

2017-2018 Season

Top Gun All Stars of Orlando

Season 4

Agenda

- 407 Changes
- Team splits
- Athlete Expectations
- Important Dates
- Practice Wear
- Competition Schedules
- Travel
- USASF
- Communication/Chain of Command
- Team mom information
- Gym Rules & Guidelines
- Team Guidelines
- Parent Viewing
- Attendance
- Social Media
- Dress Code
- Support System
- Injuries

Implemented Changes in 2016-2017

- **More coaching, more coaching, more coaching** – At least 25-50% more coaching and training time with athletes (required team tumbling, All Star Team Director, All Star Choreography Director, and Fitness Coordinator)
- **Three family events throughout the season** – Kickoff Event, Season Event (Parent Appreciation Night), and End of Year Banquet
- **TOP GUN Leadership Program** – This will encourage both young and older athletes to develop a positive approach to building their character and leadership skills
- **Remodeled Athlete and Family Lounge Area** – A whole new look including internet, sofas and chairs, and live video feeds to view practice
- **Designated Fitness Area** – This new area will feature a fitness coordinator, fitness equipment, and training specific to the cheer athlete
- **Fitness/Conditioning Every Practice**– Coach Dana spent approximately 30 minutes with each team at each practice.

Splitting Teams

- Trust the process
- TGO Staff will NOT discuss another child's placement, situation, etc.
- Team placement still being finalized throughout the beginning of the Summer`
- Placement based on:
 - Team needs
 - Current scoring grids

Athlete Expectations

- Strong work ethic
- 100% effort every practice!
- Top priority
- Positive attitude
- Total support
- Willingness to try any position asked

Mark your Calendars!

- Skills Camp June 10th-11th
 - Bullet Gold, Y2K, J-Dub, Junior Black, JagSwag, Wild Ones, and Ice
 - Approximately 10am-5pm on both June 10th and June 11th
 - Location: Top Gun Orlando
 - Athletes will work on stunting, baskets, tumbling, pyramids.

Mark your Calendars!

- Hot Shots (Mandatory for Angels)
 - June 29th-July 1st
 - Camp fee is included in tuition, food, lodging, and practice wear is **not**.
- Camp Geneva (September 1st-4th)
 - Assassins, Code Black, ReTwisted, and Angels
 - Depart Friday late (approx. 7pm) and return approx. 12pm on Monday
 - Camp fee is included in tuition, food and lodging is not.

Mark your Calendars!

- Summer Break
 - June 26th-July 9th
 - Labor Day and Halloween
 - Thanksgiving
 - November 20th-25th
 - Plan for practice Sunday, November 26th
 - Winter Break
 - December 20th-January 6th
 - Plan for practice Sunday, January 7th
 - MLK
 - TBD by the coaches
 - Spring Break
 - TBD by the coaches
- *Notify coaches immediately if you have any conflicts

CHOREOGRAPHY

- August 18 & 19
- August 21-25 (AFTER 5pm)
- August 26 & 27
- September 9 & 10
- Exact dates will be finalized in the next couple weeks.
- Please keep your calendar clear for the above dates
 - Notify team coaches immediately if you have conflicts with these dates
- Dates listed above are tentative and subject to change

Practice Wear/Uniform Fittings

- If your athlete has not yet been fitted for uniforms and practice wear, please have them do so at their next practice.
- Once practice wear arrives, it will be mandatory to be in the correct uniform.
 - You must purchase replacements from the pro shop if you misplace an item
 - Put your name on ALL tags!
- Prior to receiving practice wear
 - Black on black or any Top Gun apparel
 - High pony with a bow
 - Cheer shoes

Competition Schedule

- Top Gun Showcase (Nova Southeastern University): Nov (TBA)
 - All Teams
- Dec. 16-17, 2017 All American Nationals (OCCC)
 - All Teams except Tiny Exhibition and Tiny 1
- Jan. 28th, 2018 Sunshine Classic (Silver Spurs Arena, Kissimmee)
 - All Teams except Angels
- Feb. 3rd -4th, 2018 All Out Nationals (Gaylord Palms Resort & Convention Center)
 - All Teams except Angels
- Feb 17th & 18th, 2018 Cheersport Nationals (Atlanta, GA)
 - All Teams (except Tiny Exhibition and Tiny 1)
- Feb 23rd -25th, 2018 NCA All Star Nationals (Dallas, TX)
 - Angels

Competition Schedule

- March 3rd & 4th, 2018 All Star Challenge (OCCC)
 - Teams: TBD
- March 10 & 11th, 2018 UCA Nationals (Disney's Wide World of Sports)
 - Only Angels
 - Not included in monthly tuition for other teams
 - Teams will vote on attending UCA for an additional cost
- March 16th-18th, 2018 Cheer LTD Nationals (Myrtle Beach, SC)
 - All Teams except Tiny Exhibition and Tiny 1
- April 7th, 2018 American Cheer Power (Tampa, FL)
 - All Teams except Angels and possibly Tiny Exhibition
- April 28th-30th, 2018 Worlds (Disney's Wide World of Sports)
 - Angels
- 5/5-7/2017 The Summit (Disney's Wide World of Sports)
 - Levels 1 (Youth and above) – restricted 5 teams that earn a bid

Competition dates are tentative and subject to change!!!!

Travel

- Cheersport
 - Plan travel for Friday (Thursday teams WILL practice Thursday)
- NCA
 - Competition Saturday-Sunday
 - Plan travel for Friday (arrive by 2pm)
- Cheer Limited Myrtle Beach, South Carolina
 - You may travel on Thursday or Friday
 - The following week there will be no team practices.

Travel

- Arrive at the specified meeting place on time.
- Notify coaches of delayed flights.
- DO NOT plan travel that would cause you to miss scheduled practices (Arrive by 2pm)
 - Teams will always have a general meeting/practice on the Friday night (approx. 4pm-9pm)
- Plan ahead!
- Travel trip room block information will be posted as soon as it becomes available. **You must book through our room block or through Connections Housing.**
 - NCA: TBD
 - Cheersport: TBD
 - Exception forms due to Connections Housing between October 1-31 (Approved by November 30th)

USASF Member Registration

- Registration fee is **NOT** included in gym tuition (will be automatically billed to your account \$30)
- If you cheered at a gym other than Top Gun Orlando last season
- If you are able to login to your account, drop your current gym and add “Top Gun All Stars Miami – Main Location”
 - Email TGOUSASF@gmail.com with the following information
 - Child’s full name
 - Child’s date of birth
 - Previous gym

Communication

- www.topguncheeranddanceorlando.com
- TGO Facebook, Twitter, and Instagram
- iClass Pro
- Email
 - Gym and Team Moms
- Facebook pages
 - Photo Gallery “TG Orlando Photo Gallery 2017-2018”
 - Only post small groups, team photos, bonding days, etc.
 - Carpool group “TG Orlando Carpool 2017-2018”
 - Find through the search bar and ask to join

Facebook Team Pages

- Visit Facebook (using a smart phone or computer)
- Search for your team and ask to be added
 - TG “Team Name”
 - TG Tiny X 2017-2018
 - TG Tiny 1 2017-2018
 - TG Bullet Gold 2017-2018
 - TGY2K 2017-2018
 - TG J-Dub 2017-2018
 - TG Junior Black 2017-2018
 - TG JagSwag 2017-2018
 - TG Wild Ones 2017-2018
 - TG Ice 2017-2018
 - TG Assassins 2017-2018
 - TG Code Black 2017-2018
 - TG Retwisted 2017-2018
 - TG Angels 2017-2018

Who do I Contact?

- Billing
 - Anni or Roger
 - Anni@topguncheeranddanceorlando.com
- Team Placement & All Star Questions
 - Anni or Chris
 - Anni@topguncheeranddanceorlando.com
 - Chris@topguncheeranddanceorlando.com
- Uniforms, practice wear, pro shop
 - Anni
 - Anni@topguncheeranddanceorlando.com
- USASF
 - Carly
 - TGOUSASF@gmail.com
- Booster Club
 - Coming soon

Team Moms and Dads

- If you are interested in being a Team Mom for your team, please contact Erin Hughes
 - topgunaljo@gmail.com
 - New and returning moms/dad are welcome to apply!

Top Gun Orlando Guidelines

General Guidelines

- Please take a moment to read the “Rules and Regulations” in the team member packet
- If you have a past due balance you will not be able to take private lessons, participate in open gyms
- We ask that our current athletes only take private lessons at Top Gun All Stars Orlando.
 - This promotes a gym-wide consistency with tumbling technique

General Guidelines (continued)

- You cannot create or sell your own TG clothing. The name and logo is copyrighted. All ideas for apparel must be emailed and approved by management. **Legal action may be exercised if this rule is violated.**
- ALL team gifts will now be going through the Top Gun Orlando Pro Shop.
 - New for ALL Top Gun Locations
 - This includes team “swag bags” for competitions and any team gifts

Chain of Command

Should you have an issue during the season, please use the following Chain of Command:

Team Mom- Simple questions regarding general gym information, competition schedules, travel, etc.

Coach- When situations and/or problems arise please wait 24 hours before addressing them. If it is an emergency situation, you may contact them before.

Team Director- Chris

Owners- Anni or Roger

If after you've contacted the owners and your specific issue has not been addressed you may then contact Victor or Kristen.

Parent Viewing

- Monitors in the parent viewing area for family to watch from
- Please do not “camp out” by the bathrooms to view practice
- Parents need to remain in the parent area
 - Must remain in viewing area
 - Do not block walkways
 - Do not move chairs
 - Do not hang out in the glass lobby area

Attendance

This is a TEAM SPORT! In order for our TEAMS to be successful, we need everyone at practice.

- All practices are MANDATORY!
- Please do not use cheer as a form of punishment.
- Homework and tests are not an excuse. Please plan ahead! This is a great opportunity to teach time management!

Attendance Policy

- Two excused absences for August-November
- Two excused absences for December-May
 - Death in the family
 - Extreme illness (Doctor's note required)
 - School event that is graded (Please provide documentation)
- Unexcused absences
 - One warning
 - Removal from the team/routine
 - Homework, family in town, birthday parties, projects, exams
- Missing practice during the week of (Excused or Unexcused) can/will change placement
- Coaches will use their discretion in each case and will do what is best for the team
- Use the "Absentee" form . This form must be given to your team coach at least 2 weeks prior to your absence (On our website in the "Forms" section).
 - You must find someone to replace you for missed practices. **Coaches must approve.**
 - Please contact your coach with possible fill in ideas.
 - Start using form immediately
- If your child is repeatedly absent or misses practice during competition season:
 - Routine spots may change
 - They will be responsible for learning changes on their own time!
 - Team placement may change

Twitter, Instagram, and Facebook, OH MY!

- Do not post videos or music on Social Media
(You may post on our team Facebook pages)
- Zero tolerance on negative comments about Top Gun or other programs
- Appropriate pictures and messages
 - You are representing Top Gun even if your account doesn't mention Top Gun
 - Please monitor your child's social media accounts

Dress Code

- Maintain a well-groomed appearance and good personal hygiene at all times.
 - All hair color must be a NATURAL color
- Hair must be kept out of the face (if possible in a high ponytail) and a bow worn at all times when wearing any TGO uniform unless otherwise instructed.
- Nails must be kept shorter than fingertips when participating in any physical TGO activity.
- No jewelry (other than approved medical ID tags) is allowed when wearing any TG, practice, warm up, camp, or competition uniform.
- Sandals, flip flops, boots, or open-toed shoes are not allowed when wearing practice, warm up, camp, or competition uniform.

Don't be a TG Don't

- Closed toed shoes for everyone (parents and athletes) wearing ANY TG apparel.

Sportsmanship/Conduct

- Refrain from saying anything negative about Top Gun on any form of social media, even if you do not associate yourself with Top Gun on your personal social media page. This also includes saying anything negative about any other program.

Support system

- Be supportive!
- Don't coach your kids to and from practice
- Don't coach from the sidelines, let the coaches coach.
- Did you have fun? I'm proud of you! I love you!

Injuries

- Please notify your coaches immediately if an injury has occurred outside of practice.
- Please bring in a doctor's note if the injury requires them to miss practice.
- If an injury occurs, alternates can/will be brought in so that the team can continue.
- Coaches will decide when the athlete can return to the team/routine.
 - Just because an athlete has been "cleared" by a Dr. does not mean they will immediately go back in to the routine. We will do what is best for the athlete and the team.

QUESTIONS?

