



Spirit Professionals Kidz Program Descriptions

This program is for ages 3 (and potty trained) to about 7 years old depending on skill level. All 3 and 4 year olds start in Snaps Class. Members can join at anytime! The current schedules are on our website under the downloads tab.

Snaps: (\$50 per month) (5 student to teacher ratio)

This class will focus on body awareness and coordination along with the basic fundamentals of tumbling. Concentrations also include flexibility and large muscle development.

Primary skills taught will be jumps, rolls, and cartwheels with support.

Crackles: (\$50 per month) (5 student to teacher ratio)

This class will advance the progress of skills that were previously learned in **Snaps**. Concentrations also include loco motor development.

Primary skills taught will be jumps, handstands, backbends, and cartwheels.

Pops: (\$60 per month) (5 student to teacher ratio)

This class will advance the progress of skills that were previously learned in **Crackles**. This is also a preparatory class for younger students wishing to join tumbling classes or Spirit Xplosion All-Stars.

Primary skills taught will be handstands, backbend kickovers with support, and running cartwheels/roundoffs.

Cheer Basics: (4 yrs and older) The class instruction will focus on the fundamentals of cheerleading. Motion and voice technique will be coached while students learn cheers and chants. Jump technique and drills will be taught from simple to complex jumps. A cheer style dance with motions will also be taught. The basic principles of safe stunting will be taught depending on class dynamics. Sessions are generally 12 weeks, approx. \$65 per month and include bow and t-shirt.

Birthday Parties with Inflatable Jumps!

On the weekends our 10200sq.ft facility will be transformed into the best party place in town for birthday parties. Our private parties will be held indoor and will include inflatable jumps, drinks ice cream and more!

What to expect for terms and fees: We do not have terms and members can join at anytime! We bill on an open-ended monthly basis and use ABC Financial Services to handle billing. First time members sign a membership agreement for the monthly class fee plus an annual \$35 membership fee. The first payment that is due at registration is the \$35 annual membership fee plus the first month's class fee. Members will then be automatically billed on a monthly basis. If a member decides they would like to cancel a membership, the billing can simply be stopped by giving Spirit Professionals a 2 week written notice. Family Members receive a 10 percent discount. ABC Financial Services offers 2 forms of payment.-ETF (electronic funds transfer from your checking account)-Credit Card-Payment.

Call 1-985-345-4383 for questions or visit www.spiritprofessionals.com

