

20/21 All Star Elite - Level Training Classes

	Monday	Tuesday	Wednesday	Thursday
10:30-11:30a.m.	Level 1		Level 3	
	Level 2			
12:00-1:00p.m.	Level 2	Level 1	Level 2	Level 2
	Level 3	Level 5/6		Level 3
1:30-2:30p.m.	Level 3	Level 2	Level 2	Level 4
	Level 4	Level 3	Level 5/6	
6:00-7:00p.m.	Level 2	Level 1	Level 1	
			Level 2	
7:30-8:30p.m.	Level 5/6	Level 3	Level 4	Level 2

At this time, we ask that athletes select ONE Level Training Class. We understand athletes may want to workout at more than one level and we hope to make this an option soon! We are set and ready to increase our numbers allowed in each group as soon as our allowed capacity in the gym is increased. We are very hopeful that this occurs the first week in June!