



**PHASE 3  
INFORMATION  
PARENT  
OBSERVATION  
GUIDELINES**

6/14/2020

Hello Achievers Families!

I hope this email finds you and your family safe and healthy. The information contained in the letter is lengthy, but please take your time to read it as your assistance in helping us with our Phase 3, Achievers 2.0 re-opening is extremely important.

As most of you are aware, the governor and county governments have reduced more restrictions by moving our gym into the Texas Phase 3 opening.

Our top priority continues to be the safety and well-being of our students and staff.

Our phase 1 and 2 procedures have been extremely successful, and we continue to be fluid with our policies as time goes on.

We have a detailed plan that meets the guidelines set forth in the Texas Phase 3 Plan and the Denton County Health Department mandates, and in many cases exceeds requirements.

Here is a summary of what is being done at our facility:

- No team practice or combination of classes and camps will exceed the maximum allowance of **50%** occupancy at any one time. This includes both students/athletes and coaches/staff and parent/guardian observers.
- Team, classes, and summer day camp start times will continue to be staggered to allow students to get in and out of the facility safely, wipe down all equipment and provide staff time to thoroughly wash hands.
- Students/team members & day campers are required to bring a clean backpack from home packed with all that they may need for their team, class, and camp time. This includes, but is not limited to the following:
  - ⇒ Water bottle (pre-filled with water) The water fountains at our facilities will be closed. However, the touchless bottle fill will be available for refills.
  - ⇒ For those who use grips, wristbands and wrist supports, the wristbands must be laundered, and these items must come and go with the athlete daily in their backpack.
  - ⇒ A small spray bottle with water in it for those who use water on their hands or grips for bar skill work.
  - ⇒ A small Tupperware type container for chalk labeled with the athlete's name. Chalk will continue to be provided.
  - ⇒ We will continue the no "community" or shared chalk or spray bottles policy.
  - ⇒ Masks are not required but can be worn if preferred. We personally feel masks could be a danger to the athlete if they get loose and cover the eyes during gymnastics/ninja training or prevent normal breathing during exercise. Again, it is your choice and our staff has the same options.
  - ⇒ A personal bottle of hand sanitizer. Achievers has plenty and will allow students and staff to use it. But, please have them bring their own so it can be used when the need arises.
  - ⇒ Tennis shoes and socks
  - ⇒ A "grab and go snack". Please choose an energy bar, nuts or piece of fruit that does not require peeling.

- To enter the facility, students/parents in their cars must line up near the entry door alongside the building practicing social distancing of the recommended 6 feet minimum.

**YOU CAN NOT DROP OFF AND LEAVE YOUR CHILD UNTIL YOU ARE GIVEN THE OK SIGN FROM OUR DOOR GREETER.**

⇒ Entry Requirements:

- **All families** need to have their electronic signature and acceptance of our most current rules and policies and waiver. THIS WILL BE CHECKED ON YOUR FIRST DAY. You do this when you set up your customer portal account with the gym. **Your child will not be allowed to enter the gym if your updated wavier has not been signed.**
- All accounts must be current, or an arrangement made with the office for payments. A current credit card is required to be on file for all team and pre-team members. Class and summer camp students are highly encouraged to sign up for our auto draft system – this eliminates the possibility of late fees being added to your account and also limits the amount of person to person contact with our office staff.
- Recreational students - Students **AND ONE PARENT** (no siblings please) will be allowed in the facility. Our parent observation room is now open for class viewing but we have limited seating due to the 6’ social distancing criteria. We have seating for 15 adults for each class time. Once the 15-person limit is reached, there will be no admittance to the observation room until a seat opens. See below for instructions on parent observation and our camera observation system.
- Students will be dropped off at the **front** door. Cars will line up for drop off.
- **AFTER YOU DROP OF YOUR CHILD, PLEASE WAIT IN YOUR CAR UNTIL YOU ARE GIVEN THE THUMBS UP SIGN THAT YOU MAY LEAVE.**
- PLEASE BE PATIENT THE FIRST FEW DAYS AS WE GO THROUGH THE ENTRANCE PROCEDURE. **ESPECIALLY YOUR FIRST DAY OR FIRST TIME TO ACHIEVERS AS ALL ACCOUNTS MUST BE CHECKED FOR COMPLETENESS AND VERIFICATION BY THE OFFICE STAFF.**
- **OUR OFFICE IS ALSO NOW OPEN FOR IN PERSON BUSINESS CONTACT. WE ASK YOU BE MINDFUL OF THE 6’ DISTANCE WHILE WAITING TO SPEAK TO OUR OFFICE PERSONNEL. YOU CAN STILL COMMUNICATE WITH THE OFFICE BY PHONE OR EMAIL PLEASE PUT THE GYM PHONE IN YOUR CONTACT LIST: 940-484-4900.**
- **IF YOU WISH TO OBSERVE YOUR CHILD IN CLASS, YOU MAY PARK AND WALK THEM TO THE FRONT DOOR OF THE GYM. PLEASE STAY IN LINE AND PRACTICE THE 6’ SOCIAL DISTANCING WHILE WAITING TO ENTER OUR FACILITY.**
- **TEAM PARENTS – WE ASK YOU LIMIT YOUR TIME IN THE OBSERVATION ROOM TO 90 MINUTES OR LESS AND NO MORE THAN 2 TIMES PER WEEK.**
- **ANY PARENT OR GUARDIAN WILL ALSO BE SCREENED FOR TEMPERATURE BEFORE BEING ALLOWED TO OBSERVE CLASS OR PRACTICE.**
- **To allow transition time between classes, you will not be allowed to drop off or come in the gym until 10 minutes before your class start time.**
- You can also continue to access our camera system and instructions have been emailed to you for this.
- Upon entry an Achievers staff member will take each student’s (and in the case of parent/guardian observation) temperature. If it falls within the CDC’s acceptable level (100.4 or less) entry for STUDENT (and the one parent/guardian will be granted.

- You can help assist us by checking temperatures at home BEFORE you come to drop off. You can assist us by keeping your child home if they or anyone in my family is coughing, has a temperature over 100.4, feeling ill, or other Covid-19 symptoms.
  - If the student's temperature (parent/guardian) is higher than 100.4, your child will be asked to return to their car and not permitted to attend their scheduled practice/class/camp.
  - Students must do their best to follow the 6' social distancing once inside the facility.
  - Students will place their backpack in the designated cubby or hook prior to entering the teaching area. Cubbies and/or hooks will be marked permitting social distancing of 6 feet minimum to be maintained.
- ⇒ During Class, Camp & Practice:
- All students will have a designated "spot" or mark on which they must be for stretching, strength and static drills. For more dynamic drills and movement, the teaching area will be separated into teaching and learning zones to attempt required distancing between students and staff. Class and summer day camp activities will be modified to do our best to practice social distancing.
  - Students and staff are not required to wear masks during training in the gym
  - Hands on spotting will now be permitted.
  - Restroom breaks – only one at a time will be allowed in the restroom. They will be permitted access one at a time.
  - Water fountains will remain closed. All students must bring his or her personal water bottle from home each day. The no-touch filler WILL be made available.
- ⇒ Conclusion of practice, class, and day camp:
- Students will participate in clean-up of their teaching areas.
  - Students will be dismissed in a manner that allows for social distancing as they get their backpacks and leave the building through the designated **rear** door exit.
  - Both parent and gymnast should have a cell phone to communicate with each other when you arrive to pick them up. If cell phone texting is not available, a coach/teacher will accompany remaining students out to meet their parents with 6' distancing. Check with the office for summer day camp sign in and sign out procedures.

In addition to the Achievers safety protocol that has been put in place, all facilities are cleaned and disinfected multiple times throughout the day and week. Most recently, we have purchased an electrostatic spray gun with a spray disinfecting schedule of all common areas several times a day. We are committed to do our absolute best to help keep our families safe.

Again, I ask for your continued patience and support as we begin a new way of gymnastics/ninja and summer day camp teaching/supervision.

If you have any questions or concerns, please feel free to email me at [Frank.kudlac@achieversgymnastics.com](mailto:Frank.kudlac@achieversgymnastics.com).

Sincerely,

*Frank M. Kudlac*

Frank M. Kudlac  
Director of Operations, Achievers 2.0!