

THANK YOU FOR MAKING PREMIER GYM & CHEER PITTSBURGH'S #1 CHEER AND GYMNASTICS TRAINING FACILITY!



Gym & Cheer

FALL Registration 2018

Gym(412)352-1430 Office (412)885-1104

www.premiergymandcheer.com

PRESCHOOL GYMNASTICS

Mommy and Me

___ Sat 9-9:45

Lil Kidz Gym(3-4)

___ Tues 3:30-4:30
___ Sat 9:00-10:00

Pre-School (4-5)

___ Tues 3:30-4:30
___ Tues 5:30-6:30
___ Sat 9:00-10:00
___ Sat 10-11 (advanced)
___ Thurs 5:00-6:00

Tumbling Tots

___ Mon 4:00-5:00
___ Thur 4:00-5:00

TUMBLING INSTRUCTION

Basics

___ Mon 4:00-5:00
___ Thurs 4:00-5:00
___ Thurs 6:00-7:00
___ Sun 11:30-12:30

Level 1

(Backhandspring)
___ Mon 4:00-5:00
___ Mon 7:00-8:00
___ Tues 7:00-8:00
___ Thurs 4:00-5:00
___ Thurs 6:00-7:00
___ Sat. 11:00-12:00
___ Sun. 11:30-12:30

Level 2

(Tucks/Layouts)
___ Mon 7:00-8:00
___ Wed 6:00-7:00
___ Thurs 4:00-5:00
___ Thurs 6:00-7:00
___ Sat 11:00-12:00

Level 3

(Full Twists/
Double Backs)
___ Wed 6:00-7:00
___ Thurs 6:00-7:00
___ Sat. 11:00-12:00

RECREATIONAL GYMNASTICS

Kindernastics

___ Tues 4:30-5:30
___ Tues 6:00-7:00
___ Thurs 5:00-6:00
___ Sat 10:00-11:00

Grades 1-2

___ Tues 4:30-5:30
___ Tues 6:00-7:00
___ Thurs 5:00-6:00
___ Sat 10:00-11:00

Grades 3-5

___ Tues 4:30-5:30
___ Tues 6:00-7:00
___ Thurs 5:00-6:00
___ Thurs 7:00-8:00
___ Sat 11:00-12:00

Grades 5-8

___ Tues 6:00-7:00
___ Thurs. 7:00-8:00
___ Sat 11:00-12:00

USAG GYMNASTICS (USAG levels are offered Pre-9)

Gymnast Level

Gymnast Days and Times

USAG PRE-TEAM

___ Sun 3-5
___ Mon 6-8
___ Wed 5:30-8
___ Sat 9-11

NEW!!! Exhibit Cheer Jr SUNDAY

Sunday
Wildcats 1:30-3

PREMIER COMPETITIVE GYMNASTICS

Pre-Team

___ Tues and Thurs 4:30-6
___ Tues 7-8:30 (lev3)
___ Thurs 6-7:30

Comp Grades 1-2

___ Mon and Thur 5:00-7:15

Comp Grades 3-4

___ Mon and Thur 5:00-7:15

Comp Grades 5-8

___ Mon and Thur 6:45-9:15

Optional Saturday 9-11

OPEN GYM PASS (Sat 10-11:30) \$40 (For Session)

PREMIER ALL STAR CHEERLEADING

Premier Tiny Team

___ Sun 10:00-11:00
___ Mon 5:00-6:00

Youth

Day 1: _____

Day 2: _____

Juniors

Day 1: _____

Day 2: _____

Seniors

Day 1: _____

Day 2: _____

Strength and Flex Tues 5:00-6:00

Private Lessons By Appointment

Instructor: _____

Day: _____ Time _____

BOYS Only CONDITIONING/ GYMNASTICS

___ Wed 7:00-8:00

NEW! Ninja Class

___ Sat 11:00-12:00

QUICK REGISTRATION!!

Student _____ Phone Number _____
Tuition _____ Registration Fee (\$25) _____ Total _____
Payment Option: _____ Cash _____ Check # _____ CVC _____
_____ Credit Card EXP. Date _____

FALL Session Dates: Sept 10-Dec 9
Early Registration 5% Discount: AUG. 1-14
No Class: Nov. 22-27 and Oct 31