

Team Information:

School Name	
School Address City, State, Zip	
Camp Dates	
Camp Option	
Number of Participants including Mascot(s) for your invoice	

Areas of Interest: Please check the areas that you would like your squad to focus on throughout camp.

	<input checked="" type="checkbox"/>	PCC Core Curriculum		
Sidelines/ Chants		Which sport(s)? _____ Offensive, Defensive, Spirit, or all? _____		
Cheers		Which sport(s)? _____ Would you like stunts incorporated? Y / N		
Dance		Performance Dance _____ (0:45 second routine choreographed with PCC Custom Mix) Pom Dance _____ (0:45 second routine choreographed with PCC Custom Mix) Band Teaser _____ (Four 8 counts repeated with your school's band songs)		
Premiere Routine		With our Premiere Routine, your PCC private coach will choreograph a portion of the routine specifically for your team! Stunts, tumbling, jumps, and more to highlight your squad's strengths.		
Stunts		Improve Technique with Current Stunting Capabilities Y / N Learn New Skills Y / N Learn creative stunt entries, transitions, and dismounts Y / N Incorporate Stunts into Curriculum? Y / N		
Pyramids		Improve Technique with Current Building Capabilities Y / N Learn New Skills Y / N Learn creative building entries, transitions, and dismounts Y / N Incorporate Pyramid into Curriculum? Y / N		
PCC Core Curriculum	<input checked="" type="checkbox"/>		PCC Core Curriculum	<input checked="" type="checkbox"/>
Jumps			Team Building	
Fundamentals			Conditioning Techniques	
Vocal Expression			Halftime Performance	
Safety			Pep and Enthusiasm	



Please use the space below to describe your current stunting/building capabilities.

Goals for Camp: Please use the provided space to list your top 3 goals for camp this summer.

1. _____
2. _____
3. _____

Please use the provided space to describe any specific attributes that you would like to see in your Premiere Staff.

Does your squad have limited space to cheer/dance in? **Y / N**

What sport(s) does your squad cheer/dance for? _____

Planning themed camp days? _____

Parent Showcase? **Y / N**

This is the camp review done during the last 30 minutes of the last day of camp for parents to see what your athletes have learned.

What are your squad's lunch plans? _____

Your squad gets an hour for lunch from 12:30-1:30 You are not required to provide lunch for your Premiere Staff as they are taken care of by Premiere. Half-day camps receive a 20 minute snack break at the time of your choice.



Team Ability: Please select the description that best fit's the ability level of the majority of those on the team. Use descriptions below as a guide.

Beginner: _____ Your team has several new members and/or is inexperienced regarding basic techniques associated with the sport of cheerleading. You will need a majority of the basics broken down.

Intermediate: _____ Your team is strong in most areas including jumps, motions, stunts, and dance but needs to perfect techniques.

Advanced: _____ Your team is very strong in all areas, but is looking for new ideas and suggestions for stunt progression, as well as dance and cheer routines to master.

How many members of your team are returning and how many members are new to the team?
Returning Members _____ New Members _____

Please use this additional space to describe your team's overall experience as well as any special talents and abilities (tumbling, etc.) that may be helpful in planning your camp.

Special Requests: You may use the following space to provide any additional information that you would like your instructor to know prior to facilitating camp. If additional space is needed, you may use the back.

Premiere Core Curriculum Descriptions:

Fundamentals – Your staff instructor(s) will spend time focusing on motion technique and proper body positions that will aid your team in looking their best while performing the Premiere Curriculum as well as traditional material they may already know.

Sidelines – Premiere provides a variety of 20 chants that are paired with a series of corresponding motions so that your squad is prepared to cheer any sport to victory during in-game situations.

Cheers – Our dynamic curriculum features 5 customizable cheers that can be uniquely tailored to highlight your team's mascot, school letters, and team colors! You'll be ready for half time or in between quarters once your private coach teaches and polishes the cheers that are suitable for your ability level.

Premiere Routine – An exciting way to combine curriculum dance with customized choreography; the Premiere Routine provides squads with an opportunity to showcase unique talents and abilities during a segment that your private coach will choreograph specifically for your team!

Jumps – Learn proper stretching techniques and drills to maximize your height and enhance your technique. Your private coach is ready to lead jump sessions that will take your team to the next level!

Partner Stunts- Premiere prepares its staff to teach a wide array of skills using proper progression. From Beginner to Elite, let our staff help you take your partner stunting to new heights!

Pyramids – If you would like to incorporate your entire team into a cohesive combination of stunts that connect and are sure to wow your home fans, then pyramids are for you! Your private coach is excited to work closely with each stunt group in order to construct pyramids that are the extra element you've been looking for!

Vocal Expression -Your Premiere private coach is ready to motivate your team and help build the confidence to speak up and be heard!

Dance -Your home fans will marvel at your team's synchronization and high energy as they perform to a custom music mix featuring today's latest main stream artists! Turn your half-time into an exciting performance opportunity by pairing a curriculum dance with a cheer!

Band Teasers -Give an unforgettable performances with the help of your pep band! Your Premiere private coach can't wait to choreograph an innovative combination of motions and steps that will sync perfectly with your schools fight song or Alma mater!

Team Building – Form trust and make memories that will last long after summer is over as you participate in challenge games and fun activities that encourage your squad to work together as a unit!

Half-Time Performance – Turn any half-time into an exciting showcase of your squads ability! Let your Premiere private coach coordinate a cheer and dance connected by a school chant! Its a mini-routine that your crowd will love and your athletes will love to perform!

Conditioning Techniques- Build endurance and strength that will enhance technique and skill progression through fun and fast conditioning techniques. Your private coach is ready to show you how to work hard and have fun!

Pep and Enthusiasm – Your Premiere private coach is bringing excitement and motivation your way! Do you want to see your athletes the most spirited they have ever been? Let us help build the confidence it takes to bring out the spark!

Safety – If you are interested in learning more about proper spotting technique and other risk management strategies, your private coach will prepare you for a season full of safety!