



## **Lone Star Gymnastics**

5228 S. Hulen St  
Fort Worth, TX 76132  
817-294-1114  
Lonestargym.org

### **How to Enroll in a Class**

Step 1- Fill out enrollment Card and make sure it is signed and initialed by a parent or legal Guardian.

Step 2- Set up & Take a Free trial Class.

Step 3- Pay your Registration Fee and Tuition.

### **Tuition**

Lone Star Gymnastics operates in four week sessions. Tuition is due on the first day of each session. If you are new to our program we will prorate your tuition which will allow you to start class at any time.

**Late Tuition** will be assessed a \$10 late fee when payments are not received within 7 days of the start of the session. You can set up auto pay to prevent late fees. There is also a \$25 charge on all returned checks.

### **Registration Fee**

An annual registration fee of \$25 is required for each student in our program. The Registration fee is not refundable, creditable, or transferable.

### **Make Ups**

Because we adhere to a low student to teacher ratio, missed classes will not result in prorated tuition or refunds. We will provide you with a Friday Night Fun pass for both your child and one of their friends.

### **Drops and Class Changes**

If you need to drop or change a class please notify our office so they may assist you. Please remember that you are automatically billed for the next session until you notify the office of a change or drop.

### **Class Structure**

Tuition is calculated based on the total number of hours that a family takes.

**.75 Hours/week=\$54 per Session**  
**1.0 Hours/week=\$67 per Session**  
**1.5 Hours /week=\$90 per Session**  
**1.75 Hours/week=\$105 per Session**  
**2.0 Hours/week=\$118 per Session**  
**2.25 Hours/week=\$132 per Session**  
**2.5 Hours /week=\$144 per Session**  
**2.75 Hours/week=\$160 per Session**  
**3.0 Hours/week=\$173 per Session**  
**3.5 Hours/week=\$198 per Session**  
**3.75 Hours/week=\$210 per Session**  
**4.0 Hours/week=\$223 per Session**

### **2018 Session Calendar**

**Session 1- January 7 – February 3, 2018**  
**Session 2- February 4 – March 3, 2018**  
**Session 3- March 4 – April 7, 2018**  
**Session 4- April 8 – May 5, 2018**  
**Session 5- May 6 – June 2, 2018**  
**Session 6- June 3 – June 30, 2018**

### **Scheduled Gym Closures**

Occasionally the gym is closed for a holiday. You are guaranteed 4 weeks in the session or your tuition will be prorated. The current scheduled gym closures are.

**March 12 – 17 for Spring Break**  
**May 26, 27, 28 for Memorial Day**

### **Stay Up to date with Facebook and Instagram**

[www.Facebook.com/lonestargym](http://www.Facebook.com/lonestargym)  
[www.instagram.com/lonestargymnastics](http://www.instagram.com/lonestargymnastics)

# Preschool Classes

## Diaper Stars

Walking Toddlers – 2 ½ Years Old

Diapers Stars is a Parent participation class where the parent takes the student on the floor and guides the child through exercises lead by our staff members.

Monday  
9:15-10:00 am

Wednesday  
9:15-10:00 am  
7:00-7:45 pm

Friday  
10:00-10:45 am  
6:30-7:15 pm

## Tiny Stars

2 ½ - 3 ½ Years Old

45 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
10:00 am	10:00 am	10:00 am	10:00 am	10:45 am	9:15 am
10:45 am	10:45 am	10:45 am	10:45 am	11:30 am	11:00 am
11:30 am	11:30 am	11:30 am	11:30 am	12:45 pm	
3:45 pm	3:45 pm	3:45 pm	3:45 pm	1:30 pm	
5:00 pm	5:00 pm	5:00 pm	5:00 pm	4:00 pm	
6:15 pm	6:15 pm	6:15 pm	6:15 pm	6:00 pm	

## Mighty Stars

3 ½-4 ½ Years Old

45 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
10:00 am	10:00 am	10:00 am	10:00 am	10:45 am	9:00 am
10:45 am	10:45 am	10:45 am	10:45 am	11:30 am	10:45 am
11:30 am	11:30 am	11:30 am	11:30 am	12:45 pm	11:45 am
4:30 pm	4:30 pm	4:30 pm	4:30 pm	1:30 pm	
5:45 pm	5:45 pm	5:45 pm	5:45 pm	4:15 pm	
7:00 pm	7:00 pm		7:00 pm	5:45 pm	

## Super Stars

4 ½ Years Old - Kindergarten

60 Minute Class (\*45 Minute Class)

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
10:00 am*	10:00 am*	10:00 am*	10:00 am*	10:45 am*	9:15 am
10:45 am*	10:45 am*	10:45 am*	10:45 am*	11:30 am*	10:00 am
11:30 am*	11:30 am*	11:30 am*	11:30 am*	1:00 pm	11:30 am
4:00 pm	4:00 pm	4:00 pm	4:00 pm	4:45 pm	
5:15 pm	5:15 pm	5:15 pm	5:15 pm	5:00 pm	
6:30pm	6:30 pm	6:30 pm	6:30 pm		

# Girl's Gymnastics

## Kinder Stars

Kindergarten – 7 Years Old

60 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
3:45 pm	3:30 pm	3:45 pm	3:30 pm	4:15 pm	9:00 am
4:15 pm	7:00 pm	4:15 pm	3:45 pm	5:15 pm	10:00 am
5:15 pm		5:15 pm	4:45 pm		
6:15 pm		6:15 pm	6:45 pm		
7:00 pm		7:00 pm	7:00 pm		

## Red Level (Beginning)

7-18 Years old

60 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
3:30 pm	3:30 pm	3:30 pm	3:30 pm	2:00 pm	9:00 am
4:00 pm	4:00 pm	4:00 pm	4:00 pm	4:00 pm	10:00 am
4:30 pm	4:30 pm	4:30 pm	4:30 pm	4:30 pm	11:00 am
4:45 pm	5:00 pm	4:45 pm	5:00 pm	5:00 pm	
5:00 pm	6:00 pm	5:00 pm	5:45 pm	5:30 pm	
5:45 pm	7:00 pm	5:45 pm	6:00 pm	6:00 pm	
6:00 pm		6:00 pm	7:00 pm	6:15 pm	
7:00 pm		6:45 pm		6:30 pm	
7:15 pm		7:00 pm			
		7:15 pm			

## White Level (Intermediate)

7-18 Years Old

90 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
4:00 pm	4:00 pm	4:00 pm	4:00 pm	5:00 pm	9:00 am
5:30 pm	5:30 pm	5:30 pm	5:30 pm	6:00 pm	10:30 am
6:30 pm	6:30 pm	6:30 pm	6:30 pm		

## Blue Level (Advanced)

7-18 Years Old

120 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
4:30 pm	4:30 pm	4:30 pm	4:30 pm	4:00 pm	
5:30 pm		5:30 pm			

# Men's Gymnastics

## Rocket Men

4 – 6 Years Old

60 Minute Class

Rocket Men is a special class developed for early school aged boys who are wanting to participate in a high energy environment with boys their own age.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
3:30 pm	4:30 pm	12:30 pm	4:30 pm	4:00 pm	9:00 am
5:30 pm	5:30 pm	3:30 pm	5:30 pm		
		5:30 pm			

## Red Level (Beginning)

7-18 Years old

60 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
4:30 pm	4:00 pm	4:30 pm	4:00 pm	2:00 pm	10:00 am
6:30 pm		6:30 pm	7:30 pm	4:00 pm	
				5:00 pm	

## White Level (Intermediate)

7-18 Years old

60 Minute Class

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
	6:00 pm		6:00 pm		

# Tumbling

## Tumbling & Trampoline

7 – 18 Years Old

60 Minute Class

<u>Monday</u> 4:30 pm 5:30 pm	<u>Tuesday</u> 5:00 pm	<u>Wednesday</u> 4:30 pm 5:30 pm	<u>Thursday</u> 5:00 pm	<u>Friday</u> 5:00pm	<u>Saturday</u> 11:00am
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## Tumbling

9 – 18 Years Old

60 Minute Class Twice a week

### Beginning

Mon – Tue- Wed- Thu  
6:30-7:30

### Intermediate

Mon – Tue- Wed- Thu  
7:30-8:30

Students in this program will be able to choose two classes at their level each week to participate in. The Tuition for this class is set at \$100 per session. That's an \$18 savings from our normal tuition!

## Advanced Tumbling

9 – 18 Years Old

90 Minute Class Twice a week

**Tuesday and Thursday from 7:30-9:00 pm**

Students who make it into advanced tumbling participate two days a week for an hour and a half. The Tuition for this program is set at \$110. That's a \$63 savings from our normal tuition!

**Due to the already discounted price of the Beginning, Intermediate, and Advanced tumbling classes these programs are not eligible for a multiclass discount and may not add towards the total number of hours for other students.**

## Lone Star Tae Kwon Do

8 and Older

**Monday and Wednesday from 7:00-8:30 pm**

**Saturday from 10:00-11:30 am**

This is a serious class for students who want to learn the Martial Art of Tae Kwon Do. Students are expected to attend all three classes and will be held to the highest standard of discipline and respect.

The tuition for this program is \$53 and is billed monthly.

# **Special Events**

## **Friday Night Fun- Open Supervised Gym**

Lone Star Gymnastics offers an open supervised gym on Fridays from 7:30-9:00pm. All you have to do is come into the gym to sign them in, and come back into the gym at 9:00pm to pick them up! Children 4 & under must be accompanied by an adult on the gym floor.  
The cost is \$10.83 per child.

## **Birthday Parties!**

Come celebrate your child's Birthday Party at Lone Star Gymnastics and let us do all the work. Parties are one and a half hours long and includes one hour of time in the gym followed by 30 minutes for cake and presents in the lobby. Parties are available on Saturday and Sundays. Reserving your spot ahead of time is a must.

### **Lone Star Provides**

- The Gym!
- Postcard Invitations.
- Paper Plates, Napkins, Silverware, Tables, and chairs.
- A T-shirt and Gold Medal for the Birthday Child.
- The Clean-up Crew!

### **You Provide**

- The Birthday Cake.
- Drinks.
- The Kids!
- A little supervision in the Lobby.
- Candles.
- Party Favors.

## **Field Trips**

Let Lone Star host your group's next outing. Whether it is Scouts, Church Groups or Days cares, we can handle it. This is a fun activity where the participants get to experience gymnastics first hand. Waivers are required to be signed by the participant's parent or legal guardian, so make sure you plan ahead.

## **Summer & Holiday Camps**

Lone Star Gymnastics offers themed camps for your child to attend during the summer and holidays. Camps are four hours long and offer your child the chance to do arts and crafts, science experiments, and go on adventures while you go shopping or head to work. Camps fill up fast so make reservations.