

THANK YOU FOR MAKING PREMIER GYM & CHEER PITTSBURGH'S #1 CHEER AND GYMNASTICS TRAINING FACILITY!

PRESCHOOL GYMNASTICS

Mommy and Me

___ Sat 9-9:45

Lil Kidz Gym(3-4)

___ Sat 9:00-10:00

Pre-School (4-5)

___ Mon 3:45-4:45
___ Tues 5:00-6:00
___ Thurs 5:00-6:00
___ Sat 9:00-10:00
___ Sat 10-11 (advanced)

TUMBLING INSTRUCTION Basics

___ Thurs 4:00-5:00
___ Thurs 6:00-7:00
___ Sun 11:30-12:30

Level 1

(Backhandspring)

___ Tues 7:00-8:00
___ Thurs 4:00-5:00
___ Thurs 6:00-7:00
___ Sat. 11:00-12:00
___ Sun. 11:30-12:30

Level 2

(Tucks/Layouts)

___ Tues. 7:00-8:00
___ Thurs 4:00-5:00
___ Thurs 6:00-7:00
___ Sat 11:00-12:00

Level 3

(Full Twists/
Double Backs)

___ Wed 6:00-7:00
___ Thurs 6:00-7:00
___ Sat. 11:00-12:00



Gym & Cheer

FALL Registration 2020

Gym(412)352-1430 Office (412)885-1104

www.premiergymandcheer.com

USAG GYMNASTICS (USAG levels are offered Pre-10)

Gymnast Level

Gymnast Days and Times

USAG PRE-TEAM

___ Mon 6-8
___ Wed 6-8
___ Sat 9:45-11:45

Exhibit Cheer SUNDAY

Divas (ages3-5)
9:30-10:30
Wildcats(ages6&up)
9:30-10:30
Tumbling
___ 10:30-11:30

PREMIER COMPETITIVE GYMNASTICS

Pre-Team

___ Monday 4:45-6:15
___ Wednesday 4:45-6:15
___ Tues 7-8:30 (lev3)
___ Thurs 5-6:30(lev 3)

Comp Grades 1-2

___ Mon and Wed.
4:45-6:45

Comp Grades 3-4

___ Mon and Wed.
4:45-6:45

Comp Grades 5-8

___ Mon and Wed.
6:45-9:15

PREMIER ALL STAR CHEERLEADING

Premier Tiny Team

Sunday 9:00-10:00

Minis

Thursday 4:00-5:30
Sunday 9-10:30

Youth

Sunday 10-11:30
Thursdays 5-6:30

Junior 3

Tuesday 5-6:30
Thursday 6:00-8:00

Junior 4

Tuesday 6:00-7:30
Thursday 7:00-9:00

OPEN GYM PASS (Sat 10-11:30)

___ \$40
(For Session)

Private Lessons By Appointment

Instructor: _____

Day: _____ Time _____

QUICK REGISTRATION!!

Student _____ Phone Number _____

Tuition _____ Registration Fee (\$25) _____ Total _____

Payment Option: Cash _____ Check # _____ CVC _____

Credit Card _____ EXP. Date _____

RECREATIONAL GYMNASTICS

Kindernastics

___ Tues 5:00-6:00

___ Tues 6:00-7:00

___ Thurs 5:00-6:00

___ Sat 10:00-11:00

Grades 1-2

___ Thurs 5:00-6:00

___ Tues 6:00-7:00

___ Thurs 6:00-7:00

___ Sat 10:00-11:00

Grades 3-5

___ Tues 6:00-7:00

___ Thurs 6:00-7:00

___ Sat 11:00-12:00

Grades 5-8

___ Tues 6:00-7:00

___ Thur. 6:00-7:00

___ Sat 11:00-12:00

NEW! Ninja Class

___ Sat 11:00-12:00

FALL Session Dates: September 8-December 6
Early Registration 5% Discount: Aug. 1-14
No Class: Oct. 31 and Nov 26-29