes who sign up with the Strike Force program do so on a 12 months basis. Within this season, athletes are obliged to make 12 tuition fee payments at the first scheduled session of each month at Strike Force Finglas.

If an athlete leaves the program within the 12 months agreed, then it is the parents/guardians responsibility to ensure the rest of the contracted months have been paid. - An invoice will be issued to your home address.

Places are limited and reserved for each athlete in all our teams and it is essential part of running the business to ensure we have all places occupied at all times. By leaving the program mid season, leaves an open position which we cannot fill mid season.

### **Tuition Fees/Competition Payments**

Tuition for classes are collected once monthly.

The collection date is always the first weekend of the month unless otherwise stated.

Tuition costs last for a 4 week period. Allowing us to schedule gym closure time.

12 payments x 4 Weeks = 48 weeks

(A late payment fee of €10 will be added for payments made after the scheduled collection date)

This allows us to schedule 4 weeks break from training annually. Usually around Christmas/Easter/Summer.

As Strike Force provides many competitive opportunities for our athletes, there are some extra times we must postpone some classes, so coaches can travel with their teams. However closer to most competitions we extend sessions and offer additional sessions for teams. This ensures no one loses out of any training hours.

Strike Force cannot be held liable for any gym closure time due to inclement weather.

### **Competitions & Events**

Strike Force is a competitive cheer program, and all athletes placed on an All Star team have been placed on such a team being made aware of all team training commitments and financial obligations needed.

What costs are involved for All Star Cheerleaders?

? Monthly Tuition

? Annual Competition Fees (This is a lump sum paid at the end of September that covers all the events for the season)

- ? Choreography Fee - We are looking at bringing choreographers from Canada/USA to work with most of our teams for the upcoming season.
- ? Uniform Costs - New athletes will be required to obtain a uniform. All teams with the current sublimated design will be required to purchase the new 2018-2020 designs.
- ? Cheer Shoes/Cheer Bow
- ? All related competition travel and accommodation expenses.

Athletes will compete at many Irish based events for the 2018-2019 Season, including: 21CC in Gormanstown, ICE Extravaganza Event in Belfast, Celtic Spirit in Mayo and CDFNI in Belfast.

There will be an international event for Junior/Senior teams.  
At current we do not have dates/locations for most the of the events, usually this is confirmed in July. Our competitive season generally runs from December through to June.

### **No Refund Policy**

Regardless, there are no refunds of any kind including but not limited to tuition fees, competition fees, choreography fees, uniform, and apparel fees, should you cancel an order, choose to leave the gym or, the gym removes the athlete from the program.

### **Absences**

In order to avoid disruption of practices and to optimise preparation for performances and competitions, all cheer athletes MUST attend regularly scheduled practices or risk dismissal from the team.

We have two types of absences: authorised and unauthorised.

The following circumstances are considered excused absences:

- ? Contagious Illnesses (a GP's note will be requested).
- ? Conflicting school functions that will affect grades (proof in the form of a signed letter from the teacher or principal will be required). Excludes extracurricular activities.
- ? Family emergencies (Hospitalisation of immediate family member).
- ? Summer Holiday (Until August 31st)

The following circumstances are considered unexcused absences:

- Conflicting social functions and other activities athlete is involved in
- Holidays - That occur out of scheduled breaks and any that affect our Red Zone/Black Out days.
- Need to finish homework
- Lack of transportation or traffic congestion
- "I don't feel like it" or "I'm tired" excuses
- Excessive tardiness (= 20 minutes into the session)
- Improper practice clothing or lack of appropriate shoes
- Anything that is not listed in "excused absences"

If the athlete is injured or sick, she/he is still expected to attend practice to observe the cheer routine and continue to learn alongside of teammates. Of course, there are exceptions to this rule, such as contagious or severe illness, but these decisions will be left up to the discretion of the management. Parents can let us know about any upcoming absences using our pre-set form available under the contact us tab on [www.strikeforce.ie](http://www.strikeforce.ie)

## **Discipline**

If any of the rules for parents and athletes are violated, the following steps will be taken:

1st violation - The cheer athlete and/or parent(s) will be spoken with about the behaviour and issued a warning.

2nd violation - The cheer athlete and/or parent(s) will be suspended from the gym for a specified amount of time, the cheer athlete may be dropped from the next competition, or anything else as determined by the gym administrators.

3rd violation - The family will be asked to leave the gym for the season. In cases of an extreme policy violation, such as any acts of violence, threats of violence, derogatory statements about Strike Force, or any of the owners, coaches or athletes, the gym reserves the right to immediately remove a cheer athlete and/or parent(s) from the gym. If a parent or athlete is asked to leave the gym due to any policy violation, they will not be refunded any fees.

The cheer athlete should not be held from practice as a form of discipline. The team depends on all of its members, and failure of a team member to show up for practice causes an undue strain on the team. This type of behaviour will result in unexcused absences and follow the discipline guidelines set.

## **Video/Photos Release**

Media Release: I give my permission to have any pictures or videos of myself/my child taken to be taken by Strike Force staff and they can be used for publicity relating to the program including online and offline. (Please contact us if you wish for this not to happen).

## **STRIKE FORCE - The Brand**

Strike Force will establish a line of clothing items that can be purchased in our Pro Shop. The duplication or production of any items containing our trademarked logo, gym name, team names, team logos, sayings, or hashtags, without prior written approval is prohibited.

We have multiple vendors that we use to create our products who have access to our artwork, names, logos etc. If you are, looking to have something done that is out of the ordinary or different from what we have in the pro shop, you will need to use one of our approved vendors and the order must be placed and paid for through Strike Force.

All apparel made with our gym name, team names, logos or, our trademarked logo must be purchased through the gym. Going direct to our vendors is prohibited and making items through any other vendor or at home is prohibited. Should you desire to license our trademarked gym logo, gym name or the logo or likeness of any of our teams and or team names, this can be arranged in advance.

## **Social Media Policy**

Both Athletes and Parents agree to: Interaction in person and on the Internet, with integrity. You will not comment negatively about your opponents or teammates on any form of social media: Facebook, YouTube, message boards, etc. You understand that doing so reflects poorly upon the image of the sport, your program and yourself. Failure to abide by this guideline is grounds for dismissal from the program.

Cheerleading is a privilege and not a right. You are an athlete and a leader. Any behaviour, which does not represent Strike Force and its cheerleaders in a positive way, is considered reason for termination from the team. You are your gyms representative when you are out and about in your community. You will be held accountable for your actions at ALL times. Skipping school, profanity, tobacco, drug, or alcohol use, fighting

and other major issues will not be tolerated. No bad talk in person, on Facebook, Twitter, Instagram, Snap Chat, Instagram, Text, email, or any type of Social Media, about any other cheerleader on our team and other teams from other gyms!

Minor infractions will also be handled with extreme severity. Consequences include suspension from participation in cheerleading activities. Major infractions will be reason for immediate dismissal from the team.

As a representative of this gym, you are expected to always bring honour to yourself, your parents, your gym, your school, your team, and your coach. All social media pages related to Strike Force, must be administered by Strike Force. Any unauthorised account: will be requested that they are removed. Failure to remove the pages will be met with disciplinary action along with a request to the service for immediate removal. Failure by a parent of athlete to remove any negative social media posting will result in the removal from the program. Video of any routine may not be posted on social media. There will be times when the gym will post portions or full routines to social media. This does not authorize anyone from doing the same. If the routines are posted to the team page, they are not to be shared or distributed. When in uniform or wearing any clothing that is branded with Strike Force or any of its tag lines or advertising, you/your athlete is representing Strike Force.

As a representative of Strike Force, you should not post or act in a way that would be considered derogatory. Derogatory to Strike Force included but is not limited to: Underage drinking, drug use, foul language posted to social media, fighting, obscene picture or gestures, acting with poor sportsmanship towards other teams or athletes whether from Strike Force or any other gym.

### **General Data Protection Regulations**

In accordance with the European Directive, Strike Force will implement a policy that operates within the realms of the General Data Protection Regulations.

Strike Force Cheer & Dance Ltd will collect personal information in relation to all our members and their parents/guardians. This information is collected so we have full information on athletes for reference, analysis, team placements, competition entries documents , a way to communicate with our members and there parents/legal guardians, medical history awareness (we collect this so we know which way to deal with an incident should it occur, this information would also be passed on to tending medical staff should it be required)

We will review this information bi-monthly in order to keep it complete and up to date. We will mail you often to help us maintain correct and up to date information.

Data is facts and statistics collected together for reference or analysis.

If your data is breached in anyway, we will immediately contact the Data Protection Commission of Ireland.

Your information will only be kept with your permission, it will processed fairly and it will be transparent. You will have access to this information via our parent's portal. An audit of all information will take place annually.

We will keep you information on file whilst you are members &/Or members parents/guardians in the Strike Force Cheer & Dance Program. When you leave Strike Force, we will retain your information for a period of up to 12 months after your leave date. This is for accountancy and analysis purposes.

The information we collect will be done so lawfully and we will only collect information that is relevant to our program for it to serve its full function.

We will treat your information with integrity and it will remain confidential at all times.

Should you wish to review, amend, erase your information. Please email [info@cheerdublin.com](mailto:info@cheerdublin.com) with your request and we will honour this within 28 days.

### **Places & Positions**

Your athlete's placement or position on a team is never guaranteed. Placement on a team or in a position on a team is earned and it is assigned by who is the best fit for the team and setting the team up for a winning season. These roles may and can develop throughout the season as athletes gain or lose skills. The coaches along with management make all positions and placement decision with regard to overall team effectiveness. If you have a specific level or team that you athlete must be on in order to cheer, we may not be the right choice for you.

At Strike Force, we build teams based on presented skills and where athletes will most benefit the team while expanding and honing their skills.

### **Policy and Agreement**

I agree that coaches/managers at Strike Force have the final decision in all matter relating to the program. I agree to fully comply with all the set rules and policies in place at Strike Force. I will read and familiarise myself with all the Strike Force policy online at [www.strikeforce](http://www.strikeforce) within 7 days of agreeing to this document.

I agree to honour all the training/financial commitments to Strike Force at all times.

I will work with Strike Force coaches in order to promote the best level of sportmanship possible will help my child grow and develop as a cheerleading athlete whilst a participant in the sport.