



FIVE STAR
Allstar Cheer and Gymnastics

1405 JAMIKE AVE. #11
ERLANGER, KY. 41018

2019

859-647-0660

www.fivestar-gymnastics.com

Pre-school classes are geared for young children from 18 mos to 6 yrs. Large mats, soft balls, climbing apparatus, etc. facilitate development of tumbling & balance skills as well as improving motor co-ordination all in an active, fun, safe learning environment.			Girls/Boys Rec Classes involve the use of all gymnastics equipment, bars, beam, vault and some tumbling instruction			Tumbling Classes - back bends, walkovers, cartwheels, round-offs, backhand springs, tucks etc					
PRE-SCHOOL			PRE-SCHOOL			RECREATIONAL GYMNASTICS			TUMBLING		
PRECIOUS TIME Mon/Wed/Thurs 10-11am 12 Months to Pre-school Parent & Child Interactive			KINDERS 4 1/2 - 6 yrs Mon 10am-11am Mon 5-6pm Mon 7-8pm Tues 6:15-7:15pm Wed 10am-11am Wed 6-7pm Thurs 10am-11am Thurs 6-7pm Sat 10-11am			GIRLS/BOYS GYMNASTICS 6 yrs + Mon 6-7pm Mon 7-8pm Tues 4:15-5:15 Tues 6:15-7:15pm Thurs 5-6pm Thurs 6-7pm Sat 10-11am			YOUNG TUMBLING 5 1/2-9 yrs Mon 5:30-6:30pm Tues 5:15-6:15pm Wed 5-6pm Wed 6-7pm Thurs 6-7pm		
LITTLE TOTS 2 1/2 - 3 yrs Mon 10am-11am Wed 10am-11am Thurs 10am-11am						GIRLS REC (90 min. class) 9 yrs+ Mon 6:30-8:00pm Wed 6:30-8:00pm			BEGINNING TUMBLING 9+ YRS Mon 6:30-7:30pm Tues 6:15-7:15pm Wed 5-6pm Wed 6-7pm Thurs 6-7pm		
SUPERTOTS 3 1/2 - 4 1/2 yrs Mon 10am-11am Tues 5:15-6:15pm Wed 10am-11am Wed 6-7pm Thurs 10am-11am									INTERMEDIATE/ADVANCED** TUMBLING Tues 6:15-7:15pm Wed 6-7pm Thurs 6-7pm **must be working on round-off tuck or full		

OUR PHILOSOPHY - Gymnastics is one of the most fundamental and exciting of all physical activities. Gymnastics builds physical fitness through strength, body awareness, and co-ordination essential for all other sports and activities.

***See reverse side for Session Dates and Pricing

***We reserve the right to combine classes due to low enrollment.