



2023-2024

PRE ELITE

Program

Information Packet

817-251-8984

www.spirit-xtreme.com

SPIRIT XTREME



The goal of Spirit Xtreme is to be a gym that touches the heart of each athlete, parent, and coach in an uplifting and positive environment. Spirit Xtreme is a large gym where family and relationships come first! A gym family that is a community where our athletes can grow! We hold our staff and athletes to high standards of sportsmanship and integrity. We are a family oriented program, and are very proud of the life lessons learned each day at Spirit Xtreme. We hope to stand out in the competitive cheer arena by providing a character building approach to competitive cheerleading that we all live each day.

At Spirit Xtreme we will train them to be exceptional athletes, but most importantly help them to be exceptional people! Through the sport of cheer, we give our athletes opportunities to develop strong leadership skills and the value of making a difference in the world around them.

We have prepared the following information to help you understand the commitment level that we expect of our Pre Elite athletes and families. Please take the time to read over all of the information we have provided. We look forward to an exciting 20th season at Spirit Xtreme! We want YOU to come join our Xtreme Family and let your light shine with us!

PRE ELITE Level Expectations

The Spirit Xtreme All Star Pre Elite program offers athletes an opportunity to experience the excitement of All-Star cheer with a slightly less time commitment and financial commitment. All Star Pre Elite athletes can participate in other sports or activities, but will be discouraged if those sports and activities consistently conflict with practice. Our All Star Pre Elite Program requires less of a time commitment than our Elite program to help reduce conflicts of this nature.

Spirit Xtreme will offer Pre Elite teams for athletes 5 - 18 years old (Birth Years 2004-2018). Teams will have a one and a half hour team practice each week as well as one set Saturday practice a month. Spirit Xtreme Pre Elite teams will compete at three to four local competitions, one travel competition (drivable distance) as well as perform at our Spring Show Off Pep Rally.

Pre Elite athletes should have a strong cartwheel, round off, backbend kick over, and a back walkover.

Pre Elite teams are scored based on the difficulty and technique of the execution of tumbling, jumps, stunts, dance, motions, performance and overall impression. All are important when putting together a successful team. Teams will be formed based on athletes age and ability levels in ALL of the above mentioned categories.

TUMBLING SKILLS BY LEVEL



Level 1 Skills

Level 1 STANDING Tumbling:

Pre-requisites: Back Bend Kick Over, Handstand Forward Roll

Required: Back Walkover

Preferred: Front Walkover, Back Walkover Switch Leg

Level 1 RUNNING Tumbling:

Pre-requisites: Round Off, Cartwheel Back Walkover

Required: Cartwheel 2 Back Walkovers

Preferred: Cartwheel 3 Back Walkovers, Front Walkover Cartwheel Back Walkover

Tumbling Technique Expectations:

Tumbling Skills should be performed with straight legs, pointed toes, and feet together on landings.

Level 1 Jumps:

2 Connected Jumps + 1 Additional Jump

Jumps should be performed with correct arm placement, pointed toes and feet together on landings

Level 2 Skills

Level 2 STANDING Tumbling:

Pre-requisites: Back Walkover, Front Walkover

Required: Back Walkover Back Handspring

Preferred: Back Handspring Step Out

Level 2 RUNNING Tumbling:

Pre-requisites: Front Walk Over Round Off, Round Off Back Handspring

Required: Round Off 2 Back Handsprings

Preferred: Round Off 3 Back Handsprings, Front Walk Over RO Back Handspring

Tumbling Technique Expectations:

Tumbling Skills should be performed with straight legs together throughout the skills, pointed toes and feet together on landing.

Level 2 Jumps:

2 Connected Jumps + 1 Additional Jump

Jumps should be performed with correct arm placement, pointed toes and feet together on landings

EVALUATION DETAILS



Parent Information Meeting - Wednesday, May 10th at 6:00p.m. at Spirit Xtreme

Optional Meeting to have any questions you might have regarding the program answered!

*If you are unable to attend just give us a call and we can happily schedule a private meeting or answer any questions you might have. Additional mandatory parent information meetings will occur the first week of team practices.

REGISTER through our Parent Portal at spirit-xtreme.com for Pre Elite Evaluations and pay the \$50 23-24 Evaluation and Registration Fee. The Parent Portal can be found by clicking on “class registration” tab at the top right corner of the website. Once logged in, simply click “Booking” and then the “Pre Elite” link on the left menu bar.

AFTER you register online, please fill out and return pages 17 through 19 to the main office **PRIOR** to your evaluation date. Form packets are available to pick up in the gym office.

After you register online, watch your email for a “**Pre Elite Registration - Next Steps**” for additional information. **This email will include video links to evaluation material, as well as a sign up link to schedule your initial evaluation day and time.**

***ALL PAPERWORK MUST BE RETURNED TO GYM OFFICE PRIOR TO initial evaluation.**

Evaluation Process

Our evaluation process is fun and stress-free! During the initial “Evaluation Session” athletes will perform a mini routine that will include standing tumbling and running tumbling to counts. **These mini routines will be shared in the “Pre Elite Registration-Next Steps” email once athlete has registered and on our website the week of initial evaluations. Athletes should be prepared to perform this routine during their initial “Evaluation Session”.** This initial evaluation session is a private session with just the athlete and a coach. During this session, athletes will also be asked to demonstrate jumps and additional tumbling skills at the level they wish to be evaluated for.

FIRST - Athletes will choose an initial **EVALUATION SESSION to attend on ONE of the following dates.** *Athletes will be able to select their day and time via the Sign up link that will be included in the “Pre Elite Registration - Next Steps” email sent.

- **May 10th 6:00-8:00p.m.**
- **May 11th 5:00-8:00p.m.**
- **May 12th 5:00-8:00p.m.**
- **May 13th 9:00-12:00p.m.**

Evaluation Process - continued



SECOND - After the initial Evaluation Session, athletes will receive an email letting them know which leveled **GROUP PRACTICE** to attend. *During this portion of the evaluation process athletes will group stunt, tumble, jump, and learn choreography.

- Group Red May 19th 6:00-7:30p.m.
- Group Blue May 20th 9:00-10:30a.m.
- Group Black May 20th 10:45-12:15p.m.

PRE ELITE FLYER EVALUATIONS - Athletes who would like to be considered as a flyer will need to **REGISTER for PRE ELITE Flyer Evaluations through our Customer Portal**. Flyer Evaluations are \$20.

- May 13th 1:00-2:30p.m.

TEAM PLACEMENT

Decisions are made based on a multitude of criteria, such as tumbling, jumps, stunt ability, performance, as well as age and maturity.

TEAMS will be **ANNOUNCED on May 31st** with first team practices and parent meetings the week of June 5th.

Please Note: Practice days for the summer and the fall will be based on availability of team athletes and posted with the announcement of team rosters on May 31st. Please make sure you include any days you are NOT available for practice during the summer and school year on your Known Conflict Form.

PRE ELITE PROGRAM FEES



Monthly fees INCLUDE unlimited team training, practice wear, choreography fees, music fees, competition entry fees, competition gifts, Xtreme Night, and a discount on additional tumbling classes.

- Monthly Tuition will be automatically drafted on the 1st through the 5th of each month from June 2023 - April 2024

Monthly Tuition \$225

Additional Expenses NOT Covered By Monthly Tuition:

BTBM Gifts	\$75 Due to Spirit Xtreme on August 1st
Annual Gym Registration Fee	\$40 upon initial registration and in January of the new year
NEW - Pre Elite Competition Uniform	\$320 (Male/Female) *Uniforms are kept the same for two seasons
NEW Warm Up Jacket - Optional	\$200
Practice/Competition Shoes	\$90-\$110 (2-3 styles to choose from)
Competition Bow	\$30
Competition Make Up	\$30-\$40 (Athletes purchase products from local store)
USASF Membership Fee	\$49 (due to USASF)
Transportation and Lodging for Out of Town Competitions	
Spectator Competition Entry Fees and Parking Fee	

Additional Information

- All accounts must be paid in full to be eligible for the 2023-2024 Season.
- A sibling a part of any Spirit Xtreme team program will receive discount off of their monthly tuition as follows: Elite \$20, Pre Elite \$20, Stars/Joy \$15. Discounts applied to the lower tuition(s) in the family.
- **Full tuition may be paid upfront with CASH, CHECK or to the card on file for a \$150 discount by Saturday, June 3rd.** Contact kim@spirit-xtreme.com to confirm full tuition payment amount and form of payment.

Payment Options

Option 1: Pay for Year In Full By **Saturday, June 3rd** and Receive \$150 Discount

Amount Due By June 3rd: \$2325

Option 2: Monthly Installments - The 1st of each month beginning in June

Amount Due Monthly on the 1st: \$225

ATTENDANCE



All Star Pre Elite is a 11 month commitment. It takes a full commitment from both the athlete and the family. Both parents and the athlete must be aware of the attendance requirements.

ALL practices are mandatory.

Please understand that multiple conflicts will affect the athlete's role in the routine through lost spots in formations and/or changed stunting roles. Recurring conflicts will result in an athlete being removed from the Spirit Xtreme Pre Elite program all together due to lack of commitment.

SUMMER is an important time for our athletes to progress and our teams to work stunt difficulty and technique. Only out of town vacations are excused during the summer. Local camps/clinics are not an excuse to miss summer practice. **Summer vacations should be submitted with your registration paperwork.** We ask that you try to schedule your vacations to minimize the amount of practice time missed. Take advantage of the All Star summer break from July 1st-July 8th and July 30th-August 5th.

AUGUST-APRIL: During the school year, the only excused absences are school functions that **result in a grade**, a contagious illness, or a funeral.

Two weekends prior and the two weeks leading into any showcase, pep rally or competition Show-off, local or regional competition are considered blackout dates and there are NO absences allowed outside of deaths in the family and contagious illness. An absence may result in the athlete being moved to an alternate position or pulled from an upcoming performance at the discretion of the staff. Alternates follow all requirements and guidelines.

Missing the Xtreme Pep Rally or a competition for any reason may result in the athlete being made an alternate or being removed from the team. If you have a conflict that has been scheduled prior to joining the team, this conflict must be noted on your registration. Any other conflicts will not be excused.

All athletes must be available to return to team practice after Christmas break the week of January 8th.

Any existing conflicts MUST be noted upon registration. Any further conflicts will not be excused.

SICK/INJURY



Nothing is more important than the health and safety of our athletes and staff. If there is a question on whether the athlete should attend practice due to their health, please contact Walter directly prior to practice. (walter@spirit-xtreme.com) We understand that our athletes will have illnesses and injuries that prevent them from participating in practice. If an athlete is injured or sick with symptoms that a physician diagnoses as NOT Covid-19 they will be expected at practice.

In the case of an injury the athlete must provide a doctor's note with detailed information regarding the injury, treatment plan and length of recovery. Extended injury may jeopardize the athlete's position on his/her team. In the event that an athlete is injured at home or during extracurricular activities, we ask that you please notify us as soon as possible. Please do not leave a message or post on social media prior to contacting our staff. Changes will be made to choreography/routines based on the person's injury and length of recovery. Once the athlete has fully recovered, they will be choreographed back into the routine when deemed appropriate by the staff.

PRACTICE

Team members are expected to attend ALL scheduled practices.

- **From the time teams formed through July 31st:** During the summer, we follow a revised practice schedule, so that all of our athletes will have the weekends to spend with their families. Teams will have their normal scheduled weekly evening practice and no scheduled weekend practice.
- **August through April 2023:** Teams will practice once during the week and will have one scheduled weekend practice a month. These weekend practice dates will be provided when team rosters are announced. We will practice for 1 1/2 hours during the week and the once a month weekend practice will be 1.5-2 hours on Saturday. During important times of the season, additional practices will be scheduled. All team athletes are expected to attend every practice. Practices may also be adjusted for extenuating circumstances. All possible extra practice dates are provided in advance.

There is to be NO JEWELRY worn at practices for the safety of all athletes. Athlete cell phones will be turned OFF during practice time. Fingernails should be kept at an athletic length and a natural color during competition season. No videoing during practice time. Practice clothes should be worn as scheduled to each practice. Lost, misplaced or damaged clothing will be replaced for additional expense.

STUNT CAMP / CHOREOGRAPHY



Choreography dates are very important and attendance is mandatory. **If you already have a scheduled conflict during these dates, please make sure you include with your registration forms.**

June

Stunt Camp - Teams will have a 2 hour stunt camp by level between 10:00-4:00p.m. Dates will be selected once teams are finalized around summer conflicts.

July 23rd-28th

Routine Choreography - Teams will have 2-3 days of choreography sessions within this window of time. Once teams are formed, specific dates/times will be shared. Please note - Choreography sessions will be schedule between 9:00a.m. and 8:00p.m.

PRE ELITE TUMBLING

All athletes are required to register for a tumbling class of their appropriate skill level. Athletes can choose to take a private lesson instead of a tumbling class if desired. Team athletes receive a 50% discount off of monthly class rates for additional tumbling classes as well as priority sign up and registration dates.

FLYERS

Athletes who are flyers will be REQUIRED to take a monthly Elite Flyer Class. Regardless of age or level, great flexibility, beautiful body positions, sharp motions, and incredible performance are a necessity as a flyer. Elite Flyers will have required weekly strength and stretch work. More details will be shared once teams are formed.

PARENT VIEWING AREA

Parents will be asked to follow a drop off policy during weekend practices. This allows for greater focus for our athletes during their team practice time and also allows parents to celebrate the growth of the team from week to week. If the viewing area becomes a negative environment at any time in the year, the viewing area will be closed.

2022-23 All Star Pre Elite Dates



Please check all of these dates carefully. All events and competitions are mandatory. We will only consider excusing a conflict if we know prior to placement on a team.

May 10th	Optional Elite Program Information Meeting 6:00p.m.
May 10th-20th	Evaluations and Group Practices
May 13th	Flyer Evaluations - Registration Required
May 25th	Last Day of current Spring Class Schedule Summer Class Schedule Release
May 26th-29th	Closed for Memorial Day
May 31st	23-24 Team Announcement - Sent via Email Team Athlete Private Lesson Request Opens
June	Stunt Camp - Two hour clinic - Time TBA
June 1st	Summer Class Schedule Registration Opens
Week of June 5th	Athletes sized for Practice Clothes (Drop In Times TBA)
June 5th	Summer Schedule Begins First Team Practices Parent Meetings
June 9th	Pre Elite Uniform Fitting (Sign Up for Time 9:30-1:30p.m.)
July 1st-July 8th	Closed for 4th of July
July 23rd	Xtreme Night for Pre Elite Teams
July 23rd-28th	Pre Elite Choreography
July 27th	Last Day of Summer Class Schedule
July 31st-August 5th	Closed for Summer Break
September	Saturday Practices Begin
September 1st-4th	Closed for Labor Day
October 31st	Closed for Halloween
November 18th-25th	Closed for Thanksgiving Break
December 22nd-January 1st	Closed for Christmas Break/New Year Break
January 2nd	Classes Resume
January 8th	Team Practices Resume
March 9th-17th	Closed for Spring Break
March 29th-31st	Closed for Easter
April 7th	Xtreme Banquet

COMPETITIONS



Teams will attend 3-4 competitions for the 2023-24 season between November and April in addition to our Xtreme Pep Rally kicking off Nationals Season. **If you have any MAJOR events that fall on a weekend between the end of October and the end of April that would keep you from being able to attend a competition or any other potential Spirit Xtreme scheduled event make sure this information is included with your registration.** We will finalize our competition schedule in late June and one travel competition within drivable distance can be expected. Competitions are mandatory

Travel Expectations

Spirit Xtreme will provide approved travel dates and times upon release of competition schedule.



FINANCIAL GUIDELINES



All athletes must have their 2022-2023 Spirit Xtreme account paid in full to be eligible for 2023-2024 season.

All athletes are required to pay an annual gym registration fee during the year. This fee is paid when turning in your Pre Elite Registration form and annually in January of each year. The fee is \$40 and includes a Spirit Xtreme t-shirt. Current team or class athletes do not pay an additional fee until January 2024.

Spirit Xtreme's PRE ELITE program is an 11 month commitment. Tuition charges begin in June 2023 and continue through April 2024. By agreeing to take a spot on a team, you are agreeing to an eleven month financial commitment and will owe tuition all eleven months. If anyone breaks this commitment prior to receiving any part of their uniform, warm up, or practice clothes, the items become the property of Spirit Xtreme.

If an athlete is unable to finish the year due to injury with doctor's note or family relocation, Spirit Xtreme will balance your account determining the fees and tuition that have been spent. You will receive a credit for any fees or tuition that have been paid to Spirit Xtreme, but not used. Please be aware that if you choose the monthly installment plan, you may owe additional fees that were not yet covered through your prorated monthly fees. Competition entry fees cannot be refunded for any reason (including injury) once they have been paid out. Resignations must be in writing.

Payment Policy: All tuition and fees will be electronically processed. Tuition will be drafted on the 1st through the 5th of the month. All accounts with a balance due by the 10th of the month will automatically be charged a \$10 late fee.

NOTE: If an athlete's account falls past due by more than 30 days with no communication, the athlete will be present but must sit out of all practices. When an account falls 60 days past due with no communication, the athlete will be choreographed out of the competition routine.



MATERIAL AGREEMENT

As a member of Spirit Xtreme All Star Program, any material (cheers, chants, pyramids, stunts, transitions, dances, music, routines, etc.) may not be used or taught for any purpose to anyone outside the Spirit Xtreme program. All material is owned by Spirit Xtreme and may not be reproduced or taught in any manner without prior written consent from Spirit Xtreme, Inc. This includes posting on YouTube, Facebook, or other internet websites. Anyone violating this agreement may be expelled immediately from Spirit Xtreme.

UNIFORM AGREEMENT

Any and all parts of the Spirit Xtreme uniforms may only be worn during specific and official Spirit Xtreme activities. This uniform may not be worn for any other activity without prior written consent from Spirit Xtreme. No part of the uniform may be loaned to any person that is not a current member of the program.

PROPERTY RIGHTS AGREEMENT

The name Spirit Xtreme or any part of the trademark or logo may not be used without prior written consent from Spirit Xtreme. The company name and entity are solely owned by Spirit Xtreme. No Spirit Xtreme or Spirit Xtreme related team names may be sold or used without prior written consent from Spirit Xtreme. Any violation of this agreement may result in legal action.

PARENT COMPLIANCE



- I have received a copy of the Spirit Xtreme All Star Pre Elite Team Information Packet. I have all of the information provided in this packet and agree to abide by all of the rules and regulations of Spirit Xtreme. In addition, I will commit myself to the time involved in practices, choreography, camp and competitions.
- I am fully aware that competition cheerleading is a large financial responsibility, and I will commit to Spirit Xtreme as per the financial requirements of a team member.
- I am fully aware that any items purchased and not received due to breaking the commitment or to dismissal are non refundable and become the property of Spirit Xtreme.
- I understand that a 30 day written notice is required in order to stop tuition and/or fee charges through either payment options. Any tuition and/or fees paid before this notification period will not be refunded under any circumstances.
- I understand that all tuition and fee payments will be handled electronically on the first of the month. I understand that I must have a card on file with my athlete account. I understand it is my responsibility to keep up with expiration dates, fraud, etc. to prevent late fees.
- I understand I am responsible for any changes to my account including amounts, adds, drops, account numbers, etc. and can be done via Customer Portal or by contacting Kim directly.
- I am aware that this is an eleven month team commitment and will do everything in my ability to enable my child to participate in all practices, choreography, retreats, and competitions throughout this season.
- I will do all that is necessary to get my child to practice and events on time and assure that he/she does not need to leave practice early. Non custodial parents must comply - *Signatures from both parents required.
- I understand that if my child chooses to tryout at another gym during her commitment with Spirit Xtreme, he/she will be removed from the team immediately and additional team fees could be owed.
- I understand that my child must wear the proper practice outfit that is scheduled for any specific day and will support the requirement with my child. If my child loses any part of their practice clothes, I understand that I must purchase a replacement immediately.
- I understand that my actions in the viewing area and at competitions are a reflection of Spirit Xtreme and should be of strong moral character. I will be a positive role model for my child and will encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all athletes, coaches, and spectators at every practice and competition.
- I will maintain a positive attitude by remembering that children participate in cheerleading to have fun and that the sport is for children, not adults.
- I will teach my child that doing one's best is more important than winning, so that my child will not feel defeated by the outcome of a competition or his/her performance. I will encourage my child to be a humble winner and a gracious loser.
- I will attend parent meetings, check emails frequently and check the website frequently to retrieve information that Spirit Xtreme has prepared. I know that it is my responsibility as the parent to know what is going on and that I must keep other parents/care givers informed of all information, dates, and changes.
- I will plan ahead and promise to have my athlete at every practice. I understand that teams depend on my child and will not miss due to illness, homework, my personal job, trips and other non emergency situations.
- I understand the Attendance Policy and will abide by the guidelines.

ATHLETE COMPLIANCE



Spirit Xtreme expects a commitment of excellence from their athletes.

- I understand that I must always be a strong representative of Spirit Xtreme and a positive reflection of the program and his/her teammates. I will conduct myself with high morals following all guidelines set forth in this packet. I understand that all of my actions both inside and outside of the gym are a reflection of Spirit Xtreme and should reflect strong character.
- I will not use inappropriate language or participate in inappropriate, immoral behavior. I will not participate in the illegal consumption of tobacco, alcohol or drugs. We have a ZERO tolerance policy.
- I will keep parents and Spirit Xtreme informed of all school cheer events, classes or field trips in advance.
- I will be on time to all practices, competitions, and events. I will keep track of what I am to wear and come ready to practice or compete.
- I will arrive at all competitions on time with my uniform, hair and makeup completed to Spirit Xtreme standards.
- I understand I should have NO jewelry, my shoes should be on, and my hair should be up BEFORE the start of practice.
- I will bring a good attitude and strong work ethic each time I practice or compete even if I do not feel well or have conflicts at school. I will not disrupt practice with bad behavior. I will do my best to influence my team in a positive manner. Athletes are expected to treat one another with mutual respect. We will not tolerate gossiping or cliques which exclude or alienate certain team members.
- I will not disrespect any team member, coach, parent or competitor from Spirit Xtreme or any other gym for any reason at any time. Back talk, rolling of eyes, or any other disrespectful actions to coaches or teammates is unacceptable and can be cause for dismissal.
- I will not send rude or inappropriate messages on social media. This includes venting , expressing frustration or being disrespectful on Facebook, Twitter, Instagram or any other forum.
- I understand that this is a full 1 year commitment and other athletes as well as my coaches are depending on me.
- I will not disrespect any coach, team member, parent or competitor from Spirit Xtreme or any other gym.
- I understand that all material, music and routines are the property of Spirit Xtreme and are not to be used for any other purpose.
- I understand that attending another gym tryout will forfeit my spot on the team immediately.
- I understand that breaking any of the rules in this packet may result in suspension or dismissal from Spirit Xtreme.

SPIRIT XTREME CODE OF CONDUCT



We hold our staff, athletes, and parents to a higher standard. We do care about what your athletes are doing in and outside of the gym.

Dismissal: Grounds for Dismissal from Spirit Xtreme include, but are not limited to:

- Smoking, drinking of alcoholic beverages or use of drugs are all grounds for dismissal.
- Challenging the authority of the coach or person in charge, by athlete or parent, will be automatic dismissal from the team.
- Abusive behavior, inappropriate language, lying, stealing or any other negative form of behavior is grounds for dismissal.
- Each athlete will follow all additional rules and guidelines given by the coach or person in charge.
- Any negative behavior towards a Spirit Xtreme athlete or coach or to another gym, via any medium (i.e. Facebook, Twitter, Instagram, internet, cell phone...) may result in dismissal from team.
- Any unsportsmanlike behavior, via any medium, will result in dismissal from team.
- No inappropriate pictures or language to be used on any medium.
- Athletes are to never approach an official or judge or a competition to voice a negative opinion. Doing so will result in dismissal.

Leadership - Any infraction may result in dismissal from team.

- Each athlete must be aware that no person has a right to be on Spirit Xtreme. It is a privilege.
- Each athlete and parent must be aware of the responsibilities required and the commitment he or she is making to the team.
- Each athlete must be willing to cooperate with and be helpful to the coach or any person in charge.
- Each athlete must realize the manner in which they conduct themselves while representing Spirit Xtreme, directly reflects on the entire team, coach and gym.
- Each athlete will be willing to work hard, take directions, and strive for excellence.

Expectations - Any infraction may result in dismissal from team.

- Athletes will set and maintain the highest examples of behavior.
- Athletes will maintain the proper appearance with no extremes in apparel, hair, make-up, piercings or tattoos.
- Athletes will be on time to all activities.
- Athletes will do everything in their power to achieve personal and team goals.
- Each athlete is responsible for finding out any missed information.
- Athletes will not post routine videos or music to the internet without permission.

Competitions - Any infraction may result in dismissal from team.

- Athletes are required to attend all competitions through the awards ceremony. If parents are unable to stay for the whole competition, other arrangements must be made so that the athlete can stay.

The highest standard of sportsmanship is expected from coaches, athletes and parents.

- Athletes must be prepared for competition: Uniform clean, shoes, and hair and make up as specified by Spirit Xtreme.

Safety - Any infraction may result in dismissal from team.

- Jeopardizing the safety of oneself or any other athlete is grounds for disciplinary action or dismissal.
- There is NO gum, candy, jewelry, food or drinks near the gym floors.

Spirit Xtreme Parental Obligations Rules and Regulations - Any infraction may result in dismissal from team.

- Any negative behavior towards a Spirit Xtreme member, Spirit Xtreme gym, Spirit Xtreme staff or to another gym via any medium, will result in dismissal of your athlete from team.
- Parents will make sure that your athlete is on time to practice
- Parents are to inform the coach if the athlete is to be late or absent.
- Parents are to fulfill any financial obligations on time.
- Parents are to encourage and support Spirit Xtreme to be the best they can be.
- Whoever signs the release form is financially responsible, but all parents are responsible for knowing the policies and procedures of Spirit Xtreme.
- Parents need to maintain manners and civility at all events.
- Any negative behavior towards a Spirit Xtreme athlete or coach or to another gym, via any medium (i.e. Facebook, Twitter, Instagram, internet, cell phone...) will result in dismissal from team.
- Any unsportsmanlike behavior, via any medium, will result in dismissal from team.
- Parents are to never approach an official or judge or a competition to voice a negative opinion. Doing so will result in dismissal.
- Parents will not post routine videos or music to the internet with permission.
- Parents are not to use the Spirit Xtreme contact list, parent emails, or phone list for anything negative. There will be no tolerance on this issue.

Facilities

- No gum in the gym area.
- No food in the gym area. The parent viewing area or conference room is available for athletes to eat.
- No pets (dogs, cats, etc) are allowed in the gym at any time unless service dogs and official papers must be carried.
- Children who are not athletes of Spirit Xtreme should not be left unattended at the gym.

2023-2024 PRE ELITE Registration Form

Please fill out and return the following information PRIOR to your Initial Evaluation

Athlete's Name: _____ Age _____

Date of Birth: _____ Birth Year: _____

Grade for the 2023-202 School Year: _____ School: _____

Address: _____

City: _____ Zip Code: _____ Contact Phone: _____

Parent Email for Team Results: _____

Parent's Name: _____ Parent's Cell: _____

List any pre-existing injuries or medical problems: _____

Please indicate the payment option that you have selected for the 2023-2024 Season:

_____ Option 1: Pay in Full by June 3rd

_____ Option 2: Monthly Installment Payments; Begin June 5th

Acknowledgment of Spirit Xtreme Policies and Expectations as stated in Elite Information Packet:
Parent or Guardian AND Non Custodial Parent (If Applicable) as well as athlete must initial each line.

- **I have read and understand the Information Packet and evaluation information.**

Parent Initial: _____ Athlete Initial: _____

- **I have read and agree with the financial plan for the 2023-2024 season.**

Parent Initial: _____ Athlete Initial: _____

- **I have looked ahead at important events and dates and have included any known conflict on Known Conflict/Planned Vacation Form.**

Parent Initial: _____ Athlete Initial: _____

- **I have read and understand the attendance expectations and travel policy for the 2023-2024 season.**

Parent Initial: _____ Athlete Initial: _____

- **I have read and understand the Parent Expectations, the Athlete Expectations, and the Spirit Xtreme Code of Conduct.**

Parent Initial: _____ Athlete Initial: _____

I understand by signing this release form I am financially responsible for the athlete named.

Parent/Guardian Signature: _____ Date: ____/____/____

Contact Information

PRE ELITE

Athlete Name: _____ DOB: _____

Address: _____

City / Zip: _____

Athlete Cell: _____

Mom Name: _____

Mom Cell: _____

Dad Name: _____

Dad Cell: _____

Mom Email: _____

Dad Email: _____

* Please account for growth spurts and how your child likes clothing to fit.

Athlete T-Shirt Size: _____

Athlete Tank Size: _____

Athlete Sweatshirt Size: _____



PRE ELITE

Athlete Name: _____ Age: _____ Birth Year: _____

Please circle any day that your athlete **would NOT be available** for a weekly practice. As teams are formed, we will utilize this information to determine practice day. We will do our best, but please understand that if a conflict can't be avoided, the athlete may have to make a choice. You will be contacted if a conflict can't be avoided.

Monday Reason unavailable: _____
Tuesday Reason unavailable: _____
Wednesday Reason unavailable: _____
Thursday Reason unavailable: _____

Summer Vacation Absence Notification

Dates Absent _____ Reason _____
Dates Absent _____ Reason _____
Dates Absent _____ Reason _____

I am a SCHOOL CHEERLEADER: YES NO

If Yes, What School: _____ What School District: _____

Cheer Coach Name: _____ Coach Email: _____

Summer Cheer Camp Date: _____

Summer School Practice Dates: _____

When School Starts I will have:

Cheer Practice on: _____ Until: _____ p.m.

Football Games on: _____ Volleyball/Basketball Games on: _____

School Cheer Competitions Attending w/ dates: _____

Known Future Conflicts with Dates Shared In Packet *NOT SUMMER

Date: _____ Reason: _____
Date: _____ Reason: _____
Date: _____ Reason: _____