

# THANK YOU FOR MAKING PREMIER GYM & CHEER PITTSBURGH'S #1 CHEER AND GYMNASTICS TRAINING FACILITY!

## PRESCHOOL GYMNASTICS

### Mommy and Me

\_\_\_ Sat 9 - 9:45

### Tiny Tots Gym(3-4)

\_\_\_ Tues 9-10 AM  
\_\_\_ Thurs 9-10 AM  
\_\_\_ Thurs. 5:00 - 6:00  
\_\_\_ Sat 9:00 - 10:00

### Hot Shots Gym (4-5)

\_\_\_ Tues 5:00-6:00  
\_\_\_ Thurs 10:30-11:30AM  
\_\_\_ Thurs 5:00-6:00  
\_\_\_ Sat 9:00-10:00  
\_\_\_ Tues 9:00-10:30AM  
\_\_\_ Thurs 9:00-10:30AM

## TUMBLING INSTRUCTION

### Basics

\_\_\_ Mon 400-5:00  
\_\_\_ Thur 6:00-7:00  
\_\_\_ Sun 11:30-12:30

### Level 1

(Backhandspring)  
\_\_\_ Tues 10:30AM  
\_\_\_ Tues 7:00-8:00  
\_\_\_ Thurs 6:00-7:00  
\_\_\_ Sat. 11:00-12:00  
\_\_\_ Sun. 1130-1230

### Level 2

(Tucks/Layouts)  
\_\_\_ Mon 7:00-8:00  
\_\_\_ Thurs 10:30 AM  
\_\_\_ Thurs 6:00-7:00  
\_\_\_ Sat 11:00-12:00

### Level 3

(Full Twists/  
Double Backs)  
\_\_\_ Wed 6:00-7:00  
\_\_\_ Thurs 6:00-7:00  
\_\_\_ Sat. 11:00-12:00



**Premier**

**Gym & Cheer**

**SUMMER Registration 2019**

**(412)352-1430**

**www.premiergymandcheer.com**

## RECREATIONAL GYMNASTICS

### Kindernastics

\_\_\_ Tues 9-10:30AM  
\_\_\_ Tues 6:00-7:00  
\_\_\_ Thurs 9-10:30AM  
\_\_\_ Thurs 5:00-6:00  
\_\_\_ Sat 10:00-11:00

### Grades 1-2

\_\_\_ Tues 9-10:30AM  
\_\_\_ Tues 6:00-7:00  
\_\_\_ Thurs 9-10:30AM  
\_\_\_ Thurs 5:00-6:00  
\_\_\_ Sat 10:00-11:00

### Grades 3-5

\_\_\_ Tues 9-10:30  
\_\_\_ Tues 6:00-7:00  
\_\_\_ Thurs 9-10:30AM  
\_\_\_ Thurs 5:00-6:00

### Grades 5-8

\_\_\_ Tues 9-10:30AM  
\_\_\_ Tues 6:00-7:00  
\_\_\_ Thurs 9-10:30AM

## USAG GYMNASTICS (USAG levels are offered 1-9)

### Gymnast Level Days and Times

**USAG ELITE Pre-Team**  
**Mon 6:00-8:00**  
**Sat 9:45-11:45**

**Level 2-3**  
**Sun 10:00-11:30**  
**Wed 5:30-8:00**

**SUNDAY CHEER CLINICS**  
\_\_\_ 9-10(6 AND UNDER)  
\_\_\_ 10-11(7 AND UP)

## PREMIER WPIAL COMPETITIVE GYMNASTICS

### Pre-Team

\_\_\_ Tues 4:30-6 (lev1)  
\_\_\_ Thur 5:00-6:30  
\_\_\_ Tues 7-8:30 (lev3)  
Thurs 5-6:30

**Comp Grades 1-2**  
\_\_\_ Mon and Wed  
5:00-7:15

**Comp Grades 3-4**  
\_\_\_ Mon and Wed  
5:00-7:15

**Comp Grades 5-8**  
\_\_\_ Mon and Thur.  
6:45-9:15

**OPEN GYM PASS**  
**(Sat 10-11:30)**  
**\_\_\_ \$40**  
**(For Session)**

## PREMIER ALL STAR CHEERLEADING

### Starlites(Tinies)

#### **Black**

\_\_\_ Sun 10:30-11:30

### Pink Babies (minis)

\_\_\_ Sun 11:00-12:30  
Tuesday 5:30-7:00

### Ultimate Force (Youth)

\_\_\_ Thursday 5:30-7:30  
\_\_\_ Sunday 9-10:30

### Black Cats Juniors

\_\_\_ Sun 12:30-2:30  
Tues 7:00-9:00

### Pink Ladies (Seniors)

\_\_\_ Sunday 2:30-4:30  
Tues 2:30-4:30

## Private Lessons By Appointment

Instructor: \_\_\_\_\_

Day: \_\_\_\_\_ Time \_\_\_\_\_

\_\_\_

## **PREMIER 2019 SUMMER REGISTRATION**

**NINJA**  
(MUST BE ATLEAST 5 YEARS OLD)

**SATURDAY**  
\_\_\_ 11:00-12:00

Student \_\_\_\_\_ Phone Number \_\_\_\_\_

Tuition \_\_\_\_\_ Registration Fee (\$25) \_\_\_\_\_ Total \_\_\_\_\_

Payment Option: \_\_\_\_\_ Cash \_\_\_\_\_ Check # \_\_\_\_\_ Zip Code \_\_\_\_\_

Credit Card \_\_\_\_\_ EXP. Date \_\_\_\_\_

**SUMMER Session Dates: June 17-August 25**  
**Early Registration 5% Discount: MAY 1-14**  
**No Class: JULY 4**