



ALL STAR COMPETITIVE CHEERLEADING

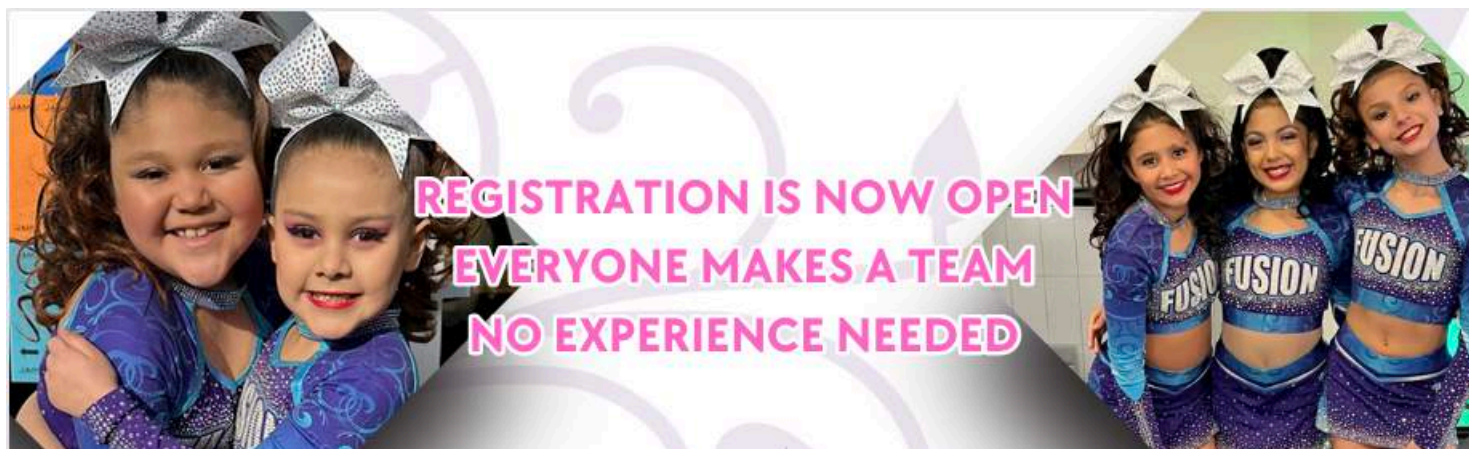
SEASON 12

AGES 5-19

NO EXPERIENCE NEEDED

EVERYONE MAKES A TEAM

WWW.FUSIONKIDSCENTER.COM



REGISTRATION IS NOW OPEN
EVERYONE MAKES A TEAM
NO EXPERIENCE NEEDED

Fusion Elite All Stars:

401 San Felipe Road, Suite G
(Back row of warehouses)
Hollister, CA 95023

Mailing Address:

505 Maranatha Drive
Hollister, CA. 95023

Phone: 831-801-3343

www.fusionkidscenter.com
sarah@fusionkidscenter.com

Teams for all ages (5-19)
 Active Fundraising Programs
 Sibling Discounts

No experience necessary!
 Everyone makes a team!

ABOUT FUSION ELITE ALL STARS

Who's Eligible: Everyone is welcome at Fusion Elite! This info packet is for All Star Elite/Prep Teams that are full-year travel teams for ages 5-19. We have teams for every age and ability level, so no one gets cut! Whether you've been a competitive athlete for 10 years, or are just starting out, we have a team for you!

Other programs: Fusion Elite offers a variety of classes and teams for all ages, abilities and budgets in addition to the Full Year Elite teams. Please see our website for a full listing of other programs.

What we do: Fusion Elite is a competition-based program. Our athletes practice 2-3 times per week and compete at mostly California/Nevada events and one travel competition per year. While our program is based on competition, we feel that our organization exists to build self-esteem, confidence, work ethic, leadership, healthy lifestyle habits, and friendships that will last a lifetime.

Teams: We had 11 cheer teams last season. The number of teams we create depends on the number of athletes that register. Teams are selected based on age and athlete experience level.

Cost: Travel sports are expensive ventures. We understand that it takes financial sacrifice to be involved in a program that travels and competes on a national level. We do everything we can to ensure a quality program for the lowest cost possible. Compare our prices with similar organizations, and you will find that Fusion Elite is far less expensive. All of our fees are listed in this packet so you can budget for the entire season. Please see the Fees & Tuition section for more information.



REGISTRATION & EVALUATION

Step 1

Read and sign the attached program information

Step 2

Submit your registration forms

By Mail: 505 Maranatha Drive, Hollister, CA 95023

By Email: sarah@fusionkidscenter.com

In Person: 401 San Felipe Road, Suite G, Hollister, CA 95023

Step 3

Start NOW by signing up for the Unlimited Class Pass and begin taking classes as soon as you register. Classes will help you meet other athletes, coaches and get you ready for evaluations!

Step 4

Attend ONE Evaluation Day

Monday, April 29 between 6-9pm

Tuesday, April 30 between 6-9pm

Wednesday, May 1 between 5-9pm

Evaluations are done on a walk-in basis. Come at your convenience any time during the time window listed above. Your individual evaluation will only take 30 minutes to an hour. If you cannot attend one of the dates above, please contact us for a private evaluation. Wear comfortable clothing, hair up and athletic shoes.

Step 5

Receive team placements by text and email on or before May 10th.
Begin regular team practices on May 15th.

*Evaluations are casual and fun! You will meet our staff, other athletes, and get acquainted with our facility. Since everyone makes a team, there is very little stress involved!

*We create teams with competition in mind. Athletes will be placed on teams according to their ability and their age. We consider all aspects of cheerleading and place everyone on specific teams for a reason. Regardless of the team, we are confident that your athlete will shine!

*Rosters will not be considered FINAL until choreography at the end of June. This will give our staff time to work with each athlete and ensure that he/she is on the team that best fits with his/her abilities, age and goals.

*We reserve the right to move participants, combine teams, or split teams during the season if it will benefit the program, the team or the athlete.



PROGRAM COST

ALL-INCLUSIVE PRICING

An annual registration fee of \$125 is due upon registration.

Monthly fees are outlined on the last page of this packet and include:

**Monthly Gym Tuition
Competition Fees
Choreography
Team Music
Uniform
Bow(s)
Practice Tee**

Optional Add-Ons:

Warm Up Jacket & Pants	\$200.00
Practice wear	\$120.00
Fusion Season Class Pass	\$45.00/mo.

Fusion offers flexible payment options! See financial contract for other available plans!

FUNDRAISING & DISCOUNTS

- 1) The Power Company Booster Club – A non-profit organization that puts on fundraisers several times per year. Depending on how involved parents and participants are, they can raise a large portion of their expenses.
- 2) Athletic Edge – Parents earn money by working concession booths at concerts/sporting events. Interested parents should visit www.athleticedgeinc.com for info, and must sign up individually – we have a meeting at the beginning of the season to help you get started!
- 3) We offer \$30/mo. discount for the second child, and \$45/mo. for the third+ child in a household.

MORE ABOUT FEES

*Athletes starting later in the season will have a higher monthly payment, as season fees are the same, but will be divided over fewer months.

*Uniforms are used on a 3-year cycle. This is year 3/3.

*Uniform Package for new athletes includes uniform top/bottom, competition bow and tee shirt. Uniform package for returning athletes includes bow and tee shirt. Additional apparel and accessories are available, but not required.

*Parents are responsible for purchasing their own shoes, link will be given once the season starts to order.

*Fusion Season Class Pass gives unlimited classes for the entire season at a discounted rate. Promo rate is only available upon registration and with a commitment for the entire year. The Season Pass is a 70% discount off of normal class rates.

*All payments, charges and fees are handled through the Fusion Parent Portal. Every member MUST have a credit card on file, and by registering, you give the right to Fusion Kids Center to charge the card on file for all fees incurred throughout the season.

CROSSOVERS

Crossovers are athletes that participate on more than one all star team.

*If you are interested in becoming a crossover, please indicate so on your registration forms, and you will be considered when we place our teams.

*Crossovers are charged \$25/month gym fee per crossover team **plus** additional competition fees incurred by their additional teams (Crossover comp fees are billed on the 1st of the month in which the competition takes place.)



PRACTICES & ATTENDANCE

*All teams will practice twice per week in May, June & July. Summer practices will be on WEEKDAYS.

*From August-April, all teams will practice 3 times per week, 2 WEEKDAYS and 1 WEEKEND practice.

*Practice schedules will be determined by the number of teams we create.

*Additional practices may be added if necessary during competition season and/or in the event of injury or replacement.

ATTENDANCE POLICY

Fusion Elite does not excuse absences. Each absence affects the team negatively, regardless of the circumstances, and keeps other athletes from being able to practice effectively.

To hold every family and athlete accountable in the same manner, the following will apply:

Each athlete may miss 8 practices. These may be used for illnesses, vacations, school events, family events, etc. It is up to the parent how the absences are used. No guarantee is made that athletes will keep their original roles when missing practices. Team before individual.

After the 8 absences are exhausted, any missed practices will cause the athlete to be removed from vital sections of the routine. Simply put, if a team cannot depend on an athlete, that athlete cannot hold important roles on the team.

Arriving late or leaving early more than 20 minutes is considered a miss.

Athletes must sign in at the front desk kiosk in order to be marked present.

Absolutely NO missed practices are allowed the two weeks prior to any competition or during any choreography session.

Continual missed practices/team activities will result in athletes being moved to a lower level team, a program with less commitment required, or being removed from the program entirely.

VACATION DATES

Fusion will be closed for team practices and classes on the following days:

Memorial Day Weekend – May 25-27, 2024

4th of July – July 4, 2024

Labor Day Weekend – Aug 31-Sept 2, 2024

Halloween – October 31, 2024

Thanksgiving Break – Nov 27- Dec 1, 2024

Christmas Break – Dec 23rd - Jan 1st (Resume Jan 2)

Easter Sunday – April 20, 2024

IMPORTANT EVENTS

Choreography Week – June 24-30

Teams will attend 2-3 five-hour blocks during this time period – schedule will be released after team placements.

Dance/Pyramid Choreography – One/Two Sessions in September or October, TBD

Competition Schedule will be released in July

*Choreography sessions and competitions are MANDATORY.



COMPETITION & TRAVEL

COMPETITIONS

Full year teams compete at 6-8 competitions.

4-5 events in Northern/Central California, 1-2 events on the west coast (driving distance) and one travel event that our parents get to choose! Events may be one day or two day.

POST-SEASON EVENTS

Teams are eligible to qualify for post-season events, such as The Summit, US Finals or The Pinnacle when they do well at scheduled competitions.

Some of these events will be optional, and some will be required in the event of qualification. This information will be listed on the competition schedule when it is released.

Post-season events are not included and may incur additional fees and travel. Details will be given as teams qualify for these events.

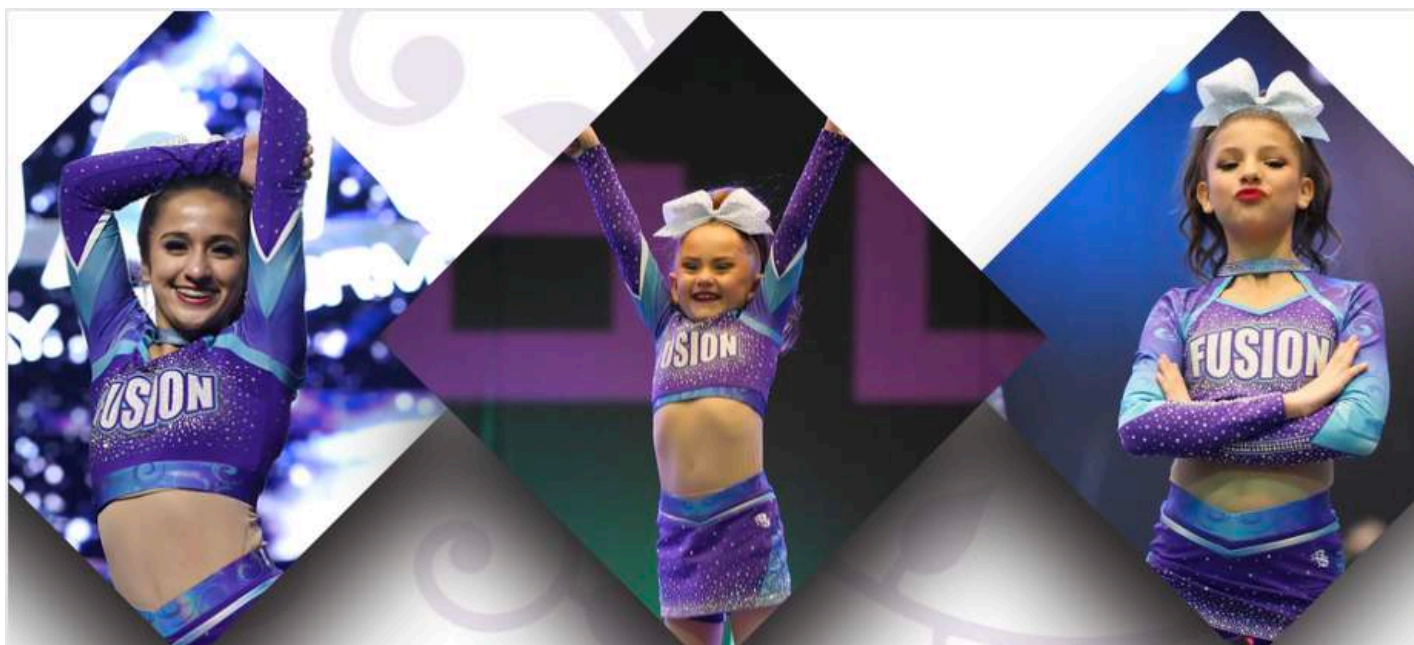
MORE ABOUT TRAVEL

*All competitions are required.

*Competitions/events are the first priority of the athletes on Fusion Elite while traveling. Although we compete in fun locations, vacationing and leisure activities cannot conflict with the needs of the team.

*Parents are required to make timely reservations in order to secure travel and hotel accommodations.

*Travel competitions (events more than 4 hours away) may require a Friday arrival and a Monday return. Should we attend out of state events, we may require a longer stay.



PARENT EXPECTATIONS

We have read the registration packet and understand the commitment we are making to the Fusion Elite program, staff and other team members:

Payment is due on the 1st of each month by automatic withdrawal from a VISA/MC. There is a \$25 service fee during each month that there is no valid card on file OR if card comes back declined or expired.

Fusion does not send statements. Parents have 24/7 access to account information and balance on Fusion's parent portal.

It is the responsibility of the parent or other adult signing the contract to meet all financial requirements. In the event that you wish to split your fees between co-parents, BOTH parents must sign a contract and a meeting will be required to set up a fee schedule.

If payment has not posted by the 10th of the month, a \$25 late fee will be assessed, and the athlete will be removed from practice until payment is made. Accounts that reach 30 days past due will cause athlete to be removed from the team, and all balances will be assessed 18% interest monthly until paid in full. Delinquent accounts past 90 days will be sent to small claims court for enforcement.

This is a contract for the 2024-2025 season (May-April.) Families have 30 days from the date the contract is signed before it becomes binding. Contracts canceled within the 30-day window will be refunded minus the registration fee (and any fees that may have been paid on your athlete's behalf.) If, for any reason, a contract is broken after the 30-day window, the member must continue to pay off the contract OR pay a 1-time termination fee of \$500. There are no refunds if you leave our program. We do this to cover the expense of finding someone to fulfill your responsibility to your team.

Practices may be viewed from the parent viewing area only. Parents and non-participating children are not allowed to watch practices from inside the cheer gym or be on any gym equipment or performing surfaces.

Transportation and accommodations while traveling to competitions are not included, and are the responsibility of the parents. Some families choose to send their athletes with other gym families. Fusion does not take responsibility for damages/issues resulting from arrangements made between parents.

Issues, concerns or complaints should be directed to the coach or program owner. Issues should be discussed with coaches in private, and parents should always show respect for staff in front of athletes. Negative behavior by parents is not tolerated and is grounds for dismissal of your family from this program. Our staff utilizes a 24-hour rule when responding to complaints that do not affect the immediate safety of our athletes.

Threatening to pull an athlete from the program for any reason will cause Fusion Elite to immediately remove your child from the routine or team. We need to make sure every family is dedicated to finishing out the season for their team's sake.

It is the parent's responsibility to read all GroupMe announcements, flyers, emails and informational materials to stay up to date on gym events and news.

Participating on a full travel team may require up to 4 missed school days per season.

If an athlete participates in multiple activities, parents must ensure that Fusion Elite takes priority.

Fusion Elite reserves the right to move athletes within a routine or between teams at our sole discretion. Teams may be split or combined at any time if it will benefit the overall program. Athletes do not own, nor are they entitled to any "spot" or position in the routine, and will likely be moved around the routine many times during a season. Our coaches and staff will make changes based on their expertise, scoring system, judges' feedback and overall team needs. Parents are not coaches and will not be allowed to question placement in a routine – these decisions are made by our staff only with the best interest of the program and team in mind.

Athletes may be removed from routines or from the program for failure to follow attendance policy, behavior policy or payment policies. Parents are expected to support the gym when they discipline athletes for these failures to follow rules.

Competitions are ALL DAY EVENTS. Fusion requires athletes to stay and support the other teams during their performances, and athletes must be present at their award ceremonies. Please do not plan anything else on a competition day and do not encourage your athletes to break the rules and leave early.

Parents are expected to ensure that their athletes are in the correct attire, hair and make-up during events. If an athlete breaks these rules, parents are expected to support the gym when they discipline athletes with consequences.



Athlete's Name: _____

Parent's Signature: _____

ATHLETE EXPECTATIONS

I have read the registration packet and understand the commitment I am making to the Fusion Elite program, staff and other team members.

I will participate for the entire season, and not quit mid-season and hurt my gym and my teammates.

I will maintain a positive attitude and work ethic and will follow all coaches' instructions.

I will be at practice, be on time, and give 100% when I'm there.

I agree that if I participate in activities other than Fusion Elite, my all star team comes first.

I will refrain from being negative about the program, coaches, and team members in person and in public forums and on social media. I will refrain from posting anything inappropriate while in uniform, at competitions, or at any time that I could be connected to the Fusion Elite program.

I will communicate injuries, incidents, and concerns to my coaches IMMEDIATELY in order for them to take action and/or offer assistance.

I understand that I am required to stay and cheer for all other Fusion Elite teams at competitions.

I understand that profanity, inappropriate behavior, bullying or negative discussion are not tolerated and are cause for removal from the team and/or program

I will accept coach decisions regarding team placement, stunt position and choreography, and will put the good of the team ahead of myself.

I understand that I may not be allowed to compete if I miss a practice two weeks prior to a competition.



Athlete's Name: _____ Athlete's Signature: _____



Season 12 ALL STAR REGISTRATION

How did you hear about Fusion Elite?

Athlete's Name: _____ Birth Date: _____

Address: _____

City/State/Zip _____

Home Phone: (_____) _____ Athlete's Cell Phone: (_____) _____

Mother's Cell Phone: (_____) _____ Father's Cell Phone: (_____) _____

Parent/Legal Guardian Name(s): _____

Athlete Email (please print clearly): _____

Parent Email (please print clearly): _____

This must be a valid email! This is the email address we will use to send all financial correspondence!

Have you ever cheered before: ____ YES ____ NO

If so, where, and for how long? _____

Stunt Skills

What position(s) do you have experience with (Circle ALL that apply):

NONE

FLYER

BASE

BACKSPOT

Flyers: Which is most important to you?

____ Being able to fly, even if it means being on a lower level team

____ Being on the highest level team possible, even if it means basing

Do you want to be added as a crossover to a second team? ____ Yes ____ No

Please make sure you've read and agree to the additional fees related to crossing over in the packet.

Parent Initials: _____

MEDICAL RELEASE & EMERGENCY INFO

As the Parent/Guardian of _____, I request that in my absence the above-named participant be admitted to any hospital or medical facility for diagnosis and treatment. I request and authorize physicians, dentists, and staff, duly licensed as Doctors of Medicine, or Doctors of Dentistry or other such licensed technicians or nurses, to perform any diagnostic procedures, treatment procedures, operative procedures and/or x-ray treatment of the above minor.

Any known allergies (including allergies to medications): _____

Physician Information

Family Physician: _____

Phone Number: _____

Insurance Information

Insurance Carrier: _____

ID Number: _____

Group Number: _____

Parent Information

Name of parents/guardians: _____

Phone numbers (List all to call in case of emergency):

Address: _____

City/State/Zip: _____

Emergency Contact Information

Person to Notify if parent is unavailable:

Home Phone: _____

Work/Cell Phone: _____

Parent/Guardian Signature: _____

Date: _____

RELEASE & WAIVER OF LIABILITY

In consideration of participating in the Fusion Kids Center's Program, I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge and covenant not to sue Fusion Kids Center, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and , if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save and hold harmless each of the Releasees from any loss, liability, damage or cost, which any may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Printed name of participant

Signature of participant

Date

PARENTAL CONSENT: AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the Minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby Release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.

Printed Name of Parent/Legal Guardian

Signature of Parent/Legal Guardian

Date

FUSION ELITE MEMBERSHIP CONTRACT (PAGE 1)

Phone: 831-801-3343

401 San Felipe Road, Hollister Suite G, CA 95023

Athlete Information

First Name: _____ MI: _____ Last Name: _____

Parent/Guardian Information (Financially Responsible Party)

First Name: _____ MI: _____ Last Name: _____

Home Phone: _____ Cell Phone: _____ Work Phone: _____

Email Address: _____ Mailing Address: _____

City: _____ State: _____ Zip: _____ Employer: _____

Please Complete for Monthly Payments:

Credit/Debit/ATM Card On File

I hereby authorize Fusion Kids Center to charge my credit/debit/ATM card according to the schedule set forth in this registration packet. I have full access to my account, payment method and balance due via the Fusion Elite Parent Portal.

Visa

Mastercard

Discover

Card #: _____ Exp. Date: _____ CVV (3 Digit Code): _____

Billing Address: _____ Billing Zip: _____

Cardholder Signature: _____

Monthly Membership Agreement

This is a yearly membership agreement and will continue for the entire 2024-2025 season. Member may cancel this agreement only by written request, and by submitting a one-time termination fee of \$500. Written notification of cancellation or EFT credit card account changes (including expiration date) must be received at least thirty (30) days prior to the 1st of the month in which the change will take place. Such request may be hand delivered or mailed to Fusion at the address above. Fusion is not responsible for written cancellations or change requests if not received by certified mail. Oral, emailed or digitally messaged requests for cancellations or changes are not considered valid and will not be accepted. You are responsible for verifying your account statement to ensure cancellations and correct billing. In addition, late fees will be assessed on membership accounts more than 15 days past due. Also, a returned item fee of \$25 will be charged for returned checks, credit cards, and EFT debits. I, the buyer, understand that I am in full control of my payment and if at any time I discontinue my payment, I will do so by advising Fusion in writing, per the terms stated above, a minimum of thirty (30) days prior to the 1st of the month.

Financially Responsible Party Signature

Date

NOTICE TO MEMBERS

Notice Required by Law: Any holder of this consumer credit Agreement is subject to all claims and defenses which the debtor could assert against the seller of goods and services obtained pursuant hereto or with proceeds hereof. Recovery hereunder by the debtor shall not exceed amounts paid by the debtor hereunder. The member is entitled to a completed copy of this Agreement. The member acknowledges that they have been told: (A) that this document is an Agreement and will become legally binding upon its acceptance by Fusion; (B) the terms and conditions of this Agreement; (C) that they acknowledge that they have examined the facilities and that they accept them in the present condition, and the Member assumes any and all risk involved in the use of the facility and equipment; (D) There are no warranties either expressed or implied which extend beyond this agreement. This agreement constitutes the entire agreement between the parties; there are no collateral agreements, representations or guarantees, oral or otherwise, unless attached hereto. The undersigned member has read, understands, and agrees to be bound by the Fusion Tryout/Placement Rules as part of this agreement. The Rules and Regulations may be changed at any time by Fusion, at its sole discretion. If any part of this Agreement is held invalid or unenforceable, the remainder of this Agreement will remain in full force and effect. Fusion reserves the right to change monthly tuition at its sole discretion. Any member under the age of 18 must have a parent or legal guardian co-sign and guarantee this Agreement. The cosigner, along with the Member, agrees to be bound by all terms and conditions of this agreement. **Membership in Fusion Elite All Star Cheerleading is not based on usage. Members will incur fees based on the type of membership plan agreed upon, NOT on the number of times the member uses the facility.**

X _____
Financially Responsible Party Signature Date

X _____
Fusion Elite Staff Signature Date

FUSION ELITE MEMBERSHIP CONTRACT (PAGE 2)

Participant Name: _____

Choose Your Options:

ATHLETE PRICING

Parent
Initials

New Athlete Payment Plans

	Full season cost paid upon registration	\$4425	Best Deal \$125 Discount! (\$4300)
	12 Equal Monthly Payments (May-April)	\$125 down + \$358.33/month	Register in May!
	13 Equal Monthly Payments (April-April)	\$125 down + \$330.77/month	Register in April!
	14 Payments (March 2022-April 2023)	\$125 down + \$307.14/month	Register in March!
	Bi-Monthly Payments (Split your monthly payment in two)	Specify which days of the month: _____	
	Weekly Payments	Specify which day of the week: _____	

Parent
Initials

Returning Athlete Payment Plans

	Full season cost paid upon registration	\$4100	Best Deal \$125 Discount! (\$3975)
	12 Equal Monthly Payments (May-April)	\$125 down + \$331.25/month	Register in May!
	13 Equal Monthly Payments (April-April)	\$125 down + \$305.77/month	Register in April!
	14 Payments (March 2022-April 2023)	\$125 down + \$283.93/month	Register in March!
	Bi-Monthly Payments (Split your monthly payment in two)	Specify which days of the month: _____	
	Weekly Payments	Specify which day of the week: _____	

Optional Add Ons

	Warm Ups (Optional- Same as last season)	\$200	Warm ups and Practicewear are usually due upfront when registering. If you would like to work these items into your monthly payments, initial here: _____
	Practice wear (Optional – NEW THIS YEAR)	\$120	
	Unlimited Season Pass Gives unlimited classes all season. No changes, cancellations or refunds. <i>Must commit to season pass for entire season upon registration to lock in rate. Promo rate not available after registration.</i>	\$45/month	

Discounts

	2 nd child in household	\$30/mo. or \$360/yr.
	3 rd (or more) child in household	\$45/mo. or \$540/yr.

Parent/Guardian Signature: _____

Date: _____



Fusion Elite Season 12 Team Placement Breakdown

Age Divisions are determined by year of birth (Age grids for 2024-2025 may change and are NOT final yet.) Below is an idea of what age categories may be:

Tiny: 2017-2019
Junior: 2009-2016

Mini: 2015-2018
Senior: 2005-2012

Youth: 2012-2017
Open: 2011 or before

*Please note - older teams DO NOT EQUAL more advanced teams.
AGE DIVISIONS determine how old a team is
TEAM LEVEL determines the difficulty of skills a team is allowed to perform (see below)

Team Level is determined mostly by tumbling skills. To secure a spot within a specific level (in addition to being able to stunt that level), athletes must have MASTERED all of the skills below with an asterisk.

MASTERY is determined by correct body positioning, timing, speed, approach and landing. Skills must be able to be thrown multiple times without a spot or hesitation. Athletes may be required to perform skills to counts.

If a team cannot be fully comprised of 100% of the athletes having the skills, the remainder of the roster may be determined by specific stunting skills/positions needed for each team. This is determined solely by the coaching staff, and should be considered the exception, not the rule.

Team level from prior seasons does not determine placement in future seasons. Skills will be re-evaluated each year, and athletes will be placed accordingly.

LEVEL 1 PREP

NO TUMBLING REQUIRED

Athletes should be working on the following:
Forward Roll
Cartwheel
Back Bend
Handstand Fall to Bridge
Back Bend Kickover
Front Walkover
Back Walkover

LEVEL 1 ELITE

*Back Walkover
*3 Back Walkovers in a row
*Back Walkover Switch Leg
*Cartwheel Back Walkover
*Front Walkover
*Roundoff

LEVEL 2/4.2 ELITE

*Back Handspring (BHS)
*Roundoff Backhandspring
*Back Walkover BHS
*BHS Stepout
*Handstand Stepdown BHS
*Round Off 2 BHS
*Front Walkover RO BHS
Front Handspring,
Cartwheel BHS, BHS
Stepout BWO BHS, Other
Level 2 Combo Passes

LEVEL 3 ELITE

*BWO 2 BHS or Standing 3
*Toe Touch 3 BHS
*Round off Tuck
*Round off BHS Tuck
*Punch Front Stick
*Combo Pass through to
ROBHS Tuck (including,
but not limited to aerial,
front walkover, front
handspring, etc.)

LEVEL 4 ELITE

*Standing Tuck
*Toe Touch BHS Tuck
*Standing 2 BHS to Tuck
*RO BHS Layout
*Combo Pass to Roundoff
BHS Layout (Including, but
not limited to Front
Walkover, Punch Through,
Whip, etc)
Backwalkover Tuck



NON TUMBLING ELITE

NO TUMBLING REQUIRED

OFFERED IN THE
OPEN AGE DIVISION
ONLY

ATHLETES MUST
HAVE STUNT
EXPERIENCE AT A
LEVEL 3 OR HIGHER