



Welcome to the United Talent family!

## Our Mission...

The mission of the United Talent Cheerleading program is to develop safe, positive and professional programs dedicated to the mental, physical and social aspects of training young athletes. Our aim is not only to train talented athletes, but to also ultimately prepare them with the life skills necessary to be successful in today's demanding society. United Talent promotes hard work, self-esteem, character, and confidence through each of its programs and places a strong emphasis on health, self worth, responsibility, respect, and personal growth.

Our program places a HEAVY emphasis on the concept of team and teamwork, and our staff vows to make all current and future decisions for the benefit of the team. Our concepts of team not only includes our cheerleaders, but extends further to incorporate our staff, parents, and anyone else who plays a role in the success of our program. Our motto:

## Together Everyone Achieves More

“It is amazing how much you can accomplish when it doesn't matter who gets the credit.”

~ Unknown Author

## Evaluation/Tryouts

**Evaluation Dates:** You must register & bring a completed All-Star Skills Evaluation Form to the evaluation/tryout to be eligible to participate! **Please register your child for their Evaluation online or at the front office prior to Sunday May 21<sup>st</sup>**

**Parent Informational Meeting:** Thursday, May 16<sup>th</sup> 7:00

**Clinic & Evaluation #1:** \$15.00

Monday, May 22<sup>nd</sup> – Wednesday, May 24<sup>th</sup> from 5:30 to 7:30 PM

**Final Parent Informational Meeting:** Tuesday, July 18<sup>th</sup> 7:00 PM

**Final Clinic & Evaluation:** \$15.00

Monday, July 24<sup>th</sup> – Wednesday, July 26<sup>th</sup> from 5:30 to 7:30 PM

**(For those unable to attend informational meetings and evaluations in May)**

**Evaluations Requirements:** Our evaluation process will help to determine where is most appropriate for your child to be placed in our program. Athletes will be evaluated in small groups and must demonstrate:

1. Flexibility
2. Cheer Motions
3. Tumbling
4. Jumps
5. Choreography/Dance

### **Age Requirements**

For team placements & competition purposes, the age of the athlete as of August 31, 2017 will be used for the 2017-2018 season. Age restrictions are set forth by the United States All-Star Federation and will determine the division your child competes.

- Tiny: 6 and under
- Mini: 8 and under
- Youth: 11 and under
- Junior: 14 and under
- Senior: 11 – 18 years old

#### LEVEL 1

##### **Tumbling:**

- Forward Roll/Backward Roll
- Cartwheel
- Round-off
- Handstand
- Bridge Pull-up
- Bridge Kick Over
- Back Walkover

**Stunts: Flyer** – Demonstrates body awareness and can execute the following body positions at the prep level or below: liberty, arabesque, scorpion, scale, overstretch, and heel stretch

**Base** - Demonstrates basing/spotting skills at prep level or below

##### **Jumps:**

- Toe Touch
- Pike Jump
- Double Jump Combination

**Motions/Choreography:** Ability to learn motions/8-counts and perform with small mistakes.

##### **Attitude/Maturity/Showmanship:**

- Ability to focus and listen to direction during practice
- Smiles and has fun while performing

#### LEVEL 2

##### **Tumbling:**

- All Level 1-3 Skills
- Standing Tuck
- Standing (toe) Back Handspring Tuck
- Standing 2 Back Handsprings to Layout
- Round-off Back Handspring Layout
- Triple Jump Combo pause Back Tuck

**Stunts: Flyer** – Demonstrates body awareness and control while stunting and can execute the following body positions at the extended level: liberty, arabesque, scorpion, scale, overstretch, and heel stretch

- Full down cradle from 2 or 1 leg stunts
- Ability to execute a variety of stunt transitions

**Base** – Demonstrates basing/spotting skills at extended level

##### **Jumps:**

- Toe Touch
  - Pike Jump
  - Front Hurdler
  - Triple Jump Combination
- \*Has strong height and form

##### **Motions/Choreography:**

- Sharp/ Correct motion placement
- Can learn difficult choreography
- Can make changes quickly

##### **Attitude/Maturity/Showmanship:**

- Ability to focus for a 2-hour practice
- Shows desire to work hard, maturity
- Performs skills with confidence
- Demonstrates very strong work ethic/determination
- Has maturity and can adapt to change quickly
- Has competitive level of dedication and commitment

#### LEVEL 3

##### **Tumbling:**

- All Level 1 Skills
- Standing Back Handspring
- Round-off Back Handspring
- Jump Combo w/ Back Handspring

**Stunts: Flyer** – Demonstrates body awareness and control while stunting and can execute the following body positions at the prep/extended level: liberty, arabesque, scorpion, scale, overstretch, and heel stretch

**Base** - Demonstrates basing/spotting skills at prep level and higher

##### **Jumps:**

- Toe Touch
  - Pike Jump
  - Front Hurdler
  - Triple Jump Combination
- \*Has correct form

**Motions/Choreography:** Ability to learn motions/8-counts and perform with few mistakes.

##### **Attitude/Maturity/Showmanship:**

- Ability to focus and listen to direction for a 2-hour practice
- Smiles and has fun while performing
- Ability to work hard

#### LEVEL 4

##### **Tumbling:**

- All Level 1-4 Skills
- Round-off Back Handspring Full
- Standing 1/2/3 & a Full
- Standing Full (can be working on it)
- Round-off Back Handspring Double Full (working)
- Quad Jump Combo to Back Tuck

**Stunts: Flyer** – Demonstrates superior body awareness and control

- With flexibility can execute the following body positions at the extended level: liberty, arabesque, scorpion, scale, overstretch, and heel stretch
- Double down cradle from 1leg stunts
- Ability to execute flipping and twisting stunt transitions

**Base** - Demonstrates basing/spotting skills at extended level with release moves and multiple twisting transitions

##### **Jumps:**

- Toe Touch
  - Pike Jump
  - Front Hurdler
  - Quad Jump Combination
- Has strong height and form

##### **Motions/Choreography:**

- Superior motion placement
- Can learn difficult choreography
- Can make changes quickly

##### **Attitude/Maturity/Showmanship:**

- Ability to focus for a 2-hour practice
- Shows desire to work hard, maturity
- Performs skills with confidence
- Demonstrates very strong work ethic/determination
- Has maturity and can adapt to change quickly
- Has competitive level of dedication and commitment

#### LEVEL 5

##### **Tumbling:**

- All Level 1 & 2 Skills
- Series Back Handsprings
- Round-off Tuck
- Round-off Back Handspring Tuck
- Jump Combo w/ Multiple Back Handsprings

**Stunts: Flyer** – Demonstrates body awareness and control while stunting and can execute the following body positions at the extended level: liberty, arabesque, scorpion, scale, overstretch, and heel stretch

- Full down cradle from extended/ double down from prep

**Base** - Demonstrates basing/spotting skills at extended level

##### **Jumps:**

- Toe Touch
  - Pike Jump
  - Front Hurdler
  - Triple Jump Combination
- \*Has good height and form

##### **Motions/Choreography:**

- Sharp/ Correct motion placement
- Can learn difficult choreography
- Can make changes quickly

##### **Attitude/Maturity/Showmanship:**

- Ability to focus and listen to direction for a 2-hour practice
- Smiles and has fun while performing
- Shows desire to work hard

**SHAMROCKS:** United Talent Cheer provides a positive competitive experience for all ages and abilities. Teams practice 2 days per week and develop the skills necessary to compete at a high level of competition. Our teams compete around 5 times per season at local one-day events within a limited travel distance from our general area. Through positive reinforcement our top priority is skill progression, achievement, and character development for **all** of our athletes and teams.

**Team Placements:** After completing our cheer evaluations, athletes will be placed on Teams separated by age and or skill ability. Preliminary Teams with the athlete's name will be posted on our website (unitedtalentcheer.com) by Friday, May 26th. It is our intention to create the best possible teams by maximizing the skill in each level based on age and ability. Not only will teams be chosen by their overall cheer skills, but also by the values and maturity that each athlete will bring to the team. Every team will consist of bases, flyers, back spots, tumblers and jumpers. Preliminary teams will work together through the summer, our final evaluation in July, and the month of August. Divisions, levels, and final team placements will be announced on September 1<sup>st</sup>!

A child's placement at United Talent is decided by the level qualification guidelines set forth by the United States All-Star Federation (USASF) and by the recommendation of our qualified coaching staff. Take comfort in knowing that all of our athletes will be placed at the appropriate level for their age, maturity, overall ability, and skill. We appreciate your confidence in our coaching and decision-making when it comes to selecting teams.

**\*It is very important that athletes attend every practice. These practices help determine the divisions and levels our teams will compete in for the 2017-2018 season.**

**Observations Areas:** To avoid distractions, our observation areas will be closed during the evaluation period. They are always open for practice throughout the season!



## UT 2017-2018 Estimated Cost for the Year

FEES	Tiny	Mini-Youth	Junior-Senior
Clinic/Evaluation Fee	\$15.00	\$15.00	\$15.00
Annual Membership (June 1 <sup>st</sup> or August 1 <sup>st</sup> )	\$25.00	\$25.00	\$25.00
SUMMER Practice (6 or 7 weeks June & July)	\$85.00	\$85.00	\$85.00
Gym Fees (1 <sup>st</sup> or 15 <sup>th</sup> ) Starting August - April	\$75.00 x 9 (\$675.00)	\$85.00 x 9 (\$765)	\$95.00 x 9 (\$855)
	<i>1 hrs. 2 days per week</i>	<i>1.5 hrs. 2days per week</i>	<i>2 hrs. 2days per week</i>
Coaches Fees (Oct. 1 <sup>st</sup> )	\$85.00	\$85.00	\$85.00
<b>TOTAL</b>	<b>\$885.00</b>	<b>\$975.00</b>	<b>\$1,065.00</b>
Practice Wear (October 1 <sup>st</sup> )	\$100.00 2 sets	\$100.00 2 sets	\$100.00 2 sets
Shoes (Purchase Individually)	45.00 +	\$45.00 +	\$45.00 +
Uniform (September 1 <sup>st</sup> )	\$225.00 +	\$225.00 +	\$225.00 +
USASF FEE (September 1 <sup>st</sup> )	\$30.00	\$30.00	\$30.00
Choreography/Music (3 <sup>rd</sup> week of September)	\$125.00	\$125.00	\$150.00
Comp. Bow (September)	\$20.00	\$20.00	\$20.00
Monthly Comp. Cost	\$25.00 per month(11)	\$25.00 per month (11)	\$25.00 per month (11)
Spectator's Fees	Average \$10/per comp	Average \$10/per comp	Average \$10/per per comp
<b>OPTIONAL EXPENSES</b>			
Goodie Bag	TBD	TBD	TBD
Parent Apparel	TBD	TBD	TBD

There is a 10% discount for families with multiple members.

This is just an ESTIMATE provided for your benefit, prices are subject to change.

## Important Upcoming Dates

### **2017 Summer Practice Schedule**

Tuesday nights beginning June 6<sup>th</sup> through July 18<sup>th</sup> 6:30 -7:30 PM

### **Uniform Fitting 1**

Monday, July 17<sup>th</sup> 6:00 PM

A deposit of 50% is required at this time. The remainder of the cost of the uniform will be due at the time it is distributed.

### **3<sup>rd</sup> & Final Parent Informational Meeting**

Tuesday, July 18<sup>th</sup> 7:00 PM

(For parents unable to make informational meetings in the Spring)

### **Final Clinic/Evaluations: \$15.00**

Monday, July 24<sup>th</sup> – Wednesday, July 26<sup>th</sup>

(For individuals who were unable to make evaluations in May)

### **2017-2018 August - April Practice Schedule**

Schedule begins Tuesday, August 1<sup>st</sup> (Official Schedule TBA)

Tentative schedule for all teams is set for Tuesday & Thursday evenings in the fall.

### **2<sup>nd</sup> & Final Uniform Fitting**

Monday, August 28<sup>th</sup> 6:00 PM

A deposit of 50% is required at this time. The remainder of the cost of the uniform will be due at the time it is distributed.

### **Placement/Teams Announced**

Friday, September 1<sup>st</sup> by 5:00 PM on our website [www.unitedtalentky.com](http://www.unitedtalentky.com)

### **2017-2018 Tentative Competition Schedule**

1. Cheer Elite Championships

**Cheer Elite Classic:** Saturday, December 2<sup>nd</sup>

Lexington, KY Alltech Arena

2. The Battle Zone Cheer & Dance Competitions

**Battle of the Bluegrass:** Saturday, January 6<sup>th</sup>

Frankfort, KY Frankfort Convention Center

3. Cheer Elite Championships

**Capital Classic:** Saturday, January 27<sup>th</sup> or Saturday, February 3<sup>rd</sup>

Richmond, KY Alumni Coliseum

4. **Cheer Max** Saturday, February 24<sup>th</sup>

Louisville, KY Broadbent Arena

5. One final competition will be scheduled in March or April. Exact dates and times are yet to be determined.

### **2018 Shamrock Celebration**

Dates will be announced! (Typically end of April)