

Acro Tumbling

For Dancers

AGES:
6-15yrs

PRICE:
\$70/month

For Dancers

Our Acro/Tumbling program is ideal for dancers looking to expand their ability to tumble. The focus of this program will be to develop acro/tumbling skills, which will strengthen a dancer's repertoire.

ACRO/TUMBLE 1

The focus of this exciting class will be to build strong acro/tumbling basics such as cartwheels, handstands, front walkovers, back walkovers and limbers. There are no requirements for this class.

ACRO/TUMBLE 2

This class will allow the children to continue to strengthen their basic acro/tumbling skills while developing new skills such as back/front handspring stepouts, layout stepouts as well as front and side aerials. As the students progress they will begin to work on combination passes.

609.926.2682

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