

Flyers All-Starz Cheerleading

**Information document
Season 2026-2027**



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Flyers All-Starz

Welcome to our F.A.mily

Flyers is committed to providing you with high-quality training in cheerleading and tumbling. We offer top-quality equipment as well as qualified coaches to help you improve your skills as an athlete.

With more podium finishes than any other cheerleading gym in Canada, Flyers All-Starz is recognized for having one of the best programs in the country, as well as one of the top elite programs in the world!

No experience is required to participate in the evaluation process for team selection.



Hundreds of podium finishes

World-renowned coaches

A club that has reached the world podium 39 times

19 World Championship titles



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Flyers Cheer Gym



Flyers Cheer Gym offers a safe, structured, and supervised training environment that allows athletes to develop in a setting that supports learning, confidence, and optimal progress

- Two standard spring floors for cheerleading (9 panels)
- One in-ground trampoline
- One 40-foot in-ground tumble track
- A dedicated tumbling training area
- A large foam cube pit accessible from the trampoline, tumble track, and floor
- Extensive gym equipment: rolls, mats, cheese mats, air tracks, and more
- A locker room, pro shop, and athlete lounge with microwave access
- High ceilings
- Acrobatic bungee systems
- A filming balcony so teams can review performances and coaches can evaluate them
- A party room for children's birthdays

Why Flyers All-Starz is the best choice for you

Because we provide a safe environment!

We have state-of-the-art equipment and place a strong emphasis on safety guidelines to help our athletes progress while minimizing the risk of injury. In addition, we have a physiotherapist present at every competition, reinforcing our commitment to athlete care and safety.

Tumbling classes included!

Our national and world-level competitive athletes benefit from weekly tumbling classes in addition to their regular practices, allowing them to work on and achieve their tumbling goals.

Because it's a lot of fun!

We offer a variety of team activities, including games, themed practices, and more. At Flyers All-Starz, team spirit is one of our greatest strengths. Athletes build friendships and create lasting bonds. We also promote values such as discipline, punctuality, and a strong work ethic, which are valuable in their everyday lives.

Because you progress here!

With the best coaches in the country, our athletes improve quickly and develop into some of the best athletes in the world!

Because we work hard and it delivers results!

Our teams are recognized for their outstanding achievements thanks to our strong work ethic. We have earned over 785 podium finishes, including 50 national championship titles, 74 top-10 world placements, and 39 World Championship podiums. In addition, we have been crowned World Champions 19 times. At Flyers All-Starz, our teams achieve the best results in the country.

We have a team for everyone!

We offer competitive teams adapted to all levels, ages, experience, and abilities. With us, every athlete finds their place.



Flyers All-Starz

FREE Pre-evaluation May 17, 2026

Are you interested in joining Flyers All-Starz and want to know which level you would be placed in for the 2026–2027 season?

Come meet us for a free, no-obligation pre-evaluation.

You will receive a placement level result (for example: minimum Level 4, guaranteed Worlds team, minimum Level 2, etc.).

What do the pre-evaluations consist of?

The pre-evaluations consist of a brief interview with one of the Flyers coaches and a quick assessment of the athlete's skills. This evaluation will provide you with a guaranteed level placement for the 2026–2027 season, such as a guaranteed Level 4 or a guaranteed spot on a Worlds team.

For who ?

The pre-evaluations are intended for all NEW athletes, whether they have little or no experience, who are interested in joining a competitive Flyers All-Starz team for the 2026–2027 season.

What is the cost of the pre-evaluations?

Pre-evaluations are completely **free** for all athletes.

When ?

Sunday May 17, 2026 at Flyers Cheer Gym

How to register for a pre-evaluation ?

Pre-evaluations are by appointment only, and registration must be completed through Amilia.

[Click here to select your time slot.](#)

For new
competitive
athletes !

FREE
Pre-evaluation





Flyers All-Starz

Preparatory clinics

Prep clinics are part of our athlete placement process. These clinics are a great way to get noticed and have the opportunity to demonstrate your motivation and desire to improve. In addition to meeting our coaches, these clinics allow athletes to make new friends. Please note that everything that takes place during the prep clinics will be taken into consideration in the placement process. Furthermore, athletes can only receive spotting for tumbling skills during these clinics

Registration on Amilia. [Click here](#)

Non-refundable – non-transferable after registration.



Tumbling Clinics (Floor gymnastics)

Schedule	Description	Prerequisites	Age	Fees
Monday May 11, 6:00 -7:30 PM	Back handspring	None	Ages 6 and up	\$20
Tuesday, May 12, 6:00–7:30 PM	Tumbling Level 1-2	None	Ages 6 and up	\$20
Thursday, May 14, 6:00–7:30 PM	Tumbling Level 3-4	Prerequisites:Tumbling Level 2	Ages 6 and up	\$20
Monday, May 18, 6:00–7:30 PM	Back tuck	None	Ages 10 and up	\$20
Tuesday, May 19, 6:00–7:30 PM	Tumbling Level 3-4	Prerequisites:Tumbling Level 2	Ages 6 and up	\$20
Thursday, May 21, 6:00–7:30 PM	Tumbling Level 1-2	None	Ages 6 and up	\$20
Thursday, May 21, 7:30–9:00 PM	Layout	Prerequisites: Running to back tuck	Ages 8 and up	\$20
Sunday, May 24, 1:30–3:00 PM	Tumbling Level 4-5	Prerequisites: Tumbling Level 3+	Ages 8 and up	\$20
Sunday, May 24, 3:00–4:30 PM	Tumbling Level 2-3	Prerequisites: Tumbling Level1+	Ages 10 and up	\$20
Monday, May 25, 6:00–7:30 PM	Back handspring	None	Ages 6 and up	\$20
Monday, May 25, 7:30–9:00 PM	Tumbling Level 3-4	Prerequisites:Tumbling Level 2	Ages 6 and up	\$20
Thursday, May 28, 6:00–7:30 PM	Tumbling Level 1-2	None	Ages 6 and up	\$20
Thursday, May 28, 7:30–9:00 PM	Tumbling Level 3-4	Prerequisites:Tumbling Level 2	Ages 6 and up	\$20
Monday, June 1, 6:00–7:30 PM	Tumbling Level 2-3	Prerequisites: Tumbling Level 1+	Ages 10 and up	\$20
Monday, June 1, 7:30–9:00 PM	Tumbling Level 4-5	Prerequisites: Tumbling Level 3+	Ages 8 and up	\$20

Stunt Clinics (Important to register in stunt groups.)

Schedule	Description	Prerequisites	Age	Fees
Monday May 11, 6:00 -7:30 PM	Stunt Level 2-3	Prerequisites: Level 1 experience	Ages 8 and up	\$20
Monday, May 18, 6:00–7:30 PM	Stunt Level 4-5	Prerequisites: Level 3 experience	Ages 10 and up	\$20
Thursday, May 21, 6:00–7:30 PM	Stunt Level 2-3	Prerequisites: Level 1 experience	Ages 8 and up	\$20
Sunday, May 24, 1:30–3:00 PM	Stunt Level 2-3	Prerequisites: Level 1 experience	Ages 8 and up	\$20
Sunday, May 24, 3:00–4:30 PM	Stunt Level 4-5	Prerequisites: Level 3 experience	Ages 10 and up	\$20
Monday, May 25, 7:30–9:00 PM	Stunt Level 2-3	Prerequisites: Level 1 experience	Ages 8 and up	\$20
Thursday, May 28, 6:00–7:30 PM	Stunt Level 3-4	Prerequisites: Level 2 experience	Ages 10 and up	\$20



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Flyers All-Starz

Prep clinics(suite)

Flyers clinics

Schedule	Description	Prerequisites	Age	Fees
Tuesday, May 12, 6:00–7:30 PM	Floor stunts (Release move & body positions)		Ages 8 and up	\$20
Thursday, May 21, 7:30–9:00 PM	Floor stunts (Performance & body positions)		Ages 8 and up	\$20
Monday, May 25, 6:00–7:30 PM	Floor stunts (Twisting skills & body positions)		Ages 8 and up	\$20
Monday, June 1, 7:30–9:00 PM	Floor stunts (Dismounts basket & body positions)		Ages 8 and up	\$20

Specialty clinics (conditioning, jumps, dance, and motions))

Schedule	Description	Prerequisites	Age	Fees
Thursday, May 14, 6:00–7:30 PM	Jump technique improvement, conditioning, and flexibility		Ages 8 and up	\$20
Tuesday, May 19, 6:00–7:30 PM	Return to cheer – conditioning (no prerequisites)		Ages 10 and up	\$20
Thursday, May 28, 7:30–9:00 PM	The secret of Tryouts!		Ages 10 and up	\$20
Monday, June 1, 6:00–7:30 PM	FAW Tryout Preparation (born in 2013 or earlier)			\$20

Unlimited clinic and open gym passes

Unlimited pass	Access to all clinics and open gyms from May 11 to June 1 inclusively.	\$199
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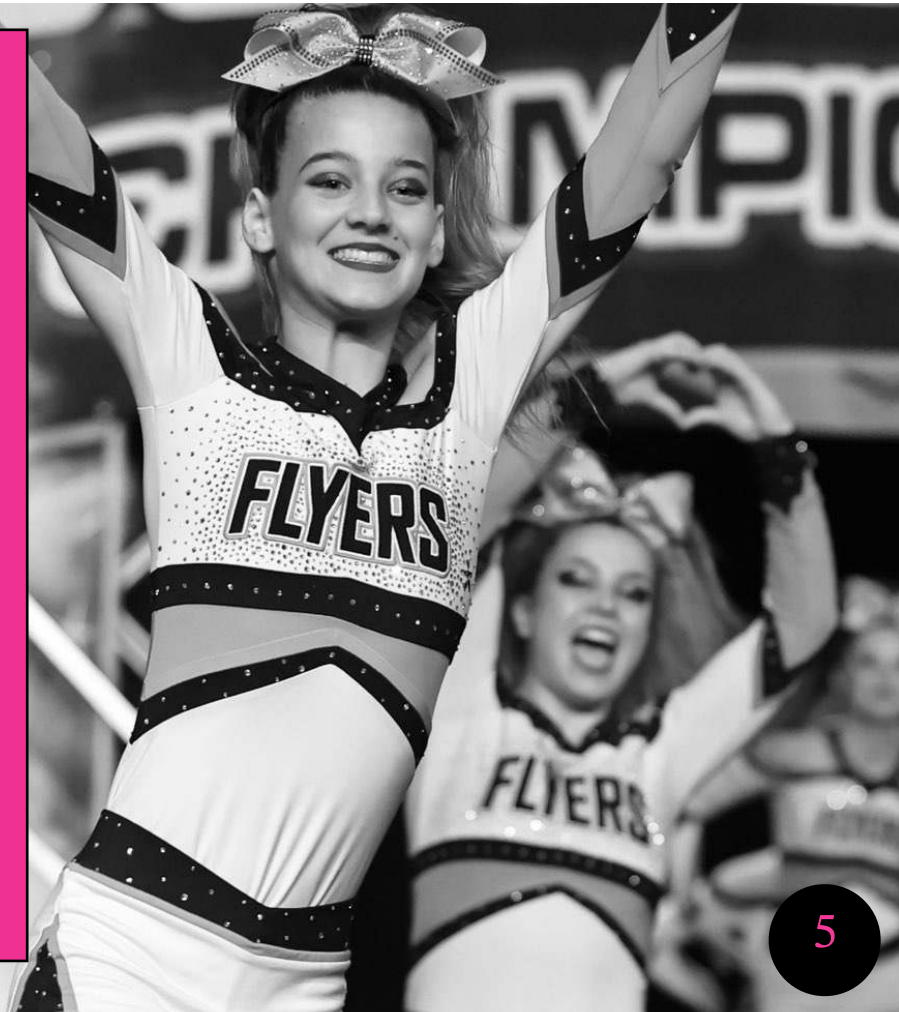
Registration on Amilia. [Click here.](#)

Non-refundable – non-transferable after registration.

Open gyms

(10\$ at the door - Cash only)

- Monday May 11, 7:30 to 10 PM
- Tuesday May 12, 7:30 to 10 PM
- Wednesday May 13, 6 to 9 PM
- Thursday May 14, 7:30 to 10 PM
- Friday May 15, 6 to 9 PM
- Monday May 18, 7:30 to 10 PM
- Tuesday May 19, 7:30 to 10 PM
- Wednesday May 20, 6 to 9 PM
- Friday May 22, 6 to 9 PM
- Tuesday May 26, 6 to 9 PM
- Wednesday May 27, 6 to 9 PM
- Friday May 29, 6 to 9 PM



Team creation procedures - New optimized format !

All athletes that wish to be part of a National, International, or World-level team for the 2026–2027 season must take part in the team selection procedures.

Phase 1 - Personalized assessment

Tuesday, June 2; Wednesday, June 3; and Thursday, June 4.

Registration (Amilia): SSelect the date and time slot that works best for you when registering

Format:

- Total duration: approximately 1 hour 30 minutes per athlete
- Small group assessment
- Personalized, supervised approach

Content of the personalized assessment:

- Individual interview (goals and expectations)
- Tumbling evaluation
- Jump evaluations - [Click here](#) to access the jump sequence that will be assessed
- Dance evaluation

Please note: You must learn the dance in advance using the following video link:

Dance (born between 2014 and 2019): Français - [Click here](#) English - [Click here](#)

Dance (born in 2013 or earlier): Français - [Click here](#) English - [Click here](#)



Phase 2 -Group Evaluation

Friday, June 5; Saturday, June 6; and Sunday, June 7.

Registration (Amilia): Select the appropriate group when registering.

Format and content:

- Specific evaluation of stunt skills, conducted in groups.

Please note:

- All athletes wishing to be considered for a flyer position must also participate in the additional "Flyer" evaluation, in addition to the stunt evaluations corresponding to their birth year and experience level.
- All athletes who indicated interest in a Summit and/or Worlds team during registration will be evaluated according to the requirements of those teams.

Groups	Schedule
Additional flyer evaluation (born between 2014 and 2019)	Friday June 5, 6:30 to 8 PM
Additional flyer evaluation (born in 2013 or earlier)	Friday June 5, 8 to 10 PM
Athletes born between 2015 and 2019 and at beginner to Level 5 (non-Worlds) level	Saturday June 6, 10 to 12 PM
Athletes born between 2012 and 2014 and at beginner to Level 5 (non-Worlds) level	Saturday June 6, 12:30 to 2:30 PM
Athletes born in 2011 or earlier and at beginner to Level 5 (non-Worlds) level	Saturday June 6, 3 to 5 PM
Athletes born in 2013 or earlier.	Option 1: Saturday June 6, 6 to 8:30 PM
Athletes who have already participated in the World Championship (Levels 5 to 7)	Option 2: Sunday June 7, 6:30 to 9 PM

Phase 3 - Targeted additional evaluation (by invitation only)

Monday, June 8 and Tuesday, June 9.

Objectif:

- To allow the completion of the evaluation of certain athletes, if required.

Format:

- Group evaluations
- Specific evaluations based on needs
- This phase is by invitation only
- The invitation to this phase is intended to complete the evaluation of certain athletes, depending on the needs of the process.
- Starting on Sunday, June 7, athletes will receive an email indicating whether they are invited to Phase 3 and, if applicable, the date and time of their appointment (Monday, June 8, from 6:00 to 8:00 p.m. or from 8:00 to 10:00 p.m., or Tuesday, June 9, from 6:00 to 8:00 p.m. or from 8:00 to 10:00 p.m.).

Team creation procedures (continued)

Evaluation - Fees and additional options

Registration before May 15: \$20 discount

Evaluation type	Description	Fees
Regular evaluation	All athletes wishing to be part of a National, Summit, or World-level team	\$75
Flyer evaluation	All athletes wishing to be considered for a flyer position must take part in the additional "Flyer" evaluation, in addition to the other evaluation phases.	\$15
Summit & Worlds evaluation	All athletes interested in a Summit and/or Worlds team must indicate this during their Amilia registration and will be evaluated according to the requirements of those teams	\$20

Evaluation type	Description	Schedule	Fees
2nd chance	For athletes who participated in the regular tryouts but wish to be re-evaluated on certain elements.	Monday June 8, 6 to 8 PM	\$25
Late evaluations	A full evaluation in one day for athletes who are not available during the regular evaluation sessions.	Sunday June 7, 2:30 to 5:30 PM	\$115
By appointment	A full evaluation by appointment for athletes who are not available during the tryouts.	Contact us. info@flyerscheerleading.net	\$150
By video	A full evaluation by video for athletes who are unable to attend in-person tryouts.	Contact us. info@flyerscheerleading.net	\$150

Registration for evaluations – Steps to follow

Step 1: Registration on Amilia: [Click here](#) to access the platform.

During registration, you will need to:

- Select your time slot for Phase 1.
- Select the group corresponding to the athlete's year of birth and experience.
- Indicate whether the athlete wishes to be considered as a flyer by participating in the additional evaluation.
- Indicate whether the athlete wishes to be evaluated for a Summit and/or Worlds team

Step 2: Form: Complete the Google Form. [Click here to access it.](#)

Step 3: Learn the dance and jumps that will be evaluated during Phase 1.

Dance (born from 2014 to 2019):

Français - [Cliquez-ici.](#) English - [Click here](#)

Dance (born in 2013 or before):

Français - [Cliquez-ici](#) English - [Click here](#)

Jumps [Click here](#)

Step 4: Attendance at the evaluation

Attend the selected appointment time chosen during registration, as well as the subsequent phases.

What to bring

Important points

- Appropriate training attire
- Cheerleading shoes (or running shoes)
- Hair tied back
- No jewelry permitted.
- Water bottle

2026-27 Team creation

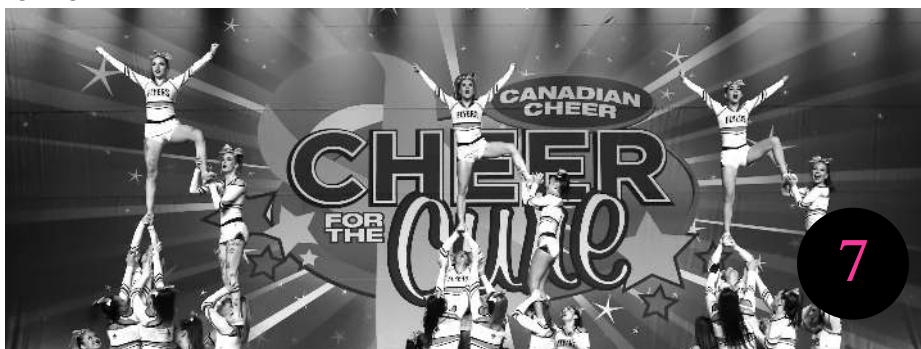
Starting June 25.

Team confirmations by phone call

Schedule and important information provided

Week of **July 6 2026**

Start of the 2026–2027 season.





Flyers All-Starz - Our programs

« Cheer fun » Recreational

Cheerleading introduction – No evaluation required.

Training:

1 X 1 hour / week of cheerleading (According to the Flyers schedule, except for certain holidays and competition days..)

Age: 3 to 12 years old

Season: Registration is open at any time.

Registration fee*: \$55

Training fee*: \$48 / mois

Extra fee*: None

Included: Practice T-Shirt

***Non-taxable. Amilia fees not included.**



Recreational

Introduction to cheerleading – No evaluation required.

Training:

1 X 1.5 hour / week of cheerleading (According to the Flyers schedule, except for certain holidays and competition days.)

1 X 1 hour / week of optional tumbling (58 \$ / month) see page 15

Competition:

No competition.

Participation in the Pink Premier show (November) and the Pink Finale show (April).

Age: 3 to 13 years old

Season: Registration is open at any time.

Registration fee*: \$140

Training fee*: \$68 / mois

Extra fee*: Aucun

Included: Practice T-Shirt

***Non-taxable. Amilia fees not included.**



All Star Regional

Perfect for starting competitive cheerleading - No evaluation required.

Training:

1 X 2 hours / week of cheerleading (According to the Flyers schedule, except for certain holidays and competition days.)

1 X 1 hour / week of optional tumbling (\$58 / month) see page 15

Competition:

2 competitions.

Participation in the Pink Premier show (November) and the Pink Finale show (April).

Age: 5 year old and up (born in 2020 ou before) *Varies depending on demand.

Saeason: Registration is open at any time.

Registration fee*: \$435

Training fee*: \$79 / mois

Included:

Practice T-Shirt

Competition uniform & competition hair accessory.

***Non-taxable. Amilia fees not included.**





Flyers All-Starz - Our programs

All Star National

Competitive teams - Provincial and National competitions
Evaluation required.

Training:

Cheerleading: 2 X 2 hours / week. (Summer 1 X 2 hours / week)

Tumbling: 1 class of tumbling per week (included)

Competition:

Minimum of 4 competitions in addition to the Nationals in Mississauga, Ontario.

Participation in the Pink Premier show (November) and the Pink Finale show (April).

Levels: 1 to 5

Age: Born in 2019 or before

Season: July to April

Training and tumbling fees.*: \$2010

- Included: - Technical training in cheerleading and tumbling.
- Weekly cheerleading practices and tumbling classes.
- Administration and insurance fees.

Competition fees*: Between 1320\$ and 1480\$

- Included: - All competition registration fees.
- **Accommodation and transportation costs for competitions outside Quebec.
- Physiotherapists present at Flyers All-Starz events
**The amount included in the transportation and hotel price is based on current rates.
In the event of a significant increase, an adjustment may be required.

Additional fees (mandatory)*: \$785

- Included: - Practice shorts and top.
- 2026–2027 Practice T-shirt.
- 2026–2027 Team rhinestone T-shirt – NEW!!!
(Not included for athletes joining a team after October 1, 2026.)
- 2026–2027 Competition zip up
- 2026-2027 Make up kit
- 2026-2027 Competition hair accessory.
- Skill training by experts and choreography camp.
- Cheerleading mix – Professional DJ.
- Choreography by our Flyers All-Starz coaches.
- Cheer Quebec membership

Competition uniform*: \$475 (New model)

Cross-over fee (if you do 2 teams)* :

\$995 (includes compétition fees)

***Non-taxable. Amilia fees not included.**





Flyers All-Starz - Our programs

Flyers All Starz International

For the 2026–2027 season, our goal is to help our athletes push themselves even further and grow our SUMMIT program. We will offer up to 4 international teams that will attempt to qualify for the prestigious “The Summit” competition, which will take place in Orlando in April 2027.

All Star International

Competitive teams - Provincial, National, and The Summit competitions
Evaluation required.

Training Cheerleading: 4h to 5h / week. (Summer 1 X 2 hours / week)
1 tumbling class per week.

Competition:

Minimum of 3 qualifying competitions (with bid).

“The Summit” Championship (Orlando).

Participation in multiple shows, including the Pink Premier (November), the Pink Finale (April), and the SUMMIT show (April).

Camps included: Skill camps, choreography camps, and routine perfecting camps.

Levels: 2,3,4

Age: Born between 2008 & 2015 (Varies depending on the different divisions.)

Season: July to April

Training fees*: \$2010

- Technical training in cheerleading and tumbling.
- Weekly cheerleading practices and tumbling classes.
- Administration and insurance fees.

Competition fees*: Between \$4340 et \$4490

- Flyers All-Starz “The Summit” experience including the trip (transport**, accommodation, competition, and The Summit 2027 special collection, including several assorted shirts and tank tops, 2 complete practice kits, and about ten accessories).
 - **Accommodation and transportation costs for a competition outside Quebec
 - All competition registration fees.
 - Physiotherapists present at Flyers All-Starz events.
- The amount included in the transportation price is based on current rates. In the event of a significant increase, an adjustment may be required.

Additional fees (mandatory)*: \$830

- Specialized training sessions.
- 2026–2027 practice T-shirt.
- 2026–2027 team rhinestone T-shirt* - NEW!!!
(Not included for athletes joining a team after October 1, 2026.)
- 2026–2027 practice shorts and top.
- 2026–2027 competition hair accessory.
- Competition Make up Kit
- 2026-2027 Flyers Zip up
- Skill camps, choreography camps, and routine refinement camps.
- Cheerleading mix - Professional DJ.
- Choreography by our Flyers All-Starz coaches.
- Cheer Quebec membership

Competition uniform*: \$475 (New model)

***Non-taxable.** Amilia fees not included.



BEING ON A SUMMIT TEAM INVOLVES:

- Being present at all practices and events without exception.
- Maintaining good behavior at all times.
- Attend the included tumbling classes and complete additional training outside of team practices.
- Pay fees on time according to the established deadlines.
- Accept and embrace your role on the team, whatever it may be



Flyers All-Starz

Our cheerleading programs

Flyers All-Starz Worlds

The Flyers All-Starz Worlds (FAW) program is recognized worldwide. For the 2026–2027 season, our goal is to help our athletes push themselves even further and to grow our FAW program.

2010-2025 - Flyers All-Starz Worlds

- ★ 86 teams at the World Championships
- ★ 75 teams qualified in final
- ★ 74 times in the top 10
- ★ 62 times in the top 5
- ★ 49 Nations Cup won
- ★ 39 Globes won (Top 3)
- ★ 19 World Champion titles



BEING PART OF AN FAW TEAM INVOLVES:

- Attend all practices and events without exception.
- Maintain good behavior at all times.
- Attend the included tumbling classes and complete additional training outside of team practices.
- Pay fees on time according to the established deadlines.
- Accept and embrace your role on the team, whatever it may be.



Flyers All-Starz - Our programs

All Star Worlds

Competitive teams - Provincial, National, and World championship competitions

Evaluation required

Training: Cheerleading : between 4 hrs 45min & 5hrs 45min per week (Summer: 1 training of 2 to 2 hrs 30 per week)
1 tumbling class per week.

Competition:

Minimum of 3 qualifying competitions(with bid)

Worlds Championship (Orlando).

Participation in several showcases, including the Pink Premier (November), Pink Finale (April), and the FAW show (A

Camps included: Skill camps, choreography camps, and routine perfecting camps.

Levels: 5,6,7

Age: Born in 2013 or before (varies depending on the different divisions)

Season: July to April

Training fees*: 2170\$

- Technical training in cheerleading and tumbling.
- Weekly cheerleading practices and tumbling classes.
- Administration and insurance fees.

Competition fees*: Between 3755\$ and 3905\$

Includes: - Flyers All-Starz Worlds experience including travel (transport**, accommodation, competition) and the FAW 2027 special collection, including multiple assorted shirts and tank tops, 2 full practice kits, and approximately ten accessories.

- All competition registration fees.
- **Accommodation and transportation fees for competitions outside Quebec.
- Physiotherapists present at Flyers All-Starz events.

**The transportation cost included in the price is based on current rates.
In the event of a significant increase, an adjustment may be required.

Additional fees (mandatory): 875\$

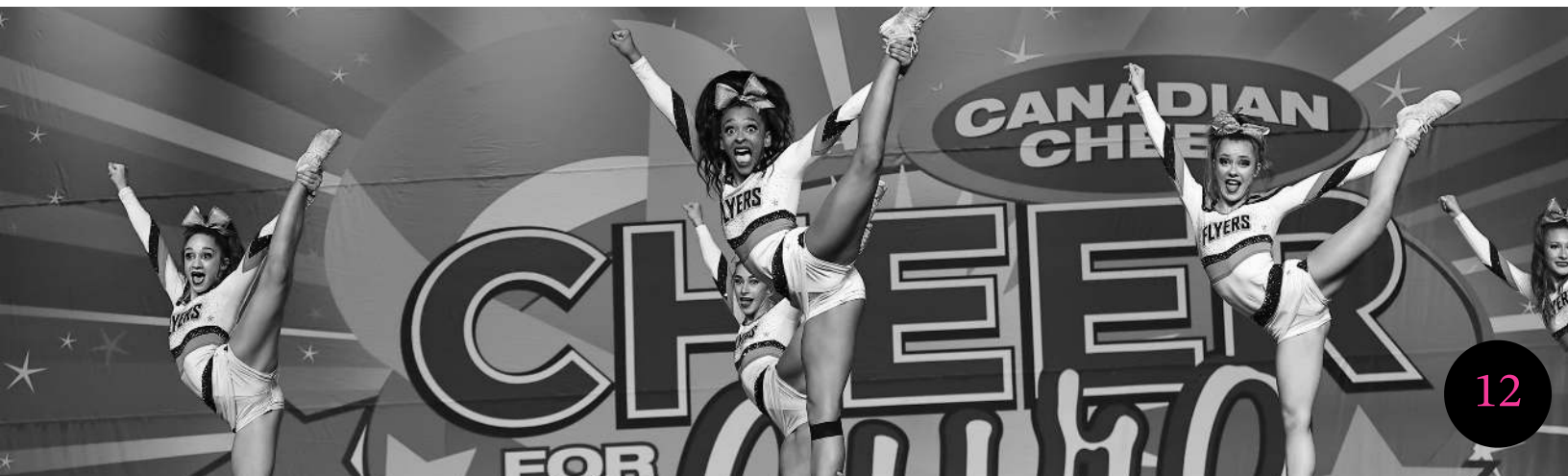
Includes: - Specialized training sessions.

- 2026-2027 practice T-shirt.
- 2026-2027 team rhinestone T-shirt* - NEW!!!
(Not included for athletes joining a team after October 1, 2026.)
- 2026-2027 practice shorts and top.
- 2026-2027 competition hair accessory.
- Competition Make up Kit
- 2026-2027 Flyers Zip up
- Skill camps, choreography camps, and routine refinement camps.
- Cheerleading mix - Professional DJ.
- Choreography by our Flyers All-Starz coaches.
- Cheer Québec membership

FAW competition uniform*: \$475 (purchase)

Uniforme #2*: Rental \$150 (additionnel deposit refundable of \$100)

***Non-taxable. Amilia fees not included.**





Flyers All-Starz

Payment methods

Fees	Details / Payment dates
Training, competition, and additional fees (excluding the competition uniform).	<p>Please refer to the 2026–27 electronic contract for payment dates and deferred payment terms.</p> <p>One single full payment At registration to benefit from the \$200 discount.</p> <p>2 equal payments At registration and on December 1, 2026</p> <p>4 payments At registration: \$600 Remaining balance divided into equal installments.</p> <p>8 payments At registration: \$600 Remaining balance divided into equal installments.</p> <p>Note: if your result includes a "level up" condition or private lessons, these fees will be added to your registration payment.</p>
Competition uniform (s)	If applicable: Deposit August 2026 Balance November 2026
Gala	TBC (not included)

Automatic bank withdrawals: no fees

Credit card: a \$50 fee applies

No hidden fees

Non-taxable

2026-27 Discount

Referral discount (competitive national, Summit, and Worlds only).

\$50 for a referred new athlete.

\$250 for 2 referred new athletes.

\$500 for 3 referred new athletes.

\$800 for 4 referred new athletes.

(Send an email info@flyerscheerleading.net before September 1, 2026)

Family discount (competitive only).

\$150 discount per person from the same family living at the same address.

Fidelity discount

\$200 discount when you have been part of Flyers All-Starz since 2021-22.

One-payment discount (competitive national, Summit, and Worlds only).

\$200 when you pay in one full payment

Fundraising

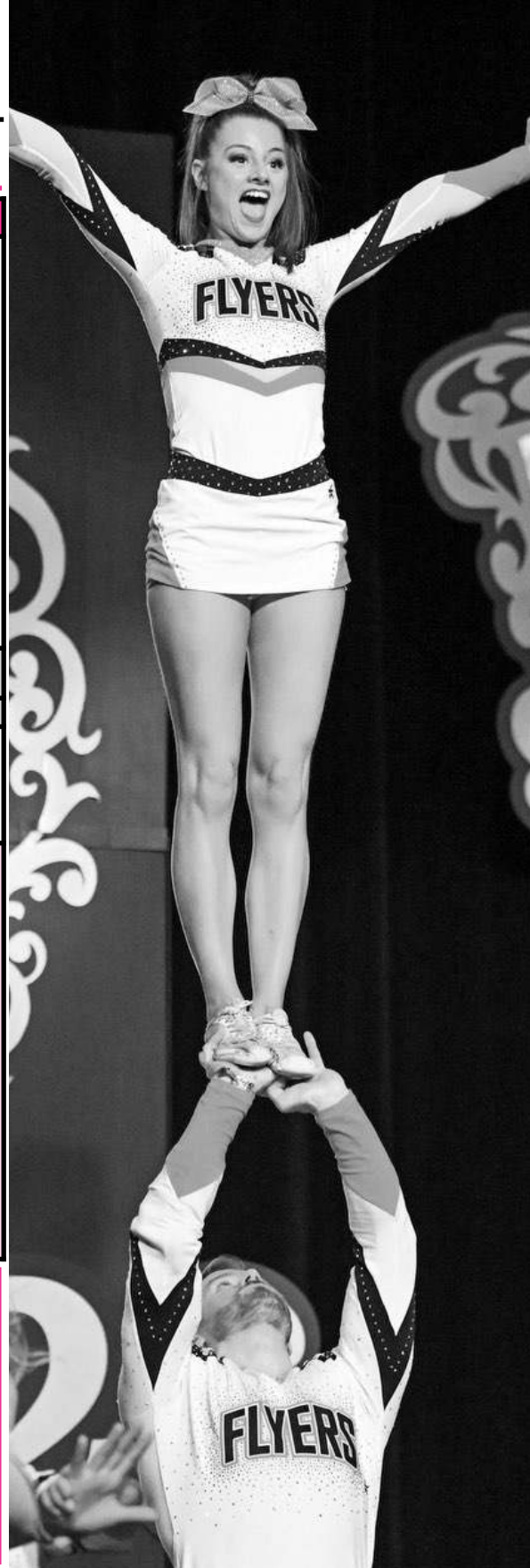
Over \$75,000 raised for the 2025–2026 season!!

Flyers All-Starz is proud to continue its fundraising initiatives for the 2026–2027 season. Aware that fees can be a barrier, we are implementing a structured system to support our athletes. Funds raised will be directly credited to participants' Amilia accounts. All initiatives must be pre-approved by the administration, who will also appoint the responsible coordinators at the beginning of the season.

Sponsorship

A sponsor is an individual or a company that contributes financially to an athlete or to the gym. Sponsorship funds raised will be directly credited to the athlete's Amilia account.

Upon request, Flyers All-Starz can provide a letter confirming the athlete's enrollment in the program. A receipt can also be issued for sponsorship donations. Companies wishing to support the gym may receive promotional visibility in return. Sponsorship packages are available upon request.





Flyers All-Starz

Excellence scholarship program

Flyers All-Starz is the first in the country to offer financial support to athletes experiencing financial hardship, allowing them to be part of their dream team. For the 2026–2027 season, Flyers All-Starz is committed to offering several excellence scholarships ranging from \$100 to \$1,750 each..

To apply for a scholarship, please complete the application form by June 10, 2026:

[Click here to access the scholarship application form.](#)

The form must include the following elements::

- Your experience and achievements in cheerleading or sports.
- The reasons why you are requesting a scholarship.
- Your short, medium, and long-term ambitions and goals in the sport.
- One or more reference letters from a relative or another individual explaining why you are a strong candidate for a scholarship.

For any information regarding athlete, team, or club sponsorships, please contact the administration at info@flyerscheerleading.net to obtain the procedure.

In order to award these scholarships, a minimum contribution of \$15 will be added during your registration on Amilia. You may also choose to make a larger donation if you wish, simply by informing the administration. Every donation is redistributed as scholarships to help athletes achieve their dream of being part of Flyers All-Starz.

*An individual may receive more than one scholarship..

** Only athletes registered for the 2026–2027 season are eligible to receive a scholarship.

*** Scholarships are only applicable if the athlete completes the season with their team and are applied to the final payments of the season.





Flyers All-Starz

Tumbling, open gym & VIP pass

Tumbling is a discipline in which gymnastics movements are performed on the floor. Mastering these skills is demanding and requires discipline, technique, and good physical conditioning.

Weekly Tumbling (group classes)

Weekly tumbling classes are included and are mandatory for our National, International, and Worlds All-Star teams (except for our non-tumbling Worlds teams).

At Flyers Cheer Gym, we are proud to offer high-quality tumbling classes at all levels, with qualified and experienced coaches to ensure proper technical and physical development of our athletes. Classes are available throughout the week, and athletes who wish to train twice a week can register for the full year through Amilia. We offer multiple groups based on skill level, as well as several time slots to accommodate athletes.

Class: 1 X 1 hour per week

Level: Beginner to elite (multiple groups available)

Cost: \$58 / month (for access to 1 class per week)

Included for National, International, and Worlds All-Star athletes

Level up (small group classes)

"LEVEL-UP" tumbling classes are designed to help athletes reach their goals more quickly by providing personalized attention from an instructor in smaller groups. These classes focus on learning skills specific to a particular level. It is important to note that, in some cases, "LEVEL-UP" classes may be a requirement for an athlete's placement on a specific team

Class: 1 X 1 hour per week

Session: September to April

Types of classes offered:

Level Up "Back Handspring" (no prerequisites)

Level Up "Back Tuck" (no prerequisites)

Level Up "Level 3-4" (prerequisite: roundoff-back handspring punch or roundoff punch)

Level Up "Twist" (prerequisite: layout on the tumble track)

Level up « Flyer » (no prerequisites)

Level Up "Level 7" (trampoline class for aerial skills)

Pricing:

All-Star athletes (national, international, and worlds levels): \$200/year

Recreational, regional, or external athletes: \$300/year

Private & semi-private class

Private lesson pricing:

3 classes: \$200

5 classes: \$335

10 classes: \$629

Semi Private lesson pricing:

5 classes: \$385

10 classes \$729

Procedures for private and semi-private lessons:

1. Purchase a package on Amilia by [clicking here](#).

2. Once your package is purchased, join our private Facebook group to schedule appointments with our coaches.

[Click here to access the Facebook group.](#)

Open gym

Open gym sessions allow athletes to work independently and/or with the help of their teammates on their cheerleading skills, stunts, choreography, jumps, and/or tumbling.

Pricing:

10\$ / open gym per person

Annual pass: \$149,99 (from July 1, 2026 to April 30 2027)

* Please note that discounted or promotional open gym sessions may occasionally be offered

Schedule: To be announced

VIP passes (tumbling & open gym)

Description:

• Access to all open gym sessions (from July 1, 2026 to April 30, 2027).

• Access to all tumbling classes (from July 1, 2026 to April 30, 2027).

• Access to all "Level Up" classes (from September 2026 to April 2027).

*Does not include special clinics, camps, or other events.

Pricing:

Annual pass: \$499 from July 1, 2026 to April 30 2027)

Schedule: To be announced



Flyers All-Starz - 2026-27 RULES

Your registration with Flyers All-Starz represents a commitment for the 2026–2027 season from July to April, including training sessions, practices, competitions, and showcases. Mandatory attendance at all these events is the policy that has helped Flyers All-Starz become one of the top cheerleading gyms in Canada.

We rely on the commitment of parents and families to ensure that athletes are present at all practices and competitions at all times. As cheerleading is a team sport, an athlete's absence from training can have negative impacts on the entire team. An athlete's role or position may be reconsidered after the first absence.

Competitions are 100% mandatory. An athlete who is absent from a competition will be required to pay the competition fees and may have their role on the team modified for the remainder of the season.

General rules :

1. It is prohibited to order or produce clothing or accessories bearing the team's image, whether or not they include the Flyers name or the name of a team.
2. The use of tobacco, alcohol, or drugs is strictly prohibited during practices, competitions, or any other activities organized by Flyers.
3. All athletes must follow the rules issued by their coach(es) or any person in charge.
4. If you experience any form of bullying or discrimination during practices, you must report it immediately to the coaches.

Code of conduct :

Flyers All-Starz enforces a zero-tolerance policy toward any form of disrespect or bullying, whether verbal, physical, psychological, or digital. No hateful, false, racist, sexual, discriminatory, negative, or disrespectful remarks will be tolerated, whether:

- In person, during practices, competitions, or events;
- On social media (posts, stories, comments, or private messages).
- Toward any athlete, coach, staff member, parent, or representative or athlete from another gym.
- Any violation of this rule will result in serious consequences, which may include permanent removal from the program.

Attitude :

1. All athletes must be ready to work hard and push themselves in the pursuit of excellence.
2. All athletes must understand that being part of the Flyers family is not a right, but a privilege.
3. Parents and athletes must be aware of the commitment and responsibilities that come with their participation.
4. Parents and athletes must always cooperate with coaches and those in charge.
5. Parents and athletes must be aware that their behavior as representatives of the Flyers can impact the overall perception of the program.

Appearance :

1. Athletes must follow the dress code and the required makeup and hair guidelines set by Flyers at all times.
2. No modifications to mandatory practice clothing or the competition uniform are permitted, except for alterations that do not change the appearance of the uniform.
3. Flyers All-Starz reserves the right to require an athlete to cover a tattoo that could affect team uniformity.
4. No unnatural hair colors (red, blue, green, etc.) are permitted during competitions and/or performances. In addition, bangs must be secured with an approved hair clip.

Expectations and attendance:

1. All practices are mandatory, even when injured or ill (summer vacation during the scheduled break will be permitted).
2. Athletes must arrive on time and be ready to practice. An athlete who is frequently late may risk being removed from the program.
3. Athletes must behave in an exemplary manner at all times and must do everything in their power to achieve their personal goals as well as those of the team.
4. An athlete's role or position may be reconsidered after the first absence.

Competitions and showcases:

1. All competitions and showcases are mandatory, even in the case of injury or illness, and attendance is required from beginning to end.
2. Athletes must arrive on time and wear the agreed-upon attire.
3. Athletes are required to attend competitions even if they are ill. However, if an athlete is unable to perform all elements of their routine, the choreography will be adjusted accordingly based on their health condition.

Security :

1. Safety is the most important value within our organization.
2. Putting oneself or someone else in danger is unacceptable and may result in disciplinary action.
3. No jewelry, gum, candy, or food is allowed in the gym.
4. All jewelry must be removed during practices, performances, and competitions.
5. Nails must be kept short at all times. No artificial nails are permitted during practices, performances, or events.

Parental responsibilities:

1. Follow and ensure their child follows all gym rules.
2. Ensure their child arrives on time for all practices and competitions.
3. Inform coaches of any absence or delay for a valid reason.
4. Be able to pay the required fees on time. (Several payment methods are available.).
5. Communicate any issues (of any kind) to the coaches as soon as they arise, as coaches do not see everything.

Communication between Flyers and parents:

1. Flyers All-Starz will communicate through messages in their respective team Facebook groups and/or by email.
2. Parents are responsible for reviewing these communications. Important information will be shared through these channels.



Flyers All-Starz

Sport concentration (VIP team)

The Flyers All-Starz VIP program is composed of students from various schools offering sports concentration programs. Flyers All-Starz was the first program of its kind in the province.

The program is open to elementary and secondary school students. Athletes in the program attend school in the morning at their respective schools and gather at the Flyers Cheer Gym for afternoon training.

During these training sessions, we focus on cheerleading, tumbling, jumps, and dance techniques, while also emphasizing athletes' physical conditioning, including flexibility, strength, power, and endurance. Athletes in the program benefit from the expertise of some of the best coaches in the country, and their progress is significant. To be part of this program, students must have and maintain a good overall academic average at school (requirements vary by institution). It is still possible to join our program, but it is recommended to begin the admission process for your chosen school as soon as possible.

Please note that the VIP team will participate in 2 competitions in addition to the Pink Premier show (November) and the Pink Finale show (April). For any questions regarding our program or to receive registration details, please email us at: info@flyerscheerleading.net or call us at 514-332-3777.

Elementary program (Grades 3 and 4): Friday.

Elementary program (Grades 5 and 6): Monday, Wednesday, and Friday.

High school program: Monday to Friday.

École primaire Jonathan-Wilson Ile Bizard
514-855-4242

École secondaire Des Sources Dollard-des-Ormeaux
514-855-4208

École secondaire Cité des jeunes Vaudreuil
514-477-7007

École secondaire John Rennie Pointe-Claire
514-697-3210

Partnership with your school available upon request.





2026 Summer day camp

This summer, come and do cheerleading and tumbling (floor gymnastics) at Flyers Cheer Gym. Staying active is good for your health! Our day camp is open to all youth aged 5 and up, whether they are beginners or advanced in cheerleading.

There is a place for everyone.

Each week, your children will discover all aspects of cheerleading such as stunts, floor gymnastics/tumbling, dance, and jumps. They will also take part in a variety of indoor and outdoor activities such as organized games, trampoline, crafts, water games, and more.

Come make friends, laugh, and have fun while practicing your favorite sport in a safe environment.

Schedule: Day camp: 9:00 AM to 4:30 PM

Daycare: 8:00 to 9:00 AM and 4:30 to 5:30 PM (included).

Showcase

With the help of coaches, children will learn a cheerleading routine throughout their week at camp. We invite all parents to attend the mini showcase on Friday at 4:15 p.m. to close out the camp week.

Registration:

To register for the Flyers day camp, simply click the following link:

[Click here to register for the day camp.](#)

Cost:

5-day camp: \$275 per week. Daycare included.

3-day camp: \$199 per week. Daycare included.



What to bring to Flyers camp:

- * Comfortable sports clothing (e.g., t-shirt, shorts, leggings, sports bra)
- * Indoor running shoes
- * No jewelry (necklaces, earrings, etc.)
- * Your lunch (microwave available)
- * Snacks (please be mindful of allergies: no nuts, peanuts, seafood, or kiwi)
- * Beach towel (for outdoor picnics)
- * Water bottle
- * Sunscreen
- * Cap/hat
- * Inhaler and/or EpiPen if needed
- * Your beautiful smile :)



Children's birthday parties at

Looking to organize a birthday party for your child in a unique and fun location?

Our gym offers kids' parties for all ages and all experience levels! We provide fun activities such as cheerleading, jumps, tumbling, dance, and much more. We offer a package that includes a dedicated instructor to guide and supervise the activities.

Our kids' parties are perfect for birthdays, end-of-school-year celebrations, or simply a fun day with

Duration: 2h30

Age: Starting at 3 year old

Included:

1h30 activity in the gym
1 coach
Decorated party room

Schedule (to be confirmed):

1:45 PM: Arrival
2:00 PM: Activities in the gym
3:30 PM: Gifts
4:15 PM: Departure

Cost

\$175 for a maximum of 10 enfants
\$15 per additionnel children

Activity choices:

- ★ Cheerleading (stunts, pyramides & tumbling)
- ★ Flip & fun (trampoline, tumbling & Activities in with foam blocks)
- ★ Super Heros (parcours, trampoline & tumbling)

Contact us now to book your birthday party at our gym!
info@flyerscheerleading.net, 514-332-3777

A 50% non-refundable deposit is required at the time of booking.
Final payment is due on the day of the event.



**Flyers Cheer Gym
Montréal**

**9233 Thimens Street
Pierrefonds, Québec,
H8Y 0A1**