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Legends Tryout application

Name _____

Age as of August 31, 2016 _____

Birthday _____ Grade 16-17 _____

Have you cheered before? ____ Yes ____ No

If so, where? _____



Check **ALL** tumbling skills you throw on the **FLOOR** and **WITHOUT** a spot!

Standing Tumbling

____ Round off
____ Back Walkover
____ Front Walkover
____ Back Handspring
____ Standing Tuck

Standing Series Tumbling

____ Multiple Back Handsprings
____ BHS step out round off BHS
____ Triple Jump multiple BHS
____ BHS Tuck
____ BHS Layout

Running Tumbling

____ Round off
____ Back Handspring
____ Multiple BHS
____ Tuck
____ Layout

At which stunt position(s) do you have experience? **NONE FLYER BASE BACKSPOT**

CHECK your most advanced Stunting Skill Level

____ **Level 1** (No experience or level 1 stunt preps)

____ **Level 2** (Ex. One-legged preps, Extensions, Straight Cradle dismounts and straight-ride baskets tosses)

____ **Level 3** (Ex. Extended one-legged stunts, Full twisting two-legged dismounts, single trick basket tosses)

____ **Level 4** (Ex. Extended one-legged stunts, Double twisting two-legged dismounts, kick-full basket tosses)

Are you willing to cheer for two Legends cheer teams? ____ **Yes** ____ **No**

****Only additional cost to be on 2 cheer teams is competition fees.**

If NO, Daughter will be placed on the lower of the two cheer teams.

Staff Use ONLY

Standing

Series Running

Jumps

Motions

Stunts

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**LEGENDS ALL-STARS
MEDICAL RELEASE AND APPEARANCE WAIVER**

This form must be filled out prior to any participation within the Legends Cheer Program.

Name: _____ Age: (as of 8/31/16) _____

Student's Cell Phone: _____ (if applicable) Date of Birth: _____

School: _____ Grade: _____ (as of 08/16)

Home Address: _____

City/State/Zip: _____ Home Telephone: _____

Mother's Name: _____ Phone: _____

Father's Name: _____ Phone: _____

If parent cannot be reached, please contact: _____ Phone: _____

Family Doctor: _____ Doctor's Phone Number: _____

Health Insurance Company: _____ Policy Number: _____

Have you had any serious illness or injury (explain)? _____

Do you have any medical problems or allergies that may interfere? _____

Email address: _____

Medical Treatment Authorization/ Liability and Appearance Release

I understand that there are risks of physical injury (including but not limited to cuts, sprains, broken bones and/ or catastrophic injury) associated with the activities taking place at this training center. In recognition of this acknowledged risk of injury, I knowingly and voluntarily waive all rights and or causes of action of any kind, including but limited to any and all claims of negligence, arising as a result of such activity from which liability could accrue to Legends All-Stars, its owners, directors, instructors, managers, employees, substantiates, coaches, volunteers and affiliated parties (hereinafter referred to as Legends).

I hereby agree to release Legends and hold them harmless of all liability and acknowledge that I knowingly and voluntarily assume full responsibility for all risks and injury that may take place out of active participation in this program and its practices and events on behalf of the participant.

I am aware that this is a release of liability and acknowledgment of my voluntary and knowing assumption of risk of injury. I have signed this document voluntarily and of my own free will in exchange for the privilege of participation.

I understand that the Legends All-Stars produces promotional material about their program. I understand that the participant may be included in videotape and or photography within this program. I hereby grant Legends, its managers, owners, directors, coaches, successors, assignees, licensees, sponsors, and commercial exhibitions to exclusive right to photograph and videotape my student and further utilize the participant's name, face, likeness, voice and appearance as part of this program's advertising and promotion without reservation and or limitation. In granting this license I understand that Legends All-Stars is under no obligation to exercise any of these rights, licenses, and privileges herein granted.

If I am a minor, my parent and or legal guardian has signed this document releasing Legends from any such liability described above and has acknowledged that I am knowingly and voluntarily assuming all risk of injury inherent to this program and its activities and or events.

The above named student has my permission to participate and attend the practices and events of the Legends Program. I warrant the above information is complete and correct. I also warrant that if any changes are made to my information, I will contact the staff to update my information. I have completely read and understand the above release information. I hereby authorize the Legends class instructor, director, owner, or their agent to act in my behalf to provide emergency medical treatment. I further release the Legends program of all liabilities associated with my child's attendance to any practice, event or competition.

Parent/ Guardian **PRINTED NAME**

Parent/ Guardian **SIGNATURE**

Date

2016/2017 LEGENDS Agreement Parent Guidelines

Practices

- Parents are to arrive at the gym no less than 10 MINUTES before practice is scheduled to finish.
- It is expected that if parents are allowed to watch they will not make comments, suggestions or any kind of noise that would disrupt the training session.
- Spectators of any kind are not allowed on the gym floor, but are welcome to sit in the viewing room.
- Parents will not be allowed in the office during cheer/tumbling practices. You are welcome to sit in the parents viewing area.
- Parents are to treat all members, parents, guests, and LEGENDS staff with respect at all times.
- No harsh language or actions will be tolerated towards any member, parent, staff, or guest.
- Parents of young children must maintain consistent supervision.
- Coaches reserve the right to close any practice. This provides a quieter more focused atmosphere for practice.
- Girls cell phones must be turned off during practice. If you need to get a hold of your daughter you may contact one of Legends coaches or come down to the Legends practice.

Representing Legends Cheer

- Parents are not to participate in any form of gossiping regarding any LEGENDS Coach, LEGENDS member, or LEGENDS parent. This includes refraining from gossiping in our viewing area, please be a positive role model to your daughters.
- Parents are not to discuss with kids or other parents about leaving the gym and going to new gym any time during the current season.
- The name “Legends” and our logo may not be used unless granted permission. Permission required from Brittani Barmann. All sales involving Legends merchandise must go through Legends cheer.
- No one is allowed to share or post Legends competition routines, practices, or music on the internet.

Competitions

- Every competition is Mandatory.
- Parents are responsible for chaperoning their child at ALL local competitions and ALL travel trips.
- If a parent is unable to attend a competition, it is their responsibility to find a chaperone for their child.
- It is the parent’s responsibility to provide transportation to ALL competitions.
- Parents are to adhere to all competition itineraries, and are responsible for making sure their child is on time.
- Parents are to actively participate in the rooting-on of all teams.
- Parents are to sit in designated LEGENDS areas.
- If asked by Legends coaches- Your daughter must watch and cheer on other Legends teams.
- It is mandatory to stay for competition awards. Your daughter must be in her full uniform.

Attendance

- All members are permitted 3 unexcused misses from contract signing through April 6th, 2017

Excused misses

Family event- Death or wedding
School event that affects their grade
Contagious illness

Unexcused misses

Parties
School activities or homework
Injury or non-contagious illness

- Violation of the attendance policy will result in the member not participating in upcoming competition, member being moved to a lower skill level team, or removal from the team. NO EXCEPTIONS!
- Practices are incredibly important and will be where you learn new skills and your competition routine. While we try to give as much notice as possible of any schedule changes, practices may be added or canceled at any time.
- Withholding a child from practice (or competition) should never be used as a form of punishment. You are not only punishing your child but every other team member, coach, and parent on that team.

- As the parent of your child, it is your responsibility to alert the coach if you feel your child may not be at full capability to practice. This includes but is not limited to sickness and or injury.
- Should a student miss 2 or more practices in a row a doctor's note is required to excuse them.
- One week prior to every event is considered "Crunch Time" students who miss these final practices for any reason will be pulled from the upcoming event.
- Program showcases and last minute practices may be added before an event. These events are mandatory for all cheerleaders.

2016/2017 LEGENDS Agreement Member Guidelines

Practices

- All members are to wear black shorts and white or black top, No jeans. You must wear clean tennis shoes, and hair pulled back to ALL practices. No jewelry and nails must be kept short.
- All flyers over the age of 10 years old must wear briefs underneath their shorts.
- It is expected that all students will arrive on time and be ready for the instructional session.
- Students will not tumble, stunt or do any activity without a qualified LEGENDS employee in the area watching the skill being performed.
- Food and drinks are not allowed on any performing surfaces and gym equipment. Gum is not allowed anywhere in the facility.
- Students must place all belongings in the cubbies areas provided in the gym. LEGENDS is not responsible for lost or stolen items. All unclaimed items will be given to charity.
- It is expected that all students and their parents & friends will act with complete respect to the instructors and the other students in the class. Any behavior that is rude or disruptive will not be tolerated.
- Students will not use profanity while participating in an instructional session.
- Cell phone use will not be allowed during practices.
- Students will not be allowed in the Legends office or parents viewing room any time during practices.
- Once practice time begins there is no talking while on the mat.

LEGENDS Attendance Policy

- All members are permitted 3 unexcused misses from contract signing through April 19th, 2016

Excused misses

Family event- Death or wedding
 School event that affects their grade
 Contagious illness

Unexcused misses

Parties
 School activities or homework
 Injury or non-contagious illness

PLEASE NOTE - Violation of the attendance policy will result in the member not participating in upcoming competition, member being moved to a lower skill level team, or removal from the team. NO EXCEPTIONS!

Competitions

- Every competition is Mandatory.
- If asked by Legends coaches- You must watch and cheer on other Legends teams.
- No one is allowed to share or post Legends competition routines, practices, or music on the internet.
- It is mandatory to stay for competition awards. You must be in your full uniform.

Please Sign below. (Keep above information for future records)

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I have read and agree to all legends policies and procedures.

Parent Signature _____ Date: _____

Girls Signature _____ Date: _____