



ABSENCE REQUEST FORM

Cheerleader Name: _____ Team: _____

Date(s) of requested absence: _____

Reason for absence (be specific): _____

I am requesting to miss practice on the date(s) above. I understand that missing practices/classes places complications and difficulties on my entire team.

Absences are ONLY excused when pre-approved at least 1 week in advance with this form and SIGNED by a coach assigned to your team. All absences (no matter what reason) not pre-approved with this form are considered unexcused. For more information, please see our "ATTENDANCE POLICY" on the back of this form.

Unexcused absences will result in athlete being moved in the section we work on that day.
Excused absences will protect the athlete's position in the routine.

More than 5 absences (excused or unexcused) will result in athlete being removed from the routine, being moved to a lower level team, being assigned as an alternate and/or being removed from the program completely.

Cheerleader Signature: _____

Parent Signature: _____

Approved Denied If denied, reason: _____

Coach Signature: _____

Turn in at the gym fax to 831-401-2015 email to sarah@fusioneliteallstars.com

Attendance Policy

Missing practices in cheerleading is a sure way to ruin a team both competitively and socially. Missing a practice not only affects the athlete who misses, but the stunt group they work with, the stunt groups around them in pyramids, and the entire team when it comes to dances, motion sections and tumbling sequences. ALL of our parents and athletes are putting in a great deal of time and finances into these teams, and it is not fair for one athlete to hurt the success of the entire team.

- 1) Athletes are required to attend practice as a spectator when injured or ill – the only exception is when a doctor’s note is submitted BEFORE practice. If an athlete shows up to practice and is visibly ill and unable to participate or stay, a coach will release him/her to go home. If this happens, the absence will be considered EXCUSED. Whenever possible, modifications to practice will be made for injured athletes.
- 2) Absences for reasons other than illnesses/injuries must be requested at least 1 week in advance, by submitting an absence request form, which will be available at the gym and on our website. Requests will be approved (excused) or denied (unexcused) based on the reason AND the schedule/needs of the team on the day requested. If you request an absence and it is denied, and you are absent anyway, it will count as an unexcused absence. Requests received less than 1 week in advance will be considered unexcused.
- 3) Each athlete is allowed 5 absences TOTAL. After the 5th absence, athlete will be removed from the team, moved to a lower level team, rostered as an alternate or removed from the program completely.
- 4) Late arrivals and early departures (missing more than 10 minutes of practice) will constitute 1 unexcused absence. Making contact with a coach by phone, text or otherwise does not excuse the absence or avoid the consequences.
- 5) EXCUSED absences will protect the athlete’s position in the routine. He/she will not be moved due to the absence. UNEXCUSED absences will cause the athlete to be moved from his/her position in the routine in whatever section is worked on that day.

*All absences during vacation weeks or while gym is closed will not count towards excused or unexcused absences

*Multi-day absences that will cause a cheerleader to miss consecutive practices will be considered 1 excused absence IF the request is received in advance and does not interfere with major gym activities (competitions, choreography, etc)

*We encourage parents to set good examples, and be honest about absences and reasons for missing practice.

*Only absence requests submitted on the request form will be considered. Email, oral or text requests will not be honored.

Examples of excused absences (count toward the 3 allowed absences):

Illnesses with a doctor’s note, immediate family weddings, funerals or births, college visitations/orientations, school functions that affect your letter grade, court mandated visitation with parents, family vacations if they do not interfere with major cheerleading activities (choreography, camp, competitions, nationals practices, etc)

Examples of unexcused absences (3 equal a missed competition):

Birthday parties, school functions that do not affect your letter grade, practices/games/activities for other sports organizations, illnesses without a doctor’s note, family/friends in town, dental/ortho/doctor/hair/nail appointments, work-related absences, multiple tardies, or absences not requested in advance.