



2025-2026
Half Year Team
Information Packet

www.spirit-xtreme.com

SPIRIT XTREME



The goal of Spirit Xtreme is to be a gym that touches the heart of each athlete, parent, and coach in an uplifting and positive environment. Spirit Xtreme is a large gym where family and relationships come first! A gym family that is a community where our athletes can grow! We hold our staff and athletes to high standards of sportsmanship and integrity. We are a family oriented program, and are very proud of the life lessons learned each day at Spirit Xtreme. We hope to stand out in the competitive cheer arena by providing a character building approach to competitive cheerleading that we all live each day.

At Spirit Xtreme we will train them to be exceptional athletes, but most importantly help them to be exceptional people! Through the sport of cheer, we give our athletes opportunities to develop strong leadership skills and the value of making a difference in the world around them.

We have prepared the following information to help you understand the commitment level that we expect of our Elite athletes and families. Please take the time to read over all of the information we have provided. We look forward to an exciting 22nd season at Spirit Xtreme! We want YOU to come join our Xtreme Family and let your light shine with us!

Half Year Program

Spirit Xtreme Half-year program is designed for athletes with birth years from 2013-2019. Our Half-year program is perfect for athletes who are new to cheer and/or are involved in activities that prevent them from being on a full season team. Our Half-year program will focus on the foundations and skill development in tumbling, jumps, stunts, and motion technique.

Half-year teams will practice one time a week for one and half hours on Tuesdays. They will learn a one minute thirty second routine which will include tumbling, stunts, jumps, and dance which they will perform at 2 local competitions as well as at our Xtreme Pep Rally!

There is not a tryout or evaluation required for our Half-year program. Athletes simply register on our website and will be split into team based on their age. Practices will begin Tuesday, September 30th!



REGISTRATION DETAILS

REGISTER under 'class registration' tab at the top right corner of our website and pay the \$25 2025-2026 Half-year Registration Fee. New athletes will need to create an account and returning athletes can simply log in to their existing account. Once logged in, simply click "Booking" and then the "Half-Year" link on the left menu bar.

AFTER you register online, please fill out and return page 8 and 9 to the main office **PRIOR** to your evaluation date. We have these forms available to fill out in the gym office as well.

***ALL PAPERWORK MUST BE RETURNED TO GYM OFFICE PRIOR TO athletes attending their first practice.**

Half Year PROGRAM FEES

Registration Fee	\$25	Due Upon Registration
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Team Tuition is divided into 6 monthly installments and is due on the first of each month. Billing begins in October 2025 and continues through March 2026. Tuition remains consistent from month to month and is automatically drafted from your account.

Monthly Tuition - \$185

Monthly Team Tuition includes:

- Team Training
- 1 Practice Tank (Black Shorts supplied by athlete)
- Competition Uniform and Bow
- Choreography and Music Fees
- Competition Entry Fees (2 events)
- 50% discount on all additional tumbling classes
- 2 Gifts during the season

Additional Expenses NOT Covered By Monthly Tuition:

Annual Gym Registration Fee	\$50	Due upon Registration and in Jan. each year
USASF Membership Fee	\$50	Due to USASF in September
Practice/Competition Shoes		
Spectator Competition Entry Fees and Parking Fees		

Additional Information

- All accounts must be paid in full to be eligible for the 2025-2026 Season.
- A sibling a part of any Spirit Xtreme team program will receive discount off of their monthly tuition as follows: Elite \$20, Pre Elite \$20, Stars/Half Year/Joy \$15. Discounts applied to the lower tuition(s) in the family.
- **Full tuition may be paid upfront with CASH, CHECK or to the card on file for a \$75 discount by end of day Tuesday, September 30th.** Contact kim@spirit-xtreme.com to confirm full tuition payment amount and form of payment.

ATTENDANCE



We NEED notice that an athlete will miss practice for ANY reason. We ask that we have at least a 7 day advanced notice for any absence.

- Excused absences include school events that are GRADED, family emergency, or an illness approved by the gym.
- Absences WITH A MINIMUM OF 7 DAYS ADVANCED NOTICE should be emailed to absence@spirit-xtreme.com. Your school activities are planned well in advance, so please make sure that you notify us immediately of any possible conflicts.
- If your absence falls within 7 days of practice please CONTACT WALTER directly. His cell phone will be provided at the first parent meeting.
- Please make sure your child is on time to practice. We understand that being late happens from time to time, but it should not be an every week occurrence. Please try to be to the gym at least 5-10 minutes prior to the start of practice.
- Please understand that multiple conflicts/absences will affect the athletes role in the routine through lost spots in formations and/or changed stunting roles.
- **Practices one weekend and week prior to a local competition or show off are mandatory.**

SICK/INJURY

Nothing is more important than the health and safety of our athletes and staff. If there is a question on whether the athlete should attend practice due to their health, please contact Walter directly PRIOR to practice. (walter@spirit-xtreme.com) His cell phone number will be shared at our first parent meeting. We understand that our athletes will have illnesses and injuries that prevent them from participating in practice.

In the case of an injury the athlete must provide a doctor's note with detailed information regarding the injury, treatment plan and length of recovery. Extended injury may jeopardize the athlete's position on his/her team. In the event that an athlete is injured at home or during extracurricular activities, we ask that you please notify your coach as soon as possible. Please do not leave a message or post on social media prior to contacting our staff. Changes will be made to choreography/routines based on the athlete injury and length of recovery. Once the athlete has fully recovered, they will be choreographed back into the routine when deemed appropriate by the staff.

COMPETITIONS / PEP RALLY

We will attend 2 competitions for the 2025-26 season and our Xtreme Pep Rally.

January 17th	Winter Showdown - Frisco
February 23rd	Spirit Xtreme Pep Rally
March 28th	March Bid Bash - Frisco

THERE ARE NO EXCUSED ABSENCES FROM A COMPETITION or XTREME PEP RALLY unless we are notified with registration.

PRACTICE



Team members are expected to attend ALL scheduled practices. With practice just once a week, it is important that athletes are present. Practices will occur on Tuesdays between 5:30-7:30p.m. Specific team and practice time will be shared via email Friday, September 26th. An additional practice may be added prior to a competition and/or pep rally.

TUMBLING CLASS

In addition to their weekly practice time, athletes will be able to sign up for a tumbling class at their appropriate tumbling level. Team athletes receive priority sign up and a 50% discount off of monthly class rates for additional tumbling classes.

PRACTICE CLOTHES/COMPETITION UNIFORM

Athletes will be fitted for practice tank and uniform on Tuesday, September 30th. Each team member is expected to wear the correct practice outfit to each practice once they are received.

- White Cheer Shoes must be worn (Shoes can be purchased from the Xtreme Store or Amazon, but must be a white “cheer” shoe)
- Hair must be pulled back out of face in TIGHT pony
- No jewelry of any kind
- Sports bras are required for all athletes
- **Until practice wear is received**, we ask athletes wear their Turquoise registration T-shirt with black shorts.

2025-26 Important Dates

Please check all of these dates carefully. All events and competitions are mandatory. We will only consider excusing a conflict if we know prior to placement on a team.

October 31st	Closed for Halloween
November 24th-29th	Closed for Thanksgiving Break
Dec 20th-Jan 3rd	Closed for Christmas Break/New Year Break
January 5th	Team Practices, Privates and Classes Resume
March 16th-20th	Closed for Spring Break

FINANCIAL GUIDELINES



All athletes must have their 2024-2025 Spirit Xtreme account paid in full to be eligible for 2025-2026 season.

If there is a major reason why you would not be able to cheer on a particular team or if there are particular days/times that you cannot practice, please note on your Registration and Known Conflict/Vacation Form.

All athletes are required to pay an annual gym registration fee during the year. This fee is paid when turning in your Half Year Registration form and annually in January of each year. The fee is \$40 and includes a Spirit Xtreme t-shirt. Current team or class athletes do not pay an additional fee until January 2026.

Spirit Xtreme's half-year program is a 6 month commitment. Tuition charges begin in October 2025 and continue through March 2026. If anyone breaks this commitment prior to receiving any part of their uniform, warm up, or practice clothes, the items become the property of Spirit Xtreme.

If an athlete is unable to finish the year due to injury with doctor's note or family relocation, Spirit Xtreme will balance your account determining the fees and tuition that have been spent. You will receive a credit for any fees or tuition that have been paid to Spirit Xtreme, but not used. Please be aware that if you choose the monthly installment plan, you may owe additional fees that were not yet covered through your prorated monthly fees. Competition entry fees cannot be refunded for any reason (including injury) once they have been paid out. Resignations must be in writing.

Payment Policy: All tuition and fees will be electronically processed. Tuition will be drafted between the 1st and 5th of the month beginning October 1st. All accounts with a balance due by the 10th of the month will automatically be charged a \$10 late fee.

NOTE: If an athlete's account falls past due by more than 30 days with no communication, the athlete will be present but must sit out of all practices. When an account falls 60 days past due with no communication, the athlete will be choreographed out of the competition routine.

2025-2026 Half-Year Registration Form

Please fill out and return the following information PRIOR to your Initial Evaluation



Athlete's Name: _____ Age _____

Date of Birth: _____ Birth Year: _____

Grade for the 2025-2026 School Year: _____ School: _____

Address: _____

City: _____ Zip Code: _____ Contact Phone: _____

Parent Email for Team Results: _____

Parent's Name: _____ Parent's Cell: _____

List any pre-existing injuries or medical problems: _____

Please indicate the payment option that you have selected for the 2025-2026 Season:

_____ Option 1: Pay in Full by end of day September 30th

_____ Option 2: Monthly Installment Payments; Begin October 1st

Acknowledgment of Spirit Xtreme Policies and Expectations as stated in Elite Information Packet:
Parent or Guardian AND Non Custodial Parent (If Applicable) as well as athlete must initial each line.

- **I have read and understand the Information Packet and evaluation information.**

Parent Initial: _____ Athlete Initial: _____

- **I have read and agree with the financial plan for the 2025-2026 season.**

Parent Initial: _____ Athlete Initial: _____

- **I have looked ahead at important events and dates and have included any known conflict on Known Conflict/Planned Vacation Form.**

Parent Initial: _____ Athlete Initial: _____

I understand by signing this release form I am financially responsible for the athlete named.

Parent/Guardian Signature: _____ Date: ____/____/____

Half Year Team



Athlete Name: _____ Age: _____ Birth Year: _____

Known Conflict Notification

***Please list any known vacations or scheduled conflicts with CURRENTLY scheduled Spirit Xtreme events.**

(example: potential competitions weekends January-March, etc.)

Dates Absent _____ Reason/Destination _____

Dates Absent _____ Reason/Destination _____

Dates Absent _____ Reason/Destination _____

Dates Absent _____ Reason/Destination _____

