



How to Enroll in a Class

Step 1- Fill out enrollment Card and make sure it is signed and initialed by a parent or legal Guardian.

Step 2- Set up & Take a Free trial Class.

Step 3- Pay your Registration Fee and Tuition.

Tuition

Lone Star Gymnastics operates in four week sessions. Tuition is due on the first day of each session. If you are new to our program we will prorate your tuition which will allow you to start class at any time.

Late Tuition will be assessed a \$10 late fee when payments are not received within 7 days of the start of the session. You can set up auto pay to prevent late fees. There is also a \$25 charge on all returned checks.

Registration Fee

An annual registration fee of \$25 is required for each student in our program. The Registration fee is not refundable, creditable, or transferable.

Make Ups

Because we adhere to a low student to teacher ratio, missed classes will not result in prorated tuition or refunds. We will provide you with a Friday Night Fun pass for both your child and one of their friends.

Drops and Class Changes

If you need to drop or change a class please notify our office so they may assist you. Please remember that you are automatically billed for the next session until you notify the office of a change or drop.

Lone Star Gymnastics

5228 S. Hulen St
Fort Worth, TX 76132
817-294-1114
Lonestargym.org

Class Pricing

At Lone Star Gymnastics each class is priced separately. The cost for each class is as follows.

.75 Hour Class = \$60 per Session*

1.0 Hour Class = \$72 per Session*

1.5 Hour Class = \$95 per Session*

2.0 Hour Class = \$125 per Session*

*The Last 5 Minutes of each class is dedicated to releasing the students to the parents, parent/instructor communication, as well as preparation for the next class.

Multi Class/Student Discounts

Lone Star offers a \$5 Sibling and Multi Class discount. This discount is \$5 off of every class once a family has enrolled in more than one class. The more classes you enroll in the more \$5 discounts you receive.

2019 Session Calendar

Session 1- January 6 – February 2, 2019

Session 2- February 3 – March 2, 2019

Session 3- March 3 – April 6, 2019

Session 4- April 7 – May 4, 2019

Session 5- May 5 – June 1, 2019

Scheduled Gym Closures

Occasionally the gym is closed for a holiday. You are guaranteed 4 weeks in the session or your tuition will be prorated. The current scheduled gym closures are.

March 11-15: Spring Break

May 25-27: Memorial Day

Stay Up to date with Facebook

www.Facebook.com/lonestargym

Preschool Classes

Diaper Stars

Walking Toddlers – 2 ½ Years Old

Diapers Stars is a Parent participation class where the parent takes the student on the floor and guides the child through exercises lead by our staff members.

Monday
9:15-10:00 am

Wednesday
9:15-10:00 am
7:00-7:45 pm

Friday
10:00-10:45 am
6:30-7:15 pm

Tiny Stars

2 ½ - 3 ½ Years Old

45 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
10:00 am	10:00 am	10:00 am	10:00 am	10:45 am	9:15 am
10:45 am	10:45 am	10:45 am	10:45 am	11:30 am	11:00 am
11:30 am	11:30 am	11:30 am	11:30 am	12:45 pm	
3:45 pm	3:45 pm	3:45 pm	3:45 pm	4:00 pm	
5:00 pm	5:00 pm	5:00 pm	5:00 pm	6:00 pm	
6:15 pm	6:15 pm	6:15 pm	6:15 pm		

Mighty Stars

3 ½-4 ½ Years Old

45 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
10:00 am	10:00 am	10:00 am	10:00 am	10:45 am	9:00 am
10:45 am	10:45 am	10:45 am	10:45 am	11:30 am	10:45 am
11:30 am	11:30 am	11:30 am	11:30 am	12:45 pm	11:45 am
4:30 pm	4:30 pm	4:30 pm	4:30 pm	4:15 pm	
5:45 pm	5:45 pm	5:45 pm	5:45 pm	5:45 pm	
7:00 pm	7:00 pm		7:00 pm		

Super Stars

4 ½ Years Old - Kindergarten

60 Minute Class (*45 Minute Class)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
10:00 am*	10:00 am*	10:00 am*	10:00 am*	10:45 am*	9:45 am
10:45 am*	10:45 am*	10:45 am*	10:45 am*	11:30 am*	10:00 am
11:30 am*	11:30 am*	11:30 am*	11:30 am*	2:45 pm	11:30 am
4:00 pm	4:00 pm	4:00 pm	4:00 pm	5:00 pm	
5:15 pm	5:15 pm	5:15 pm	5:15 pm		
6:30pm	6:30 pm	6:30 pm	6:30 pm		

Girl's Gymnastics

Kinder Stars

Kindergarten – 7 Years Old

60 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
4:15 pm		3:45 pm	3:45 pm	4:15 pm	9:00 am
5:15 pm		4:15 pm	4:45 pm	5:15 pm	10:00 am
6:15 pm		5:15 pm	6:45 pm		
7:00 pm		6:15 pm	7:00 pm		
		7:00 pm			

Red Level (Beginning)

7-18 Years old

60 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
3:30 pm	3:30 pm	3:30 pm	4:00 pm	2:00 pm	9:00 am
4:00 pm	4:00 pm	4:00 pm	4:30 pm	4:00 pm	10:00 am
4:30 pm	4:30 pm	4:30 pm	5:00 pm	4:30 pm	11:00 am
4:45 pm	5:00 pm	4:45 pm	5:45 pm	5:00 pm	
5:00 pm	6:00 pm	5:00 pm	6:00 pm	5:30 pm	
5:45 pm	7:00 pm	5:45 pm	7:00 pm	6:00 pm	
6:00 pm		6:00 pm		6:15 pm	
7:00 pm		6:45 pm		6:30 pm	
		7:00 pm			
		7:15 pm			

White Level (Intermediate)

7-18 Years Old

90 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
4:00 pm	4:00 pm	4:00 pm	4:00 pm	6:00 pm	9:00 am
5:30 pm	5:30 pm	5:30 pm	5:30 pm		10:30 am
6:30 pm	6:30 pm	6:30 pm	6:30 pm		

Blue Level (Advanced)

7-18 Years Old

120 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
4:30 pm	4:30 pm	4:30 pm	4:30 pm	4:30 pm	
5:30 pm		5:30 pm			

Men's Gymnastics

Rocket Men

4 – 6 Years Old

60 Minute Class

Rocket Men is a special class developed for early school aged boys who are wanting to participate in a high energy environment with boys their own age.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
3:30 pm	4:30 pm	3:30 pm	4:30 pm	4:00 pm	9:00 am
5:30 pm	5:30 pm	5:30 pm	5:30 pm		

Red Level (Beginning)

7-18 Years old

60 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
4:30 pm	4:00 pm	4:30 pm	4:00 pm	2:00 pm	10:00 am
6:30 pm		6:30 pm	7:30 pm	4:00 pm	
				5:00 pm	

White Level (Intermediate)

7-18 Years old

90 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	6:00 pm		6:00 pm		

Tumbling

Tumbling & Trampoline

7 – 18 Years Old

60 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
4:30 pm 5:30 pm	5:00 pm	4:30 pm 5:30 pm	5:00 pm	5:00pm	11:00am

Tumbling

9 – 18 Years Old

60 Minute Class Twice a week

Beginning

Mon - Tue - Wed - Thu
6:30-7:30

Intermediate/Advanced

Mon - Tue - Wed - Thu
7:30-8:30

Students in this program will be able to choose two classes at their level each week to participate in. The Tuition for this class is set at \$110 per session. That's a \$15 savings from our normal tuition!

Due to the already discounted price of the Beginning, Intermediate, and Advanced tumbling classes these programs are not eligible for a multiclass/student discount.

Lone Star Tae Kwon Do

8 and Older

Monday and Wednesday from 7:00-8:30 pm

Saturday from 10:00-11:30 am

This is a serious class for students who want to learn the Martial Art of Tae Kwon Do. Students are expected to attend all three classes and will be held to the highest standard of discipline and respect.

The tuition for this program is \$53 and is billed monthly.

Special Events

Friday Night Fun- Open Supervised Gym

Lone Star Gymnastics offers an open supervised gym on Fridays from 7:30-9:00pm. All you have to do is come into the gym to sign them in, and come back into the gym at 9:00pm to pick them up! Children 4 & under must be accompanied by an adult on the gym floor.
The cost is \$10.83 per child.

Birthday Parties!

Come celebrate your child's Birthday Party at Lone Star Gymnastics and let us do all the work. Parties are one and a half hours long and includes one hour of time in the gym followed by 30 minutes for cake and presents in the lobby. Parties are available on Saturday and Sundays. Reserving your spot ahead of time is a must.

Lone Star Provides

- The Gym!
- Postcard Invitations.
- Paper Plates, Napkins, Silverware, Tables, and chairs.
- A T-shirt and Gold Medal for the Birthday Child.
- The Clean-up Crew!

You Provide

- The Birthday Cake.
- Drinks.
- The Kids!
- A little supervision in the Lobby.
- Candles.
- Party Favors.

Field Trips

Let Lone Star host your group's next outing. Whether it is Scouts, Church Groups or Days cares, we can handle it. This is a fun activity where the participants get to experience gymnastics first hand. Waivers are required to be signed by the participant's parent or legal guardian, so make sure you plan ahead.

Summer & Holiday Camps

Lone Star Gymnastics offers themed camps for your child to attend during the summer and holidays. Camps are four hours long and offer your child the chance to do arts and crafts, science experiments, and go on adventures while you go shopping or head to work. Camps fill up fast so make reservations.