

Midwest Florida, LLC

2017-18 Code of Conduct (Rules & Regulations)

A member must at all times be a strong representative of Midwest Florida, LLC and a positive reflection of his/her teammates. Abusive behavior, lying, and or any other form of negative behavior are grounds for removal from MCE Florida. We will not tolerate comments about other teams and programs. Many of you communicate with other cheerleaders at various organizations through e-mail, Facebook, Twitter and message boards. Please remember that anything you say is a direct reflection on this organization. NOTE: If you are caught sending rude or inappropriate messages on SOCIAL MEDIA, you will be subject to immediate removal! Teammates are expected to treat one another with mutual respect. We do not tolerate pettiness, gossiping or cliques; which attempt to exclude or alienate certain members. Back talk, rolling of eyes and any other disrespect for instructors or teammates is unacceptable. After a warning, the team member will sit out of practice until the problem is solved. If not resolved, a parent will be notified of the problem or infraction of the rules and will be expected to assist the instructor in solving the issues.

1. If you have any questions or concerns that need immediate attention please use the following chain of command:
 - Team Coach (first)
 - All-star Director (second)
2. MCE Florida maintains the right to refuse services at any time.
3. All Monthly Tuition fees are due by the 15th of the month, if it is received AFTER the 15th of the month, a \$50 late fee will be added. April's Tuition payment is due on April 1st to close out the season.
4. Good sportsmanship, polite manners and a good disposition are mandatory at all practices and competitions.
5. It is your responsibility to wear the appropriate practice wear to every practice.
6. Personal items such as cell phones, school bags, or gym bags must be taken into the gym and stored in the cubbies closest to your practice floor.
7. NO items are to be left in the gym hallways and cell phones must be turned off when practice starts.
8. NO GOSSIP about any other teams (All-star or school).
9. NO GOSSIP about a child on your team or another team.
10. NO GOSSIP about coaches and staff. It is much better to address a problem than to listen to idle gossip.
11. NO profanity or abusive language.
12. Please keep in mind the gym is not a babysitting service. We want our All-stars to use the gym as often as possible, but no child should be dropped off at the gym unsupervised.
13. You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
14. PROMPT PICKUP after practice is a MUST – if you are more than 10 minutes late to pick up, \$10 will be added to your account. (Our coaches/staff have families of their own to get home to)
15. MISSING PRACTICE is not tolerated, if you miss practice because you are sick, a doctor's note is required or else it will be "unexcused." If you have 3 unexcused practices, you could be dismissed from the program. (Please speak to coaches)
16. If you miss the last practice before a competition, you will NOT COMPETE at that competition.
17. During practice, all squad and routine decisions are left to the discretion of the coaches, not the parent's opinions.
18. Please feel free to talk to your coach about anything; remember to do it at the appropriate time. For example, approaching a coach in the middle of a practice would not be an appropriate time.
19. Never post any negative comments on social media.
20. Practices may be changed or added at any time during the season.
21. Anyone threatening to quit or to pull their child from a team will be dismissed from the program immediately.
22. Only cheerleaders and coaches are allowed PAST THE WALL in the gym.
23. No one is allowed to yell onto the floor or try to make contact from the parent viewing area during practices or tumble classes. This is extremely distracting to all involved.

24. The coaches reserve the right to close practices at ANY time for ANY reason. In this event, the team rep will remain at practices.
25. It is the parent's responsibility to know what is going on with your squad. Check your emails and the website regularly.
26. Withholding a child from a practice or a competition should never be used as a form of punishment.
27. Athletes should be able to handle school work and All-star practices, homework is not an acceptable excuse for missing practice.
28. Parents, relatives, friends and cheerleaders are never allowed to speak with competition officials for any reason.
29. Parents are never allowed to represent MCE Florida under any circumstances concerning accommodations, competitions or any other situation.
30. There will be no arguing or questioning of the coaching staff's decisions at competitions. If a problem arises between you and a teammate or another parent, the problem will be addressed with all parties involved at a meeting with your coach and the All-star director.
31. Anonymous emails/letters/texts/twitters, etc. will be ignored.
32. MCE Florida athletes are not permitted to attend ANY Private lessons or Open Gym/tumbling at any other All-Star gym.
33. All practices are CLOSED to BOYFRIENDS/GIRLFRIENDS and athletes from other gyms.
34. We also reserve the right to close all practices to parents!
35. There is to be NO JEWELRY worn at practices, which includes all earrings, belly button rings, and necklaces. This is not simply for appearance sake, but for the safety to the one wearing the jewelry and for those either flying or basing who might be injured as a result.
36. All CELL PHONES should be turned OFF and collected during practice times.
37. There is to be NO GUM whatsoever at practices or competitions. Any TATTOOS must be covered at all times! STICKERS used during tanning sessions should be worn in an area not visible.
38. There is to be NO excessively long fingernails or sculpts.
39. There is to be NO videotaping of practices.
40. Lost, misplaced or damaged clothing will be replaced at your expense.
41. Anyone late or dressed incorrectly will jump after practice.
42. The All-star Director may change, add or subtract any rule at any time.
43. Once again, our program is about building champions and teaching responsibility to our athletes.

I (We) have read this Code of Conduct/Rules & Regulations. And agree to follow these guidelines.

Parent Print Name

Athlete Print Name

Parent Signature

Athlete Signature

Date