



## Strike Force All Star Cheerleading

### Absence Policy

Please find below a list of what we at Strike Force permit as authorised reasons for being absent from a training session.

1. Illness where athlete are restricted due to vomiting, restricted movement or where being in the training environment can worsen an illness.
2. Any contagious illnesses.
3. Educational commitments, with advance notice. \*
4. Religious Observational days, with advance notice.\*
5. Medical Appointment, with advance notice\* (We do ask you though to try and avoid booking appointments during training times.)
6. Family events, with advance notice.\*

**\*Advanced notice is defined as at least 10 days' notice to the team coach.**

However during our **Red Zone** Period (policy for this can be found on <http://www.cheerdublin.com> under the downloads section) Authorised Absences are **not very likely** to be permitted in the RZ period unless the head coach signs it off or there is emergency family situation.

Family Weddings, Baptisms, Confirmations, Communions, Holidays etc... are usually booked way in advance. As soon as a conflicting date becomes clear, please inform coaches. Do not wait until a week before the event, as this can cause issues and is in contravention of the Advance notice policy.

If the reason for absence is sickness and it seems to be a reoccurring situation, then the athlete may be asked to stand down from a team until full health resumes and a doctor gives the all clear.

**If the reasons for absence is not listed above, then it will be marked as unauthorised.**

**After 2 unauthorised marks, a final chance letter will be issued. If it happens again, then the athlete will be asked to step down from their team for the next upcoming competition.**

*At Strike Force, we are aware a range of issues may come up in regards to participation/attendance that doesn't fit into one of the brackets above. We will take into account the situation as it stands and make a call on it as/when it happens. In the event that this is the case, please call Head Coach Hayden McGurk 0862192815 and discuss the situation.*