

2025-2026 REJOICE CheerAbilities Team Information Packet



All About REJOICE!



Spirit Xtreme Rejoice is a Co-ed CheerABILITIES All Star team for athletes born 2020 or BEFORE with an intellectual and/or physical disability who love to cheer, dance, perform, and have fun.

Spirit Xtreme Rejoice will be coached by a professional staff who loves children and that has been trained specifically to work with your athlete. We will also have volunteer helpers to assist with the needs of our athletes at each practice and event. Your athlete will have fun, gain friendships, dance, cheer and perform in front of crowds cheering them on increasing their confidence.

These athletes are inspiring and make a tremendous impact on the all star cheer community!



REGISTRATION DETAILS



Register ONLINE today! Click on the "Class Registration" tab at the top right of the website. NEW athletes, will create an account. RETURNING athletes will simply log into your existing account. If you have any trouble accessing your account, please email melissa@spirit-xtreme.com. Once in the Customer Portal you will click on "Booking" and click on the REJOICE tab to register your athlete! Once you have registered online, you will receive a 'Next Steps' email that will provide additional forms to bring to your first practice!

Bring A Friend Practice!

Monday, August 25th 6:00-7:00p.m.

*We will also have a Parent Information Meeting during this practice to share the heart of the gym and to answer any questions you might have regarding Rejoice!

First Official Practice:

Monday, September 8th 6:00-7:00p.m

Team Cost

The monthly fee for Rejoice will be \$25 a month which will cover all expenses including team practices, choreography, routine music, and a team t-shirt. After registration, your first monthly payment will be due September 15th and will continue through March 2026.

Team Practice

Rejoice will practice Mondays from 6:00-7:00p.m. from September 2025 to March 2026.

All team members are expected to attend practice and competitions.

Competition Details

Sunday, December 14th NCA Holiday Classic Kay Bailey Convention Center

Saturday, January 17th Winter Showdown Frisco

Sunday, February 22nd Spirit Xtreme Pep Rally Grapevine High School

Saturday, March 7th Texas Grand Nationals Frisco

Saturday, March 28th March Madness Frisco