



FIVE STAR

Allstar Cheer and Gymnastics

1405 JAMIKE AVE. #11
ERLANGER, KY. 41018
859-647-0660

2024

www.fivestar-gymnastics.com

(all classes 60 minutes)

Pre-school classes are geared for young children from 18 mos to 6 yrs. Large mats, soft balls, climbing apparatus, etc. facilitate development of tumbling & balance skills as well as improving motor co-ordination all in an active, fun, safe learning environment.		Girls/Boys Rec Classes involve the use of all gymnastics equipment, bars, beam, vault and some tumbling instruction		TUMBLING	
PRE-SCHOOL		PRE-SCHOOL		INTRO Handstand, Front & Back Roll Bridges, Cartwheels, Round-offs, Backbend	
Mon/Wed/ Thurs 10-11am PRECIOUS TIME 12 Months to Pre-school Parent & Child Interactive		Mon 10am-11am Mon 5-6pm Mon 6-7pm Tues 6:15-7:15pm Wed 10am-11am Wed 6-7pm Thurs 10am-11am		Tues 5:15pm Wed 6:00pm Thurs 6:00pm	
LITTLE TOTS 2 1/2 - 3 yrs Mon 10am-11am Wed 10am-11am Thurs 10am-11am		KINDERS 4 1/2 - 6 yrs Mon 10am-11am Mon 5-6pm Mon 6-7pm Tues 6:15-7:15pm Wed 10am-11am Wed 6-7pm Thurs 10am-11am Thurs 6-7pm		LEVEL 1 Intro Skills plus Working: Intro Skills, Back Bend Kickover Back Walkovers, Front Walkovers Mon 5:30pm Wed 6:00pm Thurs 6:00pm	
SUPERTOTS 3 1/2 - 4 1/2 yrs Mon 10am-11am Tues 5:15-6:15pm Wed 10am-11am Wed 6-7pm Thurs 10am-11am		GIRLS/BOYS GYMNASTICS 6+ yrs Mon 6-7pm Tues 6:15-7:15pm Thurs 6-7pm 9+ yrs Wed 6:30-7:30pm		LEVEL 2 Intro Skills plus back walkover Working: Back handsprings, Front Handsprings Tues 5:15pm Wed 5:00pm Thurs 6:00pm	
				LEVEL 3 & UP Must have All Intro, Level 1 & 2 Working: Tucks & Layouts Tues 6:15pm	

OUR PHILOSOPHY - Gymnastics is one of the most fundamental and exciting of all physical activities. Gymnastics builds physical fitness through strength, body awareness, and co-ordination essential for all other sports and activities.

***See reverse side for Session Dates and Pricing

***We reserve the right to combine classes due to low enrollment.