

# Tryout dates



**May 29th: All ages - Level 1, 2 -  
6:00-7:30pm - Includes parent meeting  
6-6:30pm**

**May 30th: Ages 17+ Level 6 and Open 4 -  
7:30-9:30pm - Includes team meeting  
9-9:30pm**

**May 31st: All ages - Level 3,4,5 -  
6:00-8:00pm - Includes parent meeting  
6-6:30pm**

**Tryout Fee:** \$20/per person pre-register, \$25 day of. Register on [www.calicoastelite.com](http://www.calicoastelite.com) Tryouts will be judged on jumps, motions, and tumbling skills. All Athletes need to attend tryouts. We will be taking a limited number of athletes/team to max out our competition scoresheets. All athletes will make a team. All ages need to attend tryouts. If your athlete can not attend please email [coachetty@calicoastelite.com](mailto:coachetty@calicoastelite.com).

For team fees and competition dates please check page 5-10 of this packet.

*Champions are not made in the moments after they win an event, but in the hours, days, weeks, and months that they spend preparing for the event.*

## CALI COAST ELITE HANDBOOK

Dear Cheerleaders and Parents:

It is with great pride and excitement that I welcome you to the 2018-2019 CCE Cheerleading Season. The goal of Cali Coast is to provide all girls quality instruction while teaching them the meaning of good sportsmanship, teamwork, dedication and cooperation. But most of all, we are here to have FUN! If you encounter parents or individuals associated with our program who lose sight of these objectives, please remind them that this is about the children having fun. Our job, as parents and coaches, is to facilitate a fun learning experience, and to lead by example.

CCE is a part of the United States AllStar Federation and follows the same guidelines and rules. The Parent/Cheerleader Handbook was developed to provide parents an understanding of the level of expectations for both you and your cheerleader(s). You will be asked to sign the acceptance form (attached at the end of this handbook), which confirms your understanding of the contents of this handbook and acknowledgement of the Code of Conduct. Forms must be signed and turned in at the first cheer practice.

Lastly, I thank you for trusting us with your most treasured “possession,” your child. A safe, enjoyable and rewarding experience for your child is our number one goal. I thank you for your interest and your continued support throughout the upcoming season. It is my sincere hope that this will be an exciting and rewarding cheer season.

Betty Arsenault and the CCE Staff!



## **CHEERLEADER EXPECTATIONS**

Cheerleading is a TEAM sport. We could not succeed without each other. Therefore, it is extremely important to be at all practices and events. Your team relies on you!

### **Practice Requirements**

Cheerleaders must be on time for practices. Late entry will require the cheerleader to run laps **after** practice is over!

Dress appropriately for practice. CCE will require teams to wear their practice outfits each practice. No jewelry should be worn – no rings, bracelets, hoop earrings. Hair must be neatly pulled back and away from face. Must wear cheer shoes to practice. Please do not wear them anywhere else! No gum chewing.

### **Absences**

Please give the coaches proper notice of all vacations, sickness, ailments, that will require you to miss a practice or event. You must email the coaches a note saying why and how long you will be absent. Summer vacations are allowed, as long as you submit notice to the coaches so they can plan out practices. Please be available late August for choreography sessions. Once in a lifetime opportunities and doctors notes will be the only excusable absences. More than 3 practices missed in 1 month may require a cheerleader to be removed from competition. Credits and makeups will not be given for competition team members who miss a practice. If a cheerleader misses a practice the week of competition they will not be allowed to compete.

### **Level Advances**

As coaches, it's not only our job to teach your children and help them advance their abilities as cheerleaders, but to keep them safe! Each child will need to MASTER their skill before moving on to a higher level skill. All our coaches have been trained to know when it is okay to advance. Please trust their judgement and allow them to coach the way they know best!

### **Parent Rooms**

Only athletes are allowed onto the gym floor. Parents can watch from the parents room. Athletes please stay in the parents room or offices until your class is scheduled to start, unless otherwise directed by a coach.

### **Code of Conduct**

Treat your teammates, coaches, and other teams with respect. Sportsmanship is very important to CCE. Your team is your family!

### **Discipline**

If at any time, a cheerleader compromises the rules at CCE the coaches will

1st Violation: Have a meeting with the cheerleader defining the problem

2nd Violation: Have a meeting with the Cheerleader and parents

3rd Violation: The cheerleader will be removed from the team

## **Parent Policies**

### **Communication**

Parents will be kept involved via Email. All changes, scheduling, and important info will be relayed to you from your coach. Please be sure to check your email often and give the coaches an updated email address when necessary.

### **Fees**

All the CCE fees are outlined in our tryout packet. Please be aware of the due dates for fees. A strict \$25 late fee will be added to any declined autopays, or late payments.

### **Absences**

Please look over our competition dates and make sure you can fully commit to the season before joining the team.

**2017/2018 Fees Contract - Full year team- Select an option below.**

**Cheerleaders name:** \_\_\_\_\_

**Parents Name:** \_\_\_\_\_

Option 1: TUITION PAYMENT + additional fees		
\$160	Due the first of each month	Tuition Fee June - April.
\$500	Due June 11th	Choreography/ Camp Fees
\$250	Due July 15th	Uniform Fee 1
\$250	Due August 15th	Uniform Fee 2 (current member skips this fee unless they need a new uniform)
\$350	Due September 15th	Comp Fee 1
\$350	Due November 15th	Comp Fee 2
\$30	End of August	USASF fee- register online on your own

Option 2: Tuition payment including fees	
\$315	June- April. Begins June 11th. Includes all fees
Included	Uniform Fees
Included	Competition fees
Included	Choreography/ camp fees
\$30	USASF fee- register online on your own in August

Option 3: Pay in full Tuition only	
\$1600	Pay in full pricing -get 1 month of tuition free.
\$500	Due June 11th
\$250	Due July 15th
\$250	Due August 15th
\$350	Due September 15th
\$350	Due November 15th
\$30	End of August

Option 4: Pay in full Season	
\$3140	Pay in full pricing -get 2 months of tuition free.
Included	Uniform Fees
Included	Competition fees
Included	Choreography/ camp fees
\$30	USASF fee- register online on your own in August

\*Siblings/military discount get 15% off tuition price only. Please write both cheerleaders names above to have us apply the discounts.

I have read the cheerleader handbook and team agreements and fully understand my commitment to the team. Team tuition will be deducted automatically on the 1st of each month unless I paid in full. There is no refund on uniforms, practice wear, or competition fees. A \$25 fee will be added to late payments and declined cards. All of the above fees will be charged to my card on file during registration on the due dates written above less a check is given in before the due date. Missing practice the week before a competition could result in the cheerleader being asked to

\_\_\_\_\_ Write out which payment option from above.

\_\_\_\_\_ Cheerleader Signature

\_\_\_\_\_ Parent Signature

**Dates contract - full year teams**

Cheerleaders name: \_\_\_\_\_ Parents Name: \_\_\_\_\_

Important Dates	
June 11th	Practice Begins
June 25th-June 28th	Skills Camp week. Times TBA
August 6-12th	Choreography week. No real practice this week, choreography dates and times will be announced.
9/3/18-9/4/18	Dance Choreography- Please block off all day Monday ( labor day) and Tuesday after school hours. Schedule TBA.
9/30/18	Performance at the Padres game
11/10/18	UCA Competition in Anaheim
November 19th-24th	Gym Closed, Thanksgiving Break
12/01/18	USA Competition in Anaheim
December 24th-January 4th	Gym Closed, Winter break
2/10/19	Aloha Competition in San Diego
3/17/19-3/18/19	USA competition in Anaheim: Stay to play, must book a room with the partner hotel program. Price ranges-\$200-\$300/night.
End of March	Aloha Nationals in Hawaii! Wakiki Beach resort - rooms range from \$250-\$350. Must purchase own flight and room.
March 25th-29th	Gym Closed, Spring Break
4/13/19-4/14/19	Encore competition in San Diego.
Photo Day	TBA
April 24th 2019	Banquet

I have read all of the dates above and can commit to the team for the season. I understand that cheerleading is a team sport and we need to practice together to be successful.

\_\_\_\_\_  
Cheerleader Signature

\_\_\_\_\_  
Parent Signature

## Tiny Pre-Team Registration Ages 3-5

**Cheerleaders name:** \_\_\_\_\_

**Parents Name:** \_\_\_\_\_

Option 1: TUITION PAYMENT + additional fees		
\$90	Due the first of each month	Tuition Fee June - April.
\$250	Due June 11th	Choreography/ Camp Fees
\$250	Due July 15th	Uniform Fee 1
\$250	Due August 15th	Uniform Fee 2 (current member skips this fee unless they need a new uniform)
\$120	Due September 15th	Comp Fee 1
\$120	Due November 15th	Comp Fee 2
\$30	End of August	USASF fee- register online on your own

Option 2: Tuition payment including fees	
\$172/ month	June- April. Begins June 11th. Includes all fees
Included	Uniform Fees
Included	Competition fees
Included	Choreography/ camp fees
\$30	USASF fee- register online on your own in August

Option 3: Pay in full Tuition only	
\$900	Pay in full pricing -get 1 month of tuition free.
\$500	Due June 11th
\$250	Due July 15th
\$250	Due August 15th
\$350	Due September 15th
\$350	Due November 15th
\$30	USASF fee- register online on your own in August

Option 4: Pay in full Season	
\$1800	Pay in full pricing -get 2 months of tuition free.
Included	Uniform Fees
Included	Competition fees
Included	Choreography/ camp fees
\$30	USASF fee- register online on your own in August

\*Siblings/military discount get 15% off tuition price only. Please write both cheerleaders names above to have us apply the discounts.

I have read the cheerleader handbook and team agreements and fully understand my commitment to the team. Team tuition will be deducted automatically on the 1st of each month unless I paid in full. There is no refund on uniforms, practice wear, or competition fees. A \$25 fee will be added to late payments and declined cards. All of the above fees will be charged to my card on file during registration on the due dates written above less a check is given in before the due date. Missing practice the week before a competition could result in the cheerleader being asked to sit out of competition with no refund.

\_\_\_\_\_  
Cheerleader Signature

\_\_\_\_\_  
Parent Signature

**Dates contract - Tiny pre-team**

**Cheerleaders name:** \_\_\_\_\_ **Parents Name:** \_\_\_\_\_

<b>Important Dates</b>	
June 11th	Practice Begins
August 6-12th	Choreography week. No real practice this week, choreography dates and times will be announced.
9/30/18	Performance at the Padres game
11/10/18	UCA Competition in Anaheim
November 19th-24th	Gym Closed, Thanksgiving Break
12/01/18	USA Competition in Anaheim
December 24th- January 4th	Gym Closed, Winter break
2/10/19	Aloha Competition in San Diego
March 25th-29th	Gym Closed, Spring Break
4/13/19- 4/14/19	Encore competition in San Diego.
Photo Day	TBA
April 24th 2019	Banquet

I have read all of the dates above and can commit to the team for the season. I understand that cheerleading is a team sport and we need to practice together to be successful.

\_\_\_\_\_  
Cheerleader Signature

\_\_\_\_\_  
Parent Signature



## I6 / Open 4 teams

**Cheerleaders name:** \_\_\_\_\_

Option 1: TUITION PAYMENT + additional fees		
\$25	Due the first of each month	Tuition Fee June - April.
\$250	Due June 11th	Choreography/ Camp Fees
\$230	Due July 15th	Uniform Fee - New member Includes Uniform top, bow and team shirt. Must supply own shoes and uniform bottom- black shorts
\$30	Due July 15th	Uniform Fee - Current member - Includes bow and team shirt.
\$190	Due September 15th	Comp Fee 1
\$190	Due November 15th	Comp Fee 2
\$30	End of August	USASF fee- register online on your own

Option 2: Tuition payment including fees	
\$100/ month	New Member: June- April. Begins June 11th. Includes all fees
\$85/month	Current member- no new uniform. Includes below fees.
Included	Uniform Fees
Included	Competition fees
Included	Choreography/ camp fees
\$30	USASF fee- register online on your own in August

I have read the cheerleader handbook and team agreements and fully understand my commitment to the team. Team tuition will be deducted automatically on the 1st of each month unless I paid in full. There is no refund on uniforms, practice wear, or competition fees. A \$25 fee will be added to late payments and declined cards. All of the above fees will be charged to my card on file during registration on the due dates written above less a check is given in before the due date. Missing practice the week before a competition could result in the cheerleader being asked to sit out of competition with no refund.

\_\_\_\_\_  
Cheerleader Signature

**Dates contract - Open 4/ I6 teams**

Cheerleaders name: \_\_\_\_\_ Parents Name: \_\_\_\_\_

Important Dates	
June 11th	Practice Begins
August 19th	Second adult team tryouts. Teams will be split into I6/ Open 4.
9/3/18-9/4/18	Dance Choreography- Please block off all day Monday ( labor day) and Tuesday after school hours. Schedule TBA.
9/30/18	Performance at the Padres game
November 19th-24th	Gym Closed, Thanksgiving Break
December 24th-January 4th	Gym Closed, Winter break
2/10/19	Aloha Competition in San Diego
3/17/19-3/18/19	USA competition in Anaheim: Stay to play, must book a room with the partner hotel program. Price ranges-\$200-\$300/night.
March 25th-29th	Gym Closed, Spring Break
4/13/19-4/14/19	Encore competition in San Diego.
Photo Day	TBA
April 24th 2019	Banquet

I have read all of the dates above and can commit to the team for the season. I understand that cheerleading is a team sport and we need to practice together to be successful.

\_\_\_\_\_  
Cheerleader Signature