



## DEA All-Star Team Standards Policy

**Dynamic Extreme Athletics Teams:** To be placed on any of our competition teams, each cheerleader must possess a certain degree of cheer technique and skill level. If the coaches feel that a cheerleader's skill level is not up to the standard needed to compete at that level, they will be moved accordingly.

**Standards for maintaining a successful team:** It is expected that each team member realizes that to attain competitive performance standards, the following conditions must be met:

### **Practice:**

- Each athlete must commit to conditioning and practices from May 2018 – March 2019
- All athletes must show up on time. It is better to be 5 minutes early than late
- All athletes will wear the required practice uniform. A schedule will be made available on the DEA website and handed out. If an athlete is missing any practice wear pieces during practice, a replacement will be provided. If this trend continues your DEA account will be charged for the extras
- No Jewelry is allowed during practice and long hair must be placed in pony tail
- If you are not working on a skill (ex. Flyer) and you arrive early to practice, please stay off the gym equipment, sit/stretch quietly and wait for your practice to start. Do not disrupt or disturb other practices and classes.
- No unsupervised tumbling, an instructor must be present at all times
- Injured or ill athletes are required to attend practice to mark choreography unless doctor's note of contagious illness is provided
- Practices the week prior to competition are mandatory. Unexcused absence could result in not being able to compete that weekend
- Cell phones are not allowed anywhere on the gym floor. Phones should be put away when you arrive at practice and not touched until practice is over. If a phone is seen, it will be taken and held until the end of practice
- Parents are not allowed on the gym floor. If you have a question for a Coach, please wait until class is over
- All extra practices will only be scheduled by Coaches
- DEA reserves the right to close practices to parents and/or spectators as needed

### **DEA Athlete & Parent Code of Conduct:**

- I understand this is an eleven (11) month commitment that I will honor
- I will not participate in any **gossip or negative communication** regarding DEA at the gym, outside the gym, or on any social media site. This behavior will not be tolerated
- I will not use any inappropriate language
- I will show good sportsmanship and act like the athlete I am
- I understand that the Coaches at DEA have the right to suspend and/or sit out any athlete or parent if needed
- I understand that if I am removed from the program for actions detrimental to the team, I will not be entitled a refund of any kind
- I understand that I cannot contact any officials and/or competition companies. All question or concerns should be placed directly with DEA

**Athletes and Parents will be held to the DEA All-Star Team Standards Policy. Failure to do so will result in removal from the DEA Program.**



#### **Competitions:**

- Athletes must not only attend every designated competition, but they must be available the entire day/weekend- no exceptions
- Athletes will arrive at competitions at the designated times- "if you're not early, you're late"
- Athletes must wear only DEA approved attire
- Athletes and Parents should show good sportsmanship to all teams, we will lead by example, showing respect to all programs, parents, and athletes
- At competitions the priority for our coaching staff is to prepare athletes to compete. Our next priority is to support all DEA teams
- Injured athletes must still attend competitions in support of their team

#### **DEA Attendance Policy:**

The commitment you are making will start in May 2018 and run until the end of March 2019. Please understand that even one team member missing from practice/competition adversely affects the entire team and excessive absences **will not be tolerated**. Attendance is paramount in the success of a team.

**Excused Absences:** All absences must be reported to the gym before practice to be excused

- Contagious illness
- Death in the family
- Family vacation (please avoid the week before competition)
- School cheerleading (excessive absences can result in removal from team)
- Required school activity that results in a grade

**Unexcused Absences:** We allow **4** unexcused absences per season (May - March)

- Non-contagious illness
- Homework (plan ahead)
- Transportation problems
- Birthday, party, school dance, etc.
- Family dinners
- Parties

**\* Practices are mandatory – Five or more unexcused absences can result in removal from the team\***

Absence Request Forms are required for all absences. Forms will be made available on the DEA website and passed out at the parent meeting. If there is a need to miss practice you **must fill** out the form and return it to the gym office 2 weeks prior to scheduled event. This includes school required activities. Failure to follow Absence Policy can result in removal from DEA Program.

**I understand and agree to abide by the DEA All-Star Team Standards Policy for the 2018-2019 All-Star Season.**

**I understand the following consequences for violation of the DEA All-Star Team Standards Policy:**

- 1. First violation results in both a verbal warning and written email sent to parent**
- 2. SUBSEQUENT VIOLATIONS RESULT IN REMOVAL FROM THE DEA PROGRAM**

**The enforcement process of the DEA All-Star Team Standards Policy includes both athletes and parents.**

**Thank you for making the DEA All-Star Program a huge success.**