

**July
2018**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 CANADA DAY	2 GYM CLOSED NO PRACTICES	3	4 All-Star Team Skills Camp – Level 1 &2 – South Gym	5	6	7
8 Open Gym NORTH 6:30-8:30	9 All-Star Team Skills Camp – Level 1 &Y3 – North Gym	10	11	12	13	14
		Recreational Camp Week – South Gym – Unicorn Theme				
15 Open Gym SOUTH 6:30-8:30	16	17	18 All-Star Team Skills Campn – Level 3 – South Gym	19	20	21 Level 5 Camp
		Recreational Camp Week – North Gym – Super Hero Theme				
22 Open Gym NORTH 6:30-8:30 Level 5 Camp	23 All-Star Team Skills Camp – Level 3&4 – North Gym	24	25	26	27	28
		Recreational Camp Week – South Gym – Super Hero Theme				
29 Open Gym SOUTH 6:30-8:30	30	31				

**August
2018**



All-Star Training Break August 6-24

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 All-Star Training Break Begins	7 Open Gym 6:30-8:30 South	8	9	10	11
12	13	14 Open Gym 6:30-8:30 North	15	16	17	18
19	20	21 Open Gym 6:30-8:30 South	22	23	24 All-Star Training Break Ends	25
Recreational Camp Week – South Gym – Under the Big Top Theme						
26	27 Practices Resume All-Star	28	29	30	31	
Tumbling Camps – South AM, North PM						

**September
2018**



Fall Tumbling and Recreational Classes run Sept 10-Dec 14

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Gym Closed
2 Gym Closed	3 Gym Closed Labor Day	4	5	6	7	8 Weekend Practices Commence Open Gym 3:30-5:30 South
9 Weekend Practices Commence	10 PREP TEAMS BEGIN	11	12	13	14	15 Open Gym 3:30-5:30 North
16	17	18	19	20	21 J3/S3 Practice South J4/S3/S4 Practice North	22 Open Gym 3:30-5:30 South
23	24	25	26	27	28 IO5/IOC5 Practice North	29 Open Gym 3:30-5:30 North
30						

**October
2018**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 Gym Closed Thanksgiving
7 Gym Closed Thanksgiving	8 Gym Closed Thanksgiving	9	10	11	12 <i>105/10C5</i> <i>Practice North</i>	13 Open Gym 3:30-5:30 South
14	15	16	17	18	19 PD DAY CAMP <i>J3/S3 Practice South</i> <i>J4/S3/S4 Practice North</i>	20 Open Gym 3:30-5:30 North
21	22	23	24	25	26	27 Open Gym 3:30-5:30 South
28	29	30	31 Halloween No practices or classes except S4 Imperial			

**November
2018**



Crunch Time Critique – All “All-Star” Teams

Limelight – ALL ACE Teams – Prep & All-Star

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Crunch Time Critique
4 Crunch Time Critique	5	6	7	8	9 <i>105/10C5 Practice North</i>	10 Open Gym 3:30-5:30 North
11	12 Day Camp	13 Day Camp	14 Day Camp	15	16 <i>J3/S3 Practice South J4/S3/S4 Practice North</i>	17 Open Gym 3:30-5:30 South
18	19	20	21	22	23	24 Open Gym 3:30-5:30 North
25 **LIMELIGHT**	26 PD DAY CAMP	27	28	29	30 <i>105/10C5 Practice South J4/S3/S4 Practice North</i>	

December 2018



Cheer for the Cure, Oshawa – IOC5
 Battle at the Border, Lloydminster – All “All-Star” Teams
 American Grand, Las Vegas – J4&S4

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Open Gym 3:30-5:30 South
2	3	4	5	6	7	8 Cheer for the Cure Battle at the Border No Open Gym
9	10	11	12	13	14 <i>J3/S3 Practice South</i>	15 No Open Gym American Grand Las Vegas J4/S4
16 American Grand Las Vegas J4/S4	17	18	19	20	21	22 Winter Break Begins
23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break	28 Winter Break	29 Winter Break
30 Winter Break	31 Winter Break					

**January
2019**



Winter Tumbling and Recreational Classes run Jan 7- Apr 18

Cold Snap Championships – All Prep and All-Star Teams

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Winter Break	2 Winter Break Open Gym South 6:30-8:30	3 Winter Break Open Gym North 6:30-8:30	4 Winter Break	5 Practices Resume Open Gym 3:30-5:30 North
6	7	8	9	10	11 <i>J3/S3 Practice South J4/S3/S4 Practice North</i>	12 Open Gym 3:30-5:30 South <i>IO5/IOC5 Practice North</i>
13	14	15	16	17	18 Cold Snap Championships	19 No Open Gym Cold Snap Championships
20 Cold Snap Championships	21	22	23	24	25 <i>IO5/IOC5 Practice North</i>	26 Open Gym 3:30-5:30 North
27	28	29	30	31		

**February
2019**



ATC Calgary – Select Teams, see handbook

JAMZ Las Vegas – Select Teams, see handbook

Red Deer Cheer Challenge – All Prep, Select All-Star Teams, see handbook

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 PD Day Camp	2 ATC Calgary No Open Gym
3 ATC Calgary	4	5	6	7	8 <i>J3/S3 Practice South</i> <i>J4/S3/S4 Practice North</i>	9 Open Gym 3:30-5:30 North <i>IO5/IOC5 Practice North</i>
10	11	12	13	14	15 <i>J4 Practice North</i>	16 No Open Gym
17 JAMZ Las Vegas	18 JAMZ Las Vegas	19	20	21	22	23 Red Deer Cheer Challenge No Open Gym
24	25	26	27	28		

**March
2019**



True North – All Prep Teams, Select All-Star teams, see handbook
 NCA, Dallas – IO5 Synergy
 Warman, Sask – Select teams, see handbook
 UCA, Florida – Int J3, S3, J4?, S4?

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 True North NCA, Dallas <i>S3S Practice South</i> <i>S3N/S4 Practice North</i>	2 No Open Gym True North NCA, Dallas
3 True North NCA, Dallas	4	5	6	7	8 <i>J3 Practice South</i>	9 No Open Gym Warman, Sask UCA, Florida
10 Warman, Sask UCA, Florida	11 PD DAY CAMP	12	13	14	15 <i>IO5/IOC5</i> <i>Practice North</i>	16 Open Gym 3:30-5:30 North
17	18	19	20	21	22	23 No Open Gym Spring Break
24 Spring Break	25 Spring Break	26 Spring Break <i>World's Teams will still practice during Spring Break</i>	27 Spring Break	28 Spring Break	29 Spring Break	30 Practices Resume
31						

**April
2019**



All-Star Cheer Extravaganza – All Prep and All-Star Teams

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 <i>J3/S3 Practice South J4/S3/S4 Practice North</i>	6 Open Gym 3:30-5:30 South <i>IO5/IOC5 Practice North</i>
7	8	9	10	11	12 All-Star Cheer Extravaganza	13 All-Star Cheer Extravaganza No Open Gym
14 No Practices	15 Last week of practices <i>Brina a friend week -- Brina a friend week -- Brina a friend week</i>	16	17	18	19 Good Friday	20 No Open Gym
21 Easter Sunday Worlds teams Practice	22 Worlds teams Practice	23 Leave to Worlds	24	25	26	27 Canadian Trials - Worlds
28 Prelims - Worlds	29 Finals - Worlds	30				

**May
2019**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 SUMMIT	4 SUMMIT
5 SUMMIT	6 Spring Classes & Test It Out Begins	7	8	9	10	11 Year End Celebration Party
12 Mother's Day	13	14	15	16	17	18
19	20 Victoria Day	21	22	23	24	25
26	27	28	29	30	31	

**June
2019**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Tryouts Day 1 South
2 Tryouts Day 1 North	3 Tryouts Day 2	4 Tryouts Day 2	5 Tryouts Day 2	6 Tryouts Day 2	7	8 Team Reveal Parties
9	10 Practices Begin	11	12	13	14	15
16 Father's Day	17	18	19	20	21	22
23	24	25	26	27	28	29
30						