



Come be a STAR!

Spirit Xtreme STARS program is designed for athletes 5 to 14 years old. The Stars program is perfect for athletes who are new to cheer or those athletes who would like to balance cheer with other extra curricular activities. Our Stars program will focus on the foundations and skill development in tumbling, jumps, stunts, and motion technique.

Our Stars will practice one time a week for one and half hours. Teams will learn a one minute thirty second routine which includes tumbling, stunts, jumps, and dance which they will perform at 3-4 local competitions as well as at our Spring gym wide Pep Rally!

There is not a tryout or evaluation to be in our Stars Program. We do allow athletes in The Stars program to make a friend request upon registration.





Registration Details

REGISTER through our Parent Portal at <u>spirit-xtreme.com</u> for THE STARS and pay the \$50 2021-2022 Stars Registration Fee. **Registration Opens on June 1st!** The Parent Portal can be found by clicking on the "class registration" tab at the top right corner of the website. Once logged in, simply click on 'booking' and then 'The Stars' link to register.

AFTER you register, please watch your email for a "**The STARS - Next Steps**" for additional information. This email will include important online forms that must be filled out prior to your athletes first practice.

TRAINING WITH THE STARS! Is an optional FREE weekly class in July to start skill training and allow athletes to meet future teammates. Registration for this free class is required through our Parent Portal.

Fridays - July 16th, 23rd, and 30th 5:00-6:00p.m.

REGISTRATION DEADLINE - July 30th

Registration will be allowed after this date, but spaces may be limited after official team placement.

TEAMS will be **announced August 1st** with practices beginning the week of August 9th.

Please Note: Practice days will be based on the availability of team athletes and posted with the announcement of team rosters on August 1st. Please make sure you include any days you are NOT available for practice during the school year on your Athlete Registration Form. We will do our best to meet each request.

Treme.

The Stars Program Costs

• Monthly Tuition is Due on the 1st of each month August 2021-March 2022

Monthly Tuition - \$130

*The Monthly Tuition and the Down Payment include all regular and extra practices, practice outfit and bow, choreography fees, music fees, Beyond The Blue Mat (competition gifts/athlete banquet), and competition entry fees.

Additional Expenses Not Covered By Monthly Tuition:

- Stars Registration \$50
- Stars Uniform \$260 plus tax (Same as our Pre Elite Program)
- Make Up (Athletes will be provided a "look" and purchase products over the counter)
- Competition Bow \$30 plus tax
- Annual Spirit Xtreme Registration \$35
- USASF Membership Fee \$30 (due to USASF in August)
- Warm Up Optional Purchase
- Shoes \$50-\$100 depending on style selected

Discount Details

- A sibling on an All Star Elite, Pre Elite, Stars, or Joy will receive a discount off of their monthly tuition. Please contact kim@spirit-xtreme.com for discount details.
- Full tuition may be paid upfront by July 30th with CASH, CHECK or ACH withdrawal for a \$50 discount.

Option 1: Pay for Year In Full By July 30th and Receive \$50 Discount

Amount Due By July 30th: \$990

Option 2: Monthly Installments - The 1st of each month beginning in August.

Amount Due Monthly on the 1st: \$130

Attendance/Absences:

We NEED notice that an athlete will miss practice for ANY reason. We ask that we have at least a 7 day advanced notice for any absence.

- Excused absences include school events that are GRADED, family emergency, or an illness approved by the gym.
- Absences should be emailed to <u>absence@spirit-xtreme.com</u>. Your school activities are planned well in advance, so please make sure that you notify us immediately of any possible conflicts.
- Please make sure your child is on time to practice. We understand that being late happens from time to time, but it should not be an every week occurrence. Please try to be to the gym at least 5-10 minutes prior to the start of practice.
- Practices one week prior to a local competition or show off are mandatory.

Sick/Injury

Nothing is more important than health and safety of our athletes and staff. If there is a question on whether the athletes should attend practice due to their health, please contact Walter directly prior to practice. (walter@spirit-xtreme.com).

In the case of an injury the athlete must provide a doctor's note with detailed information regarding the injury, treatment plan and length of recovery. Please contact the gym immediately. Please do not leave a message or post on social media prior to contacting our staff.

<u>Competition/Show Off Attendance:</u> THERE ARE NO EXCUSED ABSENCES FROM A COMPETITION or SHOW OFF. Every team member is expected to attend every competition/show off.

Competitions

We expect to attend 3-4 competitions throughout the season. Competitions will begin in December and end in March. We will finalize our competition schedule by August. All competitions are mandatory. If you have any major events that fall on a weekend between mid December and March that would keep you from being able to attend a competition with your team, please list those conflicts in your registration information.

Team Practices

Teams will practice one day each week for an hour and a half from August 2020 to March 2021. Extra practices will be scheduled during competition season. These possible dates will be provided with the release of our competition schedule so that families can better plan.

<u>Practice Clothes and Uniform</u> - Competition Uniform remains the same as last season. Weekly practice wear changes each year.

Practice wear and competition uniforms will be sized in August and received in late September/October. Each team member is expected to wear the correct practice outfit to each practice once they are received.

- White Cheer Shoes must be worn (Shoes can be purchased at Uniform Fitting or in Xtreme Store)
- Hair must be pulled back out of face in TIGHT pony
- No jewelry of any kind
- Sports bras are required for all athletes
- Until practice wear is received, we ask athletes to wear their <u>Black Spirit Xtreme</u> registration T-shirt with shorts.

Tumbling Class

In addition to their weekly practice time, athletes will be able to sign up for a tumbling class at their appropriate tumbling level. Novice team athletes receive a 50% discount off of monthly class rates for tumbling classes.



Financial Guidelines

All athletes must have their 2020-2021 Spirit Xtreme account paid in full to be eligible for 2021-2022 season.

If there is a major reason why you would not be able to cheer on a particular team or if there are particular days/times that you cannot practice, please note on your Event Conflict/Vacation Form.

All athletes are required to pay an annual gym registration fee during the year. This fee is paid when turning in your STARS Registration form and annually in January of each year. The fee is \$35 and includes a Spirit Xtreme t-shirt. Current team or class athletes do not pay an additional fee until January 2022.

Spirit Xtreme's STARS program is an 8 month commitment. Tuition charges begin in August 2021 and continue through March 2022. By agreeing to take a spot on a team, you are agreeing to an eight month financial commitment and will owe tuition all eight months. If anyone breaks this commitment prior to receiving any part of their uniform, warm up, or practice clothes, the items become the property of Spirit Xtreme.

If an athlete is unable to finish the year due to injury with doctor's note or family relocation, Spirit Xtreme will balance your account determining the fees and tuition that have been spent. You will receive a credit for any fees or tuition that have been paid to Spirit Xtreme, but not used. Please be aware that if you choose the monthly installment plan, you may owe additional fees that were not yet covered through your prorated monthly fees. Competition entry fees cannot be refunded for any reason (including injury) once they have been paid out. Resignations must be in writing.

Payment Policy: All tuition and fees will be electronically processed. Spirit Xtreme will be using ACH (Automatic Draft) for monthly tuition payments. Tuition will be drafted on the 1st of the month. Any changes to your ACH account including amounts, adds, drops, account numbers, card expirations, etc. must be submitted in writing using our ACH change form in order to activate your request. All accounts with a balance due by the 10th of the month will automatically be charged a \$10 late fee.

NOTE: If an athlete's account falls past due by more than 30 days with no communication, the athlete will be present but must sit out of all practices. When an account falls 60 days past due with no communication, the athlete will be choreographed out of the competition routine.

Material, Uniform and Property Rights

Material Agreement

As a member of Spirit Xtreme All Star Program, any material (cheers, chants, pyramids, partner stunts, transitions, dances, music, routines, etc.) may not be used or taught for any purpose to anyone outside the Spirit Xtreme program. All material is owned by Spirit Xtreme and may not be reproduced or taught in any manner without prior written consent from Spirit Xtreme, Inc. This includes posting on YouTube, Facebook, or other internet websites. Anyone violating this agreement may be expelled immediately from Spirit Xtreme.

Uniform Agreement

Any and all parts of the Spirit Xtreme uniforms may only be worn during specific and official Spirit Xtreme activities. This uniform may not be worn for any other activity without prior written consent from Spirit Xtreme. No part of the uniform may be loaned to any person that is not a current member of the program.

Property Rights Agreement

The name Spirit Xtreme or any part of the trademark or logo may not be used without prior written consent from Spirit Xtreme. The company name and entity are



PARENT COMPLIANCE



- I have received a copy of the Spirit Xtreme All-Star Team Information Packet. I have all of the information provided in this packet and agree to abide by all of the rules and regulations of Spirit Xtreme. In addition, I will commit myself to the time involved in practices, choreography, camp and competitions.
- I am fully aware that competition cheerleading is a large financial responsibility, and I will commit to Spirit Xtreme as per the financial requirements of a team member.
- I am fully aware that any items purchased and not received due to breaking the commitment or to dismissal are non refundable and become the property of Spirit Xtreme.
- I understand that a 30 day written notice is required in order to stop tuition and/or fee charges through either payment options. Any tuition and/or fees paid before this notification period will not be refunded under any circumstances.
- I understand that all tuition and fee payments will be handled electronically on the first of the month. I understand that I must have a form of payment linked to my athlete account. I understand it is my responsibility to keep up with expiration dates, fraud, etc. to prevent late fees.
- I understand I am responsible for any changes to my account including amounts, adds, drops, account numbers, etc. These can be updated through my athlete account or through the gym office.
- I am aware that this is an eight month commitment and will do everything in my ability to enable my child to participate in all practices, choreography, retreats, and competitions throughout this season.
- I will do all that is necessary to get my child to practice and events on time and assure that he/she does not need to leave practice early. Non custodial parents must comply *Signatures from both parents required.
- I understand that if my child chooses to tryout at another gym during her commitment with Spirit Xtreme, he/she will be removed from the team immediately and additional team fees could be owed.
- I understand that my child must wear the proper practice outfit that is scheduled for any specific day and will support the requirement with my child. If my child loses any part of their practice clothes, I understand that I must purchase a replacement immediately.
- I understand that my actions in the viewing area and at competitions are a reflection of Spirit Xtreme and should be of strong moral character. I will be a positive role model for my child and will encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all athletes, coaches, and spectators at every practice and competition.
- I will maintain a positive attitude by remembering that children participate in cheerleading to have fun and that the sport is for children, not adults.
- I will teach my child that doing one's best is more important than winning, so that my child will not feel defeated by the outcome of a competition or his/her performance. I will encourage my child to be a humble winner and a gracious loser.
- •I will attend parent meetings, check emails frequently and check the website frequently to retrieve information that Spirit Xtreme has prepared. I know that it is my responsibility as the parent to know what is going on and that I must keep other parents/care givers informed of all information, dates, and changes.
- I will plan ahead and promise to have my athlete at every practice. I understand that teams depend on my child and will not miss due to illness, homework, my personal job, trips and other non emergency situations.
- I understand the Attendance Policy and will abide by the guidelines.

ATHLETE COMPLIANCE



Spirit Xtreme expects a commitment of excellence from their athletes. Each team will set team goals, and we expect each athlete to set their own personal goals. Parents please read through the following expectations with your athlete.

- •I understand that I am a reflection of Spirit Xtreme when in uniform or practice clothes, at competitions or in the gym. I will conduct myself with high morals following all guidelines set forth in this packet.
- I will not use inappropriate language or participate in inappropriate, immoral behavior. I will not participate in the illegal consumption of tobacco, alcohol or drugs. I understand that all of my actions both inside and outside of the gym are a reflection of Spirit Xtreme and should reflect strong character.
- I will keep parents and Spirit Xtreme informed of all school cheer events, classes or field trips before the 7 day advance notice required by Spirit Xtreme.
- I will be on time to all practices, competitions, and events. I will keep track of what I am to wear and come ready to practice or compete.
- I will arrive at all competitions on time with my uniform, hair and makeup completed to Spirit Xtreme standards.
- •I understand I should have no jewelry on, my shoes should be on, and my hair should be up BEFORE the start of practice.
- I will bring a good attitude and strong work ethic each time I practice or compete even if I do not feel well or have conflicts at school. I will not disrupt practice with bad behavior. I will do my best to influence my team in a positive manner.
- I will not disrespect any team member, coach, parent or competitor from Spirit Xtreme or any other gym for any reason at any time. This includes any form of bullying and also includes venting or being disrespectful on Facebook, Twitter, Instagram or any other forum.
- I will learn and obey all Spirit Xtreme policies and procedures.
- •I understand that this is a full 1 year commitment and other athletes as well as my coaches are depending on me.
- I will not disrespect any coach, team member, parent or competitor from Spirit Xtreme or any other gym.
- I understand that all material, music and routines are the property of Spirit Xtreme and are not to be used for any other purpose.
- I understand that attending another gym tryout will forfeit my spot on the team immediately.

SPIRIT XTREME CODE OF CONDUCT

We hold our staff, athletes, and parents to a higher standard. We do care about what your athletes are doing in and outside of the gym.

Dismissal: Grounds for Dismissal from Spirit Xtreme include, but are not limited to:

- Smoking, drinking of alcoholic beverages or use of drugs. This will warrant immediate dismissal from the team.
- Challenging the authority of the coach or person in charge, by athlete or parent, will be automatic dismissal from the team.
- Abusive behavior, inappropriate language, lying, stealing or any other negative form of behavior is grounds for dismissal.
- Each athlete will follow all additional rules and guidelines given by the coach or person in charge.
- Any negative behavior towards a Spirit Xtreme athlete or coach or to another gym, via any medium (i.e. Facebook, Twitter,Instagram, internet, cell phone...) may result in dismissal from team.
- Any unsportsmanlike behavior, via any medium, will result in dismissal from team.
- No inappropriate pictures or language to be used on any medium.
- Athletes are to never approach an official or judge or a competition to voice a negative opinion. Doing so will result in dismissal.
- Attending a tryout at another gym while under contract with Spirit Xtreme will result in immediate dismissal.

Leadership - Any infraction may result in dismissal from team.

- Each athlete must be aware that no person has a right to be on Spirit Xtreme. It is a privilege.
- Each athlete and parent must be aware of the responsibilities required and the commitment he or she is making to the team.
- Each athlete must be willing to cooperate with and be helpful to the coach or any person in charge.
- Each athlete must realize the manner in which they conduct themselves while representing Spirit Xtreme, directly reflects on the entire team, coach and gym.
- Each athlete will be willing to work hard, take directions, and strive for excellence.

Expectations - Any infraction may result in dismissal from team.

- Athletes will set and maintain the highest examples of behavior.
- Athletes will maintain the proper appearance with no extremes in apparel, hair, make-up, piercings or tattoos.
- Athletes will be on time to all activities.
- Athletes will do everything in their power to achieve personal and team goals.
- Each athlete is responsible for finding out any missed information.
- Athletes will not post routine videos or music to the internet without permission.

Competitions - Any infraction may result in dismissal from team.

- Athletes are required to attend all competitions through the awards ceremony. If parents are unable to stay for the whole competition, other arrangements must be made so that the athlete can stay.
- The highest standard of sportsmanship is expected from coaches, athletes and parents.
- Athletes must be prepared for competition: Uniform clean, shoes, and hair and make up as specified by Spirit Xtreme.

Safety - Any infraction may result in dismissal from team.

- Jeopardizing the safety of oneself or any other athlete is grounds for disciplinary action or dismissal.
- There is NO gum, candy, jewelry, food or drinks near the gym floors.

Spirit Xtreme Parental Obligations Rules and Regulations - Any infraction may result in dismissal from team.

- Any negative behavior towards a Spirit Xtreme member, Spirit Xtreme gym, Spirit Xtreme staff or to another gym via any medium, will result in dismissal of your athlete from team.
- Parents will make sure that your athlete is on time to practice
- Parents are to inform the coach if the athlete is to be late or absent.
- Parents are to fulfill any financial obligations on time.
- Parents are to encourage and support Spirit Xtreme to be the best they can be.
- Whoever signs the release form is financially responsible, but all parents are responsible for knowing the policies and procedures of Spirit Xtreme.
- Parents need to maintain manners and civility at all events.
- Any negative behavior towards a Spirit Xtreme athlete or coach or to another gym, via any medium (i.e. Facebook,

Twitter, Instagram, internet, cell phone...) will result in dismissal from team.

- Any unsportsmanlike behavior, via any medium, will result in dismissal from team.
- Parents are to never approach an official or judge or a competition to voice a negative opinion. Doing so will result in dismissal.
- Parents will not post routine videos or music to the internet with permission.
- Parents are not to use the Spirit Xtreme contact list, parent emails, or phone list for anything negative. There will be no tolerance on this issue.

Facilities

- No gum in the gym area.
- No food in the gym area. The parent viewing area or conference room is available for athletes to eat.
- No pets (dogs, cats, etc) are allowed in the gym at any time unless service dogs and official papers must be carried.
- Children who are not athletes of Spirit Xtreme should not be left unattended at the gym.