
LANIER'S GYMNASTICS

PARENT & STUDENT HANDBOOK



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BUILDING GREAT ATHLETES SINCE 1985
OWNED AND OPERATED BY CINDY LANIER WALLACE



OCTOBER 2017

MISSION STATEMENT

LANIER'S GYMNASTICS IS DEDICATED TO DELIVERING HIGH QUALITY GYMNASTICS PROGRAMS TO HELP PARTICIPANTS REACH THEIR POTENTIAL BOTH PHYSICALLY AND MENTALLY. OUR MISSION IS TO PROVIDE A CHRISTIAN ENVIRONMENT THAT ENCOURAGES CONFIDENCE, SELF-ESTEEM, SELF-DISCIPLINE AND RESPONSIBILITY. WE STRIVE TO HELP OUR STUDENTS LEARN THE BENEFITS OF AN ATHLETIC CAREER WHILE LEARNING HOW TO PROSPER INDIVIDUALLY AND IN GROUP SETTINGS.

BACKGROUND OF CINDY LANIER WALLACE

CINDY JOINED GYMNASTICS AT THE AGE OF 7, AND INSTANTLY FELL IN LOVE WITH THE SPORT. CINDY PROGRESSED QUICKLY AND LATER WOULD ADVANCE TO THE AAU JUNIOR OLYMPICS. A BACKYARD FOOTBALL INJURY PULLED CINDY OUT GYMNASTICS AT THE AGE OF 14. SHE COULD NOT BEAR THE THOUGHT OF GIVING UP GYMNASTICS ALL TOGETHER, SO SHE DECIDED TO OPEN HER OWN FACILITY. CINDY LANIER OPENED LANIER'S GYMNASTICS IN JUNE OF 1985.

IN SEPTEMBER OF 1990, CINDY MARRIED LEWIS WALLACE, AND IN DECEMBER OF 1998 HER DAUGHTER TAYLOR WAS BORN.

CINDY AND HER STAFF HAVE HAD MANY STATE, REGIONAL, NATIONAL, AND COLLEGIATE CHAMPIONS. GYMNASTICS IS NOT JUST A JOB FOR CINDY, IT IS HER PASSION. SHE IS A FANTASTIC ROLE MODEL FOR HER GYMNASTS AND EMPLOYEES. CINDY ATTENDS MICHAEL MEMORIAL BAPTIST CHURCH IN GULFPORT, AND ENJOYS GOING TO THE MOVIES, SHOPPING, MASSAGES, AND SPENDING TIME WITH HER FAMILY.

CINDY AND THE STAFF AT LANIER'S WOULD LIKE TO WELCOME YOU TO OUR GYM! THANK YOU FOR CHOOSING US, AND WE HOPE THAT YOU FALL IN LOVE WITH THE SPORT OF GYMNASTICS JUST AS WE HAVE!



LANIER'S GYMNASTICS IS A USA GYMNASTICS MEMBER CLUB. LANIER'S FOLLOWS THE USAG POLICIES, AND MANY STAFF MEMBERS ARE USAG SAFETY CERTIFIED. THIS IS TO HELP ENSURE A BETTER GYMNASTICS EXPERIENCE FOR YOUR FAMILY.

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INFORMATION

WE HAVE A WEBSITE (LANIERSGYMNASTICS.COM) AS WELL AS A FACEBOOK, INSTAGRAM AND TWITTER PAGE. WE POST UPDATES ON THOSE, SO CHECK THEM FREQUENTLY FOR INFO!

REGISTRATION

A REGISTRATION FEE IS REQUIRED OF ALL LANIER'S GYMNASTICS STUDENTS. THIS IS AN ANNUAL FEE WHICH BEGINS ON THE FIRST MONTH OF ENROLLMENT. THE FEES ARE: \$25 FOR THE FIRST STUDENT, \$15 FOR THE SECOND STUDENT AND \$10 FOR THE THIRD STUDENT.

LIABILITY WAIVER

ALL STUDENTS MUST HAVE A LIABILITY WAIVER SIGNED BY THEIR LEGAL PARENT/GUARDIAN. IF THERE IS NOT A WAIVER ON FILE, THE STUDENT WILL NOT BE ALLOWED TO PARTICIPATE IN CLASS.

CLASS TIMES

LANIER'S OFFERS MANY CLASS TIMES THROUGHOUT THE WEEK FOR ALL ABILITIES OF GYMNASTICS AND/OR TUMBLING, STARTING AT 16 MONTHS OF AGE. WE ASK THAT YOU REVIEW OUR LIST OF CLASS TIMES, CHOOSE WHAT WORKS BEST FOR YOUR SCHEDULE, AND STICK TO THAT TIME. IF FOR SOME REASON YOUR CHILD NEEDS TO ATTEND ANOTHER CLASS, PLEASE LET THE SECRETARY OR THE RECREATIONAL DIRECTOR KNOW AND WE WILL BE GLAD TO WORK WITH YOU.

PAYMENTS & AWARDS

PAYMENTS FOR CLASSES ARE DUE AT THE FIRST CLASS OF EACH MONTH. YOU MAY MAKE YOUR PAYMENT IN PERSON IN OUR OFFICE, BY CASH, CHECK OR CHARGE (VISA & MASTERCARD ONLY), OR YOU CAN MAIL IN YOUR PAYMENT TO: 16101 LANDON ROAD, GULFPORT, MS 39503. AT THE END OF EACH SESSION FOR THE GYMNASTICS CLASSES, LANIER'S HAS AWARD CEREMONIES. IN ORDER TO RECEIVE AWARDS, YOUR ATHLETES ACCOUNT MUST BE PAID IN FULL. IF YOU HAVE ANY QUESTIONS ABOUT THIS PLEASE TALK TO OUR SECRETARY.

MAKE-UP CLASSES

PLEASE TALK TO THE SECRETARY IF YOU NEED A MAKE-UP CLASS. THESE CLASSES ARE NOT GUARANTEED TO BE AVAILABLE.

ATTIRE

CHILDREN IN THE GYMNASTICS CLASSES ARE NOT REQUIRED TO WEAR A LEOTARD, BUT IT IS HIGHLY RECOMMENDED. CHILDREN IN THE TUMBLING CLASSES SHOULD WEAR FITTED CLOTHES THAT ARE NOT LOOSE OR BAGGY, AS THIS IS DANGEROUS FOR THE SPOTTERS. NO JEANS, JEAN SHORTS, OR ANY CLOTHING WITH ZIPPERS OR SNAPS. HAIR SHOULD BE TIED BACK SO THAT IT IS NOT AN INFRACTION TO THE ATHLETE'S SIGHT WHILE FLIPPING.

STUDENT PICK-UP

STUDENTS ARE NOT ALLOWED TO LEAVE THE BUILDING WITHOUT ADULT SUPERVISION. PLEASE DO NOT PARK AND THEN WAIT FOR YOUR STUDENT TO COME OUTSIDE AS THIS IS DANGEROUS AROUND MOVING CARS IN THE PARKING LOT.

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PARENT & FAMILY OBSERVATION

PARENTS ARE ENCOURAGED TO STAY AND WATCH THEIR CHILD DURING CLASS TIMES. PLEASE REMAIN IN THE SEATING AREAS, AND DO NOT SHOUT INSTRUCTIONS TO YOUR CHILD WHILE THEY ARE ON THE GYMNASTICS FLOOR. PLEASE KEEP ANY SIBLINGS SEATED WITH YOU AND OFF OF THE GYMNASTICS FLOOR AND EQUIPMENT. WE ALSO HAVE A QUIET ROOM LOCATED NEAR OUR PRO SHOP WITH TABLES THAT CAN BE USED FOR HOMEWORK IF NEEDED FOR SIBLINGS.

BAD WEATHER POLICY

LANIER'S GYMNASTICS MAY UNEXPECTEDLY CLOSE IF BAD WEATHER ARISES. WE WILL MAKE EVERY EFFORT TO UPDATE OUR WEBSITE AND SOCIAL MEDIA PAGES TO LET YOU KNOW OF THE CLOSINGS. THIS WOULD BE FOR THE SAFETY OF OUR CUSTOMERS AS WELL AS OUR STAFF.

LOST/STOLEN ITEMS

LANIER'S GYMNASTICS IS NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS INSIDE OR OUTSIDE THE GYM. PLEASE KEEP YOUR BELONGINGS CLOSE BY YOU.

FIREARMS/WEAPONS

LANIER'S GYMNASTICS DOES NOT ALLOW FIREARMS OR WEAPONS OF ANY KIND UNLESS YOU ARE AN ON-DUTY LAW ENFORCEMENT OFFICER.

BIRTHDAY PARTIES

LANIER'S GYMNASTICS OFFERS BIRTHDAY PARTIES, INCLUDING PARTIES FOR CHILDREN WHO ARE NOT CURRENT STUDENTS WITH LANIER'S. IF YOU WOULD LIKE TO BOOK A PARTY PLEASE SPEAK TO THE SECRETARY FOR DETAILS. ALL BIRTHDAY PARTY ATTENDEES MUST SIGN A LIABILITY RELEASE FORM BEFORE THEY CAN ATTEND THE PARTY.

QUESTIONS/CONCERNS

IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE SPEAK WITH THE OWNER, CINDY WALLACE. YOU CAN ASK AT THE SECRETARY'S DESK TO SPEAK TO CINDY, OR YOU CAN CALL HER AT (228)365-5442, OR EMAIL HER AT WCINDYWALLACE@AOL.COM.

THANK YOU FOR ALLOWING US THE PLEASURE OF TEACHING YOUR CHILD THE GREAT SPORT OF GYMNASTICS, AND FOR TRUSTING IN OUR PROGRAMS. WE HOPE YOUR EXPERIENCE HERE IS ONE YOU WILL ALWAYS CHERISH.

~LANIER'S GYMNASTICS STAFF~

"I CAN DO ALL THINGS THROUGH CHRIST WHO GIVES ME STRENGTH."— PHIL 4:13
