





## NINJA WARRIOR CLASSES(Sch as of 8/20/18)

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday	Saturday
4:30 PM							
4:45 PM		Ninja	Ninja	Ninja			
5:00 PM		4:45-5:45	4:45-5:45	4:45-5:45			
5:15 PM		5&6 yr olds	7-9 yr olds	10-12 yr olds			
5:30 PM		Sarah	Sarah	Sarah			Ninja Warrior Birthday Party- 11:00-1:00
5:45 PM		Ninja	Ninja	Ninja			
6:00 PM		5:45-6:45	5:45-6:45	5:45-6:45			
6:15 PM		7-9 yr olds	5&6 yr olds	5&6 yr olds			Ninja Warrior Birthday Party- 1:15-3:15
6:30 PM		Sarah	Sarah	Sarah			
6:45 PM							
7:00 PM		Ninja	Ninja	Ninja			
7:15 PM		6:45-7:45	6:45-7:45	6:45-7:45			
7:30 PM		10-12 yr old	10-12 yr olds	7-9 yr olds			Ninja Warrior Birthday Party- 3:30-5:30
7:45 PM		Sarah	Sarah	Sarah			
8:00 PM		Ninja	Ninja	Ninja			
8:15 PM		7:45-8:45	7:45-8:45	7:45-8:45			
8:30 PM		13-19 yr old	13-19 yr old	13-19 yr old			
8:45 PM		Sarah	Sarah	Sarah			

## CHEER TEAMS PRACTICE(Sch as of 8/19/18)

	SUNDAY	MONDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Level 4 training group-2:00-3:00 Nicky						
	Blitz 3:00-4:45 Nicky Cheyenne				Stretch Classes 4:00-4:30 - Marcus	Stretch Classes 4:00-4:30 -Katie	
					Stretch Classes 4:30-5:00 -Marcus	Stretch Classes 4:30-5:00-Katie	
	BlackOps 4:45-6:30 Nicky Cheyenne, Maurice	Baby Bombers 5:00-6:00 Lilly,Ashton	BombShells 5:00-6:45 Cheyenne,Ashley		Blasters 5:00-6:15 Nicky, Marcus Maurice	Bombshells 5:00-6:15 Cheyenne,Ashley	
	Blasters 6:30-8:15 Nicky,Cheyenne Maurice	Blaze 6:00-7:45 Lilly,Ashton			BlackOps 6:00-7:30 Nicky, Marcus	Bullets 6:00-7:45 Ashton,Lilly Katie	Level 2&3 Training Group 6:00-7:15 PM Brandon & Maurice
					Blitz 7:15-8:30 Nicky,Marcus,		

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